(PRICES IN USD PER PERSON)

SEVEN SEAS CRUISES®

OPTIONAL SHORE EXCURSIONS

TOKYO, JAPAN to BANGKOK (LAEM CHABANG), THAILAND

SS EXPLORER November 08, 2025

Welcome Ashore!
Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction
Professional English-speaking experts to guide you through your journey.
Peace of mind knowing that your excursions are monitored by the ship′s staff.
A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.
Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!
Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

Shimizu, Japan

SMZ-007 SCENIC DRIVE WITH VIEW OF MT. FUJI

Duration: 2.75 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 09, 2025 08:00 AM, 12:15 PM

Enjoy a relaxing and immensely picturesque drive through the countryside, pausing on occasion for photos of the most remarkable sights within the Shizuoka Prefecture. Your initial stop will be at the Nihondaira Park Outlook, which offers a glorious view of Suruga Bay and majestic Mount Fuji. Japan's national symbol and one of its most extraordinary settings, Mount Fuji has been deemed a UNESCO World Heritage site as a "sacred place and source of artistic inspiration." It is a spectacular sight regardless of the perspective, but especially from Miho no Matsubara. This seaside pine grove consists of more than 50,000 pine trees, including a 650-year-old tree thought to have mythical powers. The view from the shore with Mount Fuji lording over the scenery has been rated one of the top three views in Japan.

·Admire Japan's panoramic natural beauty while riding in air-conditioned comfort.
·Take in the commanding views of the bay and Mount Fuji from the Nihondaira lookout.
·Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour is panoramic in nature and walking is at the guests' discretion during the photo stops. There are sandy surfaces at Miho no Matsubara. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

SMZ-001 MOUNT FUJI HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 09, 2025 08:15 AM

Visit a serene shrine and one of Japan's most stunningly natural seaside settings, both lying in the shadow of majestic Mount Fuji. The mountain is Japan's highest and a UNESCO World Heritage Site for being a "sacred place and source of artistic inspiration." Prior to ascending Mount Fuji, climbers often pray at Fujisan Hongu Sengen Taisha Shrine, which will be your first stop. Since being constructed in the early 17th century, the shrine has been considered a guardian deity that prevents natural disasters and ensures easy childbirth. Inside, there is a pond that attracts pilgrims who come to purify themselves in the clear water. Mount Fuji reigns as the dominant feature throughout this area, as you will discover at the seaside pine grove Miho no Matsubara. With snow-capped Mount Fuji looming in the background and more than 50,000 pine trees in the foreground, it offers one of the most stunning views in Japan and has inspired artists for centuries.

·Reflect at a shrine and pilgrimage site where climbers pray before ascending Mount Fuji.
·Enjoy the natural beauty surrounding the shrine, especially the hundreds of cherry trees.
·Behold Mount Fuji from Miho no Matsubara, a perspective that has long inspired artists.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes about 1½ hours of moderate walking. There will be sand, concrete and gravel paths, as well as steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

SMZ-002 CASTLE GARDEN & SHIZUOKA SENGEN SHRINE

Duration: 4.25 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 09, 2025 08:30 AM

Explore a park built around a nearly 400-year-old castle, an unusual shrine complex and a coastal pine grove that offers a stunning view of Mount Fuji. While the moats and walls of Sunpu Castle are original, some of what you will see while meandering the grounds is a reproduction, including the main gate and the structure from which heavy stones were dropped on invaders. The architecture is decidedly different at nearby Shizuoka Sengen, a shrine designed in the Momoyama style, which uses extensive lacquer, wooden carvings and gold leaf. Still, the highlight is the collection of traditional artifacts such as swords, armor suits and musical instruments. Mount Fuji plays a dominant role at your next destination, as it serves as the backdrop for the seaside pine grove Miho no Matsubara. The view from the shore with Mount Fuji lording over the scenery is considered one of Japan's best.

·Explore the grounds of a castle where the legendary Shogun warrior Ieyasu once lived.
·Browse a collection of revealing artifacts at a shrine that is architecturally extraordinary.
·Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes nearly two hours of moderate walking. There will be sand, concrete and gravel paths, as well as a significant number of steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

SMZ-003 MT FUJI VIEWS, TEA CEREMONY & ART MUSEUM

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 09, 2025 08:30 AM, 09:30 AM

Delve into Japanese culture by visiting an art museum, enjoying a ritualistic tea ceremony and admiring sacred Mount Fuji. The Tokaido Hiroshige Art Museum holds more than 1,000 woodblock prints from Utagawa Hiroshige, a 19th-century master of the ukiyo-e genre, which typically depicts subjects of everyday life. Hiroshige's genius for landscape composition and color in works such as "The Fifty-Three Stations of the Tokaido" influenced European painters such as Claude Monet and Vincent van Gogh. The tea ceremony that follows will be inspirational in a different way. You will be served traditional green tea in a manner that is a ritualistic art form that will elevate the tea to more than a mere beverage. You will then drive to the seaside pine grove Miho no Matsubara. The grove consists of more than 50,000 pine trees, and the view of Mount Fuji from the shore is considered one of the top three vistas in Japan.

·Recognize the genius of 19th-century artist Utagawa Hiroshige in his namesake museum.
·Experience the Way of the Tea during a ritualistic tea ceremony.
·Behold Mount Fuji from Miho no Matsubara, a perspective that has long inspired artists.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes more than two hours of moderate walking and standing. There will be sand, concrete and gravel paths, as well as a significant number of steps to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The tea ceremony is limited to 15 guests at a time and guests must remove their shoes when entering the tearoom. Views of Mt. Fuji are weather dependent. The tour sequence may vary.

SMZ-005 KUNOZAN TOSHOGU SHRINE & MIHO NO MATSUBARA

Duration: 5.00 Hrs Tour Price: $189.00 Retail Price: $339.00

Date: November 09, 2025 08:45 AM

Gaze upon sacred Mount Fuji from several perspectives that include a hilltop shrine and a coastal pine grove so stunningly scenic that artists have captured its beauty for centuries. A cable car will bring you to Kunozan Toshogu Shrine and during the ride you will enjoy sweeping views of Suruga Bay and majestic Mount Fuji. The shrine is a complex of ornate bright-red buildings constructed in the Shinto style. The second shogun of the Tokugawa government built the temple to honor his father, Tokugawa Ieyasu, who unified Japan in the early 1600s. The three main halls within the complex are elaborately decorated, but vary architecturally. You will enjoy a different perspective of Mount Fuji from the seaside pine grove Miho no Matsubara. The grove consists of more than 50,000 pine trees, including a 650-year-old tree thought to have mythical powers. The view of the sacred mountain behind the forest is absolutely spectacular.

·Ride a cable car from a lookout that offers a gorgeous view of Suruga Bay and Mount Fuji.
·Wander through a Shinto shrine, taking note of the spectacular architecture and artifacts.
·Behold Mount Fiji from Miho no Matsubara, a perspective that has long inspired artists.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes about 2½ hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-004 FISH MARKET AND KUNOZAN TOSHOGU SHRINE

Duration: 4.75 Hrs Tour Price: $199.00 Retail Price: $339.00

Date: November 09, 2025 09:00 AM

Enjoy a stunning view of Mount Fuji from a beautiful shrine built to honor one of Japan's feudal lords and then savor a seafood lunch at a bustling fresh fish market. You will reach the shrine via cable car from the Nihondaira Park Outlook, which offers a glorious view of Suruga Bay and majestic Mount Fuji. Dedicated to the feudal lord Tokugawa Ieyasu, who unified Japan in the early 1600s, the shrine is a complex of ornate bright-red buildings constructed in the Shinto style. The carved ceiling in Honden Hall is particularly interesting. For a bit of entertainment, you might select a random paper fortune from a box and then tie it to a string in hopes that the fortune will come true. This common practice at Japanese shrines is known as "omikuji." Back in Shimizu, where you will stroll through Kashi-no-Ichi, a large fish market on the waterfront where you will enjoy lunch in one of the restaurants.

·Ride a cable car from a lookout that offers a gorgeous view of Suruga Bay and Mount Fuji.
·Wander through a Shinto shrine, taking note of the spectacular architecture and artifacts.
·Dine on traditional Japanese dishes at a restaurant within a bustling fish market.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes about two hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-009 TUNA DISMANTLING SHOW

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $159.00

Date: November 09, 2025 09:00 AM

OVERVIEW Watch a freshly caught whole tuna being cut up or dismantled for sashimi, which you will enjoy for lunch. As a prelude to the experience, you will visit the Fujisan Hongu Sengen Taisha Shrine, where climbers often pray before attempting to ascend Mount Fuji. Constructed in the 17th century, the shrine has long been considered a guardian deity that prevents natural disasters and ensures easy childbirth. More than 500 cherry trees grace the grounds and provide a wonderfully scenic setting. Inside, there is a pond fed by melting snow and ice from Mount Fuji. You will later observe a master chef dismantle an entire tuna by meticulously cutting out the premium pieces. It is a true art form that requires a long apprenticeship, especially for chefs that are entrusted to dismantle a tuna that may cost more than a million dollars. Lunch follows during which you will appreciate the extraordinary taste of fresh sashimi.

·Watch a master chef dismantle a whole tuna piece by piece that will be later used for sashimi.
·Gain an understanding of the value of tuna, one of which sold for a record-breaking $3.1 million.
·Browse a 17th-century Shinto shrine from which you can see Mount Fuji in clear weather.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

PLEASE NOTE Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.

SMZ-006 NIHONDAIRA AND KUNOZAN TOSHUGO SHRINE

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $149.00

Date: November 09, 2025 09:15 AM

Gain a deeper understanding of Japan's history by visiting a 17th-century shrine built to honor the first shogun of the Tokugawa dynasty. Kunozan Toshogu Shrine perches on a hilltop above Nihondaira Park Outlook, from which you will enjoy a glorious view of Suruga Bay and majestic Mount Fuji. The shrine is traditionally reached by climbing about 1,000 steps; however, you will reach the shrine via cable car. While browsing the ornate bright-red buildings within the shrine complex, be sure to notice the guardian statue near the Romon Gate, the drum tower and the stables. The shrine's historical museum is another highlight, as it contains Japanese swords, armor and rare objects of art. For a bit of entertainment, you might select a random paper fortune from a box outside on the grounds and then tie it to a string in hopes that the fortune will come true. This common practice at Japanese shrines is known as "omikuji."

·Take in the commanding views of the bay and Mount Fuji from the Nihondaira lookout.
·Ride a cable car from the scenic lookout up to Kunozan Toshogu Shrine.
·Wander through the Shinto shrine, taking note of the spectacular architecture and artifacts.
·Discover the accomplishments of lord Tokugawa Ieyasu, to whom the shrine is dedicated.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Bring Japanese yen for shopping.

This tour includes about two hours of moderate walking and standing and numerous steps to negotiate. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The tour sequence may vary.

SMZ-1GT CHEF LED JAPANESE FISH ESSENTIALS TOUR

Duration: 3.25 Hrs Tour Price: $169.00 Retail Price: $319.00

Date: November 09, 2025 11:30 AM

Behold the bounty of the sea at a popular waterfront market and learn to make your own seafood sushi by following tips from a master chef. The fish market Kashi-no-Ichi is right next to the port of Shimizu, one of the largest deep-sea fishing centers in Japan, so it is only natural that you will see an extraordinary variety of seafood. While walking about, you can expect to find everything from fist-sized oysters to massive quantities of tuna. The signage will be in Japanese, but the guide will translate the names of the exotic seafood that you may not recognize. Much of the seafood is used for sushi, which you will learn to prepare at a restaurant in Dream Plaza, a mall whose food court is nicknamed Sushi Alley. A master chef there will show you how to make seafood sushi using a variety of fresh ingredients. You will then enjoy your creations for lunch.

·Chef-Led tours are never more than 18 guests and always led by the chef instructor onboard.
·Browse a waterfront market renowned for its incredibly fresh seafood.
·Follow tips from a master sushi chef and prepare your own seafood sushi.
·Enjoy the sushi you have just made for lunch.
·Dress in weather-appropriate clothing.
·•Wear flat comfortable walking shoes.

Osaka, Japan

OSA-003 SUMIYOSHI TAISHA SHRINE

Duration: 2.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 10, 2025 11:00 AM, 02:30 PM

Date: November 11, 2025 09:30 AM, 01:00 PM

Gain insight into life in ancient Japan by visiting the Sumiyoshi Taisha Shrine, which was founded in the 3rd century, making it one of the country's oldest shrines. Empress Jingu is believed to have founded the shrine to hold three guardian gods for seafarers. The style of architecture is known as Sumiyoshi-zukuri, which is characterized by straight roof lines as opposed to the much more common curved roofs built centuries later. In ancient times, messengers departing for China would first stop here to pray for safe passage. Today, pilgrims come to pray for health and prosperity, particularly at the beginning of the year, when more than two million worshippers arrive. As you meander about, be sure to notice how three of the shrine's four halls lie in a straight line, an arrangement rarely seen in Japan. Most shrines follow traditional Japanese geomancy, which calls for buildings to face south.

·Enjoy an unrushed, in-depth exploration of one of Japan's oldest shrines.
·Note the unusual architecture, including the geomancy or arrangement of the buildings.
·Hear about the shrine's original purpose of holding guardian gods to protect seafarers.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about one hour of walking with some steps to negotiate. Guests with mobility concerns should evaluate their stamina and ability before joining the tour. Bring local currency for local shopping. The order of sites visited may vary.

OSA-011 SAKAI KNIFE MUSEUM AND OSAKA TENMANGU SHRINE

Duration: 4.00 Hrs Tour Price: $119.00 Retail Price: $269.00

Date: November 10, 2025 11:00 AM

Date: November 11, 2025 09:45 AM

Behold the precision craftsmanship and artistry behind Sakai knives and browse a Shinto shrine that is wonderfully serene despite being in urban Osaka. Metalworking in Sakai may date to the 5th century, when blacksmiths gathered in the town to develop new techniques. Sakai knives are still crafted in a similar manner, which produces a blade so razor-sharp that 90% of Japanese chefs use them. You will see an astounding collection of mostly culinary cutlery in the knife galleries in the Sakai Traditional Crafts Museum. Be sure to notice the Hibana chandelier made from knife-making materials and inspired by the sparks produced in metalworking. The Shinto religion also began to take shape in Japan around the 5th century, although Osaka Tenmangu Shrine wasn't founded until 500 years later. The version that stands today was built in 1845 and remains a tranquil sanctuary even though it is next to Japan's longest covered shopping arcade.

·See a collection of knives made with such precision that they are in a crafts museum.
·Learn how knife-making developed in the town of Sakai and how it has evolved.
·Spend time reflecting in the serenity of a Shinto shrine in the heart of Osaka.
·Browse a bustling shopping arcade nearby that is more than 1.5 miles long.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of moderate walking and any additional walking at guests' discretion during free time. Weather-appropriate clothing; sunglasses; sunscreen; and flat, comfortable walking shoes are recommended. It is recommended to bring local currency for any purchases. The tour is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

OSA-005 HIGHLIGHTS OF KYOTO

Duration: 7.00 Hrs Tour Price: $229.00 Retail Price: $409.00

Date: November 10, 2025 11:15 AM

Date: November 11, 2025 08:45 AM

Explore two of Kyoto's marquee attractions: the impressive Golden Pavilion and formidable Nijo Castle, a quintessential example of Momoyama architecture, which flourished 400 years ago. Depart from the pier and drive inland toward Kyoto, an immensely historical city renowned for spectacular architecture, which includes thousands of Buddhist temples and Shinto shrines. Upon arrival,you'll have an exterior visit of Kyoto's most famous landmark, Kinkakuji Temple (Golden Pavilion). Built by Shogun Ashikaga Yoshimitsu as a villa in 1397, the three-story home was converted to a temple by Yoshimitsu's son. The Golden Pavilion follows the Shinden style of the Heian Period by being positioned at the edge of a tranquil pond. The three-story Chinese-influenced Golden Pavilion has delicately curving roofs, with the walls and eaves of the second and third stories covered in shimmering gold leaf. View the exterior of the pavilion and walk through the peaceful gardens, marveling at the mirror reflection of the temple on the still pond. After a stop for lunch at a local Japanese restaurant, you'll head fro Nijo Castle where more history awaits. This impressive fortification made of cypress wood was built in 1603 as the residence of the Tokugawa clan. An esteemed UNESCO World Heritage site, the castle is protected by a moat, stone walls, and ingenious nightingale floors, which chirp like a bird when walked upon to alert the guards of potential intruders. Despite its defensive elements, the castle was primarily a home. It's adorned with wooden carvings, artistically painted sliding doors and expansive tatami rooms, decorated in the traditional style at the time. After touring Nijo Castle, you'll return to the pier in Osaka. Please note: This tour includes approximately 2 1/2 hours of moderate walking and there are a significant number of steps to negotiate. The tour is not recommended for wheelchair guests or those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather appropriate clothing; sun cap; sunglasses, and flat, comfortable walking shoes are recommended. Guests will be required to remove their shoes to enter Nijo castle's Ninomaru Palace. The castle is undergoing a lengthy restoration and some areas may be closed to visitors. Photography and video are not permitted inside Ninomaru Palace. It is suggested that participants bring along local currency for any purchases as U.S. currency is not widely accepted and many merchants cannot take credit cards. The drive between Kyoto and Osaka is approximately 90-minutes and is subject to traffic delays.The order of the sites viewed or visited may vary.

OSA-009 LIFE IN KYOTO

Duration: 6.50 Hrs Tour Price: $219.00 Retail Price: $389.00

Date: November 10, 2025 11:30 AM

Date: November 11, 2025 09:30 AM

Get an authentic look at life in Kyoto, past and present, by visiting a pre-World War II machiya townhouse and by browsing a bustling market. Much of Kyoto was spared from bombing during the war, so the wooden residence looks much like it did long ago, especially since it is furnished with period pieces and woven tatami mats. Part of this particular machiya townhouse was once used as a storefront for selling silk for kimonos. If you wish to experience the lifestyle at that time, you will have the opportunity to dress in a traditional kimono and have your picture taken. For a candid glimpse at daily life in Kyoto, you will meander through the Nishiki Market, which has been operating downtown for more than 400 years. It is an excellent place for people-watching. During free time, you might dine there on your own or wander over to Kawaramachi Street, Kyoto's primary shopping area.

