

CAPE TOWN, SOUTH AFRICA to RIO DE JANEIRO, BRAZIL

SS VOYAGER January 05, 2023

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LUD-006 HIKING THE LUDERITZ PENINSULAR**Duration: 5.00 Hrs** **Tour Price: \$99.00****Retail Price: \$249.00****Date: January 07, 2023 07:30 AM, 12:15 PM**

Hike through the arid wilds of the Luderitz Peninsula with a naturalist guide that will describe the plant life and wildlife and offer a historical perspective. Despite the lack of rainfall and generally harsh conditions, numerous salt-tolerant succulents grow here in the peninsula's Diamond Coast Recreational Area. The naturalist will point out many of the more interesting species, some of them sporting beautiful blooms. Starting at Griffith Bay, you will hike along a ridge where British soldiers were stationed shortly after World War I to monitor the harbor. It was suspected that German soldiers might invade to regain a foothold in Luderitz, which was a base for Germany's colonization of southwest Africa. You may pass the remains of the British fortifications in the rocks and will definitely enjoy a spectacular elevated view across the bay to Luderitz on the other shore. You can also expect to see the remains of a centuries-old Norwegian whaling station.

- Hike through the Luderitz Peninsula, an arid land with exotic vegetation.
- Follow a naturalist guide that will elaborate on the flora and fauna.
- Gain a historical perspective of the area with regard to whaling and colonization.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes four to five hours of moderate to strenuous hiking with gravel, slopes and uneven natural surfaces to negotiate. It is not available to wheelchair guests, those with mobility difficulties, or heart or respiratory conditions. Participants should be in good physical condition as this strenuous tour involves hiking in direct sunlight and strong winds may occur. The coaches and minivans are well-maintained, but basic and of varying quality. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

LUD-001 WALKING TOUR OF LUDERITZ**Duration: 2.50 Hrs** **Tour Price: \$0.00****Retail Price: \$39.00****Date: January 07, 2023 08:00 AM, 12:30 PM**

Stroll through colonial Luderitz and admire spectacular landmarks built during the beginning of the 20th century, when diamonds were found nearby, and roam a captivating museum. Absorb the German ambiance of bayside Luderitz, discovered by a Portuguese explorer in 1488 but not settled until some four centuries later, when German tobacco merchant Adolf Luderitz purchased much of the surrounding land. You'll learn that the sleepy port soon became an important German supply post and grew dramatically after diamonds were unearthed in the nearby Namib Desert. Approaching prominent Diamond Hill, discover Goerke Haus, an extravagant mansion filled with period furnishings that was built for diamond entrepreneur Hans Goerke in an art nouveau style with German and African themes. You'll see Felsenkirche, an Evangelical Lutheran church built in 1912 with offerings from German citizens and renowned for a stained glass panel donated by Kaiser Wilhelm II. At the engaging Luderitz Museum, browse fascinating artifacts and learn about Germany's colonization efforts, the diamond industry and Namibia's flora and fauna. Following your tour, choose to remain in town, if you wish, to further immerse yourself in intriguing Luderitz.

- Explore beguiling Luderitz, settled by a German tobacco merchant over a century ago.
- Appreciate the art nouveau Goerke Haus, built for a German diamond entrepreneur.
- See an arresting stained glass window donated by Kaiser Wilhelm II at the Felsenkirche Evangelical Lutheran church.
- Learn about German colonization, the diamond industry and Namibia's flora and fauna at the Luderitz Museum.
- Elect to remain in charming Luderitz for further sightseeing following your tour, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen

This tour includes 2 ½ hours of moderate walking. There will be some steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. The order of sites viewed or visited may vary.

LUD-002 WILD HORSES OF THE NAMIB**Duration: 4.00 Hrs** **Tour Price: \$99.00****Retail Price: \$249.00****Date: January 07, 2023 08:15 AM, 12:00 PM**

Track a herd of wild horses in the barren Namib Desert and learn how they have adapted to the unforgiving climate. Settle in for a picturesque 90-minute drive into the vast Namib Desert, which stretches for more than 1,200 miles along the Atlantic coast, and marvel at the stark but eerily beautiful landscape. You'll find that the wild horses of the Namib have skillfully adapted to the harsh environment, especially since they are not indigenous and their true origin is shrouded in mystery. Discover it is theorized they may be descendants of horses from a shipwreck in the late 19th century or runaways from German troops in World War I. You'll relax in the comfort of a covered observation stand and watch the beautiful steeds as they drink at the Garub Water Hole, usually about a dozen at a time. Notice that the horses turn their backs to the sun so it hits their spine and not their sides while they drink, which minimizes the sunlight's effects and reduces dehydration. You'll marvel at these resilient equine specimens, whose dignified bearing is enhanced by the glorious backdrop of the Namib Desert.

