



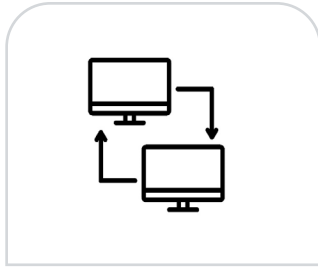
*Regent*  
SEVEN SEAS CRUISES®

  
PRESIDENT'S CRUISE



**Mar 13 - 23, 2023**  
**Roundtrip Miami**  
Regent Seven Seas - Navigator

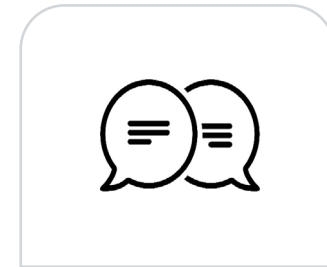
# Housekeeping



Tech Troubles?  
Try logging out and in



Adjust your view with the  
“View” icon on the top. If you  
are on a browser, you may  
not have this option.



Submit questions in  
the Q&A box below



# Itinerary

DATE	PORT	ARRIVE	DEPART
MAR 13, MON	MIAMI, FLORIDA		5pm
MAR 14, TUE	CRUISING THE ATLANTIC OCEAN		
MAR 15, WED	PUERTO PLATA, DOMINICAN REPUBLIC	10am	6pm
MAR 16, THU	SAN JUAN, PUERTO RICO	12pm	8pm
MAR 17, FRI	GUSTAVIA, ST. BARTS	9am	7pm
MAR 18, SAT	ROSEAU, DOMINICA	8am	8pm
MAR 19, SUN	ST. JOHN'S, ANTIGUA	8am	11pm
MAR 20, MON	PHILIPSBURG, ST. MAARTEN	7am	3pm
MAR 21, TUE	CRUISING THE ATLANTIC OCEAN		
MAR 22, WED	CRUISING THE BAHAMIAN WATERS		
MAR 23, THU	MIAMI, FLORIDA	7am	



# The Seven Seas Navigator

- Total Guests: 496
- Total Crew: 365
- Guest to Staff Ratio: 1 to 1.35
- Suites: 248
- Refurbished: 2019



# Regent & President's Cruise Experience

- FREE Economy Air\* & Airport – Ship Transfers
- FREE 1-Night Pre Cruise Hotel & Airport – Hotel – Ship Transfers (For Concierge & Higher Stateroom Categories)
- FREE Unlimited Shore Excursions
- FREE up to US\$200 Shipboard Credits/Suite
- FREE Unlimited Beverages Including Fine Wines & Premium Spirits
- FREE Open Bars & Lounges; In-Suite Mini-Bar Replenished Daily
- FREE Pre-Paid Gratuities
- FREE Specialty Restaurants
- FREE Unlimited WIFI
- FREE Valet Laundry Service
- FREE Personal Butler Service (Penthouse & higher)
- All Taxes and Fees Included
- PLUS Exclusive Events
- PLUS Travel Insurance‡ Included (except for Quebec)
- Trip Cancellation & Trip Interruption | **WE COVER COVID!**  
NO AGE LIMIT | PRE-EXISTING CONDITION WAIVED | NO MEDICAL QUESTIONNAIRE

# Medical Insurance Coverage

- Available thru AIG (Travel Guard)
- Valid for all Canadian Residents except Quebec
- Medical Insurance Coverage available at additional cost
  - Emergency Medical Expense: Coverage limit up to \$2,000,000
  - Emergency Evacuation: Coverage limit up to \$250,000

UMBRELLA PACKAGE PLAN COSTS	
AGE	VOYAGE 1 - 30 DAYS
0-54	\$159
55-64	\$249
65-69	\$299
70+	\$399

# Dining Options

## COMPASS ROSE

Regent's largest specialty restaurant serving delicious steaks, delectable seafood, savory plant-based options and customary selections are also available made to taste and presented in style.





# Dining Options

## PRIME 7

This elegant steakhouse serves perfectly aged, prime New York strip, porterhouse and succulent filet mignon, smoked salmon and delicious lobster, decadent desserts and exquisite wines in a warm and intimate setting.



# Dining Options

## LA VERANDA

Greet your days on the high seas with sumptuous breakfasts and freshly baked delights and shimmering ocean views on the balcony. Quiet window seats with freshly baked delights, made-to-order omelets and, for late risers, tasty lunch buffets that include hot carving stations.



# Dining Options

## SETTE MARI AT LA VERANDA

Authentic Italian specialties, antipasto, traditional desserts and fine wines are all paired with the perfect atmosphere in this nightly transformation of La Veranda. Savor old-school classics and masterful culinary innovations for a taste of Italy.