·Visit a traditional machiya townhouse built prior to World War II.
·Put on a silk kimono and have a photo taken in the machiya townhouse.
·Enjoy free time in the 400-year-old Nishiki Market and stroll Kyoto's main shopping area.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Guests are required to take off shoes and wear socks in the machiya house.

OSA-008 OSAKA CASTLE & NAMBA ON YOUR OWN

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 10, 2025 12:30 PM

Date: November 11, 2025 09:00 AM

Tour magnificent Osaka Castle and then enjoy free time in the Namba shopping district. Now a symbol of Osaka, the castle was first built in 1583. Although the original castle was destroyed over the years, many of the key features of the castle complex still remain, including turrets and sections of the walls that border the surrounding moat. The existing castle was built in 1931 to replicate the original. The steep, stone walls at its base are particularly noteworthy, as they rise nearly 100 feet, an architectural rarity in Japan. After visiting, you will be dropped off in the energetic Namba district, a hub for shopping, dining and entertainment. Here, you will discover a plethora of stores selling every imaginable type of merchandise, from designer fashions to miniature Buddha statues. The dining choices are just as diverse and include everything from whale sashimi to homemade tofu.

·Marvel at Osaka Castle, which was built to be Japan's most formidable fortification.
·Behold the castle's defensive walls, the tallest in Japan.
·Enjoy free time shopping in Osaka's modern Namba district.
·Continue shopping after the tour if you choose and return later on your own.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about two hours of moderate to strenuous walking, plus any additional walking at the guests' discretion during free time. There are a significant number of steps to negotiate and a 15-minute walk from the parking area to the castle. There is an elevator in the castle, but it does not access the observatory. The tour is not available to wheelchair guests or those with mobility concerns. Photography or shooting video is not permitted inside the castle. Bring local currency for purchases. The drive between Kyoto and Osaka is 1½ hours and subject to traffic delays. The order of the sites viewed or visited may vary.

OSA-004 HIGHLIGHTS OF OSAKA

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 10, 2025 12:45 PM

Date: November 11, 2025 09:15 AM

Discover Osaka's glorious past by visiting some of the ancient city's most historical attractions, beginning with Osaka Castle. The original 16th-century castle was intended to be Japan's most impenetrable and beautiful fortification; however, it was destroyed just 30 years after being finished. Lightning struck the castle that replaced it, burning much of it to the ground. The rebuilt Osaka Castle that you will see dates to 1931 and is magnificent, especially the miles of defensive stone wall that surrounds it. Shitennoji Temple is even older and suffered similarly from fires. Each time, it was rebuilt to reflect the original 6th-century design with the gates, pagoda and main halls in a straight line. Look for the national treasures housed within the temple, which include some of founder Prince Shotoku's swords and invaluable Buddhist scriptures known as sutras.

·Get a glimpse into Japan's past through two of its oldest, most revered attractions.
·Marvel at Osaka Castle, which was built to be Japan's most formidable fortification.
·Behold the castle's defensive walls, the tallest in Japan.
·Browse artifacts deemed national treasures in the Buddhist Shitennoji Temple.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about three hours of walking and standing and nearly 100 steps to reach Osaka Castle. Photography and video are restricted in certain areas of the castle.

OSA-010 PANORAMIC OSAKA

Duration: 4.00 Hrs Tour Price: $0.00 **Retail Price: $179.00**

Date: November 10, 2025 01:00 PM

Date: November 11, 2025 09:45 AM

Visit two landmarks in Osaka that represent vastly different time periods: a classic 16th-century castle and a modern high rise. Osaka Castle is an imposing fortress at the edge of a park with more than 1,200 trees, most of which are cherry blossom and apricot trees. The castle is so iconic and beloved that it became the official symbol of Osaka. While snapping photos of the exterior, you will learn about the castle's construction, particularly its massive stone wall. According to legend, the stones were carried there from all over Japan to display loyalty to hegemon Toyotomi Hideyoshi, who built the castle. For a modern perspective of the city, you will ascend to the observation deck of the 40-story Umeda Sky Building. Completed in 1993, the twin-tower high rise offers a stunning, 360-degree view of Osaka and beyond to Awaji Island. Nearly 3 million people live in Osaka and the urban sprawl seems to go on forever.

- ·See iconic Osaka Castle from the exterior for the best view of its foreboding stone wall.
- ·Learn how the existing castle was constructed as an exact replication of the original.
- ·Enjoy an unrivalled view of Osaka from atop the towering Umeda Sky Building.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour is primarily panoramic in nature, with walking at the guest's discretion during stops. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.

Beppu, Japan

BE9-004 BEPPU HOT SPRING EXPERIENCE

Duration: 3.00 Hrs Tour Price: $0.00 Retail Price: $199.00

Date: November 12, 2025 12:00 PM, 01:00 PM, 02:00 PM

Ease into the restorative, mineral-rich waters of a hot spring and enjoy free time exploring Kannawa, a village built on soil that constantly steams due to the thermal springs below. It is almost impossible to avoid the lingering foggy steam that makes Kannawa so spectacularly atmospheric. While wandering about, you will also likely notice the variety of small shops with sidewalk displays of freshly steamed eggs, sweet potatoes and pork dumplings. The residents have learned to live with the corrosive effects of the high humidity and minerals in the water, as most everything mechanical or electric soon breaks down. However, as you will discover firsthand, soaking in a thermal spring can work wonders. You can expect to emerge from the water wonderfully refreshed and relaxed. As an option, you might just steam your feet in the supposedly healing mist that rises from the hot water.

·Soak in the mineral-rich waters of a hot spring and emerge refreshed and relaxed.
·Browse the atmospheric streets of Kannawa, a village built atop steaming hot springs.
·Try a local snack such as eggs or dumplings cooked over a steaming hot spring.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests are required to be naked at the hot spring as it is not allowed to wear swimsuits. Tattoos are prohibited. Guests should watch their step in a hot spring as surfaces may be slippery. It is recommended that guests not wear accessories as the color may be changed due to hot spring water. Please do not bring valuable items. The order of the sites visited may vary.

BE9-003 USUKI STONE BUDDHAS & VILLAGE

Duration: 4.50 Hrs Tour Price: $189.00 Retail Price: $329.00

Date: November 12, 2025 12:15 PM

Delve into the history of Usuki, a former castle town famous for its many Buddha sculptures carved into the surrounding rock cliffs. Buddhas made of stone are rare in Japan, but there are about 60 of them in Usuki, all carved between the 8th and 12th centuries. The Buddhas are considered national treasures. As such, they are sheltered from the elements as the stone is of volcanic origin and somewhat soft and moist, which makes the sculptures susceptible to erosion. Although the castle overlooking Usuki is in ruins, it still offers a hint of what life was like in the 16th century. You will get a more revealing glimpse into the past in the town's historical district. Its centerpiece is a narrow road that winds past elaborate temples and Edo-style samurai residences with several levels due to their limited street frontage. You are sure to find the district wonderfully photogenic.

·Behold a collection of Buddhas sculpted into a cliff that are considered national treasures.
·Meander through Usuki's historical district for a look at what life was like centuries ago.
·Notice the district's Edo-style architecture that was designed to maximize the limited space.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking, with some strenuous walking over uneven surfaces, some steps, and narrow passageways. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested.

BE9-005 USA JINGU SHRINE & KUMANO MAGAIBUTSU STONE BUDD

Duration: 4.50 Hrs Tour Price: $179.00 Retail Price: $309.00

Date: November 12, 2025 12:30 PM

Gain insight into the Shinto religion at an 8th-century shrine and view one of the largest stone Buddhas in Japan. Usa Jinga is one of the country's oldest shrines and is dedicated to Hachiman, the patron deity of war and archery. The design of the shrine's vermilion-lacquered main hall is a prototype of Hachiman-zukuri style of architecture and deserves attention, as do the cultural artifacts in the shrine's treasure hall. The setting for the ancient Kumano Magaibutsu stone Buddha is more rural, and the surrounding natural beauty makes up for the difficulty in reaching this official National Important Cultural Property. It requires climbing a set of steep, boulder-strewn "demon steps" with the aid of handrails, but it is well worth the effort. Once you arrive at the stone cliff, you will see the sublime face of Buddha in bas relief, which like Usa Jinga was created in the 8th century.

·Visit a national treasure 8th-century shrine that shaped the local Shinto faith.
·Learn why the shrine's design became a prototype for Hachiman-zukuri architecture.
·Behold a large stone Buddha sculpted in bas relief in the 8th century.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes strenuous walking over uneven surfaces, including many stone steps and steep slopes to negotiate at Kumano Magai Butsu. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

BE9-002 JIGOKUMEGURI & BAMBOO CRAFT EXPERIENCE

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $199.00

Date: November 12, 2025 12:45 PM

Behold two unusual hot springs and become immersed in the art of making exquisite bamboo handicrafts. Although there are countless thermal springs around Beppu, each one tends to have its own qualities and highly descriptive name. As you will observe at Sea Hell, the cobalt-blue water is so hot that sitting in it would be unbearable. The water at Blood Pond Hell is nearly as hot, but boasts a blood-red hue from the iron oxide in it. If you opt for a foot bath there, you will discover how soothing the mineral-rich water can be. In the nearby Beppu Bamboo Crafts Center, you will find an extraordinary display of woven bamboo works of art. The collection goes far beyond traditional baskets and includes unexpected items such as bamboo furniture and clothing. During a fun, hands-on workshop, you will learn to decorate a bamboo bell with colored bamboo sticks.

·Visit a hot spring known as Sea Hell because the cobalt-blue water is unbearably hot.
·Soak your feet in vibrant red thermal water said to have restorative powers.
·Learn the basics of making bamboo crafts in a hands-on workshop.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes. • Bring a towel if you take a foot bath.

This tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

BE9-001 AMAZING HELL SPRINGS & VILLAGE STOP

Duration: 3.00 Hrs Tour Price: $0.00 Retail Price: $199.00

Date: November 12, 2025 01:00 PM

Visit two of Beppu's many hot springs known as jigokus or "hells" and a village that has been producing natural bath products for centuries. With so many thermal springs in and around Beppu, thick clouds of steam can always be seen rising from the ground. At the Umi Jigoku, the so-called Sea Hell, you will notice that the cobalt-blue water is near boiling and so hot that visitors can only observe the thermal phenomenon. However, at the Chinoike Jigoku or Blood Pond Hell, you might take a foot bath in the iron oxide-rich water that gives the pool its reddish color. The hot springs throughout Beppu are said to have restorative powers, and visitors come from all over to soak in them. While browsing the shops in Myoban Yunosato village, you might purchase some of the healing minerals and bath salts that have been extracted from the waters to create your own hot springs experience at home.

·Discover the healing powers and varying colors of Beppu's hot springs.
·Soak your feet in vibrant red thermal water said to have restorative powers.
·Shop for bath products made with minerals and salts extracted from the hot springs.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes. • Bring a towel if you take a foot bath.

This tour includes a moderate amount of walking. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Casual clothing and comfortable, flat walking shoes are suggested. The order of the sites visited or viewed may vary.

Busan, Korea

BSN-006 HAEDONG YUNGGUNGSA TEMPLE & CITY TOUR

Duration: 6.00 Hrs Tour Price: $0.00 Retail Price: $169.00

Date: November 13, 2025 12:00 PM

Discover the area's most iconic architecture, both ancient and modern, before immersing yourself in local daily life by visiting two bustling marketplaces. Originally built in the 14th century, Haedong Yonggungsa is revered for its pagoda and Buddhist sanctum inside a cave. It is said that the Great Goddess Buddha lives in the sea and appears on the back of a dragon, making Haedong Yonggungsa one of three sacred places related to the Goddess Buddha. The 108 steps down to the temple represent the 108 anguishes in Buddhist life. For a glimpse into South Korea's modern architecture, you will visit the glass-and-steel domed APEC House. This airy, light-filled building was designed to represent the spirit of openness and cooperation, as it is used for meetings and international summits. You will then browse Gukje Market, the country's largest traditional market, and Jagalchi Fish Market, South Korea's largest seafood market. Both display an extraordinary amount of merchandise.

·Visit a temple that is one of three sacred places related to the Goddess Buddha.
·See South Korea's modern side at a seaside building used for international summits.
·Peruse traditional merchandise such as clothing and ceramics at Gukje Market.
·Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about 2½ hours of moderate to strenuous walking with some uneven surfaces and more than 100 steps to negotiate at the temple. The aisles at the fish market are narrow and the flooring can be wet and slippery. Lines may be long. The tour is not available to wheelchair guests or those with mobility concerns. The tour sequence may vary.

BSN-007 BEOMEOSA TEMPLE AND MARKETS

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 13, 2025 12:45 PM

Visit an ancient Buddhist temple that dates to the Silla Dynasty before returning to Busan for a revealing glimpse into modern daily life at two bustling marketplaces. Many of the buildings in Beomeosa Temple date from the 7th and 8th centuries, although after countless invasions they have been repeatedly reconstructed. Even so, the three-level temple complex is historically and spiritually important. It offers a rare look into monastic life over the centuries, and many Buddhist monks still reside here. In all likelihood, you will see them praying and chanting in Buddha Hall or perhaps practicing "sunmudo," an ancient Korean martial art that has been steeped in secrecy until the past few decades. For a look into more traditional daily life, you will stroll the labyrinthine alleyways of bustling Gukje Market, which refugees from the Korean War founded. You will also browse the seemingly endless stalls of seafood in the Jagalchi Fish Market.

·Admire the setting of Beomosa, a mountaintop temple that wisteria woods surround.
·Observe the resident monks chanting and practicing a once-secret martial art.
·Peruse traditional merchandise such as clothing and ceramics at Gukje Market.
·Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes just over two hours of moderate to strenuous walking that includes some uneven surfaces and approximately 100 steps to negotiate at the temple. The aisles at the fish market are narrow and the flooring can be wet and slippery. Lines may be long. The tour is not available to wheelchair guests or those with mobility concerns. Weather appropriate comfortable clothing; sun cap; sunglasses and flat, comfortable walking shoes with a non-slip sole are recommended. The tour sequence may vary.

BSN-008 HAEDONG YONGGUNGSA TEMPLE & FISH MARKET

Duration: 3.80 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 13, 2025 01:00 PM

Recognize how the sea greatly influences local life by visiting several representative coastal attractions. Unlike the majority of Buddhist temples, Haedong Yonggungsa was constructed right on the shore in honor of the fact that the Great Goddess Buddha lives in the sea. The temple that stands today is an exact replica of the 14th-century original. The designers of the modern APEC House believe its seaside location provides a calm setting for the meetings and international summits that are held there. Natural light bathes the airy interior, adding to the soothing ambiance. The sea's bounty will be evident as you browse the Jagalchi Fish Market, South Korea's largest seafood market. Each morning, fresh fish and every other imaginable marine creature is delivered, iced and displayed in the seemingly endless shops and stalls. Other seafood is kept live in water tanks. Besides its incredible variety of seafood, the market is an excellent venue for people-watching.

·Visit a seaside temple that is one of three sacred places related to the Goddess Buddha.
·See South Korea's modern side at a seaside building used for international summits.
·Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.
• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests will have to negotiate many steps at the temple and wet floors at the fish market. Casual clothing and comfortable, non-slip walking shoes are suggested. The order of the sites visited or viewed may vary.

BSN-004 TEA CULTURE AND CITY HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $139.00

Date: November 13, 2025 01:15 PM

Participate in an elegant Korean tea ceremony, followed by a relaxing stroll through an urban park and a glimpse into daily life at a bustling fish market. A tea master traditionally prepares the tea in a certain sequence. The tea is then poured from a set distance so that the liquid forms bubbles, which are said to bring good luck. During the elegant ceremony, you will discover many of the ritual's nuances, which involve visual beauty, the aroma of the tea and its flavor. The experience is intended as a form of meditation with its aim of purifying the soul, becoming one with nature and providing a way to spiritual enlightenment. Yongdusan Park offers another venue ideal for relaxation. Feel free to stroll about the grounds, where you are sure to see locals enjoying the peaceful atmosphere. For a change of pace, you will next visit energetic Jagalchi Fish Market, Korea's largest seafood market.

·Experience a ritual tea ceremony that has been practiced for thousands of years.
·Seek to attain a level of spiritual enlightenment through the nuances of the tea ceremony.
·Revel in the serenity of the urban oasis Yongdusan Park.
·Browse countless stalls laden with exotic seafood in Jagalchi Fish Market.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes just over 1-hour of easy to moderate walking over mostly flat surfaces. The aisles at the fish market are narrow and the flooring can be wet and slippery. Lines may be long. Participants will need to sit on the floor for 30-40 minutes during the tea ceremony. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability. Weather appropriate comfortable clothing (slacks for women); sunglasses and flat, comfortable walking shoes with a non-slip sole are recommended. The tour sequence may vary. Entrance to the Busan Tower is not included. Photography is not allowed at the cultural performance. The order of the sites viewed or visited may vary. Drop off location for free time will be at the Hotel Foret nearby Gukje Market and Jagalchi Fish Market.

BSN-001 CULTURAL PERFORMANCE & BUSAN CITY

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 13, 2025 01:30 PM

Delve into the culture of Busan by visiting some of its most representative attractions and by watching a traditional dance performance at the city's cultural center. The performance will include a selection of regional dances that are improvisational rather than choreographed. South Korean dances are more about feelings than telling stories, and you can expect the show to be quite moving. On the other hand, Yongdusan Park conveys a sense of serenity, as you will see by meandering the paths of this urban oasis. Now a symbol of the city, Busan Tower rises high above the park. To experience local life on a more intimate level, you will also visit the Jagalchi Fish Market, the country's largest seafood market. As you browse the stalls and stores, you can expect to find every imaginable marine creature, including live eels, sea squirts and skates, which are similar to stingrays.

·Watch a traditional dance performance at a cultural center.
·Stroll through tranquil Yongdusan Park, which Busan Tower dominates.
·Browse the stalls of Jagalchi Fish Market, observing the exotic marine creatures.
·Stay in town after the excursion and return on your own, if you choose.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 90-minutes of walking/standing. Jagalchi Fish Market has some wet tile surfaces and narrow aisles to negotiate. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this. Weather appropriate clothing, adequate sun protection and flat comfortable walking shoes are recommended. Tour does not include entrance to the Busan Tower. Drop off location for free time will be at the Hotel Foret nearby Gukje Market and Jagalchi Fish Market. Content and venue for dance performance may vary. Photography is not allowed at the cultural performance.

