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OPTIONAL SHORE EXCURSIONS

MIAMI, FLORIDA to MIAMI, FLORIDA
SS MARINER March 16, 2022

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Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

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Reserve Your Excursions Online!

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You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

❖ PHILIPSBURG, ST. MAARTEN

STM-011 TWO NATION VACATION

Duration: 2.50 Hrs **Tour Price: \$0.00**

Retail Price: \$79.00

Date: March 19, 2022 10:30 AM

Compare, contrast and enjoy the different ambiance of two nations who share the single beautiful island of Saint Martin. You'll begin on the Dutch side – known as Sint Maarten – with a drive through its capital city of Philipsburg, arrayed across a bridge of land which separates beautiful Great Bay from the Great Salt Pond. As the journey progresses, your knowledgeable guide will share anecdotes and facts about the island's history, culture and landmarks. A stop at Harold Jack lookout on Cole Bay Hill provides excellent views over Simpson Bay Lagoon and even to the neighboring islands of Saba and St. Eustatius on a clear day. Crossing the border to reach Marigot, capital of the French side, you'll quickly sense a distinctive French flair to things as you enjoy about an hour of free time exploring the Marigot Market and its surroundings. Colorful stalls shopped heavily by locals brim with fresh produce and exotic spices, while tempting designer boutiques nearby offer luxurious French-made perfumes, jewelry and prêt-à-porter fashion at duty-free prices. Over on the island's eastern shore, catch spectacular views of Orient Bay – home to five named beaches and beaucoup des restaurants.

- Enjoy la différence on a panoramic survey of both the French and Dutch sides of Saint Martin.
- Tour Philipsburg, capital city of Sint Maarten, and a visit a viewpoint above Simpson Bay, where the mega-yachts moor.
- Cross the border to French Saint-Martin and spend an hour exploring Marigot Market and its surrounding boutiques.
- Visit a lookout above Orient Bay on the eastern coast, home to those famous clothing-optional beaches.
- See the island's earliest village and pick up plenty of historical perspective from your savvy guide.
- Wear light, casual clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this tour is primarily at guests' discretion during photo stops and free time in Marigot. There are some rough surfaces at the Orient Bay lookout. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.

STM-019 MARIGOT, SCENIC DRIVE & SHOPPING

Duration: 2.50 Hrs **Tour Price: \$0.00**

Retail Price: \$59.00

Date: March 19, 2022 10:30 AM

Drink in gorgeous scenery on both the Dutch and French sides of Saint Martin and wander among the cosmopolitan boutiques and cafes of Marigot. Highlights of your panoramic cross-island coach survey include sweeping high views out over Orient Bay, renowned as the "French Riviera of the Caribbean," and from a lookout perched above Simpson Bay – a popular gathering place for some of the world's most spectacular mega-yachts. If the weather's clear, you may even see glimpses of Saba, St. Eustatius and St. Kitts in the distance across turquoise seas. Meanwhile, the sights in Marigot, this isle's fashionable French capital, are very easy to spot. In fact, you'll be free to admire them at close range during your independent time here. Perhaps you'll shop for duty-free perfume, jewelry and prêt-à-porter imported from France, or sample the cuisine – including local specialties like spicy cod fritters. If you're into cultural history, the Saint Martin Museum is the place to visit, or if architecture's your thing, you'll surely want to walk the Rue de la République, lined with colonial-era facades. Back on the Dutch side, you can spend a while exploring Philipsburg on your own, too – or return directly to the pier.

- Savor the scenery on a panoramic coach drive through both the Dutch and French sides of Saint Martin.
- Catch outstanding views of the island and its surrounding waters from high atop Hope Hill and Cayhill Lookout.
- Enjoy free time for duty-free shopping, café hopping or a museum visit in the chic French capital of Marigot.
- At tour's end, explore Philipsburg at leisure if port time permits – or return to the ship.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this tour is mainly at guests' discretion during free time in Marigot. There will be some uneven surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The tour sequence may vary.