- Watch wild horses sate their thirst at a watering hole in the extraordinary Namib Desert.
- Stand in awe of the equines' ability to adapt to the challenging climatic conditions.
- Take advantage of a comfortable viewing spot to study the sleek horses.
- Appreciate how the steeds position themselves to minimize the sun's harmful effects.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 45 minutes of moderate walking/standing. There will be some gravel surfaces to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Sightings of the wild horses, while very likely, are not guaranteed. Vehicles of varying sizes may be used, and while the coaches and minivans are well-maintained, they are basic in nature and the quality can vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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LUD-004 KOLMANSKOP GHOST TOWN

Duration: 2.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



(Prices in USD, per person)



Date: January 07, 2023 08:30 AM

Explore a completely abandoned desert town that thrived for a brief period in the early 20th century, when diamonds were found nearby. Journey to Kolmanskop, a veritable Namib Desert ghost town that has been abandoned for decades. You'll learn that hundreds of families moved to the village, which was designed in characteristic German style, after a railroad worker stumbled upon a diamond glittering in the sand in 1908. Hear of the subsequent diamond rush, after which the town grew rapidly, at its peak boasting a hospital, ballroom, casino, bowling alley and the first x-ray station in the Southern Hemisphere. You'll see many of the original buildings, now scoured by wind and sand since the departure of the residents, who decamped when diamond sales plummeted following WWI. Capture stunning photos in this dramatic setting where several movies have been shot, including The King is Alive, which was featured at the Cannes Film Festival. Following your tour, choose to remain in Luderitz, if you wish, perhaps seeking a perfect memento of mesmerizing Namibia.

- Visit uninhabited Kolmanskop, once a bustling diamond boomtown but abandoned for decades.
- Roam amenities enjoyed by hundreds of long-gone families, including a casino, ballroom, hospital and the Southern Hemisphere's first x-ray station.
- Marvel at windswept buildings left behind when diamond sales collapsed after WWI.
- Take captivating photos of the dramatic setting, which has been the backdrop of several films.
- Elect to remain in charming Luderitz for further exploration following your tour, if you choose.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 45 minutes of moderate walking/standing. There will be sandy surfaces to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Vehicles of varying sizes may be used, and while the coaches and minivans are well-maintained, they are basic in nature and the quality can vary.

WAL-009 LIVING DESERT BY OFF-ROAD VEHICLE**Duration: 5.00 Hrs** **Tour Price: \$179.00****Retail Price: \$329.00****Date: January 08, 2023 10:00 AM****Date: January 09, 2023 07:30 AM**

Discover the unique denizens of the world's oldest desert during this off-road adventure in the Namib Desert. Settle in for a vista-filled drive in an off-road vehicle to the eerily beautiful Namib Desert. Upon arrival, you'll be led by an expert guide through seemingly lifeless landscapes in search of indigenous species and learn how they adapt to the inhospitable environment. Perhaps see creatures like the sidewinding adder, the Palmetto gecko, the sand-diving lizard, the Namaqua chameleon and various other diminutive beetles, lizards and geckos that live and survive in the torrid desert conditions. You'll conclude your tour with a stop at Sundowner Dune to take in spectacular views over the Atlantic Ocean and enjoy refreshing orange juice and savory snacks. During your return along a scenic coastal road, contemplate the nearly ineffable beauty of the bewitching Namib and its resilient tenants.

- Board an off-road vehicle for an exhilarating outing into the breathtaking Namib Desert.
- Search the barren landscape for indigenous species that have adapted to the challenging environment.
- Stay alert for glimpses of the Palmetto gecko, sand-diving lizards or Namaqua chameleons.
- Revitalize with orange juice and savory snacks at Sundowner Dune.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. • Bring a hat, sunglasses and sunscreen.

This tour involves off-road travel over bumpy, uneven and dusty gravel roads. It is not recommended for guests with mobility concerns or guests who utilize a wheelchair, unless they remain seated inside the vehicles at the various photo stops. The tour is not recommended for guests with dust allergies. Each vehicle will accommodate three to ten guests. Travel time to the Namib Desert is approximately 45 minutes by coach in each direction. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

WAL-010 BIRDING TOUR**Duration: 4.00 Hrs** **Tour Price: \$0.00****Retail Price: \$169.00****Date: January 08, 2023 10:15 AM****Date: January 09, 2023 09:00 AM**

Thrill to sightings of a profusion of bird species during this tour to the rich feeding grounds of the Walvis Bay Lagoon and salt mine. Journey to the ecologically indispensable Walvis Bay Lagoon, declared a Wetland of International Importance, and begin your quest to identify the wide variety of shore birds and waders who congregate there, including sandpipers, plovers, pelicans and herons, depending upon the season. You'll enter the sedimentation pans of the expansive Walvis Bay Salt Holdings, the largest producer of solar sea salt in sub-Saharan Africa, and enjoy a close-up view of the many resident birds, perhaps even seeing phalaropes, grebes and terns, including the rare Damara tern. Travel farther along the beach to Pelican Point and discover a large Cape fur seal colony, along with osprey and exotic African black oystercatchers. Depending upon the weather and time of day, you'll possibly glimpse the dune or sabota lark and perhaps recognize an Orange River white-eye on your return through the enthralling Kuiseb River delta, a fabulous site in which to round out your unforgettable bird-watching foray.