Jeju, South Korea

CHJ-002 HALLIM PARK AND OSULLOC TEA MUSEUM

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 14, 2025 08:45 AM

Delve deeply into Korean culture at a park devoted to traditional life and natural wonders, and then browse a museum that celebrates tea. While walking about the lushly landscaped grounds at Hallim Park, you might see a 300-year-old bonsai pine tree, peacocks strutting about or historical thatched houses that depict traditional life in Jeju centuries ago. The lava caves at Hallim Park are another highlight, as they were created long ago by the eruption of Mt. Halla and contain an abundance of stalagmites and stalactites, which are rare in lava caves. You will next visit the O'Sulloc Tea Museum, whose exhibits are devoted to every imaginable aspect of tea, including tea cups, tea rooms, tea leaves and the history of tea. Even the building is shaped like a green tea cup. If you venture up to the museum's second-floor observatory, you will be treated to sweeping views of the surrounding plantation with its terraced fields of tea. THE TEA MUSEUM WILL BE SUBSTITUTED WITH THE O'SULLOC TEA PLANTATOIN DUE TO REMODELING.

·Meander through Hallim Park, a tropical wonderland with gardens and a folk village.
·Marvel at the park's large stone statues carved from volcanic basalt.
·Become immersed in the surprisingly complex world of tea at a museum devoted to it.
·Dress in weather-appropriate clothing, including a lightweight jacket.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes about two hours of standing and moderate walking over one mile. There will be uneven lava steps in the caves, as well as wet and slippery surfaces. The tour is not available to wheelchair guests and not considered suitable for those with walking difficulties. The tour sequence may vary. THE TEA MUSEUM WILL BE SUBSTITUTED WITH THE O'SULLOC TEA PLANTATOIN DUE TO REMODELING.

CHJ-006 SUNRISE PEAK AND SEONGEUP FOLK VILLAGE

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $89.00

Date: November 14, 2025 09:00 AM

Take in the spectacular view from atop crater-shaped Seaongsan Sunrise Rock and then visit a traditional village that reveals the rich culture of Jeju Island. The rock is named in part because it lies on the island's easternmost shore and attracts locals that gather to watch the sunrise. Formed millennia ago in a series of underwater volcanic eruptions, the crater looks like a crown because 99 jagged rocks surround its huge circular top. It is so stunning that UNESCO named it a World Heritage site. You may ascend to the jungle-covered bowl at the top or remain below. Both perspectives offer fabulous views. You will next visit Seongeup Folk Village. Created as an expression of traditional Korean life, the re-created village contains several rock-walled thatched-roofed houses. Other highlights include Confucian shrines, fortress ruins and ancient government buildings. Many of the traditions and even the dialect spoken here have been handed down over the generations.

·Take in the stunning views from atop a volcanic crown-like crater.
·Recognize the reasons why UNESCO declared the crater a World Heritage site.
·Admire the traditional way of life in a re-created Korean folk village.
·See village buildings ranging from Confucian shrines to thatched-roof houses.
·Dress in weather-appropriate clothing, including a lightweight jacket.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes about two hours of moderate to strenuous walking that covers about 1¼ miles. If you opt to climb to the top of Sunrise Peak, you must negotiate a significant incline and about 550 steps. The tour is not available to wheelchair guests or to those with mobility concerns. Participants should be in good physical condition. The tour sequence may vary. Climbing to the top of Sunrise Peak is closed on the 1st Monday of each month, however photo time at the foot of the peak still available.

CHJ-GG1 WINDMILL COASTAL WALKWAY & WIND POWER

Duration: 3.25 Hrs Tour Price: $0.00 Retail Price: $109.00

Date: November 14, 2025 09:15 AM

Follow a coastal walkway that will present you with outstanding views of the sea and an understanding of how Jeju generates electricity from wind power. As you approach the Sinchang Windmill Coastal Walkway, you will see its collection of towering white wind turbines along the shore and on rocky outcroppings just offshore. The landscape of turbines together with the walkway demonstrate Jeju's commitment to producing green energy in harmony with the area's natural beauty. If the tide is low, you may also spot people gathering fish and clams within stone walls known as 'Wondam' that are designed to capture marine life. It is a traditional way of fishing without negatively impacting the environment. You will spot the bounty of the sea on ice while browsing Dongmun, the oldest and largest traditional open-air market in Jeju. Besides fresh seafood, you will find everything from kimchi to handmade furniture.

·Travel the Sinchang Windmill Coastal Walkway and observe the towering wind turbines .
·A traditional eco way of catching fish called 'Wondam' which is a stone wall built along the intertidal zone where fish trapped inside the wall at the low tide .
·Behold a stunning variety of local seafood and more at Jeju's largest open-air market .
·Dress in weather-appropriate clothing .
·Wear flat comfortable walking shoes .

This tour includes approximately 90 minutes of moderate walking and standing with some wet and uneven surfaces and narrow path at the Coastal Walkway. It is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat, non-slip walking shoes are suggested. The Sinchang Coastal Walkway maybe closed without advance notice due to adverse weather conditions.

CHJ-004 WOMEN DIVERS AND SPIRITED GARDEN

Duration: 3.75 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 14, 2025 09:30 AM

Meet the famed women divers of Jeju who descend to staggering depths without oxygen tanks; then stroll the winding paths of the world's largest bonsai garden. The so-called Mermaids of Jeju descend to dizzying depths to gather conch, clams, abalone and other marine life. It's not so much what they do, but how they do it that is so incredible. The women free dive without oxygen tanks and carry only a pair of goggles, a ball-like tube for balance and a basket for their collected items. The work is perilous, and the divers have become symbols of female independence and strength in Jeju. You will next visit the Spirited Garden, a showcase for bonsai trees, many of which are set among black volcanic rocks and marked with plaques that quote Korean poetry. As you stroll the paths, over bridges and past waterfalls, you will surely feel the garden's intent to promote peace of mind and contemplation.

·Meet women that free dive without oxygen to collect seafood on the ocean floor.
·Watch a demonstration of their prodigious diving skills and how they minimize peril.
·Enjoy a serene walk through the world's largest bonsai garden.
·Try to reach a contemplative state of mind, the garden's intent.
·Dress in weather-appropriate clothing, including a lightweight jacket.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes about 1½ hours of standing and easy to moderate walking over a half-mile with some steps. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with walking difficulties should evaluate their stamina and ability before joining the tour. The divers' demonstration is weather dependent and if conditions are adverse, you will only interview and photograph the divers. The tour sequence may vary.

CHJ-001 JEJU CITY HIGHLIGHTS

Duration: 3.25 Hrs Tour Price: $0.00 Retail Price: $89.00

Date: November 14, 2025 09:45 AM

Enjoy a fascinating look at Jeju's most recognizable landmarks, which include a rock shaped like a dragon's head, a revealing cultural museum and a thriving city market. Although natural elements carved what looks to be a dragon's head in Yongduam Rock, various mystical legends abound about its creation. Regardless of how it was formed, the rock has become a symbol of Jeju. You will learn more about the city at the Folklore and Natural History Museum. While browsing the exhibits, you may learn about Jeju's natural features, endemic animals and plants, and daily rituals. Items such as ancient looms for weaving hemp clothing and chunks of lava are beautifully displayed. Continuing on to Dongmun Market, you will enjoy a close-up look into daily life on the island, as the locals will be shopping for merchandise ranging from abalone to herbs to tangerine-flavored chocolate. Established in 1945 following Korea's liberation from colonial rule, the market features hundreds of stalls.

·See the rock shaped like a dragon's head that has become the symbol of Jeju.
·Browse museum exhibits with cultural artifacts such as an oxen-powered millstone.
·People-watch and mingle with the local shoppers in a thriving marketplace.
·Dress in weather-appropriate clothing, including a lightweight jacket.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes about two hours of moderate walking and standing. There are about 20 irregular lava stone steps to reach Yongduam Rock, and surfaces at Dongmun Market may be wet and slippery. The tour is not available to wheelchair guests and not considered suitable for guests with walking difficulties. The tour sequence may vary.

CHJ-003 TEA CULTURE AND MARKET

Duration: 3.75 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 14, 2025 09:45 AM

Discover the nuances of Korean culture, history and daily life by browsing a museum, participating in a tea ceremony and strolling through a marketplace. While perusing the exhibits at the Folklore and Natural History Museum, you may learn about Jeju's natural features, endemic animals and plants, and daily rituals. Displays include ancient looms for weaving hemp clothing and chunks of lava that reflect the island's volcanic creation. Then, under the guidance of a tea culture master, you will experience the ceremonial rite of preparing and drinking tea. To add to the decorum, you may choose to wear a "hanbok," a traditional Korean costume for special occasions. Through the tea culture, you will discover the nuances of this hallowed art, which is considered a form of meditation that purifies the soul. At Dongmun Market, you can expect to be mesmerized by the sights and sounds, as it is one of the city's most popular and busiest markets.

·Behold a museum's cultural curiosities, including statues that were graveyard guardians.
·Experience a reflective tea ceremony under the guidance of a tea culture master.
·Browse the stalls at a lively market with an incredible selection of merchandise.
·Dress in weather-appropriate clothing, including a lightweight jacket.
·Wear flat comfortable walking shoes with non-slip soles.

This tour includes about two hours of moderate walking and standing with some steps and possibly wet slippery surfaces at Dongmun Market. During the tea culture ceremony, participants will sit on the floor. Cushions and stools are limited for those uncomfortable with sitting on the floor. The tour is not available to wheelchair guests and may not be suitable for those with mobility issues who should evaluate their stamina and ability before joining the tour. The tour sequence may vary.

Seoul (Incheon), South Korea

INC-014 FOLK VILLAGE

Duration: 5.25 Hrs Tour Price: $0.00 Retail Price: $149.00

Date: November 15, 2025 11:30 AM

Explore an open-air museum with hundreds of historical buildings and costumed workers that will present a glimpse into Korean life during the final few centuries of the Joseon Dynasty. While wandering through the sprawling Korean Folk Village, you will see different architectural characteristics of homes, workshops, Confucian schools and farms. You might also see potters, woodworkers and weavers engaged in their crafts. Various exhibition halls display thousands of artifacts that candidly reveal even the most intimate details of the Joseon Dynasty, which fell in 1910. Japan occupied and ruled Korea from that time until the end of World War II. To enhance your understanding of the culture, you will watch acrobats walk tightropes and dancers perform a folkloric show. If you wish to shop, there are plenty of stories selling traditional items ranging from earthenware to a Korean taffy called yeot.

·Walk through an outdoor museum with hundreds of centuries-old buildings.
·Notice the different styles of architecture and construction techniques.
·Watch artisans practice their crafts using traditional means.
·Learn how the 500-year-old Joseon Dynasty finally came to an end.
·See performers walk a tightrope and put on a folkloric show.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves walking a mile. Outdoor events such as the farmers' band and tight-rope walking may be canceled without notice due to inclement weather.

INC-015 SEOUL HIGHLIGHTS

Duration: 6.00 Hrs Tour Price: $0.00 Retail Price: $149.00

Date: November 15, 2025 11:45 AM

Visit three of Seoul's most iconic attractions, where you will gain an appreciation for the country's rich history and culture. At Deoksugung Palace, whose name means "palace of virtuous longevity," be sure to notice its elegant stone-wall road. The smallest palace in South Korea, it is dwarfed by towering high-rises that crowd the busiest intersection in the cosmopolitan capital's downtown. In contrast, you will next see the country's largest museum, the New National Museum of Korea, whose thousands of exhibits hold priceless pieces that reveal South Korea's history from ancient to modern times. The last stop will be Insadong, Seoul's wonderfully atmospheric arts and antiques center. The galleries and shops seem to go on and on, especially as they line alleyways that endlessly twist and turn. On the return to the pier, you will spot Mt. Namsan rising from the center of the city.

·Stop in 16th-century Deoksugung Palace, which sits amid high-rises.
·Browse an extraordinary collection of art in South Korea's largest museum.
·Explore the twisting alleyways in Insadong, the main art and antiques district.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about two hours of moderate walking with some steps, plus any additional walking at the guests' discretion during free time. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. It may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour. The changing of the guard is weather dependent. Taking photos or videos is prohibited in the museum. Deoksugung Palace is closed on Mondays; a visit to Gyeongbokgung Palace will be substituted.

INC-005 INCHON HIGHLIGHTS

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $89.00

Date: November 15, 2025 12:00 PM

Enjoy a panoramic introduction to Incheon, a major seaport where United Nations troops landed in 1950 and soon ended the North Korean occupation of the peninsula. U.S. General Douglas MacArthur successfully led the troops, and your first stop will be at the Incheon Landing Memorial Hall that was built in honor of the general. Inside, you will browse exhibits containing military armaments used by the South and North Korean forces, as well as historical photographs showing what life in Korea was like during that tumultuous period. Later, in Jayu Park in Incheon, you will likely see a statue of MacArthur. Other highlights in town include stops at the sprawling Yeonan Pier Fish Market and at the Sinpo International Market, a more eclectic market that has been at the same location since the late 19th century.

·Visit a memorial hall honoring General Douglas MacArthur in the Battle of Incheon.
·See exhibits that detail the decisive victory that drove the North Koreans off the peninsula.
·Pause at a leafy Western-style park that features a statue of MacArthur.
·Browse two markets: one selling fresh seafood, the other offering a wider array of items.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking and negotiating about 40 steps at Jayu Park. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. The Incheon Landing Operation Memorial Hall is closed on Mondays, and guests will visit the Wolmi Traditional Garden instead.

Shanghai, China

SHA-013 21st CENTURY SHANGHAI & MAGLEV TRAIN

Duration: 4.25 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 17, 2025 03:30 PM

Date: November 18, 2025 10:30 AM

Experience the most modern forms of transportation and architecture in Shanghai by riding the Maglev Train and visiting ultra-modern Lujiazui. The train ride will take just eight minutes in each direction, but the experience will seem light years ahead of conventional travel. The wheel-less Maglev floats on an electromagnetic cushion and can race along a guideway at speeds of up to 186.41 mph, the fastest ever recorded for a ground-operated mode of transport. It will feel like you are flying as the train instantly accelerates to maximum speed. Back in Shanghai, you will see China's architectural future in soaring skyscrapers in the New Pudong District, which amazingly was farmland little more than a decade ago. A high-speed elevator ride to the observation deck on the 88th floor of the Jin Mao Tower, will present the ultimate view of this financial district and far beyond.

- ·Ride the world's fastest train, a marvel that can reach speeds of up to 186.41 mph.
- ·Browse a technology center that details how the train went from science fiction to reality.
- ·Ride through Shanghai's glittering futuristic-looking financial district.
- ·Gaze out over Shanghai from the 88th floor of the ingeniously designed Jin Mao Tower.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour includes approximately 1-hour of walking/standing on flat terrain. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this. The ride on the Maglev Train lasts eight minutes in each direction.

SHA-009SG SHANGHAI OLD & NEW - SMALL GROUP

Duration: 3.50 Hrs Tour Price: $149.00 Retail Price: $299.00

Date: November 17, 2025 03:45 PM

Date: November 18, 2025 10:10 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore the historical and modern sides of Shanghai through the most representative landmarks of both. While driving through the waterfront Bund, you will get a genuine sense of Shanghai's past as the architecture is colonial. Similarly, the leafy French Concession district exudes an ambiance of another time, when the pace of life was slower in this affluent residential enclave. A leisurely stroll through sprawling People's Square – the site of China's finest race track until 1949 – will reveal how the urban landscape has transitioned over the years. Shanghai's vision for the future will be evident in the Pudong Economic Zone, where you will find the soaring Oriental Pearl TV Tower. The highest of its three spherical viewing areas is fittingly called the Space Module. For the ultimate view of Shanghai, you will ride the express elevator to the 88th-floor observation deck of the Jin Mao Tower. It was once the tallest building in China.

- ·Gain insight into Shanghai's history through colonial architecture in areas such as the Bund.
- ·Enjoy an enlightening walk through People's Square, the largest public square in Shanghai.
- ·Marvel at the soaring visionary architecture in the Pudong Economic Zone.
- ·Take in the staggeringly beautiful views of Shanghai from the 88th floor of the Jin Mao Tower.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour includes about 1-hour of easy walking/standing. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.

SHA-009 SHANGHAI OLD & NEW

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 17, 2025 04:00 PM

Date: November 18, 2025 10:20 AM

Explore the historical and modern sides of Shanghai through the most representative landmarks of both. While driving through the waterfront Bund, you will get a genuine sense of Shanghai's past as the architecture is colonial. Similarly, the leafy French Concession district exudes an ambiance of another time, when the pace of life was slower in this affluent residential enclave. A leisurely stroll through sprawling People's Square – the site of China's finest race track until 1949 – will reveal how the urban landscape has transitioned over the years. Shanghai's vision for the future will be evident in the Pudong Economic Zone, where you will find the soaring Oriental Pearl TV Tower. The highest of its three spherical viewing areas is fittingly called the Space Module. For the ultimate view of Shanghai, you will ride the express elevator to the 88th-floor observation deck of the Jin Mao Tower. It was once the tallest building in China.

- ·Gain insight into Shanghai's history through colonial architecture in areas such as the Bund.
- ·Enjoy an enlightening walk through People's Square, the largest public square in Shanghai.
- ·Marvel at the soaring visionary architecture in the Pudong Economic Zone.
- ·Take in the staggeringly beautiful views of Shanghai from the 88th floor of the Jin Mao Tower.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour includes about 1-hour of easy walking/standing. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.