STM-023 Aerial Sky Explorer & 360 Views

Duration: 4.75 Hrs **Tour Price: \$0.00**

Retail Price: \$99.00

Date: March 19, 2022 10:30 AM, 11:30 AM

Get a true lift and amazing St. Maarten views from the new Pirate Sky Ride – a smooth chairlift that climbs to the top of one of the island's highest mountains. It takes 30 scenic and tranquil minutes for your chair to reach the Crow's Nest atop Sentry Hill, one of Sint Maarten's tallest summits at 1,125 feet. Once up here, platforms encircle the mountaintop and showcase 360-degree island views, along with vistas of neighboring Saba, St. Eustatius, St. Barts and Anguilla. On a clear day, you might also see St. Kitts, Nevis and Monserrat. Take some time to savor this amazing high-altitude vantage point, and when ready to descend, simply board a Pirate Sky Ride chair for the gentle trip down the mountain. The Rockland Estate below is a restored 1700s plantation house containing a museum that tells the powerful story of Trace Wilson, born into slavery here in 1818, and depicts plantation life as well as customs and traditions of Sint Maarten. Explore this intriguing venue and perhaps sample a local delicacy or beverage (not included) at the estate restaurant before the 30-minute coach ride back to the pier.

- Travel to the historic Rockland Estate, located 30 scenic minutes by coach from the pier.
- After an orientation at the base, board the Pirate Sky Ride chairlift for a thrilling but gentle ride up to the summit of one St. Maarten's tallest peaks.
- Step off at the platforms up top and admire breathtaking 360-degree vistas of this island and several others often visible across the turquoise surrounding waters.
- When ready, descend on the same chairlift and spend some time exploring the estate below.
- Visit the plantation museum and learn the story of Trace Wilson, born into slavery here in 1818.
- Wear casual, weather-appropriate clothing.
- Securely fastened shoes are a must; flip-flops are not allowed.
- Bring a hat, sunglasses and sunscreen as needed.

This tour is accessible for everyone including disabled guests. This is a non-guided tour and in order to participate, guests are required to sign a waiver.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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STM-024 Aerial Sky Explorer and Flying Dutchman

Duration: 4.75 Hrs Tour Price: \$0.00

Retail Price: \$159.00

Date: March 19, 2022 10:30 AM, 11:30 AM

Enjoy a gentle, scenic ascent to a St. Maarten mountaintop on the Pirate Sky Ride chairlift, then go flying back down on the Flying Dutchman, world's steepest zip line! It's sure to be any adventure-lovers dream experience. You'll travel by panoramic coach from the pier to the Rockland Estate, a restored 1700s plantation house containing a museum that tells the powerful story of Trace Wilson, born into slavery here in 1818. High above this historic venue is Sentry Hill, one of Sint Maarten's highest elevations at 1,125 feet. You'll take a scenic 30-minute ride up to the summit aboard the slow-moving chairlift, then have time at the top to explore the Crow's Nest platforms that showcase 360-degree island views, along with vistas of neighboring Saba, St. Eustatius, St. Barts and Anguilla – and perhaps even out to St. Kitts, Nevis and Monserrat. But your full-adrenaline thrill awaits: after a brief orientation, you'll be launched down the mountain at speeds up to 56 mph on the world's steepest zip line, attached to a flight line in a secure harnessed chair. The plunge carries you down 1,050 feet in elevation over a 2,800-foot run, in seconds. Afterwards, you'll likely be speechless awhile.

- Travel by coach to the historic Rockland Estate, located 30 scenic minutes from the pier.
- Board the Pirate Sky Ride chairlift for a gentle ride up to the summit of one St. Maarten's tallest peaks.
- Admire incredible 360-degree island vistas from the platforms up top and get your orientation for the thrill ride to come.
- Take a deep breath, then take the adrenaline plunge down the Flying Dutchman zip line to the base.
- After you stop hyperventilating, explore the plantation house before the return drive to the pier.
- Wear casual, weather-appropriate clothing.
- Securely fastened closed toe shoes are a must mandatory; flips-flops are not allowed.
- Bring a hat, sunglasses, sunscreen and courage as needed.