- Catalogue sightings of numerous waders and shore birds at the nutrient-rich Walvis Bay Lagoon.
- See a plethora of avian species, such as sandpipers, plovers, herons and pelicans.
- Visit the Walvis Bay Salt mine to look for phalaropes, grebes and terns.
- Spy osprey and African black oystercatchers at Pelican Point, home to a Cape fur seal colony.
- Keep watch at the Kuiseb River delta for an Orange River white-eye and a dune or sabota lark.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. • Bring a hat, sunglasses and sunscreen.

This specialized tour is recommended only for birding enthusiasts. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. One set of binoculars and a birding book will accompany each vehicle. Wildlife sightings, although likely, are not guaranteed. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

WAL-008 TREASURES OF THE NAMIB DESERT BY OFF-ROAD VEHICLE**Duration: 5.00 Hrs** **Tour Price: \$179.00****Retail Price: \$329.00****Date: January 08, 2023 10:30 AM****Date: January 09, 2023 07:45 AM**

Experience the treasures of the Namib Desert during this memorable off-road expedition that includes a stop at the renowned Walvis Bay Lagoon. Board your off-road vehicle for a drive to the Namib-Naukluft National Park, which encompasses the Naukluft Mountain Range and part of the Namib, one of the world's oldest deserts and site of the world's highest and most vividly colored sand dunes. As you explore the unique plant life and terrain of this arid region, you'll discover Moon Landscape, a vastly eroded valley that is reminiscent of the lunar surface due to the wind's effect on the rock formations and sand. You'll proceed to the Welwitschia Valley, where thousands of bizarre welwitschia plants are scattered about. After stopping to view these distinctive specimens as well as a variety of interesting lichens, you'll continue to a scenic location for a refreshment of orange juice and savory snacks. Pause for photos at Dune 7, the highest sand dune in the area, then make a brief stop at the Walvis Bay Lagoon and tidal flood plains, declared a Wetland of International Importance for its abundance of marine life, pelicans and a wealth of other avian species.

- See the rugged mountains, shifting dunes and vibrant colors of beguiling Namib-Naukluft National Park.
- Gaze in awe at a lunar-like topography carved out by the wind at Moon Landscape.
- Study the uniquely unattractive welwitschia plant, found only in the Namib Desert.
- Appreciate a relaxing stop for savory snacks and orange juice.
- Capture dramatic photos at the commanding Dune 7, the area's tallest sand dune.
- Observe the Walvis Bay Lagoon and tidal flood plains, recognized internationally for its environmental importance.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. • Bring a hat, sunglasses and sunscreen.

This tour involves off-road travel over bumpy, uneven and dusty gravel roads. It is not recommended for guests with mobility concerns or guests who utilize a wheelchair, unless they remain seated inside the vehicles during the photo stops. The tour is not recommended for guests with dust allergies. Each vehicle will accommodate three to ten guests. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



GL Go Local Tour



Accessible Tour

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WAL-006 SEAL & PELICAN CRUISE

Duration: 4.00 Hrs Tour Price: \$49.00

Retail Price: \$205.00



(Prices in USD, per person)

Date: January 08, 2023 12:00 PM

Date: January 09, 2023 07:30 AM

Applaud the splendid natural beauty of Southern Africa's western coast during this dolphin and seal cruise on the Walvis Bay Lagoon. Travel along a littoral road to the historic jetty at Swakopmund and board an open-air boat for a three-hour cruise in the renowned Walvis Bay Lagoon, declared a Wetland of International Importance as it is one of the most significant ecological sites along Southern Africa's western coast. You'll learn that the lagoon is well-known for its native bird species and vast array of intra-African and Palaearctic migrants, and find the water is usually very calm yet teeming with avian and marine life. Continue on to Pelican Point, a sand spit separating Walvis Bay from the Atlantic Ocean, where you'll likely encounter a large Cape fur seal colony, and watch for schools of heavyside and bottlenose dolphins that often swim alongside the boat. Keep a sharp lookout for white-chinned petrels, Wilson's storm petrels, cape gannets, pelicans and cormorants. During your cruise, you'll savor a delicious repast of fresh oysters, sparkling wine, soft drinks and a selection of open-faced sandwiches, a perfect accompaniment to your outdoor adventure.