SHA-016 RELAXING SHANGHAI NIGHT

Duration: 3.50 Hrs Tour Price: $189.00 Retail Price: $339.00

Date: November 17, 2025 04:30 PM

Date: November 18, 2025 04:30 PM

Spend a stress-free, wonderfully serene evening in Shanghai, which will be quite the accomplishment considering that 26 million people live in this massive metropolis. The experience will begin with a traditional Chinese foot massage in which pressure is applied to specific points on the soles of the feet that supposedly correspond to certain organs. Benefits may include restoring the natural flow of your body's energy. The surprisingly lengthy foot massage will leave you well-prepared to browse the Shanghai History Museum, whose dioramas tell the story of Shanghai's evolution decade by decade. The collection is absolutely astounding as it contains priceless pieces in every imaginable category, including calligraphy, textiles and jade ware. A short walk will bring you to the Super Brand Mall, where you will dine on an extraordinary meal of traditional Shanghai cuisine. Free time follows, during which you can browse the seemingly endless collection of stores in the 13-story mall.

·Enjoy a traditional Chinese foot massage that may stimulate your circulation and revitalize you.
·Browse the Shanghai History Museum, a repository of rare and fascinating artifacts.
·Dine on an exquisite meal in the 13-story Super Brand Mall and browse its stores afterwards.
·Experience Shanghai in the evening, when the sprawling metropolis is most radiant.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

SHA-005 SHANGHAI BY NIGHT

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 17, 2025 06:45 PM

Date: November 18, 2025 06:45 PM

Experience the beauty of Shanghai at night, when the sprawling metropolis of nearly 25 million people is showered in bright lights. After sunset, the ambiance of Shanghai changes dramatically. While still bold and bustling, the city radiates from within and seems even more appealing at night, especially in the areas that you will explore. The lights of the city unfold at your feet from atop the Jin Mao Tower. Once the tallest building in Shanghai, it soars 88 stories above the city. From the observation lounge at that level, you will enjoy a panoramic view like no other. Another scenic drive takes you via Nanpu Bridge to Xin Tian Di, in the former French Concession area, which offers an alluring mix of the Shanghainese and European, traditional and trendy styles. This fashionable, vehicle-free leisure area is teaming with restaurants, cafes, bars, galleries and trendy shops. Enjoy approximately 1-hour of free time here, before the return drive to your ship.

·Drive through downtown Shanghai at night, when the city is aglow with lights.
·Stand on the 88th floor of the Jin Mao Tower, taking in the staggeringly beautiful view.
·Spend free time in the fashionable area of Xin Tian Di.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves minimum walking and just a few steps to negotiate. Amount of walking and level of exertion during free time is at your discretion. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.

SHA-017 HUANGPU RIVER CRUISE

Duration: 3.00 Hrs Tour Price: $149.00 Retail Price: $299.00

Date: November 17, 2025 07:00 PM

Date: November 18, 2025 07:00 PM

Cruise the meandering Huangpu River during the evening, a time when the city lights of Shanghai beautifully illuminate the sprawling metropolis. The river flows through the center of the city, essentially diving it in two. You will board the boat at the Shiliupu Marina in the center of Shanghai and cruise in a direction best suited to the water traffic. Either way, the sights will be spectacular as Shanghai will be aglow and wonderfully radiant. You will pass soaring skyscrapers that fulfill the city's vision for the future and historical attractions that convey a reverence for the past. You will also pass under lighted bridges that span the Huangpu River and over vehicular tunnels that connect one side to the other. As you will discover firsthand, Shanghai – one of China's most populated cities – is bustling 24 hours a day as it. Enlightening commentary will enhance the dramatic scenery, leaving you with a wonderful impressive of the city.

·Enjoy an evening cruise on the Huangpu River that divides Shanghai in two.
·Hear commentary that describes the landmarks along the way and their significance.
·See Shanghai at night when it is dramatically illuminated and most radiant.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

SHA-WT1 CHINESE SHADOW BOXING TAIJI

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 18, 2025 07:40 AM

Practice Chinese shadow boxing in Fu Xing Park under the guidance of a taiji martial arts master and then delve further into the local culture by visiting a farmer's market. Shadow boxing, often called taiji or tai chi, is a traditional form of Chinese self-defense that relies on slow, graceful movements. It echoes the philosophy of yin and yang, which explores how opposite forces complement each other. As you will discover while shadow boxing, taiji offers a multitude of benefits. It can relieve stress, enhance meditation and improve overall well-being. Perhaps best of all, almost everyone, regardless of age and physical condition, can practice taiji. It is a low-impact form of exercise often described as "meditation in motion," as it involves gentle flowing movements that are easy to follow. Fu Xing Park is also a great spot for people-watching, which will enhance your understanding of local daily life, as will your visit to a nearby farmer's market.

·Follow a taiji master's instruction in shadow boxing, a form of Chinese self-defense.
·Practice the slow graceful movements that define taiji, also known as tai chi.
·Delight in the fact that almost anyone can perform the low-impact movements.
·Observe daily life in Fu Xing Park and at a bustling farmer's market nearby.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 1.5 mile of walking on flat and uneven terrain, with a few steps to negotiate. Tour is not available for wheelchair guests and not recommended for those with walking or mobility concerns. Weather appropriate and loose clothing, adequate sun protection and flat comfortable walking shoes are recommended.

SHA-001SG BEST OF SHANGHAI - SMALL GROUP

Duration: 8.00 Hrs Tour Price: $199.00 Retail Price: $349.00

Date: November 18, 2025 07:50 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore the must-see attractions in China's largest metropolis, a mosaic of modern skyscrapers and ancient architectural treasures. The city's contemporary side shines through in soaring landmarks such as the Shanghai World Finance Center, the Jin Mao Tower and the Oriental Pearl TV Tower, where you will pause for photos. Your next stop will be Old Town, the vibrant marketplace surrounding the 16th-century Yu Yuan Gardens, which features exquisite rockeries and dragon walls. Touring both venues provides a historical touchstone for your visit to the Jade Buddha Temple, known for its priceless white jade Buddha. The working temple also houses an abundance of ancient carvings, paintings and precious Buddhist cultural relics. Thousands more historical artifacts are on display at the Shanghai Museum, whose collection of bronzeware from the Shang and Zhou dynasties dates back 3,500 years. Other highlights include exhibits of extraordinary ceramics, calligraphy and paintings.

·See towering skyscrapers that reflect the booming economy of Shanghai.
·Meander through the meticulously manicured, 16th-century Yu Yuan Gardens.
·Visit a temple with a rare and exquisite statue of Buddha made of white jade.
·Browse the Shanghai Museum, a treasure-trove of intriguing historical artifacts.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves over 3-hours of moderate walking/standing, with occasional steps, uneven or cobbled terrain. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-001 THE BEST OF SHANGHAI

Duration: 8.00 Hrs Tour Price: $0.00 Retail Price: $179.00

Date: November 18, 2025 08:00 AM

Explore the must-see attractions in China's largest metropolis, a mosaic of modern skyscrapers and ancient architectural treasures. The city's contemporary side shines through in soaring landmarks such as the Shanghai World Finance Center, the Jin Mao Tower and the Oriental Pearl TV Tower, where you will pause for photos. Your next stop will be Old Town, the vibrant marketplace surrounding the 16th-century Yu Yuan Gardens, which features exquisite rockeries and dragon walls. Touring both venues provides a historical touchstone for your visit to the Jade Buddha Temple, known for its priceless white jade Buddha. The working temple also houses an abundance of ancient carvings, paintings and precious Buddhist cultural relics. Thousands more historical artifacts are on display at the Shanghai Museum, whose collection of bronzeware from the Shang and Zhou dynasties dates back 3,500 years. Other highlights include exhibits of extraordinary ceramics, calligraphy and paintings.

·See towering skyscrapers that reflect the booming economy of Shanghai.
·Meander through the meticulously manicured, 16th-century Yu Yuan Gardens.
·Visit a temple with a rare and exquisite statue of Buddha made of white jade.
·Browse the Shanghai Museum, a treasure-trove of intriguing historical artifacts.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves over 3-hours of moderate walking/standing, with occasional steps, uneven or cobbled terrain. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-012 SUZHOU IN DEPTH

Duration: 9.50 Hrs Tour Price: $159.00 Retail Price: $279.00

Date: November 18, 2025 08:10 AM

Delve deeply into the charms of Suzhou by visiting landmarks that lend genuine insight into the culture. The city's history of fishing is best reflected at the mesmerizing Garden of the Master of the Nets, which was built in 1140 to reflect the solitary life of a fisherman. An equally peaceful ambiance awaits you at the No. 1 Silk Factory, where you will learn about silk production, starting with the careful raising of silkworms. You will become further immersed in the regional culture over lunch, during which you will watch a Suzhou Pingtan performance that tells folkloric stories through ballads and music. You will then spend an hour cruising the manmade Grand Canal, parts of which date back 2,500 years. The experience will reveal the simplicity of life on the water, as residents still wash clothes by hand. Later, at the Suzhou Museum, you will garner a better appreciation of Chinese and Suzhou design styles.

·Stroll through the Garden of the Master of the Nets, a UNESCO World Heritage site.
·Gain an understanding of Suzhou's importance in the booming silk trade.
·Watch an enlightening folkloric performance over lunch.
·Cruise the picturesque Grand Canal and disembark at the 2,500-year-old Panmen Gate.
·Peruse the exhibits at the Suzhou Museum.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about 3-hours of walking/standing on mostly flat terrain, with occasional uneven or cobbled terrain and many steps. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-002 GARDEN CITY SUZHOU

Duration: 9.00 Hrs Tour Price: $0.00 Retail Price: $179.00

Date: November 18, 2025 08:20 AM

Explore the lifestyles, traditions and scenic natural beauty that have shaped the lives of Suzhou's people for centuries. Although it will take two hours reach Suzhou, it will be well worth the effort. You will begin by visiting the Garden of the Master of the Nets, the smallest but most impressive of the Suzhou residential gardens. The inner garden was the model for the Ming Hall Garden at the Metropolitan Museum of Art in New York City. Suzhou is also known for its outstanding silk, especially its double-sided silk embroidery, samples of which you may see at the Silk Embroidery Research Institute. A traditional Chinese lunch at the contemporary Bamboo Grove Hotel follows, after which you will settle in for a boat ride on the picturesque Grand Canal. That serene journey will end at the 2,500-year-old Panmen Gate, the only water and land gate in China.

·Stroll through the Garden of the Master of the Nets, a UNESCO World Heritage site.
·Gain an understanding of Suzhou's importance in the booming silk trade.
·Behold intricate silk embroidery with the same image on both sides of the fabric.
·Cruise the picturesque Grand Canal and disembark at the 2,500-year-old Panmen Gate.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

The drive to and from Suzhou is nearly 2-hours in each direction. This tour involves approximately 2½-hours of walking/standing with many steps along the way. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-011 ESSENCE OF SHANGHAI'S ARCHITECTURE

Duration: 8.75 Hrs Tour Price: $129.00 Retail Price: $219.00

Date: November 18, 2025 09:00 AM

Admire the diversity of Shanghai's architecture by focusing on the city's modern wonders and buildings that reflect its colonial period. One of the world's largest cities, Shanghai contains about every imaginable style of architecture. European-influenced buildings crowd the waterfront Bund, modern skyscrapers soar high above the Pudong Financial District and Old Town features historical Qing Dynasty homes with ferocious-looking dragon walls. You will also find the 400-year-old Yu Yuan Garden in Old Town, a welcome respite from Shanghai's urban sprawl. While pausing at the French-influenced Shanghai Arts and Crafts Research Institute, you will can't help but notice the resemblance to the White House in Washington, D.C. In fact, the building is nicknamed the Little White House. For a glimpse at what Shanghai will look like in decades to come, you will stop at the Shanghai Urban Planning Exhibition Hall to see scale models of the downtown envisioned for the future.

·Behold Shanghai's architectural diversity through its skyscrapers and Old Town homes.
·See European-influenced architecture along the Bund and in the French Concession.
·Stroll through the centuries-old Yu Yuan Garden, an urban oasis.
·Stop at the Little White House, which closely resembles America's White House.
·See a futuristic vision of the city at the Shanghai Urban Planning Exhibition Hall.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes over 2-hours of moderate walking/standing with some steps to negotiate and uneven surfaces at Yu Yuan Garden. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. Shanghai Urban Planning Exhibition Centers closed on Wednesdays. On these days the site will be replaced with Shanghai History Museum.

SHA-004 WATER TOWN OF ZHUJIAJIAO

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $109.00

Date: November 18, 2025 09:30 AM

Discover Shanghai's version of Venice in the ancient water town of Zhujiajiao, which was founded more than 1,700 years ago. As you will see, the town is wonderfully atmospheric. Ancient buildings from the Qing Dynasty line the stone streets, centuries-old arched bridges span the canals and narrow lanes wind through the city, lending Zhujiajiao an ambiance all its own. A boat ride through the canals presents a different perspective of this unique city. If the waterways are busy, the ride will be even more delightful, as you will get an authentic feel for daily life in one of China's most unusual settings. A historical post office nearby is also intriguing, as it opened in 1862, a time when correspondence was often written on bamboo and wood. You will also browse an ancient pharmacy that dispenses herbal medicines, following a tradition that dates back thousands of years.

·Stroll atmospheric streets and cross ancient bridges in the Venice of Shanghai.
·Revel in the ambiance that reflects the Qing Dynasty, which began in the 1600s.
·Settle in for an enlightening boat ride through Zhujiajiao's serene canals.
·Browse a historical post office and a pharmacy that dispenses traditional medicines.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves over a mile of walking/standing, mainly on flat terrain and occasional uneven and cobbled surfaces and many steps. This tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-007SG SHANGHAI DELIGHT - SMALL GROUP

Duration: 4.50 Hrs Tour Price: $149.00 Retail Price: $299.00

Date: November 18, 2025 09:40 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Enjoy some of Shanghai's most beautiful and historical venues, which together will provide a remarkably complete picture of China's largest city. Upon arriving in expansive People's Square, you will visit the Shanghai Museum, which houses a collection of rare and priceless pieces from throughout the country. Many exhibits present a broad look at China's history, while others pinpoint certain dynasties and watershed events. The intent of the 400-year-old Yu Yuan Garden is more single-minded, as its primary concern is to promote tranquility. Even its name encourages reflection; Yu Yuan means "Garden of Peace and Comfort." Ironically, in the mid-19th century, the garden was the home base for the anti-imperial rebels in the Society of Small Swords. A stroll through the maze of narrow alleys and cobblestone lanes of Old Town will offer a much earlier glimpse of Shanghai.

·Browse the Shanghai Museum, a treasure-trove of intriguing historical artifacts.
·Meander through the meticulously manicured, 16th-century Yu Yuan Gardens.
·Explore Shanghai's engaging Old Town, a warren of ancient shops and fine restaurants.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves about 2-hours of walking/standing, with occasional uneven or cobbled surfaces and many steps. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. On Mondays, when the Shanghai Museum is closed, guests will visit the Jade Buddha Temple instead.

SHA-007 SHANGHAI DELIGHT

Duration: 4.25 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 18, 2025 09:50 AM

Enjoy some of Shanghai's most beautiful and historical venues, which together will provide a remarkably complete picture of China's largest city. Upon arriving in expansive People's Square, you will visit the Shanghai Museum, which houses a collection of rare and priceless pieces from throughout the country. Many exhibits present a broad look at China's history, while others pinpoint certain dynasties and watershed events. The intent of the 400-year-old Yu Yuan Garden is more single-minded, as its primary concern is to promote tranquility. Even its name encourages reflection; Yu Yuan means "Garden of Peace and Comfort." Ironically, in the mid-19th century, the garden was the home base for the anti-imperial rebels in the Society of Small Swords. A stroll through the maze of narrow alleys and cobblestone lanes of Old Town will offer a much earlier glimpse of Shanghai.

·Browse the Shanghai Museum, a treasure-trove of intriguing historical artifacts.
·Meander through the meticulously manicured, 16th-century Yu Yuan Gardens.
·Explore Shanghai's engaging Old Town, a warren of ancient shops and fine restaurants.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour involves about 2-hours of walking/standing, with occasional uneven or cobbled surfaces and many steps. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns. On Mondays, when the Shanghai Museum is closed, guests will visit the Jade Buddha Temple instead.

SHA-GL1 SHANGHAI THROUGH THE EYES OF A LOCAL

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $149.00 **GL**

Date: November 18, 2025 10:00 AM

Experience several different sides of Shanghai, all in the interest of providing you with an authentic feel for local life. People's Park will make a great starting point as it's one of the city's most popular gathering places. You will likely observe people practicing Tai Chi, playing dominoes and Mahjong and generally just enjoying the serenity of the lush setting. You will see a different aspect of life at a local market where residents come primarily to shop for food. Browsing the stalls will provide great insight into Shanghai's cuisine. Dim sum has long been popular, and you will discover its attraction firsthand by dining on a variety of these small-plate dishes at a traditional restaurant. Another perspective of Shanghai life will await you in Zhang Yuan, a renovated residential complex that dates to 1882. British architects originally designed the shikumen-style houses, which creatively integrate Chinese and Western elements.

·Stroll through popular People's Park and watch the locals engaged in recreational activities.
·Browse the stalls of a bustling market for a look at the ingredients used in Shanghai's cuisine.
·Dine on dim sum in a traditional restaurant that specializes in these small-plate dishes.
·Explore the unique shikumen-style houses in the historical Zhang Yuan residential complex.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking. Guests will need to manage some flat surfaces along with some occasional steps while visiting the market. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

SHA-010 JEWISH HERITAGE OF SHANGHAI

Duration: 3.25 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 18, 2025 10:45 AM

Explore the Jewish history of Old Shanghai during this enlightening visit to the city's most renowned Jewish sites, beginning with the Shanghai Jewish Refugees Museum. Formerly the Ohel Moishe Synagogue, the museum recounts the story of how Shanghai openly and unconditionally received thousands of persecuted Jews in the years leading up to and during World War II. Many of them settled in the Hongkou area and in Houshan Park, where you may find a plaque dedicated to the Jewish immigrants and the Chinese people that warmly welcomed them. Other relevant landmarks include the Lyceum Theatre and the Shanghai Conservatory, which were formerly the Jewish Theatre and the Jewish Club, respectively. The influx of Jews into Shanghai is a moving tale, made all the more meaningful when you visit the sites where key events took place.

·Discover how Shanghai welcomed thousands of Jewish refugees fleeing the Nazis.
·Peruse poignant exhibits in the Shanghai Jewish Refugees Museum.
·Visit the neighborhoods where the persecuted Jews settled starting in the late 1930s.
·Drive by relevant landmarks such as the former Jewish Theatre and Jewish Club.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

Tour includes approximately 90 minutes of walking/standing with approximately 80 steps to negotiate at the Ohel Moishe Synagogue. This tour is not available for wheel chair guests and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina. This tour has very limited participation.

