



TRAVELWELL®  
*Staying Healthy While Traveling*



## Cruise Safe, Travel Well

*Updated April 11, 2023*

**You're ready to explore again, and we're here for you. Sailing with Holland America Line isn't just one of the best ways to see the world — it's also one of the safest.**

On board and ashore, we're going above and beyond with exemplary standards for health, cleanliness, and extraordinary guest service so you can get back to what you love: cruising, connecting with loved ones and celebrating every step of the journey with confidence.

### Simplified Cruising

Preparing for your cruise is now easier than ever. Look up your voyage's testing and vaccine requirements with our **Health Protocols Tool**.

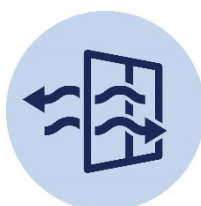
[Visit our FAQs](#) for more details on health protocols and guidelines.

## Onboard Experience



### **On Board Our Ships**

All staterooms and public areas are frequently and thoroughly sanitized with medical-grade disinfectant proven to kill coronaviruses. Hand-washing stations and hand sanitizer dispensers are available throughout every ship.



### **Enhanced Air Filtration**

We have enhanced the air-handling systems on board all ships using a combination of increased circulation of fresh air together with upgraded air filtration.



### **24/7 Medical Care**

Every ship has a team of experienced doctors and nurses trained to manage a broad range of medical conditions, including COVID-19. Our award-winning onboard medical centers are fully equipped with testing and treatment capabilities if needed.



### **Mask Policy**

Masks on board are recommended but not required indoors or outdoors. We highly recommend guests wear a mask in the World Stage and other entertainment areas, casino, spa treatment rooms, Kids Club and during other congregate events.

## On-Shore Experience



### **Going Ashore**

Keeping you safe on shore is one of our highest priorities. All ports welcome Holland America Line shore excursions and while some ports allow independent tours and self-exploration, others may require a shore excursion provided by Holland America Line to go ashore. Throughout your cruise, we constantly review all local health and safety guidelines to keep you informed and ready to explore safely.