- Embark an open-air boat for an in-depth exploration of the famed Walvis Bay Lagoon.
 - Survey the lagoon's protected wetland, known for its plethora of avian species and marine life.
 - Spy a large colony of Cape fur seals at sandy Pelican Point.
 - Thrill to schools of heavyside and bottlenose dolphins trailing beside your boat.
 - Search for white-chinned petrels, Wilson's storm petrels or cape gannets amid a flurry of countless pelicans and cormorants.
 - Relish a tasty meal of fresh oysters, open-faced sandwiches, soft drinks and sparkling wine as you cruise.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Wear a windbreaker or warm jacket. •Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of boating on open water. The tour is not recommended for guests with mobility concerns or guests who utilize a wheelchair. There is a drastic change between high and low tide, which may make it difficult to embark and/or disembark the boat, and the weather can be windy and cold at times. Operation of this tour is entirely dependent upon prevailing weather conditions. Wildlife sightings, while likely, are not guaranteed. Participants must be at least 21 years of age to be served alcoholic beverages. Guests who go ashore do so with the understanding that they will be mixing with members of the general public."

WAL-005 SWAKOPMUND SIGHTSEEING

Duration: 5.00 Hrs Tour Price: \$79.00

Retail Price: \$229.00



Date: January 08, 2023 12:15 PM

Date: January 09, 2023 08:00 AM

Explore Swakopmund's colonial past during this orientation tour that includes a visit to the Walvis Bay Lagoon. Journey along the scenic coast to the mouth of the Swakop River and find Swakopmund, an enchanting seaside resort that resembles a Bavarian village. You'll see the town's colonial past reflected in the early 19th-century art nouveau architecture found on many appealing buildings that have been declared national monuments. Discover the neo-Baroque German Evangelical Lutheran Church and the elegant historic Railway Station, which is now the Swakopmund Hotel's reception area. After passing the town's historic jetty, you'll walk to the Karakulia Weavers where Karakul sheep wool is spun, dyed and woven into rugs and wall hangings. Explore the Kristall Gallery, which displays crystals weighing up to 14 tons, and appreciate free time at the Brauhaus Gallery, a town center shopping arcade. En route back to Walvis Bay, you'll pause for photos at Dune 7, the highest sand dune in the area, then make a brief stop at the Walvis Bay Lagoon and tidal flood plains, declared a Wetland of International Importance, and marvel at its rich marine life and myriad bird species.

- Uncover early 19th-century art nouveau architecture in Swakopmund, a seaside resort town that evokes a Bavarian village.
 - See the lovely neo-Baroque German Evangelical Lutheran Church and the ornate former Railway Station.
 - View the town's beloved jetty and the Karakulia Weavers, where sheep wool is made into rugs and wall hangings.
 - Study crystals up to 14 tons at the Kristall Gallery and browse the shops in the Brauhaus Gallery.
 - Capture dramatic photos at the commanding Dune 7, the area's tallest sand dune.
 - Observe the Walvis Bay Lagoon and tidal flood plains, recognized internationally for its environmental importance.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Bring a hat, sunglasses and sunscreen.

The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On days when the Kristall Gallery is closed, a visit to Karakulia Weavers will be substituted. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

WAL-016 MOON LANDSCAPE & WELWITSCHIA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$199.00



Date: January 08, 2023 12:30 PM

Date: January 09, 2023 08:15 AM

Marvel at a vast national park that is distinguished by massive sand dunes and otherworldly terrain during a tour of a remarkable desert environment. Settle in for an approximately 30-minute drive to Dune 7, the region's largest sand dune, and perhaps find sand-boarders and skiers zipping down its slope. Continuing on, you'll enter the Namib-Naukluft National Park, which includes part of the Namib Desert and is the country's largest nature preserve, and notice its striking rusty-hued sand dunes, whose colors vary due to the iron in the sand oxidizing to a darker shade as the dunes age. In spite of the seemingly harsh conditions, find flora and fauna thriving here, such as the raggedy welwitschia, which resembles wilted lettuce and produces only two leaves in its up to 500-year lifetime. You'll journey to Moon Landscape, a vastly eroded valley that is reminiscent of the lunar surface. Discover that even though the environment appears to be barren, it supports a complex ecosystem of lichens and shrubs subsisting on the occasional moisture provided by sea fog that rolls in from as far as 20 miles away. You'll wonder at nature's incredible adaptability during this fascinating excursion.

- Stand in awe at Dune 7, a massive sand dune enjoyed by sand-boarders and skiers.
 - Experience the Namib-Naukluft National Park, a striking natural preserve that includes part of the Namib Desert.
 - Discern the age of a sand dune from the depth of its rust color, due to oxidation through the years.
 - Wonder at the hardness of the flora and fauna that thrive in the arid desert conditions.
 - Examine the unappealing welwitschia plant, which resembles wilted lettuce and lives up to five centuries.
 - Contemplate a lunar-like topography carved out by the wind at Moon Landscape.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Carry bottled water, as you may require hydration. •Bring a hat, sunglasses and sunscreen.