SHA-008 ART OF SHANGHAI

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 18, 2025 11:00 AM

Explore the spiritual and artistic sides of Shanghai by visiting the Jade Buddha Temple and the Arts and Crafts Research Institute, where you can watch artisans create traditional wares. Although the original temple was destroyed during the revolution that overthrew the Qing Dynasty, the temple's two precious statues of Buddha were saved. The temple that you will visit was built in 1928 to house the statues, which were carved in Burma out of white jade, a rare form of nephrite mineral known for its characteristic creamy texture. You will next visit the Arts and Crafts Research Institute, which was established in 1956 to study traditional Chinese folk arts and crafts. The institute now researches art forms such as woolen needlepoint, silk embroidery, boxwood and the carving of jade, ivory and lacquerware. More than 160 artisans are employed there, and you will watch many of them create works of art.

·Behold two extraordinary statues of Buddha carved from a rare cream-colored mineral.
·Observe the resident monks who attend to the exquisite Jade Buddha Temple.
·Admire the colonial architecture throughout the French Concession neighborhood.
·Watch dozens of artisans create inspired folk art and crafts.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes about 2-hours of moderate walking/standing with stairs to negotiate. Tour is not available for wheel chair guests and not recommended for those with walking or mobility concerns.

SHA-015 CHINESE ACROBATS

Duration: 3.00 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 18, 2025 06:30 PM

Witness the amazing skills and agility of Chinese acrobats during an incredible performance that honors China's heritage of acrobatics, which dates back to at least 700 BC. The first acrobats were supposedly farmers and village craftsmen who practiced acrobatics in the winter when they had little to do. It was a way to improve their social status. In time, they incorporated household items such as cups and saucers, tables and chairs, and even their own bodies to form human pyramids. The acrobats that you will see performing at the Portman Theater will pay homage to that heritage through spectacular stunts and routines. You can expect it to be a jaw-dropping show as the acrobats contort into seemingly impossible positions and perform extraordinary feats of balance. Magnificent sets and traditional music will enhance the performance all the more.

·Watch a dazzling performance by a troupe of Chinese acrobats.
·See the acrobats perform seemingly impossible stunts and feats of balance.
·Delight in the colorful sets and inspiring music that enhance the experience.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes

There is are steps to negotiate at the theater. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.When the Portman Theater is unavailable, a similar venue will be used.

Hong Kong, China

HKG-015 HOP ON HOP OFF HONG KONG 1 DAY ESSENTIAL TICKET

Duration: 1.50 Hrs Tour Price: $0.00 Retail Price: $72.00

Date: November 21, 2025 10:00 AM

The perfect introduction to Hong Kong! Enjoy sightseeing, museums, temples, shopping, markets, and restaurants as this fully narrated tour allows you to hop-on or hop-off at over 20 locations throughout the City. The open top double decker bus provides fantastic views and a great atmosphere to explore. The fully narrated audio tour is available in 9 languages including English, Mandarin, Cantonese, French, German, Spanish, Italian, Korean and Japanese. The tour ticket is valid for the entire day and it also includes return tickets for the Star Ferry. You will also enjoy free Wi-Fi and Big Bus app showing location of all buses, stops and points of interest. Big Bus offers three exciting tour routes including: Hong Kong Island Tour (Red Route) which travels via central Hong Kong, Wan Chai, Causeway Bay, Peak Tram Tower Terminus, Mid-Levels Escalator, Man Mo Temple, Lan Kwai Fong and the SOHO Area. Kowloon Tour (Blue Route), which travels via Avenue of Stars, The Peninsula, Langham Place Mall, Ladies Market, Temple Street, Jade Market, sky100 Hong Kong Observation Deck and Mody Road. Stanley Tour (Green Route), which travels via Peak Tram Lower Terminus, Ocean Park, Repulse Bay, Stanley Market and Aberdeen. The total tour duration depends on how many stops participants elect to get off at and explore on their own. The duration of each loop should guests elect to stay aboard the bus is as follows: Red Route - 10:00 AM to 5:00 PM - 75-minute loop with bus frequency every 45 minutes. Blue Route - 10:00 AM to 5:00 PM - 80-minute loop with bus frequency every 60 minutes. Green Route - 10:30 AM to 4:30 PM - 120-minute loop with bus frequency every 30 minutes.

·See the highlights of Hong Kong and stay at them as long as you like.
·Ride double-decker buses from attraction to attraction, hopping on and off as you please.
·Choose from three bus routes, ensuring that you see the attractions of most interest.
·Ride the Star Ferry across the harbor and the funicular to Victoria Peak, if you want.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

As the HOHO buses are shared with non-cruise tourists; Guests can expect long lines and wait times between buses. Walking on this tour is primarily at the guests' discretion at any chosen stops. Guests must be able to negotiate a step to enter and exit the bus and there are approximately 6-8 steep, narrow steps to negotiate to reach the upper deck seating. The Red and Blue routes have some wheelchair accessible vehicles; however, wheelchair guests electing one of these options should advise the Shore Excursion Desk onboard in advance. The Green Route is not available to wheelchair guests.

HKG-008 HIGHLIGHTS OF HONG KONG

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 21, 2025 01:30 PM, 02:00 PM, 02:30 PM

Gain an overall understanding of Hong Kong through a wealth of attractions that best represent traditional ways and modern sensibilities. For the ultimate view of the sprawling metropolis and beyond, you will take the Peak Tram to the highest point on Hong Kong Island. The tram has been running since 1888 and as the world's steepest funicular railway it is a thrill to ride. After an equally scenic descent, you will arrive at the beautiful beach that rims Repulse Bay, where you will pause for photos before traveling to the floating village of Aberdeen. From the unique perspective of a flat-bottomed sampan, you will ease through the harbor's calm waters observing how the locals live on boats rather than on land. Shopping is synonymous with Hong Kong and jewelry is a favorite item. You will have the opportunity to watch artists create one-of-a-kind pieces in Hong Kong's largest jewelry factory and shop in the on-site boutique, if you wish.

·See Hong Kong from several perspectives in a relatively short time.
·Ride an aerial tram to the island's highest point for a sweeping view of the city.
·Cruise through Aberdeen harbor and a floating village in a flat-bottom sampan.
·Shop for exquisite, hand-made jewelry in Hong Kong's largest jewelry factory.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about 1½ hours of easy to moderate walking and standing with some stairs to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. While wheelchair guests can't take the sampan boat, they may remain at the pier. If wheelchair guests can't negotiate the steps on and off the Peak Tram, they may remain in the coach. Bring local currency for optional purchases. Tour duration may vary about a half hour, depending on docking pier.

HKG-014 SHOPPING & TEA

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $169.00

Date: November 21, 2025 01:30 PM

Discover firsthand why Hong Kong is a shopping mecca by browsing three of the best markets, an experience that afternoon tea will complement. Being a crossroads for global trade for more than 150 years, Hong Kong has few rivals with regard to shopping. It is almost a sport here, as you will soon realize at Stanley Market, a treasure-trove of designer clothing and most anything else that you can imagine. The merchandise will be much more focused at the jewelry factory that you will also visit. Besides watching the artisans create bejeweled pieces in gold and silver, you will have the opportunity to purchase the exquisite items on display. If you are interested in fine ceramics, a visit to Wah Tung China Arts will be eye-opening. The vast offerings include dinnerware, decorative planters and delicate figurines. As the perfect complement to shopping, you will linger over afternoon tea in Aberdeen, a town on Hong Kong Island.

·Spend the day shopping in three vastly different venues on mainland Hong Kong.
·Shop at markets that specialize in the finest clothing, jewelry and ceramics.
·Savor afternoon tea in nearby Aberdeen on Hong Kong Island.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

This tour includes a moderate amount of walking mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. The order of the sites and the tour duration may vary. Tour duration may vary by approximately 1/2 hour, depending on docking pier.

HKG-008SG HIGHLIGHTS OF HONG KONG - SMALL GROUP

Duration: 4.50 Hrs Tour Price: $189.00 Retail Price: $339.00

Date: November 21, 2025 01:45 PM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Gain an overall understanding of Hong Kong through a wealth of attractions that best represent traditional ways and modern sensibilities. For the ultimate view of the sprawling metropolis and beyond, you will take the Peak Tram to the highest point on Hong Kong Island. The tram has been running since 1888 and as the world's steepest funicular railway it is a thrill to ride. After an equally scenic descent, you will arrive at the beautiful beach that rims Repulse Bay, where you will pause for photos before traveling to the floating village of Aberdeen. From the unique perspective of a flat-bottomed sampan, you will ease through the harbor's calm waters observing how the locals live on boats rather than on land. Shopping is synonymous with Hong Kong and jewelry is a favorite item. You will have the opportunity to watch artists create one-of-a-kind pieces in Hong Kong's largest jewelry factory and shop in the on-site boutique, if you wish.

·See Hong Kong from several perspectives in a relatively short time.
·Ride an aerial tram to the island's highest point for a sweeping view of the city.
·Cruise through Aberdeen harbor and a floating village in a flat-bottom sampan.
·Shop for exquisite, hand-made jewelry in Hong Kong's largest jewelry factory.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about 1½ hours of easy to moderate walking and standing with some stairs to negotiate. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. While wheelchair guests can't take the sampan boat, they may remain at the pier. If wheelchair guests can't negotiate the steps on and off the Peak Tram, they may remain in the coach. Bring local currency for optional purchases. Tour duration may vary about a half hour, depending on docking pier.

HKG-CM1 CAPTURE THE MOMENT - HONG KONG

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $89.00

Date: November 21, 2025 02:00 PM

OVERVIEW Snap selfies at the most photogenic spots in and around Hong Kong, many of them iconic attractions that define the city. To ensure the best possible results, a selfie expert guide will offer tips so you can capture just the right angle, lighting and composition for every shot. Your pictures will be ideal for posting on social media and sharing in other ways. As you walk and ride through Hong Kong, you will pause at designated selfie stops that include: • Choi Hung Estate • Wong Tai Sin Taoist temple • Victoria Peak • Yik Cheong building

·Take inspiring selfies at the most photogenic attractions in Hong Kong.
·Follow tips from your selfie expert guide to ensure the very best pictures.
·Learn the historical significance of the locales while enjoying their dramatic settings.
·Pose in front of the rainbow-colored façade of the Choi Hung Estate housing complex.
·Stand atop Victoria Peak, the island's highest point, with the harbor as a backdrop.
·Visit a 19th-century Taoist temple and Yik Cheong, the so-called Monster Building.
·Wear casual, weather-appropriate clothing and comfortable walking shoes.
·Bring a hat, sunglasses and sunscreen.
·Be sure your phone or camera is fully charged.

PLEASE NOTE The tour is not recommended to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of sites visited may vary. Wear comfortable shoes, sunglasses and comfortable clothing. Bring your own fully charged cellphone or camera.

HKG-005 PANORAMIC HONG KONG

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 21, 2025 02:30 PM

Sit back in the comfort of a coach and take in one sweeping panorama after another for the ultimate overview of Hong Kong. The sightseeing begins with a jaunt over to Hong Kong Island via the Harbor Tunnel and an ascent of Victoria Peak, the highest point on the island. Known affectionately as The Peak, it offers an absolutely spectacular view of Hong Kong and beyond. A leisurely descent to beautiful Repulse Bay on the south side of the island will present an excellent perspective of the beach-rimmed, island-dotted South China Sea. Don't miss the apartment building with a hole in its center, a nod to feng-shui design. Back on the mainland, by way of the Western Tunnel, you will head for Tung Chung, a delightful town on neighboring Lantau Island. After pausing for photos of its high-tech cable car, you will cross the Tsingma Bridge, once the world's second-longest span suspension bridge.

·Admire the gorgeous panoramas from lookouts on the islands surrounding Hong Kong.
·Drive under the harbor through two tunnels, both marvels of engineering.
·Pause for photos of Tung Chung's ultra-modern cable car that ascends into the mountains.
·Snap a picture of Tsingma Bridge, once the world's second-longest span suspension bridge.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

This tour is primarily panoramic in nature and has been specially created for guests not wishing to walk. The tour includes three photo stops, and one comfort stop; the remainder of the tour will be spent on the coach. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Weather appropriate casual clothing and flat, comfortable walking shoes are recommended. Each guest will have a window seat on the coach should they wish, in order to maximize his or her view of the sites to be seen along the way. Tour duration may vary by approximately 1/2 hour, depending on docking pier.

HKG-WT2 TRADITIONAL CHINESE MEDICINE EXPERIENCE

Duration: 3.00 Hrs Tour Price: $399.00 Retail Price: $599.00 

Date: November 21, 2025 02:30 PM

Visit a traditional Chinese medicine clinic for a private consultation and then receive a treatment such as acupuncture, cupping therapy or moxibustion. This system of ancient medicine is partially based on the idea that energy follows certain pathways in the body that if blocked will cause illness. Practitioners usually recommend therapies that restore the balance of body, mind and spirit. After a doctor's evaluation at the clinic and a session with a nutritionist, recommendations will be made to improve your well-being. The doctor may suggest acupuncture, in which thin needles will be inserted into specific areas of your body to improve energy flow. Cupping therapy is another possibility. In this case, special cups will be applied to your skin to create suction to help alleviate pain, improve blood flow and increase relaxation. If moxibustion is recommended, a special herb or "moxa" will be ignited so it can smolder on your skin to facilitate the flow of energy.

·Consult with a doctor of traditional Chinese medicine on ways to improve your well-being.
·Receive a therapy such as acupuncture or moxibustion to facilitate the flow of energy.
·Try cupping therapy, if the doctor recommends it to alleviate pain and increase relaxation.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of easy activity. It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

HKG-004 HONG KONG BY NIGHT & SKY100

Duration: 2.75 Hrs Tour Price: $159.00 Retail Price: $269.00 

Date: November 21, 2025 04:30 PM

Zip to the top of the Sky100 observation deck and enjoy an unrivaled 360? view of Hong Kong, which looks even more impressive when illuminated at night. A high-speed elevator will whisk you from the second floor of Sky100 to the 100th floor in just 60 seconds. From there, atop Hong Kong's highest building, you will gaze out over a sea of lights that clearly defines just how far the metropolis has sprawled. Lightbox displays by the massive viewing windows will identify the landmarks, so you will know exactly what you are seeing. If you want an even closer look, use the advanced telescopes with different viewing modes. There is also an interactive wall with 100 stories that describe how the cityscape has changed over the years. Afterwards, you can relive the experience over a nightcap on an outdoor terrace overlooking Victoria Harbor.

·Take a high-speed elevator to the observation deck atop Hong Kong's highest building.
·Enjoy a 360? view of Hong Kong, which looks even more spectacular at night.
·Use the lightbox displays to identify key landmarks.
·Enhance your understanding of Hong Kong through the interactive story wall.
·Linger over a nightcap on an outdoor terrace overlooking Victoria Harbor.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

This tour is available to wheelchair guests who have a collapsible wheelchair, can both make their way on and off the coach and have a companion to assist them. Tour duration may vary about a half hour, depending on docking pier.

Nha Trang, Vietnam

NHA-003 GUIDED PEDICAB RIDE THROUGH NHA TRANG

Duration: 2.50 Hrs Tour Price: $0.00 Retail Price: $69.00

Date: November 23, 2025 12:30 PM, 03:00 PM

Sit back in the comfort of a pedicab and ride through the enchanting streets of Nha Trang, taking in the most remarkable sights along the way. With a routing map in hand and wearing headphones to hear the enlightening narration, you will follow the guide in your individual pedicab through the city's most scenic areas. Tran Phu, a pine-shaded boulevard that hugs the beach, is one of the favorite and most picturesque locales. The exact route will depend on traffic conditions, but you can expect to view a variety of attractions that you may wish to visit later on your own, including restaurants, shops and museums. Photo stops will be made at the most significant points of interest. Upon reaching the bustling Dam market, you will be transferred back to the ship or you may remain to shop and return later on your own.

·Ride through the streets of Nha Trang in a traditional pedicab.
·Pass intriguing attractions while listening to the guide's narration through headphones.
·Follow Tran Phu, the lengthy and wonderfully scenic coastal boulevard.
·Remain in town after the tour, if you wish.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

Each guest will receive a pedicab, set of headphones, bottle of water and map of Nha Trang. After browsing the Dam market at your leisure, you will be transferred back to the ship. Guests who remain in town after the tour can return to the ship by taxi at their own cost.

NHA-004 NHA TRANG'S RURAL LIFE

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 23, 2025 12:30 PM

OVERVIEW Enjoy a revealing look at rural life in Vietnam by interacting with some of the residents and visiting sites that hold great cultural value. Not far outside the city limits, the landscape will change dramatically as rice paddies and majestic mountains come into view. After pausing at a temple said to bestow good luck on visitors, you will browse a morning market for a glimpse of daily life in the country. You will become even more familiar with the local lifestyle by conversing with a typical family and visiting another family whose livelihood for generations has been drying and seasoning squid for sale. You will also enjoy a frank and enlightening conversation with the monks or perhaps nuns in a somewhat remote Buddhist pagoda. The experience will leave you with plenty to talk about over coffee or coconut juice and leave you with a deep respect for the traditional ways practiced in rural Vietnam.

·Take in the natural beauty of Vietnam in the countryside that surrounds Nha Trang.
·Discover the challenges and charms of village life by conversing with the families.
·Talk to Buddhist monks or nuns about their lifestyles or anything else that comes to mind.
·Reflect on the day's events over a beverage at a modest coffee shop.
·Dress in weather-appropriate clothing.
·Shoulders and knees should be covered when visiting the temple.
·Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

NHA-001 NHA TRANG ANCIENT CIVILIZATIONS

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 23, 2025 12:45 PM

Admire Nha Trang's historical highlights and finest architectural wonders, beginning with Long Son Pagoda. Founded in the late 19th century, it was rebuilt a few decades ago and now stands as Vietnam's largest pagoda. The best views are from the white Buddha seated on a lotus blossom at the top of the hill. For a glimpse into the distant past, consider the spectacular Po Nagar Cham Towers. Constructed over several centuries more than 1,000 years ago, the complex of temples reveals different architectural styles, all of them fascinating. The towers are dedicated to various deities such as Ponagar, a local goddess who supposedly taught the people how to weave and grow rice more productively. Then after browsing the bustling, open-air Dam Market, you will relax at the beach and enjoy a refreshing coconut drink. Finally, you will visit XQ Hand Embroidery to admire the delicate silk landscape pictures that the artisans have created.