# Dining Options

## POOL GRILL

Al fresco dining with views of the world's most beloved landscapes. Be it a light breakfast, lunch or casual dinner, regional barbecues and old-fashioned desserts, or simply relax with your favorite cocktail or a frozen drink at the bar.



# Dining Options

## COFFEE CONNECTION

Your informal destination to relax, meet fellow guests and enjoy coffee and snacks throughout the day. While snacking, international newspapers and news magazines are available for your perusal.



# Exclusive Events – Receptions

## Welcome Reception

Mon, Mar 13

## Farewell Reception

Wed, Mar 22



# Exclusive Events – Lunch & Dining



**Sette Mari**  
Wed, Mar 15 | 6:30 pm

**Compass Rose**  
Mon, Mar 20 | 6:00 pm

**Compass Rose**  
Wed, Mar 22 | 12:00 pm

# Entertainment, Bars & Lounges

## NAVIGATOR LOUNGE

Now with additional space to enjoy barista-made coffee during the day and expertly poured cocktails later on, this centrally located lounge is a popular spot to rendezvous with friends and fellow travelers.





# Entertainment, Bars & Lounges

## SEVEN SEAS LOUNGE

Perfectly tiered for unobstructed viewing and furnished with plush seating, the main show lounge is an intimate venue without a bad seat in the house. The phenomenal entertainment performed here varies from full-scale musical revues to rousing cabaret shows, all backed by our incredible, five-piece Regent Signature Orchestra.



# Entertainment, Bars & Lounges

## STARS LOUNGE

A popular meeting place throughout the day, Stars Lounge is also the perfect spot to grab a cocktail before or after taking in another jaw-dropping evening performance at the nearby theatre.



# Entertainment, Bars & Lounges

## GALILEO'S

Discover why this charming lounge has been a long-time favorite with guests. With its spectacular aft views and celestial-inspired interior, Galileo's is perfect for relaxing with a cocktail and singing along to favorite songs.



# Entertainment, Bars & Lounges

## THE CASINO

If you're in the gaming mood, head to the elegantly appointed Casino for a few hands of blackjack or to try your luck at roulette, poker, the craps table or slot machines. Whether you're a player or spectator, the excitement is contagious, the drinks delightful and the staff welcoming. The stylish Casino is open every day at sea when not restricted by territorial border limits.



# Exclusive Shore Excursions

## AMERICA'S CUP 12 METRE CHALLENGE

**Mon, Mar 20 | 2.5 Hours | 8:30 am, 10 am & 11:30 am**

Experience the adventurous thrill of America's Cup head-to-head style racing on a yachting adventure that's won accolades as Best Shore Excursion in the Caribbean many times over. You'll tender from the pier out to one of Dennis Conner's legendary America's Cup-winning yachts – the Stars & Stripes, Canada II or True North I.

Once on board, you'll receive your safety and racing instructions, be introduced to this precision sailing machine's operation, then set out on what's bound to be a peak adventure as you race across the warm aqua waters eking out all possible advantage from the brisk St. Maarten trade winds and rounding the marks from leg to leg. No prior sailing experience is necessary, but if you'd like to be a part of the action, you're cordially invited to do so.

Help grind a winch, trim a mainsail, punch a stopwatch – or just sit back with some refreshments and enjoy this amazing ride. Once the race is run, join in a complimentary victory rum punch party while browsing through the 12 Metre complex's souvenir boutique before being tendered back to the pier.



# Preparing for Your Voyage

## Online Check-In Process

### Visit [RSSC.com/MyAccount](https://rssc.com/MyAccount)

- Available beginning at 21 days prior to sailing
- Must be completed no later than (4) days prior to sailing

### Online Check-In Requirements Checklist:

- Ship, sailing date, and cruise line number
- Passport, valid for at least 6 months after the final day of travel
- Emergency Contact and Information
- A valid credit card to register for onboard purchases
- A camera-enabled mobile device

### Once you have completed Online Check-In, you will receive:

- A Boarding Pass which you may choose to print and bring with you or
- Save to a mobile device

# Health & Safety Protocols

## SAILSAFE™ HEALTH AND SAFETY PROGRAM

Our vision is to be the vacation of choice for everyone around the world. That's why we've enhanced our commitment to your well-being while cruising with our **SailSAFE™ Health and Safety Program**. Creating what we believe is a uniquely safe and healthy vacation experience, our SailSAFE enhanced protocols create multiple layers of protection against COVID-19 for our guests, crew and the communities we visit. The robust, science-backed strategy was developed in conjunction with a diverse group of globally recognized experts, and is continuously evaluated using the latest science and technology.