This tour includes limited walking, mainly at the guest's discretion during stops. The tour is not recommended for guests with mobility concerns or guests who utilize a wheelchair, unless they remain seated inside the vehicles during the photo stops. The tour is not recommended for guests with dust allergies. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



Go Local Tour



Accessible Tour

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Date: January 08, 2023 12:45 PM

Date: January 09, 2023 08:30 AM

Delve into the daily bustle of Walvis Bay on a visit to a working-class residential district during this rewarding tour. Travel a coastal road to Mondesa Township, which was established in the early 1950s to provide housing for Owambo, Damara and Herero people working in the city of Swakopmund. You'll find that this district, just a brief distance from Swakopmund's center, reveals a radically different world from the tourist center, providing you with an invaluable opportunity for personal growth by interacting with the friendly families who reside there. Observe the inhabitants' daily life during an approximately three-hour customized tour that engages you in the resident's everyday activities, and learn some of the region's history to assist you in bridging the cultural gap and achieving increased understanding. Take in a fascinating demonstration on the preparation of the cereal grain mahangu, taste unusual but delicious food and enjoy the dancing of the local children. In addition to benefitting from your immersion into a much different way of life, you'll feel gratified that a portion of your visitor's fee is contributed to a community fund that honors and supports the district's citizens.

- Visit Mondesa Township, a culturally diverse district of Swakopmund built to house the city's workers.
 - Meet the resident families, a priceless opportunity to grasp a culture likely entirely different from your own.
 - Further your knowledge of the township's history to better understand life in Mondesa.
 - Sample flavorful local dishes and watch the preparation of a cereal grain known as mahangu.
 - Applaud the joyous dancing of the district's children.
 - Appreciate that a portion of your fee supports Mondesa's citizens.
- Wear casual, weather-appropriate clothing and comfortable walking shoes. •Bring a hat, sunglasses and sunscreen.

This tour must be booked at least ten days prior to the sailing date. Once booked, it is non-refundable. All interaction with the community should be conducted in a non-intrusive manner, respecting the inhabitants' privacy at all times. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

SHL-002 ISLAND HIGHLIGHTS

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: January 12, 2023 10:30 AM, 02:30 PM

Take a trip through history during this tour to picturesque and Napoleonic sites of Saint Helena and Jamestown. You'll start with a drive through charming Main Street and up the road to Two-Gun Saddle, boasting great views of the Heart Shaped Waterfall, High Knoll Fort – historic fortification built to protect the island from the 1800s and the island's capital Jamestown nestled in the valley. After a short drive, a stroll down a pleasantly shaded path, takes you to Napoleon's Tomb, the exiled emperor's burial site before his body was returned to France in 1840. Relax during an approximately 10-minute drive to stately Longwood House, Napoleon's final residence and today a fascinating museum. You'll appreciate the gardens, which were personally designed by the former emperor and boast sunken paths, a pond and gazebo, and tour the house's nine rooms, including a library and billiard room still featuring the original table, cues and many other Napoleonic relics. Delight in a drive across the stunning scenery of the Sandy Bay Ridges and gaze at gracious Plantation House, the governor's residence. Spend a few minutes outside, taking in the features of another historic building, built in 1792 and you should be lucky to catch a glimpse of the island's oldest inhabitant, Johathan the tortoise. You'll wrap up your comprehensive tour with an ascent to Ladder Hill, which overlooks the vertiginous 699-step Jacob's Ladder staircase, and revel in spectacular vistas over Jamestown and the glittering ocean.

- Take in the views of the Heart Shaped Waterfall and High Knoll Fort at the cliffside Saddle Battery.
- Behold Napoleon's Tomb, where the exiled emperor was interred before his body was repatriated to France in 1840.
- Walk through the evocative rooms and gardens of Longwood House, Napoleon's residence on Saint Helena.
- Wonder at the luxuriant vegetation of the Sandy Bay Ridges during a leisurely drive.
- See Plantation House, a handsome edifice that has served as the governor's home since 1792.
- Absorb a glorious panorama of Jamestown and the rugged coastline from atop Ladder Hill.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a light rain jacket.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with limited walking at the stops. There will be a slight incline to negotiate. The tour is not available to guests who utilize a wheelchair and it may not be suitable for those with mobility concerns. Tourism in Saint Helena is uncommon. As such, transportation and guides, though friendly, are not up to the standards found in major tourist centers. There will be no guide on the buses with you to provide commentary during your scenic drive; however, there will be guides at the stops along the way to give information.