·Take in the gorgeous views from the hilltop Buddha statue at Long Son Pagoda.
·Gain an understanding of Vietnam's past by visiting the ancient Po Nagar Cham Towers.
·Browse the shops at bustling Dam Market.
·Relax at the beach while enjoying a traditional coconut drink.
·See delicate silk artwork that artisans embroidered by hand.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.
·Wear a swimsuit under a cover-up, if you wish to swim.

This tour includes about two hours of easy to moderate walking. It is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Shoes must be removed before entering any of the four remaining towers at Po Nagar. The order of the sites viewed or visited may vary.

NHA-GL1 LIFE ON THE RIVER

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $139.00 **GL**

Date: November 23, 2025 01:00 PM

Become immersed in river life in and around Nha Trang, a beach-blessed resort city at the mouth of the Cái River. As you drive through the city, you will pass the modern Tram Huong tower and cross Tran Phu Bridge. Take a chance to witness typical Nha Trang families living in narrow houses when we walk along the alleyways, even see some local businesses such as a baber shop, a scrap house, and a boat garage on this tiny backstreet. You will observe a different side of the Nha Trang area while cruising the tranquil Cái River, whose lush banks are dotted with small villages, farms and rice paddies. One of the more unusual sights is a whale shrine that a fisherman built to thank the cetacean that supposedly pushed his boat to safety during a storm. Next, enter a local house where traditional charcoal clay stoves are made. Get engaged with the owners who work tirelessly to remain this traditional craft dated back 200 years ago. We go farther into Nha Trang countryside to another part of Vinh Thanh district, stop at a mat weaving family who makes rush mats to sell at a village market to earn their living. Lastly, pay a visit to an typical countryside house and enjoy a refreshment before taking a return journey back to the ship.

·Observe daily life around the Cái River that spills into the sea at Nha Trang.
·Watch craftsmen produce traditional charcoal clay stoves and rush mats.
·Cruise the Cái River for a more rural perspective of river life.
·Pause for photos at a shrine that a fisherman built to honor a Good Samaritan whale.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 1 hours of walking/standing. Guests will need to manage uneven surfaces. There will also be 3 steps to enter/exit the boat. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

NHA-WT1 LEISURE BIKING AND YOGA EXPERIENCE

Duration: 5.75 Hrs Tour Price: $99.00 Retail Price: $249.00

Date: November 23, 2025 01:00 PM

Enjoy a bike ride to a country resort, where you will practice yoga outdoors, learn to prepare Vietnamese finger foods and then dine on your concoctions. The bicycling pace will be leisurely, allowing you time to admire the scenery, slowly warm up and stretch your muscles. Upon arriving at the Memento Country House, you should be mentally and physically ready to participate in a yoga class outdoors. The yoga master will lead you through a number of postures to help you further relax and achieve a level of inner peace. You will also learn to better control your breathing, which in turn will quiet your mind. A hands-on cooking class follows, during which you will prepare several healthy Vietnamese-style finger foods. The ingredients will be seasonal, farm-fresh and nutritious, as Vietnamese cuisine is among the world's healthiest. The highlight will be dining on the finger foods that you have prepared.

·Bicycle through the beautiful countryside at a comfortable pace.
·Try to achieve a level of inner peace through an outdoor yoga class at a country estate.
·Learn how to prepare traditional Vietnamese dishes in a hands-on cooking class.
·Dine on the delectable dishes that you have prepared.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

NHA-WT2 RELAXED BICYCLING AND IMMERSION IN MUD

Duration: 5.50 Hrs Tour Price: $99.00 Retail Price: $249.00

Date: November 23, 2025 01:00 PM

Bicycle through the countryside along the Cai River to an outdoor spa where you may soak in the hot springs and linger in the therapeutic mud baths. Upon reaching the river on the outskirts of Nha Trang, you will hop on your bike and pedal along the river, passing historical homes and fruit orchards along the way. The experience will offer you a genuine glimpse into Vietnamese country life, as the locals will be engaged in daily routines such as tending rice paddies and selling woven handicrafts. In time, you will arrive at an outdoor spa known for its mud baths and hot springs. The mineral-rich mud and springs are said to be therapeutic with healing properties that can reduce fatigue and relieve aches and pains. Once you soak in the mud baths and hot springs and then rinse off under a waterfall, your skin will be glowing, as both therapies exfoliate the skin. You might also enjoy the swimming pool.

·Bicycle along the banks of the Cai River, taking in the surrounding natural beauty.
·Watch the locals going about their daily routines, such as tending rice paddies.
·Indulge in the mineral-rich mud baths and hot springs at an outdoor spa.
·Feel refreshed and invigorated after rinsing off under a waterfall.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

❖ Ho Chi Minh City (Saigon), Vietnam

HCH-002 PANORAMIC SAIGON

Duration: 2.50 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 24, 2025 04:15 PM

Date: November 25, 2025 08:30 AM

See the landmarks that define Saigon on a leisurely drive through this engaging metropolis now known as Ho Chi Minh City. Stops will be made along the way to snap photos of the most visually appealing attractions such as the Notre-Dame Cathedral Basilica, which French colonists constructed in the mid-1800s. This glorious Romanesque and French Gothic-style cathedral was patterned after the more famous one in Paris and built with materials shipped from France. You will also pause at the photogenic city hall, another French colonial gem. Be sure to note the statue out front of Ho Chi Minh tutoring a young girl. For a genuine glimpse of daily life, there is the Ben Thanh Market, a French-built icon from 1870 that is the city's oldest market. Of course, not every architectural highlight is French-influenced as you will discover when passing the luxurious and wonderfully modern Rex Hotel.

- ·Behold Saigon's architectural treasures on a panoramic drive through Ho Chi Minh City.
- ·See the French-influenced Notre-Dame Cathedral and the former city hall.
- ·Gain insight into the city's vision for the future in modern buildings such as the Rex Hotel.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour has been specially created for our guests who do not wish to walk. Stops on this tour will be limited to 2 brief photo stops. Each guest will have a window seat on the coach to maximize the quality of sightseeing.

HCH-010 FOLKLORIC SHOW

Duration: 1.75 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 24, 2025 04:30 PM

Date: November 25, 2025 10:00 AM

Watch a folkloric show of costumed dancers and musicians that expresses the wonderful cultural diversity of Vietnam. Some of the dances may reflect regional legends and history, while the intention of other dances might be nothing more than to entertain and showcase the dancers' prodigious talents. For instance, Vietnamese fan dances are meant to be enjoyed for their visual beauty, as the fans mimic the movement of brightly colors flowers floating through the air. The accompanying music for the dances will also be profoundly expressive. The musicians may play instruments such as zithers, fiddles and lutes, which are deeply rooted in the culture. Traditional Vietnamese court music, known as Nha Nhac, is so revered that UNESCO has safeguarded it as an Intangible Cultural Heritage.

- ·Watch an entertaining and visually mesmerizing folkloric performance.
- ·Become enraptured by the hauntingly beautiful music and dancing.
- ·Recognize the great diversity within the arts that reflects the region's diversity.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

Tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. Weather appropriate clothing and flat, comfortable walking shoes are recommended.

HCH-003 AN EVENING OUT IN SAIGON

Duration: 4.00 Hrs Tour Price: $139.00 Retail Price: $229.00

Date: November 24, 2025 06:00 PM

Watch a performance of folkloric music and dance at a luxury hotel and dine on classic Vietnamese cuisine, two experiences that will lend great insight into the local culture. While enjoying appetizers on the hotel's rooftop terrace, you can gaze out over the city, which will look absolutely radiant with its lights brightly shining. In the showroom, you will see dances that reflect regional legends and others tht simply showcase the dancers' prodigious talents. The musicians will play instruments such as zithers, fiddles and lutes, which are deeply rooted in the culture. Traditional Vietnamese court music, known as Nha Nhac, is so revered that UNESCO has safeguarded it as an Intangible Cultural Heritage. The dinner that follows at another special venue will feature an array of traditional dishes. They may include a prawns and pork wrapped in a spring roll, grilled beef on a bamboo tube and banana flower salad.

- ·Watch a visually mesmerizing folkloric performance of songs and dances.
- ·Dine on cuisine that reflects the culture that is so prominent in Ho Chi Minh City.
- ·Come away with a better understanding of the Vietnamese culture.
- ·Dress in weather-appropriate clothing.
- ·Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

HCH-GG1 MANGROVE FOREST & ECOLOGICAL ENVIRONMENT

Duration: 8.25 Hrs Tour Price: $269.00 Retail Price: $479.00

Date: November 25, 2025 07:00 AM

Zip through the canals in and around Ho Chi Minh City, eventually stopping at a mangrove forest in the Mekong Delta that is so ecologically important that UNESCO declared it a biosphere reserve. The speedboat will offer a unique perspective of local life, especially in areas such as Can Giuoc, a vibrant wet market where you will observe daily life and see all sorts of unique merchandise. The setting will become more natural and less populated as you cruise into the Can Gio mangrove forest. The trees stabilize the coast, purify the water and provide a natural habitat for animals such as spot-billed pelicans and saltwater crocodiles. You will have the chance to feed some crocodiles at a nature reserve and learn what's being done to protect the mangrove forest and its wildlife at a bird sanctuary. If you would like to join the conservation efforts, you can plant a small tree before sitting down to lunch.

·Cruise through the canals of southeast Ho Chi Minh City in a speedboat .
·Explore a mangrove forest that helps to preserve a variety of important ecosystems .
·Look for wildlife in the mangrove forest, which UNESCO deemed a biosphere reserve .
·Plant a tree to help re-forest the environmentally beneficial mangroves .
·Dress in weather-appropriate clothing .
·Wear flat comfortable walking shoes .

This tour includes approximately 3 hours of walking and/or standing over some uneven and wet, natural terrain. Participants should be in good physical condition. The tour is not available to wheelchair guests or guests with mobility concerns. Weather appropriate clothing including a light jacket; hat; sunscreen; sun glasses; insect repellent and flat, comfortable walking shoes are recommended. Wildlife sightings are common but cannot be guaranteed.

HCH-WT3 SAIGON TAI CHI

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $139.00

Date: November 25, 2025 07:00 AM

Start the day by practicing the gentle flowing movements of tai chi in a city park. Tai chi is a graceful form of exercise that was originally developed for self-defense in China, perhaps 2,500 years ago. Today, it is mostly practiced to reduce stress and anxiety and to increase flexibility and balance. Tai chi is often described as "meditation in motion," as it involves gentle flowing movements that almost anyone can follow. Your tai chi master will lead you through a number of rhythmic movements that are easy on the joints and wonderfully meditative. The master will choose a type of traditional tai chi that suits your group. It may include slow, circular yang moves, gentler wu moves or chih moves, in which less weight is transferred from one leg to the other. Breakfast follows at the BioGarten, a restaurant with a Zen-like interior that will enhance the experience of dining on vegetarian fare prepared with fresh organic ingredients.

·Practice tai chi with a master of the martial art in a tranquil urban park.
·Reap the benefits of tai chi, which may include reduced stress and increased flexibility.
·Delight in a flavorful organic breakfast at a restaurant with a Zen-like interior.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of easy to moderate activity and some steps to negotiate. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing, hat, sunscreen and comfortable, flat walking shoes are suggested.

HCH-001 CU CHI TUNNELS & FRUIT GARDENS

Duration: 8.00 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 25, 2025 07:30 AM

Explore the incredible warren of tunnels that Communist forces hand-excavated while fighting for Vietnam's independence and visit a fruit farm that now flourishes in the former war zone. The troops began digging the Cu Chi tunnels in the late 1940s, when they were fighting the French for independence. Those tunnels were also used in the Vietnam War after being greatly expanded to include living quarters, smokeless kitchens, hospitals and schools – all deep underground. You can watch a video describing the tunnels, see the rudimentary tools used to dig them and even pass through some of the narrow tunnels to experience what it was like living beneath the earth's surface. Farms are now flourishing in this forested area, and while pausing at one you will see the variety of tropical fruits, herbs and vegetables that grow there, many of which you can sample. You may also observe the milky latex being extracted from rubber trees.

·Marvel at the underground network of tunnels that the Vietnamese built during wartime.
·See videos and dioramas of the narrow tunnels and even traverse through one if you wish.
·Sample tropical fruits from one of the many farms that now occupy the former war zone.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

Guests are strongly advised to wear sturdy shoes, a hat, sunglasses, sunscreen and mosquito repellent. Guests visiting the lower levels of the tunnel complex may get dirty. The cost of firing guns at the shooting range is approximately US $1.20 per bullet.

HCH-009 GOOD MORNING VIETNAM

Duration: 7.00 Hrs Tour Price: $0.00 Retail Price: $179.00

Date: November 25, 2025 07:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore sites that best illustrate the American military presence in Saigon during the Vietnam War, a time period depicted in the film “Good Morning, Vietnam.” One of the most indelible pictures from the Fall of Saigon in 1975 was that of American helicopters helping evacuees from the roof of the U.S. Embassy before communist troops took over. You will see that iconic building, as well as various quarters for the soldiers, including the residence of General William Westmoreland, Commander of the U.S. forces in the late 1960s. You will reach an even deeper understanding of the Vietnam War by browsing the graphic exhibits at the War Remnants Museum, where you will likely see a fighter plane and a helicopter with rock launchers. Still, few attractions shed light on the war quite like the Cu Chi Tunnels, which the Viet Cong dug in the countryside outside Saigon for their protection. The section that you will view stretches for more than 100 miles. During your tour you'll indulge in a traditional meal at one of Vietnam's local restaurants.

·Visit U.S. military sites that played key roles in the Vietnam War.
·View the former U.S. embassy and quarters for the soldiers.
·Browse the powerful, often disturbing exhibits in the War Remnants Museum.
·Enjoy a meal at a local restaurant.
·Explore parts of the Cu Chi Tunnels where the Viet Cong hid and lived during war time.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available for wheelchair guests or those with walking or mobility concerns; it is not recommended for guests who suffer from claustrophobia. Sturdy shoes, sun and mosquito repellent recommended. The tunnel guests will visit is Mangrove Commando tunnel(Nhon trach area).

HCH-009SG SG- GOOD MORNING VIETNAM

Duration: 7.00 Hrs Tour Price: $189.00 Retail Price: $339.00

Date: November 25, 2025 07:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore sites that best illustrate the American military presence in Saigon during the Vietnam War, a time period depicted in the film “Good Morning, Vietnam.” One of the most indelible pictures from the Fall of Saigon in 1975 was that of American helicopters helping evacuees from the roof of the U.S. Embassy before communist troops took over. You will see that iconic building, as well as various quarters for the soldiers, including the residence of General William Westmoreland, Commander of the U.S. forces in the late 1960s. You will reach an even deeper understanding of the Vietnam War by browsing the graphic exhibits at the War Remnants Museum, where you will likely see a fighter plane and a helicopter with rock launchers. Still, few attractions shed light on the war quite like the Cu Chi Tunnels, which the Viet Cong dug in the countryside outside Saigon for their protection. The section that you will view stretches for more than 100 miles. During your tour you'll indulge in a traditional meal at one of Vietnam's local restaurants.

·Visit U.S. military sites that played key roles in the Vietnam War.
·View the former U.S. embassy and quarters for the soldiers.
·Browse the powerful, often disturbing exhibits in the War Remnants Museum.
·Enjoy a meal at a local restaurant.
·Explore parts of the Cu Chi Tunnels where the Viet Cong hid and lived during war time.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available for wheelchair guests or those with walking or mobility concerns; it is not recommended for guests who suffer from claustrophobia. Sturdy shoes, sun and mosquito repellent recommended.

HCH-WT1 SAIGON AND YOGA AT A CITY PARK

Duration: 6.00 Hrs Tour Price: $0.00 Retail Price: $139.00

Date: November 25, 2025 07:30 AM

Reap the benefits of an outdoor yoga session and then admire key historical landmarks throughout the city. Although Saigon is always bustling, the park where you will practice yoga with an instructor will provide a serene urban oasis. That way, you can maximize the experience and proceed to the other attractions fully refreshed. A Sri Lankan monk donated the sacred Bodhi tree that you will see in the entry garden of the pagoda Giac Lam. A large statue of Buddha dominates the spectacular ceremonial hall, another feature not to be missed. You will also visit Reunification Palace, a modernistic white building that was home to the president of South Vietnam during the Vietnam War. Its more fascinating aspects include the so-called “war room” in the basement and the president’s personal chambers. Two of the finest examples of colonial architecture are also on the agenda—Notre Dame Cathedral and city hall, which was patterned after the one in Paris.

·Practice yoga under the watchful guidance of an instructor in a tranquil downtown park.
·Reflect for a few moments in serene Giac Lam, the city’s oldest pagoda.
·See the Reunification Palace, which became a symbol of the Fall of Saigon in 1975.
·Notice the French influence in colonial architecture such as Notre-Dame Cathedral.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of easy to moderate activity. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing, hat, sunscreen and comfortable, flat walking shoes are suggested.

HCH-004 HIGHLIGHTS OF SAIGON

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 25, 2025 08:00 AM

Gain an overall understanding of Saigon through landmark architecture that reflects the changing face of the metropolis known as Ho Chi Minh City since 1976. In the lively Chinatown district of Cholon, you will find Giac Lam, the city's oldest pagoda. A haven of tranquility where Taoism and Confucianism merge with Buddhism, the pagoda compound includes ornate tombs, a rare bodhi tree and an elegant statue of the Goddess of Mercy. For a more contemporary perspective, you will view Independence Palace, also known as the Reunification Palace, a modernistic white building that was home to the president of South Vietnam during the Vietnam War. The Notre-Dame Cathedral Basilica of Saigon presents a glimpse into colonial life, as the French constructed it in the mid-1800s. The ornate Central Post Office is another French-built colonial gem. If not for the large portrait of Ho Chi Minh inside, you might think you were in Paris.

