



TRAVELWELL®  
*Staying Healthy While Traveling*



## Cruise Safe, Travel Well

*Updated January 3, 2022*

**You're ready to explore again, and we're here for you. Sailing with Holland America Line isn't just one of the best ways to see the world — it's also one of the safest.**

On board and ashore, we're going above and beyond with exemplary standards for health, cleanliness, and extraordinary guest service so you can get back to what you love: cruising, connecting with loved ones and celebrating every step of the journey with confidence.

### Vaccinations & Testing

For everyone's safety and peace of mind, all guests must be fully vaccinated and provide a negative viral COVID-19 test result taken within the 2 days before sailing. If you're required to take a test before you return to your home country, we'll provide one for you at no charge.

*Updated February 4, 2022*

Until further notice, these are the requirements for our cruise guests on sailings from the U.S.:

**Vaccines and Testing:** All guests must be fully vaccinated and produce a negative viral COVID-19 (PCR or antigen) result taken within 2 days of their embarkation.

**Masks:** All guests, regardless of age, must always wear face masks in elevators and in all indoor areas of the ship, except when eating or drinking or in their staterooms.

As the CDC has strongly recommended that all persons over 12 years obtain a COVID-19 booster vaccination when eligible, we strongly encourage all guests who are eligible to receive a booster vaccine to complete the booster at least seven days before boarding.

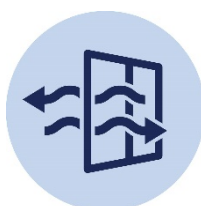
**[CLICK HERE](#)** for U.S Cruise Protocols

## Onboard Experience



### **On Board Our Ships**

All staterooms and public areas are frequently and thoroughly sanitized with medical-grade disinfectant proven to kill coronaviruses. Hand-washing stations and hand sanitizer dispensers are available throughout every ship.



### **Enhanced Air Filtration**

We have enhanced the air-handling systems on board all ships using a combination of increased circulation of fresh air together with upgraded air filtration.



### **24/7 Medical Care**

Every ship has a team of experienced doctors and nurses trained to manage a broad range of medical conditions, including COVID-19. Our award-winning onboard medical centers are fully equipped with testing and treatment capabilities if needed.



### **Mask Policy**

All guests, regardless of age are required to wear face masks at all times in all indoor areas of the ship, except when eating and drinking or in their staterooms, and outdoors if physical distancing cannot be maintained. Holland America Line is providing a KN95 mask for each guest on board. Guests may also use their own double-layer cloth or paper medical mask that completely covers the nose and mouth, fits snugly against the sides of the face and has a nose wire.

## On-Shore Experience



### **Going Ashore**

Keeping you safe on shore is one of our highest priorities. All ports welcome Holland America Line shore excursions and while some ports allow independent tours and self-exploration, others may require a shore excursion provided by Holland America Line to go ashore. Throughout your cruise, we constantly review all local health and safety guidelines to keep you informed and ready to explore safely.

## Travel Home



### **Post-Cruise**

If a negative COVID-19 test is required for re-entry into your home country, Holland America Line will cover the costs after your cruise.