SHL-005 IN SEARCH OF THE WIREBIRD

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$79.00



Date: January 12, 2023 10:30 AM, 02:30 PM

Travel by 4WD to some of St. Helena's more remote areas in search of its National Bird, the St. Helena plover, listed as critically endangered and referred to locally as the wirebird due to its thin legs. Boarding your 4WD at the pier, you will set-off with a knowledgeable guide from the St. Helena National Trust, to the wirebird's nesting areas in the Deadwood Plain. The wirebird is endemic to St. Helena and is now listed world-wide as critically endangered. It is a year-round resident of the island, making its home in open areas of the forest. During your tour, your guide will educate you on their behaviors and inform you of the conservation efforts being taken to protect the island's only surviving endemic bird. Along with discovering all about this wonderful little bird, you will also be treated to extraordinary views of the island, some described as being from an artist's paint box. These off the beaten path spectacular views are only possible from an off-road vehicle. After bird-watching and taking in the scenery, you will travel back to the pier in Jamestown. Please note: This tour involves walking over uneven natural surfaces and approximately 1 hour of driving over rough and bumpy terrain, in an off road vehicle. Participants must be able to enter and exit the vehicle with limited assistance. This tour is not available to wheelchair guests and not recommended for pregnant women and guests with back, hip and/or neck problems, physical limitations or heart conditions. Wildlife sightings, although likely, cannot be guaranteed. Weather appropriate clothing that should include a water/wind proof jacket; sun protection, closed-toe walking or hiking shoes and a bottle of water from the ship are recommended. Due to the island's limited transportation, this tour is extremely limited.

SHL-006 PLANTATION HOUSE - GOVERNOR'S RESIDENCE

Duration: 1.25 Hrs Tour Price: \$0.00

Retail Price: \$89.00



Date: January 12, 2023 10:30 AM, 12:30 PM, 02:30 PM

Meander through the governor's residence while the guide brings the history of this extraordinary home to life. Every governor of Saint Helena since 1792 has lived at Plantation House and its dozens of rooms are beautifully decorated. As you browse the interior, you will notice brass plaques on the doors that refer to famous house guests that range from barons to admirals. The grounds are equally historical, especially the vegetable garden that reflects the one that was originally there when the plantation was merely a farm that supplied food for the governor who lived elsewhere. The views will be spectacular as you walk the grounds. Several giant tortoises roam freely about, including one named Jonathan that is said to have been born in 1832, making him the world's oldest land animal. The other giant tortoises there were brought in to keep Johnathan company when he started to disrupt the governor's croquet games supposedly out of loneliness.

- Browse the mansion where every governor of Saint Helena has lived since 1792.
- Hear the fascinating history of the house and stories about the governors.
- Look for giant tortoises roaming the grounds, including one that's nearly 200 years old.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves about 45 minutes of walking and standing at the governor's residence with a few steps to negotiate to enter and exit the building. Participation in this tour is extremely limited. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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Accessible Tour

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❖ RIO DE JANEIRO, BRAZIL

(Prices in USD, per person)

RIO-001 HIGHLIGHTS OF RIO

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: January 18, 2023 08:30 AM, 01:30 PM

Enjoy a classic Rio orientation plus stunning views on this leisurely tour that combines panoramic drives with a cog-rail trip up Corcovado Mountain to the iconic Christ the Redeemer statue. From the port, you'll see the sights of downtown as you work your way to the Cosme Velho district to reach the base station of the historic cog railway. First opened in 1884 and traveled by steam trains before it was electrified in 1910, this world-famous 2.5-mile railway traverses lush Tijuca Forest terrain on its way up Corcovado mountain. The views get increasingly dramatic as the 30-minute ride progresses. Once at the upper station, you'll be treated to a stunning vantage point on the entire city, weather permitting. But don't stop there; go for the full experience, which involves an elevator and escalator trip still higher to reach the summit and the 120-foot Christ statue perched some 2,300 feet above Rio. It's a bucket-list view, and you'll have about an hour there before descending to rejoin your coach for a rolling survey of the São Conrado district and some of Rio's legendary beachfront. There's no other city like it.

- Take a spin by coach through central Rio, around several of the city's neighborhoods, and past some of the world's most famous sand.
- Ascend to the top of Mount Corcovado by heritage cog train, a journey that has thrilled Rio visitors for well over a century.
- Finish the trip by elevator and escalator to reach the viewing terraces at the base of the Christ the Redeemer statue.
- Spend an hour gazing down in awe at the harbor and this incomparable city from 2,300 feet up.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately an hour of easy walking and standing. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and cog train, and have an able-bodied companion to assist them. There may be a short wait to board the train to Corcovado. Corcovado Mountain is frequently enshrouded in clouds, which may affect views of the city.

RIO-002 THE BEST OF RIO

Duration: 7.50 Hrs Tour Price: \$209.00

Retail Price: \$359.00



Date: January 18, 2023 08:45 AM

Spend a full day experiencing Rio's most spectacular landmarks, including visits to Sugarloaf Mountain and Corcovado and a traditional churrascaria lunch. Start off with a scenic drive to the base of Sugarloaf, where you'll board a cable car for a short ride up to Urca Hill, with its lovely gardens. From here, those who wish to can continue up to Sugarloaf's top for breathtaking harbor views. Back at sea level, travel through city's quiet green sanctuary of Tijuca Forest top reach Cosme Velho, where you'll board a historic cog railway for the 30-minute journey up to the summit of Corcovado mountain, topped by the iconic 120-foot Christ the Redeemer statue. A brief further rise by elevator and escalator brings you to the panoramic belvederes at the statue's base – and views you'll never forget. Having seen the city from its best vantage points, you'll soon taste its best flavors as you savor a traditional Brazilian churrascaria lunch. The aroma greets you at the restaurant's door; once inside, enjoy your choice of tender meats from the huge barbecue grills, with fresh salads and accompaniments. The trip back passes several premier Rio residential areas and the Rodrigo de Freitas Lagoon and Botanical Gardens.