·Observe a range of architecture that reflects key periods in the history of Saigon.
·Reflect for a few moments in serene Giac Lam, the city's oldest pagoda.
·See the Reunification Palace, which became a symbol of the Fall of Saigon in 1975.
·Notice the French influence in colonial architecture such as Notre-Dame Cathedral.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Clothing must cover knees and shoulders. Shoes must be removed in temples and pagodas.

HCH-004SG HIGHLIGHTS OF SAIGON - SMALL GROUP

Duration: 5.00 Hrs Tour Price: $159.00 Retail Price: $309.00

Date: November 25, 2025 08:00 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Gain an overall understanding of Saigon through landmark architecture that reflects the changing face of the metropolis known as Ho Chi Minh City since 1976. In the lively Chinatown district of Cholon, you will find Giac Lam, the city's oldest pagoda. A haven of tranquility where Taoism and Confucianism merge with Buddhism, the pagoda compound includes ornate tombs, a rare bodhi tree and an elegant statue of the Goddess of Mercy. For a more contemporary perspective, you will view Independence Palace, also known as the Reunification Palace, a modernistic white building that was home to the president of South Vietnam during the Vietnam War. The Notre-Dame Cathedral Basilica of Saigon presents a glimpse into colonial life, as the French constructed it in the mid-1800s. The ornate Central Post Office is another French-built colonial gem. If not for the large portrait of Ho Chi Minh inside, you might think you were in Paris.

·Observe a range of architecture that reflects key periods in the history of Saigon.
·Reflect for a few moments in serene Giac Lam, the city's oldest pagoda.
·See the Reunification Palace, which became a symbol of the Fall of Saigon in 1975.
·Notice the French influence in colonial architecture such as Notre-Dame Cathedral.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Clothing must cover knees and shoulders. Shoes must be removed in temples and pagodas.

HCH-005 CU CHI TUNNELS

Duration: 5.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 25, 2025 08:00 AM

Explore a vast underground network of tunnels that hid and protected thousands of Viet Cong troops during the Vietnam War. The section that you will tour lies beneath the Cu Chi district in the countryside north of Ho Chi Minh City. Communist forces began digging the tunnels in the late 1940s, when they were fighting the French for independence. As you will discover, the tunnels span thousands of miles and once hid an underground city of sorts with living quarters, smokeless kitchens, hospitals and schools. The tunnels were typically five feet high and not even three feet wide, with air passages to the surface camouflaged to look like natural holes from tree roots or animals. The tunnels that you will traverse have been expanded somewhat for safety and convenience. Digging the tunnels was an incredibly arduous and time-consuming endeavor, as they were often dug by hand. Before abandoning them, the Viet Cong left booby traps for the invading troops.

·Explore parts of the Cu Chi Tunnels where the Viet Cong hid and lived during war time.
·Discover how thousands of Vietnamese lived in the vast network of tunnels.
·Learn how the tunnels were dug, often by hand, and how they were booby-trapped.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available for wheelchair guests or those with walking or mobility concerns; it is not recommended for guests who suffer from claustrophobia. Refreshments and souvenirs are available in the nearby parking area, which also displays some military paraphernalia. Sturdy shoes, sun and mosquito repellent recommended.

HCH-005SG CU CHI TUNNELS - SMALL GROUP

Duration: 5.50 Hrs Tour Price: $169.00 Retail Price: $319.00

Date: November 25, 2025 08:00 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore a vast underground network of tunnels that hid and protected thousands of Viet Cong troops during the Vietnam War. The section that you will tour lies beneath the Cu Chi district in the countryside north of Ho Chi Minh City. Communist forces began digging the tunnels in the late 1940s, when they were fighting the French for independence. As you will discover, the tunnels span thousands of miles and once hid an underground city of sorts with living quarters, smokeless kitchens, hospitals and schools. The tunnels were typically five feet high and not even three feet wide, with air passages to the surface camouflaged to look like natural holes from tree roots or animals. The tunnels that you will traverse have been expanded somewhat for safety and convenience. Digging the tunnels was an incredibly arduous and time-consuming endeavor, as they were often dug by hand. Before abandoning them, the Viet Cong left booby traps for the invading troops.

·Explore parts of the Cu Chi Tunnels where the Viet Cong hid and lived during war time.
·Discover how thousands of Vietnamese lived in the vast network of tunnels.
·Learn how the tunnels were dug, often by hand, and how they were booby-trapped.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available for wheelchair guests or those with walking or mobility concerns; it is not recommended for guests who suffer from claustrophobia. Refreshments and souvenirs are available in the nearby parking area, which also displays some military paraphernalia. Sturdy shoes, sun and mosquito repellent recommended.

HCH-GL1 SAIGON ALLEYS THROUGH THE EYES OF A LOCAL

Duration: 5.50 Hrs Tour Price: $219.00 Retail Price: $379.00 **GL**

Date: November 25, 2025 08:00 AM

Zip through the narrow alleys of Saigon on the back of a vintage scooter and gain a greater understanding of why locals love this mode of transportation. In essence, scooters allow them to easily zig-zag through areas that cars simply can't negotiate. The alleys and streets are particularly narrow and atmospheric in District 4, a section of the city bordering the Saigon River that is aggressively being redeveloped. But your immersion into the city will go much deeper than just riding around on a scooter. You will get a glimpse into the local lifestyle by visiting a Chinese apartment that is more than 100 years old and by pausing for a cup of coffee at a small family-owned shop. Be sure to converse with the locals for their take on how Saigon is changing. You will also have the opportunity to talk to an artist that paints on the cracked and chipped exteriors of buildings.

·Emulate the locals by riding through the alleys of Saigon on the back of a scooter.
·Drop by a century-old Chinese apartment for a glimpse into the residents' lifestyle.
·Linger over a cup of coffee at a family-owned shop and discuss daily life.
·Converse with a painter that uses the cracked exteriors of buildings as his canvases.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

HCH-GL2 CHINATOWN THEN AND NOW

Duration: 5.50 Hrs Tour Price: $0.00 Retail Price: $139.00 **GL**

Date: November 25, 2025 08:00 AM

Experience daily life in Vietnam's largest Chinatown and come away with a much greater appreciation of the fascinating culture in this ethnic enclave. As you will discover while walking the back streets and alleyways of Cholon, as Chinatown is known locally, much has remained the same since its founding more than 100 years ago. Many of the temples are Buddhist and watching artisans create Buddhist amulets and statues will give you an insight into how the religion is practiced. You will also visit a colorful Chinese pagoda for a different perspective of Chinatown's spiritual side. Cholon means "big market," so it is only natural that you will browse one of the most bustling markets. You can expect to see every product imaginable, from lacquerware to fresh produce to medicinal herbs. It will be quite the experience and well worth discussing over a cup of coffee in one of Chinatown's most popular cafés.

·Spend an exhilarating day in the heart of Vietnam's largest Chinatown.
·Delve into the spiritual side of Chinatown at a Buddhist temple and a Chinese pagoda.
·Browse a wonderfully energetic market with every sort of merchandise imaginable.
·Discuss the day's events over a cup of coffee at a café that mostly locals frequent.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

HCH-006 MEKONG RIVER DELTA

Duration: 7.00 Hrs Tour Price: $0.00 Retail Price: $149.00

Date: November 25, 2025 08:30 AM

Experience the rural lifestyle in the fertile Mekong Delta, much of which you will traverse by boat. As an introduction to the local culture, you will first visit Vinh Trang, an ornate temple surrounded by meticulously manicured gardens full of ornamental shrubbery and bonsai trees. Despite its beauty, the flora is no match for the fecundity of the Mekong Delta, where you will cruise pass terraced rice paddies, seemingly endless fruit orchards and fields of soybeans and sugarcane. For a closer look at village life, you will disembark on Thoi Son Island and interact with the locals. While enjoying a cup of honey tea and a selection of fresh fruits, you watch a folkloric music performance. A traditional lunch of dishes such as elephant ear fish and grilled pork follows, after which you will return to the water; this time on a wooden sampan identical to the ones used to transport fruit through the canals.

·Leave the city behind and cruise through the fertile Mekong Delta.
·Revel in the tranquility of Vinh Trang, a temple adorned with huge statues of Buddha.
·Enjoy an up-close view of rural areas only accessible by boat.
·Savor a traditional meal at an island village and then continue on by sampan.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

Because of the difficulty of boarding the local boats, this tour is not available to wheelchair guests or to those with mobility concerns.

HCH-006SG MEKONG RIVER DELTA - SMALL GROUP

Duration: 7.00 Hrs Tour Price: $189.00 Retail Price: $339.00 

Date: November 25, 2025 08:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Experience the rural lifestyle in the fertile Mekong Delta, much of which you will traverse by boat. As an introduction to the culture, you will first visit Vinh Trang, an ornate temple surrounded by meticulously manicured gardens full of ornamental shrubbery and bonsai trees. Despite its beauty, the flora is no match for the fecundity of the Mekong Delta, where you will cruise pass terraced rice paddies, seemingly endless fruit orchards and fields of soybeans and sugarcane. For a closer look at village life, you will disembark on Thoi Son Island and interact with the locals. While enjoying a cup of honey tea and a selection of fresh fruits, you watch a folkloric music performance. A traditional lunch of dishes such as elephant ear fish and grilled pork follows, after which you will return to the water; this time on a wooden sampan identical to the ones used to transport fruit through the canals.

·Leave the city behind and cruise through the fertile Mekong Delta.
·Revel in the tranquility of Vinh Trang, a temple adorned with huge statues of Buddha.
·Enjoy an up-close view of rural areas only accessible by boat.
·Savor a traditional meal at an island village and then continue on by sampan.
·• Dress in weather-appropriate clothing.
·• Wear flat comfortable walking shoes.

Because of the difficulty of boarding the local boats, this tour is not available to wheelchair guests or to those with mobility concerns.

HCH-008 THE MEKONG FLOATING MARKET

Duration: 8.00 Hrs Tour Price: $119.00 Retail Price: $209.00 

Date: November 25, 2025 08:30 AM

Cruise the Mekong River to a floating market and a traditional village where you can interact with the locals for a deeper understanding of river life. An introductory stop at a farmer's orchard will reveal the fecundity of the Cai Be area as you will sample just-picked fruits such as longan berries, durian and rambutans. You will then ease into a wooden sampan boat that is ideal for navigating the river and cruise to a floating market for more samplings that may include fried bananas. You will also see all sorts of freshly caught seafood such as giant catfish. A short walk to a small village will present another side of rural life. You will visit a modest church and temple and meet a family that weaves hammocks and other handicrafts from water hyacinths. The experience will leave you with plenty to talk about over a seafood lunch at a riverside restaurant.

·Experience river life by cruising through the vibrant Mekong Delta in a sampan.
·Visit a local farmer and sample fruits that you may consider exotic.
·Stop at a bustling floating market near Cai Be for more samplings.
·Meet a family in a riverside village that weaves products from water hyacinths.
·Savor a seafood lunch featuring ingredients sourced in the Mekong Delta.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is limited to 6 guests per group. Lunch will be served at a local restaurant. The drive from Ho Chi Minh City to Cai Be is approximately 2 hours in each direction.

HCH-WT2 SAIGONESE ORGANIC FOOD TASTING

Duration: 4.50 Hrs Tour Price: $129.00 Retail Price: $229.00 

Date: November 25, 2025 08:30 AM

Sample several organic teas grown in the Vietnamese mountains and then savor a delectable vegetarian meal made with organic ingredients. The owner of the tea shop will explain how she sources organic teas in the highlands. Tea has been grown there for more than 2,000 years, and drinking tea is synonymous with daily life in Vietnam. It is an essential part of traditional rituals, celebrations and even the street culture, where vendors serving different varieties of tea are commonly seen. The tea culture is flourishing in Saigon, and the shop owner will lend her special insight into the reasons for its popularity, as you linger over a cup of organic tea. Afterwards, you will enjoy a full meal at Hum restaurant, a vegetarian establishment known for its eco-friendly practices and delicious, aesthetically beautiful dishes. The exact ingredients and dishes will be determined that day to take full advantage of what is freshest and in season.

·Discuss the local organic tea culture with the owner of a tea shop.
·Savor a cup of organic tea while hearing how and where it was sourced.
·Linger over a delicious vegetarian meal at an eco-friendly restaurant.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of easy to moderate activity and some steps to negotiate. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing, hat, sunscreen and comfortable, flat walking shoes are suggested.

HCH-GL3 SAIGON THROUGH THE EYES OF A LOCAL

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $149.00 **GL**

Date: November 25, 2025 10:00 AM

Caodaism and vegetarianism are practiced throughout Saigon as you will discover by conversing with those who adhere to both ways of life. You will first visit a Caodaist temple, where you will gain an understanding of the beliefs. Founded in Saigon in 1926, Caodaism borrows a number of ideas from other religions. There are about four million followers in Vietnam alone who practice prayer, nonviolence, veneration of their ancestors and vegetarianism in order to reach heaven. As you browse the temple, the guide will point out the architectural elements of Buddhism, Taoism, Catholicism and Confucianism throughout. The guide may also explain why Caodaists worship the left eye, and you will likely see images of it framed in a triangle. You will then head for a vegetarian restaurant to watch the chefs demonstrate how to prepare salad rolls, which you will later enjoy for lunch.

- ·Visit a Caodaist temple in Saigon, where the religion was founded nearly 100 years ago.
- ·Gain insight into Caodaist beliefs such as the veneration of ancestors and vegetarianism.
- ·Watch chefs at a vegetarian restaurant prepare salad rolls.
- ·Dine on the salad rolls for lunch along with other vegetarian dishes.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Bangkok (Laem Chabang), Thailand

LCH-002 THAILAND'S ANCIENT CAPITAL: AYUTTHAYA

Duration: 10.00 Hrs Tour Price: $99.00 **Retail Price: $249.00**

Date: November 27, 2025 10:30 AM

Enjoy a glimpse into the past splendor of the Siamese kingdom by visiting the 14th-century city of Ayutthaya, an acclaimed World Heritage site. Founded in 1350, Ayutthaya remained the kingdom's capital until 1767, when the conquering Burmese destroyed it. As you tour the magnificent excavated ruins, you will behold a collection of towering spires known as prangs and begin to understand the significance of the city, which was once one of the world's largest, most cosmopolitan urban areas. Be sure to notice the city's rigid grid layout and the moats and canals around the principal structures. You will also find the Buddhist temples Wat Chaiwatthanaram and Wat Naphramen within the complex. The royal summer palace of Bang Pa-In lies nearby on an island in the middle of a lake. An excellent example of classic Thai architecture, it is one of the most photographed buildings in the kingdom.

·Explore the excavated ruins of Ayutthaya, which became Siam's capital in the 14th century.
·Recognize Ayutthaya's historic significance through the splendor of its architecture.
·See Buddhist temples within the complex that attest to the builders' technical prowess.
·Admire the royal summer palace near Ayutthaya.
·Dress in conservative, weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour consists of extensive walking, at times over uneven ground. It is not considered suitable for wheelchair guests or those with mobility concerns. Revealing attire such as sleeveless shirts or blouses, shorts and slippers are not permitted inside the Bang Pa-In Summer Palace. The drive to and from Ayutthaya is about three hours. The tour duration may vary due to traffic conditions.

LCH-006 BANGKOK IN A DAY

Duration: 10.00 Hrs Tour Price: $149.00 **Retail Price: $259.00**

Date: November 27, 2025 10:30 AM

Gain insight into life in Bangkok, past and present, by cruising the meandering Chao Phraya River and intersecting canals and then visiting key landmarks. During the cruise, you will see houses on stilts, floating grocery stores and water taxis zipping about. Few experiences offer such a candid look at life on Bangkok's waterways. In time, you will arrive at Wat Arun, the glorious Temple of Dawn, whose main spire soars more than 200 feet into the air. A traditional Thai lunch follows, after which you will explore the Grand Palace, an extraordinary example of an ancient Siamese court. Thailand's kings lived here for more than 150 years, and today it is used primarily for royal ceremonies and state occasions. You will also visit the Emerald Buddha Temple within the palace complex. It holds a 14th-century statue of Buddha that was carved from a single piece of emerald-green jasper.

·Cruise the Chao Phraya River for an authentic look at river life.
·Stop at the revered Temple of Dawn, which is said to represent sacred Mount Meru.
·Marvel at the wonders within the Grand Palace, the royal residence for 150 years.
·See the priceless statue of Buddha within the Emerald Buddha Temple.
·Dress in conservative, weather-appropriate clothing with shoulders and knees covered.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2¼ hours. The tour involves a moderate amount of walking and pontoons to negotiate. Guests must be able to enter and exit the boats with limited assistance. The tour is not recommended for guests with limited mobility or who utilize a wheelchair. Shoes must be removed when entering temples. Shooting photography and videos is only permitted outside the Grand Palace.

LCH-007 SCENES OF OLD BANGKOK

Duration: 9.50 Hrs Tour Price: $89.00 **Retail Price: $239.00**

Date: November 27, 2025 10:30 AM

Experience the diversity of Bangkok's vibrant Old Town through must-see attractions such as the ornate temple Wat Suthat. Construction began in the late 18th century during the reign of King Rama I, and it became one of the city's largest temples. Be sure to notice its beautiful roofline, golden Buddha and huge red teak arch, which is all that remains of its giant swing. The statues outside were supposedly ballast from rice boats that arrived from China. During a panoramic drive you will stop for lunch at a local hotel before continuing through Old Town. You will pass the massive Democracy Monument, which is dedicated to the ideals that led to Thailand becoming a democratic monarchy in 1932. This excursion also allows time for shopping for exquisite merchandise such as silk and jewelry.

·Admire the architectural splendor of Wat Suthat, an 18th-century temple.
·See the Democracy Monument that tells the story of the 1932 Siamese Revolution.
·Enjoy free time to shop for Thai silk and jewelry.
·Dress in conservative, weather-appropriate clothing with shoulders and knees covered.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2 ½ hours. The tour includes about 1½ hours of walking and standing with some steps. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Shoes must be removed to enter the temple.