## SAFETY FOR OUR GUESTS & CREW

### PRE-CRUISE REQUIREMENTS & CHECK-IN



EMBARKATION REQUIREMENTS



SOCIALLY RESPONSIBLE  
CHECK-IN

### ONBOARD — INCREASED SANITATION MEASURES, UPGRADED AIR FILTRATION SYSTEMS & ENHANCED MEDICAL FACILITIES



HAND SANITATION



CONTINUOUS SHIP-WIDE CLEANING  
AND DISINFECTION MEASURES



ENHANCED ONBOARD  
HEALTH SERVICES



UPGRADED MEDICAL-GRADE  
AIR FILTERS



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## SAFETY ASHORE

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### DESTINATIONS, ITINERARIES & SHORE EXCURSIONS



#### STRATEGIC ITINERARY DEVELOPMENT & SHORE PARTNERS

We constantly monitor the health environment across the globe and will modify or cancel itineraries to affected areas as needed.

We're partnering with our local destinations and tour operators to extend our comprehensive health & safety protocols to shore.

As the entry requirements by country are evolving, we recommend that all guests consult with local government websites to determine any additional requirements, including additional pre-cruise testing that may be required to travel.

## SAFETY ASHORE

### THOROUGH & EFFECTIVE MOBILIZATION PLAN



#### CONTACT TRACING

If a positive case of COVID-19 occurs, we have various contact tracing methodologies to identify and notify those who may have been exposed.



#### DEBARKATION SCENARIOS

We have developed a thorough mobilization and response plan focused on providing medical treatment, collaborating with local authorities and coordinating safe passage home for all guests and crew should the need arise.

We have established relationships with onshore medical institutions and enhanced our telemedicine consultation capabilities.

# What to Expect

- [Presentation Slides: Click Here](#)
- [Recording of Webinar: Click Here](#)
- [Facebook Group: Click Here](#)
- [President's Cruise Microsite: Click Here](#)
- [Regent Testing Requirements Link: Click Here](#)

# Facebook Group

<https://www.facebook.com/groups/959177518796413>



**10-Night Caribbean**  
Roundtrip Miami  
Mar 13 - Mar 23, 2023  
Regent Seven Seas - Navigator

**PRESIDENT'S CRUISE**  
Cruise Connections

**YOUR HOSTS**

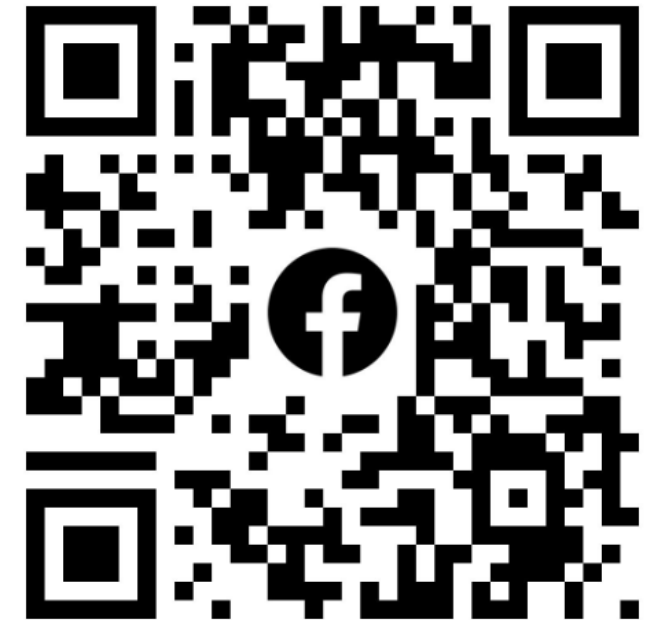
  
Sanjay Goel

  
Catherine McLellan

## President's Cruise Roundtrip Miami | March 13, 2023

Private group · 1 member

Join group



# Detailed Microsite

<https://cruise-connections.com/president/regent-10-nights-roundtrip-miami-mar-13-2023-completion/>



[Home](#) [What's President's Cruise](#) [About Cruise Connections](#) [Our Team](#)

A banner image showing a tropical beach scene with palm trees, turquoise water, and a clear blue sky. A white text box is overlaid on the center of the image.

Bon Voyage!

PRIMAVERA IN PUERTO RICO

**10 Nights ♦ Roundtrip Miami**

Mar 13, 2023 onboard Seven Seas Navigator

[News & Updates](#)

# Q & A