- Take a brief cable car ride up to Urca Hill, and an optional longer one on up to the summit of Sugarloaf.
- Travel through the Tijuca Forest and ascend to the top of Mount Corcovado by heritage cog train.
- Gaze down on Rio from viewing terraces at the base of the Christ the Redeemer statue, towering 2,300 feet above the city.
- Savor a classic Brazilian churrascaria lunch at one of the Rio's foremost barbecue restaurants.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 2 hours of easy walking and standing. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and cog train, and have an able-bodied companion to assist them. There may be a short wait to board the train to Corcovado. Corcovado Mountain is frequently enshrouded in clouds, which may affect views of the city. The churrascaria meal is not suitable for vegetarians, but the restaurant will be happy to provide a salad plate. The tour sequence may vary.

RIO-005 SUGAR LOAF & COPACABANA

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$159.00



Date: January 18, 2023 09:00 AM, 02:00 PM

No encounter with Rio is complete without discovering its two most celebrated landmarks – Copacabana and Sugarloaf Mountain. Traveling by coach through bustling downtown, you'll make your way to exotic Praia Vermelha – the name means Red Beach. Catch a cable car and ride up to Urca Hill, the smaller hill adjacent to iconic Sugarloaf, the granite cone that so famously guards the entrance to Rio's Guanabara Bay. Urca sits 650 feet up, with shops and restaurants sit tucked amongst beautiful shady gardens. The faint-hearted may decide to remain on this middle level – but for breathtaking bird's eye views of the city and its coastlines, summon your courage and ride a second cable car all the way up to the 1,200-foot overlook at the Sugarloaf's summit. You'll see Rio from a vantage point normally reserved for pictures in coffee table books and wall calendars. Back at the base of the mountain, travel through one of the city's picturesque residential areas en route to Copacabana, Rio's signature crescent beach. Set against its backdrop of towering apartment skyscrapers, this vibrant part of Rio never seems to rest. You'll also travel past neighboring Leme and Ipanema beaches on your return to the pier.

- Travel by coach and cable car to experience visits to two of Rio's most storied destinations.
- Glide up to the top of Urca Hill, an inviting midway point along the cableway to Sugarloaf.
- Either relax a while here in among cafes and gardens or board a second cable car up to the mountain's summit for unforgettable views of the city, harbor and beaches.
- Take a scenic ride back through Rio to Copacabana Beach, perhaps the most famous crescent of skyscraper-lined sand in all the world.
- Catch entice views of Ipanema and Leme beaches on the ride back to the pier.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately one hour of easy walking and standing. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and cable car, and have an able-bodied companion to assist them. Due to the popularity of the Sugarloaf cable car, some waiting time may be experienced. Traffic congestion can also be anticipated. The order of sights visited may vary.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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RIO-003 BOTANICAL GARDENS & TIJUCA FOREST 4X4 DRIVE

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00



(Prices in USD, per person)



Date: January 18, 2023 09:15 AM, 01:45 PM

Discover the manicured beauty of Rio's world-renowned Botanical Gardens and venture into the wild, green mountain forests of Tijuca National Park. The lush urban oasis known as "Jardim Botânico" covers some 350 acres and began as the imperial gardens of King Dom João VI back in 1808. Today, this serene garden sits amidst a teeming metropolis – and your leisurely guided walk along 90-foot royal palm-lined pathways will lead you into a world of unbridled subtropical nature. Some 140 types of birds and monkeys inhabit the trees, there's an orchid nursery and insect-eating plant house, and endangered species don't seem nearly as endangered here. Once you've taken in this magical place, you'll reboard your open-air jeep and head for Rio's western fringes, where several forests combine to form an 8,200-acre national park. Your 4WD vehicle is ideal for probing this mountainous terrain to find the deepest, lushest green growth – and a visit to the Chinese Lookout rewards you with magnificent high views of Corcovado and Sugarloaf mountains, famous Ipanema beach and the lagoon you drove past when approaching the botanical gardens earlier. A stop at the gently cascading Taunay Waterfalls adds a final dose of freshness to the journey.

- Take in Rio's sights as you travel the city and its green outskirts by open-air, four-wheel-drive jeep.
- Enjoy a guided talk through the Botanical Gardens, a lush green sanctuary in the heart of town.
- Admire stately 90-foot royal palms, an orchid nursery and jungle trees alive with birds and monkeys.
- Drive into the forested depths of Tijuca National Park, wrapping the base of Corcovado mountain.
- Stop at a cascading waterfall and catch jaw-dropping city vistas from the park's Chinese Lookout.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of moderate walking, including some natural surfaces and a few steps. The tour is not available to wheelchair guests and not considered suitable for those with mobility issues. As this excursion involves adventurous, off-road driving through rugged country, it is not recommended for guests with back or neck problems. The tour sequence may vary.