LCH-014 BANGKOK CANALS & THE ROYAL BARGES

Duration: 8.00 Hrs Tour Price: $99.00 Retail Price: $249.00

Date: November 27, 2025 10:30 AM

Gain a unique perspective of Bangkok's waterways and see some of the attractions that highlight the charms of the river and canals. As you cruise the city's always bustling Chao Phraya River, you will take in picturesque scenes of traditional life on the water. You can expect to see floating grocery stores, water taxis zipping about and teakwood houses built on stilts. In time, you will stop to browse the Royal Barge Museum, which houses the ornately decorated longboats that were once used for royal functions. You might also see a gold-encrusted swan-shaped barge used solely by the king. Wat Arun, known as the Temple of Dawn, will present yet another side of Bangkok, as it features a soaring tower-like spire that symbolizes Mount Meru, which is supposedly the center of the universe.

·Cruise Bangkok's waterways, admiring attractions that you could never see otherwise.
·Browse the extraordinary exhibitions at the Royal Barge Museum.
·Behold the glorious tower-like spire that rises above the revered Temple of Dawn.
·Dress in conservative, weather-appropriate clothing with shoulders and knees covered.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2 ½ hours. The tour involves about an hour of walking with some steps at Wat Arun. Pontoons must be crossed to embark the boats. The tour is not available to guests with limited mobility or guests who utilize a wheelchair. Shoes must be removed when entering temples. Should the Royal Barge Museum be closed, stop will be substituted with a flower market.

LCH-016 GRAND PALACE & THE EMERALD BUDDHA

Duration: 9.00 Hrs Tour Price: $99.00 Retail Price: $249.00

Date: November 27, 2025 10:30 AM

Discover the charms of the Grand Palace and the Emerald Buddha Temple and see firsthand why they are among the most popular attractions in Bangkok. Considered to be an extraordinary example of an ancient Siamese court, the palace was built in 1782 at the beginning of the Chakri Dynasty. The entire complex sprawls over nearly one square mile in the heart of Bangkok and served as the residence of Thailand's kings for 150 years. Within the palace compound, you will find the Temple of the Emerald Buddha, which holds a 14th-century statue of Buddha that was carved from a single piece of emerald-green jasper. The king of Thailand changes the Buddha's robes each season in an elaborate ritual, during which he also sprinkles water over the monks to bring good fortune. Be sure to notice the murals on the temple walls that depict the life of Buddha and steps to enlightenment.

·Enjoy an in-depth exploration of the Grand Palace and Emerald Buddha Temple within.
·See how Thailand's royal families lived in splendor, starting in 1782.
·View a sacred emerald Buddha that was carved in the 14th century, perhaps even earlier.
·Hear about the ritual in which Thailand's king changes the Buddha's robes seasonally.
·Dress in conservative, weather-appropriate clothing with shoulders and knees covered.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2¼ hours. The tour involves about two hours of moderate to strenuous walking and standing with some steps to negotiate. The tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Shoes must be removed to enter the temple. Video and still cameras are allowed in the Royal Palace grounds and in the compound of the Emerald Buddha Temple, but not inside the buildings.

LCH-GL2 LOCAL LIFE EXPERIENCE

Duration: 6.50 Hrs Tour Price: $0.00 Retail Price: $159.00 **GL**

Date: November 27, 2025 10:30 AM

Experience daily life in the fertile agricultural countryside and delve into Thailand's spiritual side by visiting the area's most important Buddhist temple. While it will take two hours to reach Chachoengsao, it will be well worth the effort. The Bang Pakong River supplies abundant water to the area, and rice especially flourishes there. As you will discover by browsing the century-old Klong Suan Market with the locals, every imaginable type of food is available. Best of all, many vendors offer samples. For an entirely different perspective of the area, you will visit Luang Pho Sothon, a temple with a revered statue of Buddha that according to legend was found floating down the river. Chances are, you will see worshippers praying for prosperity and others leaving offerings. Women often leave boiled eggs in hopes of becoming pregnant. While wandering about the temple, be sure to notice the artwork, especially the painted murals of religious scenes.

·Enjoy a leisurely and immensely picturesque drive into the agricultural countryside.
·Browse Klong Suan Market with the locals as they peruse the seemingly endless stalls.
·Visit a beloved Buddhist temple and mingle with the worshippers and pilgrims.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

LCH-004 WOOD PAVILION AT SANCTUARY OF TRUTH

Duration: 4.25 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 27, 2025 11:00 AM

Experience the ancient beauty, tradition and art of Thailand by visiting the Wooden Pavilion at the mystical Sanctuary of Truth. This enormous, pagoda-shaped structure overlooking the Gulf of Thailand is made entirely of wood, using ancient methods of building. Not even one nail was used in its construction, which began in 1981 and continues today. Nearly every square inch of the Wooden Pavilion is covered with intricate hand-carved wooden sculptures that supposedly reflect the world's ancient knowledge. It is an amazing and emotionally moving sight, inside and out. While browsing the interior, you can expect to view the cavernous inner chapel, which reveals scenes from Chinese, Hindu and Buddhist traditions. Other highlights include a massive carving of the three-headed elephant god Erawan at the entrance and a towering central atrium.

·Behold the stunning beauty and intricacy of the wooden Sanctuary of Truth.
·Marvel at the building's construction methods, in which no nails were used.
·View seemingly endless carving and sculptures that reflect the world's ancient knowledge.
·Shop for silk merchandise at Gems Gallery on the return drive.
·Dress in conservative, weather-appropriate clothing.
·Wear flat comfortable walking shoes.

Tour involves about two hours of walking and standing at the Wood Pavilion with some uneven ground and steps to negotiate. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. Revealing attire such as sleeveless shirts or blouses, shorts and slippers are not permitted.

LCH-008 BANGKOK ON YOUR OWN

Duration: 10.00 Hrs Tour Price: $0.00 **Retail Price: $119.00**

Date: November 27, 2025 11:00 AM

Spend hours in Bangkok, seeing the attractions of most interest to you at your own pace. Upon arriving, you will be dropped off at a central location and be given a map that will make it easy to find your way around the city. Which areas you visit will be completely up to you. The Grand Palace complex is an excellent choice, as it contains the Emerald Buddha Temple, one of the most iconic attractions in Bangkok. For a deeper look into the history of Thailand, you might browse the National Museum, which opened in 1874 and has become the country's largest museum. For a glimpse into daily life in Bangkok, you could meander through the warren of narrow alleys and streets in bustling Chinatown or enjoy a serene stroll through Lumphini Park, one of the few urban oases in downtown Bangkok.

·Explore Bangkok on your own, concentrating on attractions of personal interest.
·Remain at attractions as long as you wish, as there is no schedule to follow.
·Use the city map to easily find your way around Bangkok.
·Dress in weather-appropriate clothing.
·Wear conservative attire with shoulders and knees covered, if you plan to visit temples.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2¼ hours. The amount of walking and the level of exertion during free time is at the guests' discretion. Shoes must be removed when entering temples. The scheduled drop-off and pick-up location in Bangkok is the Central World Plaza, but an alternative location may be used.

LCH-011 THE ANCIENT CITY

Duration: 6.50 Hrs Tour Price: $0.00 **Retail Price: $119.00**

Date: November 27, 2025 11:00 AM

Delve into the history of Thailand by visiting the Ancient City, a theme park with replicas of some of the country's most architecturally and historically important buildings. Also known as Ancient Siam, the park sprawls over hundreds of acres full of temples, stupas and entire villages that represent different regions of Thailand. As you wind your way through the Ancient City on a tram, you will likely see countless images of Buddha, stone statuaries and a floating market surrounded by traditional houses that were saved from destruction in other parts of Thailand and reconstructed on site. The most outstanding structure is the reproduction of the Prasat Sanphet Palace, which was the principal palace during the Ayutthaya Period that lasted from the mid-14th to mid-18th centuries. The tram will stop on occasion, so you can approach the most interesting sites for a closer look.

·Explore a theme park with replicas of some of Thailand's most important buildings.
·See temples, a royal palace and entire villages, all re-created in detail.
·Ride from attraction to attraction in the comfort of a tram.
·Walk to the buildings you find most fascinating for a closer look.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

The drive to and from Bangkok is about 2¼ hours. The tour involves about a mile of walking and some steps to negotiate. It is not available to wheelchair guests and those guests with mobility concerns should evaluate their stamina and ability before joining the tour.

LCH-018 PATTAYA ON YOUR OWN

Duration: 6.00 Hrs Tour Price: $0.00 **Retail Price: $79.00**

Date: November 27, 2025 11:00 AM

Spend hours exploring Pattaya as you please with no schedule to follow, which allows you to concentrate on the attractions that sound most appealing. Although Pattaya is known for its vibrant nightlife, it also offers plenty of entertaining daytime options. You will be dropped off in the city center, which will give you easy access to must-see destinations such as the Big Buddha Temple. To reach the massive gold-plated statue of Buddha that perches atop the temple hill, you will climb a set of wide stairs with dragon-like hand-rails. The views from the summit are excellent as are the ones of the sea from leafy Chaloem Phra Kiat Park. You may even spot resident monkeys in the trees. The intersection of Beach Street and Pattaya Street is another great area to explore. The former overlooks the city's lengthiest stretch of sand, while the latter is lined with shops, restaurants and street food vendors.

·Explore Pattaya on your own and stay at the attractions as long as you like.
·Do whatever you please such as shopping, dining and visiting the landmarks.
·Enjoy the convenience of being dropped off and picked up in the city center.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

Amount of walking, level of exertion and expenses during free time are at guests' discretion. Tour is available to wheelchair guests who have a collapsible wheelchair and are able to make their own way on and off transportation. Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this. Weather appropriate clothing, adequate sun protection and flat comfortable walking shoes are recommended.

LCH-GG1 SEA TURTLE CONSERVATION

Duration: 4.00 Hrs Tour Price: $0.00 **Retail Price: $159.00**

Date: November 27, 2025 11:00 AM

Browse a conservation center with a nursery that breeds sea turtles for release into the ocean and a museum that showcases the life cycles of these marine creatures. The Royal Thai Navy Sea Turtle Conservation Center was established decades ago in response to Queen Siriket's initiative to raise awareness of the plight of sea turtles, whose numbers were rapidly declining in Thailand. The center releases a staggering 20,000 sea turtles into the surrounding sea each year. Yet the turtles still suffer a low survival rate – as little as 1 in 1,000 – from dangers such as being entangled in commercial fishing nets, ingesting plastic trash and pollution. You will see tanks full of hatchlings, mostly hawksbill and green sea turtles, and discover how, when and where they are typically released into the wild. You may also peruse the displays of nesting sites and see where sick and injured sea turtles are rehabilitated.

·See how endangered sea turtles are bred at a conservation center for release into the ocean.
·Gain an understanding why sea turtle hatchlings have such a low survival rate in the wild.
·Browse museum displays that show the life cycles of hawksbill and green sea turtles.
·Dress in weather-appropriate clothing .
·Wear flat comfortable walking shoes .

This tour includes approximately 1.5 hours of walking and/or standing. It is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing, hat, sun screen, sun glasses and comfortable, flat walking shoes are suggested.

LCH-GL1 PATTAYA FLOATING MARKET

Duration: 3.50 Hrs Tour Price: $0.00 Retail Price: $109.00 **GL**

Date: November 27, 2025 11:00 AM

Get a genuine feel for river life by exploring the Pattaya floating market, which vendors in small wooden boats supply with all sorts of local goods. The market is divided into four sections, each representing a different region of Thailand. Although just opened in 2008, the market looks much older as it was designed to replicate an ancient floating market, most of which have long been abandoned. During free time at the market, you might sample items such as dragon fruit and mangosteen—the national fruit of Thailand—and linger over a freshly prepared lunch that is characteristic of one of the four regions. With so many aromas enticingly wafting through the air, it will be hard to resist dining. But the floating market offers much more than food. You will also find unusual handicrafts, silverware, handmade bags and silk clothing. The atmosphere couldn't be more inviting.

·Browse the incredible array of merchandise at the Pattaya floating market.
·Get a sense of river life, as the locals purchase items directly from the vendors on boats.
·Marvel at the design of the floating market, a replica of an ancient floating market.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

LCH-GL3 ANG SILA MORTAR VILLAGE & NONG MON BAMBOO STICK

Duration: 4.50 Hrs Tour Price: $0.00 Retail Price: $159.00 **GL**

Date: November 27, 2025 11:00 AM

Mingle with the locals in two coastal areas known more for their signature products than their beaches and seaside attractions. You will first visit Ang Sila, an engaging city revered for its hand-carved stoneware, especially granite mortars and pestles used for grinding spices. This prized piece of kitchenware is prevalent throughout Ang Sila, which means "stone basin." Even so, fishing is the primary industry and most of the local seafood recipes call for spices—preferably ground with a stone mortar and pestle. Sticky rice is the iconic product associated with the Chon Buri province. Served as a signature dessert known as Khao Lam, sticky rice is typically mixed with coconut milk, black beans, sugar and salt before being roasted over an open fire in a stout bamboo tube. As you will discover firsthand at the Nong Mon Market, Khao Lam is a delicious treat any time of the day.

·Meander through two beautiful coastal areas known for rather unusual signature products.
·Learn why Ang Sila is revered for its stone mortars and pestles and buy one if you wish.
·Sample the iconic sticky rice dessert long associated with Nong Mon Market.

• Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

LCH-WT1 TAI CHI AT VIHARN SIEN PARK

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $119.00

Date: November 27, 2025 11:00 AM

Visit the serene urban park Viharn Sien to practice the slow, fluid movements of tai chi, an ancient form of exercise with health benefits that may include improving strength, flexibility and balance. The park stands in the shadow of the temple Viharn Sien, which provides a beautiful backdrop to practice tai chi, a graceful form of exercise originally developed for self-defense in China. Tai chi is often described as "meditation in motion," as it involves gentle flowing movements that most anyone can follow. While there are variations within tai chi, they all typically include deep breathing, stretching and keeping the body in constant motion. Your tai chi master will lead you through a number of rhythmic movements that are easy on the joints and wonderfully meditative. The master will choose a type of traditional tai chi that suits your group.

·Practice traditional tai chi in a serene urban park.
·Enjoy the benefits of the exercise, which may include reduced stress.
·Learn slow, fluid movements that you can later practice on your own.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

LCH-001 RAYONG TROPICAL FRUIT FARM

Duration: 4.30 Hrs Tour Price: $0.00 Retail Price: $129.00

Date: November 27, 2025 12:30 PM, 01:30 PM

See the bounty of tropical fruits that flourish in the Rayong Province while riding an open-air tram through a fruit farm founded more than 50 years ago. While traveling through Suphattra Land, you will hear commentary about how the farm evolved from an agricultural research center into an attraction that promotes the incredible variety of fresh seasonal fruits grown throughout the province. Many of the fruits are considered rare and exotic in other parts of the world such as durian, rambutan and mangosteen, a purple-skinned fruit with tender white segments inside that taste sweet and floral. You will sample several of the fruits along with the classic Thai papaya salad known as som tam. Although the farm no longer grows rubber trees in abundance, there are some, which you will watch being tapped for their milky white latex. You will also sample fresh honey while the beekeepers tend their apiaries.

·Ride through a farm that grows a huge variety of fresh fruits, some considered exotic.
·Sample a selection of fresh fruit, honey and a Thai papaya salad known as som tam.
·See demonstrations of rubber tree-tapping and beekeeping.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. It is not recommended to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

LCH-021 ELEPHANT JUNGLE SANCTUARY

Duration: 4.00 Hrs Tour Price: $169.00 Retail Price: $289.00

Date: November 27, 2025 12:30 PM

OVERVIEW Interact with rescued elephants that are ethically cared for at a reserve in Pattaya, the first such program in the Chonburi province. The pachyderms at the Elephant Jungle Sanctuary are treated respectfully in an environment where they are free to socialize, play and forage along the jungle trails. Unlike other captive elephants, they aren't ridden and they don't perform in shows. The elephant handlers, known as mahouts, will describe the natural behavior of Asian elephants, a species that is smaller than African elephants. Don't be surprised if you get wet and somewhat muddy while feeding the elephants, walking through the jungle with them and observing them bathing. Elephants are highly intelligent and communicate by touching and making sounds such as roars, rumbles and trumpets. They are also known to show emotions ranging from compassion to grief. Asian elephants are considered to be a bit sassy, which makes this experience all the more fun.

·Visit a sanctuary that cares for rescued Asian elephants in an ethical manner.
·Enjoy a up-close encounter with the elephants by feeding them.
·Watch the elephants bathe, play and interact with each other.
·Learn about the behavior of these highly intelligent mammals and how they communicate.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

PLEASE NOTE This tour includes approximately 2 hours of walking. Tour is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

LCH-020 ALCAZAR CABARET SHOW

Duration: 4.00 Hrs Tour Price: $0.00 Retail Price: $99.00

Date: November 27, 2025 06:00 PM

Watch a one-of-a-kind cabaret show featuring a huge cast of transvestite dancers in a performance with more than a dozen acts, each one themed to reflect a different culture. The show has become so popular since its inception in 1981 that it is now held in a state-of-the-art 1,200-seat theater in the heart of Pattaya's entertainment district. The bejeweled costumes, lavish sets and dramatic lighting make the show an absolute spectacle that you will not soon forget. You can't help but get caught up in this mesmerizing show as the graceful performers pay tribute to the traditional dances and songs of countries ranging from Russia and China to Persia and India. The culture of Thailand takes center stage in the act entitled the Four Legendary Regions of the Siam Kingdom. As the elegant dancers perform, mythical Thai creatures such as the Naga serpent and the half-bird, half-woman Kinnaree will appear to enhance the storytelling.

·See an extravagant 17-act cabaret performance by more than 100 transvestite dancers.
·Be mesmerized by the fabulously costumed dancers, lavish sets and high-tech lighting.
·Enjoy songs and dances from other countries that enhance cultural understanding.
·Take photos with the dancers after the show for a nominal fee, if you choose.
·Dress in weather-appropriate clothing.
·Wear flat comfortable walking shoes.

This tour includes approximately ½-mile of walking over moderate terrain with steps to negotiate. Tour is not suitable for guests in wheelchairs; and those with walking or mobility concerns are cautioned to evaluate their personal level of ability and stamina.

General Information

What is Included?

Transportation:
Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:
Included when indicated in the tour description.

Guides:
Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:
Tours include all required admission fees, where applicable.

What Should I Wear?
When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note
While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arrange or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Not withstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises′ discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.