RIO-012 SIGHTS & SOUNDS OF RIO

Duration: 3.00 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00



Date: January 18, 2023 09:30 AM, 02:15 PM

Enjoy a carefree drive of Rio de Janeiro, whose name alone evokes images of samba dancing, bikini-clad sunbathing and an irrepressible exuberance for life. The city is also a cultural focal point, rich with architectural landmarks both modern and historical. Heading from the pier into the heart of town, you'll travel along broad avenues where glass skyscrapers stage with colonial-era stunners like the magnificently ornate 1909 Municipal Theater, which could double for the Paris Opera House. Further highlighting Rio's diversity of design is the modern Metropolitan Cathedral, its one-of-a-kind conical shape inspired by an ancient Mayan pyramid. Your survey passes still more showstoppers, like the bold concrete Museum of Modern Art and the WWII monument that towers over Flamengo Park. Several historical neighborhoods flesh out the itinerary, along with passes by the Jockey Club racetrack and a Botanical Garden with roots dating back 200 years. But perhaps more than anything else, beaches are what define Rio – and you'll gaze on a few of the most famous of them, including Copacabana and Leblon, an extension of the iconic Ipanema strand. A lagoon-side refreshment stop taken on the way back to the pier provides beautiful views of Corcovado and Tijuca Forest.

- Relax and take in the top sights of Rio de Janeiro as you travel the city by panoramic coach.
- See boldly modern buildings like the Metropolitan Cathedral and Museum of Modern Art, and classical landmarks like the rococo Municipal Theater.
- Drive through historic neighborhoods and along broad boulevards lined with sleek skyscrapers.
- Visit Copacabana beach, the famed crescent of sand that captures the essence of Rio's exuberant zest for life, samba and tiny swimwear.
- Stop at Rodrigo de Freitas Lagoon for refreshments and eye-catching views of Corcovado mountain.
- Wear casual, weather-appropriate clothing.
- Flat, comfortable shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour is primarily panoramic, with limited optional walking at stops made. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned only to participate to the extent of their personal stamina and ability. Guests should be prepared for the possibility of traffic congestion and delays. The order of sites viewed or visited may vary.

RIO-013 COPACABANA BEACH TRANSFER

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$89.00



Date: January 18, 2023 10:00 AM

Enjoy a round-trip coach transfer to Copacabana beach that leaves you free to experience this legendary strand in whatever way pleases you most. You might sunbathe, take a refreshing swim, stroll a 3-mile beachfront walkway or cross Avenue Atlantica to browse the shops and restaurants overlooking the beach. No matter how you spend your three-or-so hours here, you'll find Copacabana a vibrant and unmistakable emblem of the Carioca life. Once hard to reach from the rest of town, an 1892 tunnel connected Copacabana to the city center – and luxurious landmarks like the Copacabana Palace hotel soon followed. Over time, and with the help of Hollywood, this photogenic crescent became a defining symbol of glamorous, sensual Brazil. Dropped off here after a scenic drive from the pier, you can immerse yourself in the beach's always-bustling scene and soak up a quintessential Rio experience. Expect to see soccer being played, sunbathers lounging under umbrellas, families frolicking in the surf, and people of all ages parading along the shoreline for miles – some of them in microscopic swimwear. At the designated time, be sure to be at the pickup point at the Copacabana Palace for your return trip back to the pier.

- Travel by coach from the pier to legendary Copacabana for a few hours of free time to take it all in.
- Spend about three hours here – lounging in the sun, playing in the surf, or strolling the beachfront walkway and watching the world go by.
- If feeling the urge, cross over Avenue Atlantica to graze the shops and cafes that line the beach.
- At a preset time, meet your coach back at the Copacabana Palace pickup point for the return transfer.
- Wear a swimsuit under cover-up or casual clothing.
- Flat, comfortable shoes are recommended.
- Bring a hat, a towel and bottle of water from the ship, sunglasses and sunscreen as needed.

Walking on this tour is at guests' discretion. The tour is not considered suitable for wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. Beach amenities, activities or food are not included in the cost of the tour. Guests should be prepared for the possibility of traffic congestion and delays. Those who participate in water activities do so at their own risk and responsibility. Caution should be taken with personal belongings brought to the beach, which should not be left unattended. Please remain alert to your surroundings at all times and do not wear expensive jewelry or watches. Those who miss the return transfer will be responsible for making their own way back to the ship, at their own expense.



Seated Tour



Light Activity



Moderate



Strenuous



Meal Included



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Accessible Tour

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General Information

(Prices in USD, per person)

What is Included?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION**(Prices in USD, per person)**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.