No photo taking allowed on the zipline. This is a non-guided tour and in order to participate, guests are required to sign a waiver.

STM-025 OPEN TOP DOUBLE DECKER

Duration: 3.50 Hrs Tour Price: \$0.00

Date: March 19, 2022 10:30 AM

Settle in for a relaxing, wonderfully scenic drive through Philipsburg on a double-decker bus with occasional stops at the most noteworthy attractions. You may sit inside the bus or on the upper floor, which is open-air with unobstructed views in every direction. Either way, you will hear enlightening commentary about the landmarks that you pass in and around Philipsburg, the capital of the Dutch side of St. Martin. One of the best panoramas of the area is from atop the Cole Bay Hill lookout, where you will pause for photos. Another stop will be made at picturesque Maho Beach, an ideal spot for an exceptionally close view of airplanes landing and taking off. You will also have the opportunity to sample products characteristic of the island, including a selection of locally produced rums and gouda cheeses much like the ones made in the Netherlands. Perhaps the most unusual treat will be riding a vintage carousel inside a gelateria.

- Enjoy an immensely panoramic drive in and around Dutch-influenced Philipsburg.
- Pause at lookouts that offer particularly beautiful perspectives of the island.
- Sample a selection of rums and Dutch gouda cheeses.
- Ride a meticulously preserved vintage carousel inside a gelateria.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. While the lower deck of the bus is air-conditioned, the open-top upper deck is not.

STM-026 HISTORIC PHILIPSBURG BY TROLLEY TRAIN

Duration: 2.00 Hrs Tour Price: \$0.00

Date: March 19, 2022 10:30 AM, 12:30 PM

Hop on an open-air, bright-red trolley train and enjoy an entertaining ride through Philipsburg, where you will see many of the most significant historical landmarks. St. Martin has been divided since 1648, with the French ruling the northern two-thirds and the Dutch ruling the southern third, whose capital is Philipsburg. As an introduction to the Dutch influence there, you will pause for a sampling of gouda cheese, a tasty product synonymous with the Dutch. The exact route will depend on the traffic, but you can expect to ride past the beautiful colonial architecture along Front Street and the First Methodist Church, a 19th-century wooden building so iconic that it was featured on a postage stamp. You may also see Fort Amsterdam, which the Dutch constructed in the 1630s to control the entrance to the Great Bay. Later, during free time, you can further explore the downtown and browse the shops at your own pace.

- Ride an open-air trolley train through Dutch-influenced Philipsburg.
- See beautiful colonial architecture and landmarks such as the First Methodist Church.
- Sample a classic gouda cheese, one of many Dutch products sold in Philipsburg.
- Enjoy free time in Philipsburg to shop and take in the sights.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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STM-027 BEACH RENDEZVOUS

Duration: 5.00 Hrs Tour Price: \$0.00

Date: March 19, 2022 10:30 AM

Spend hours relaxing on the white-sand beach at El Zafiro, a beautiful resort directly on Simpson Bay. On the way there, the guide will describe some of the more fascinating aspects of Philipsburg's history and be standing by at the resort to answer any questions. Upon arriving, you will be welcomed with an icy-cold rum drink or a refreshing fruit cocktail. The rest of your time at El Zafiro will be free to do whatever you wish. A private area has been reserved just for your group. You might bask in the sun on a complimentary lounge chair, lie in the shade of a coconut palm, stroll along the water's edge and take a dip in the bay, whose sheltered waters are typically calm and crystal-clear. What you do is completely up to you. A hearty lunch and beverage are also included to enhance your carefree day at the beach.

- Relax however you desire on the white-sand beach at El Zafiro, a resort on Simpson Bay.
- Enjoy the use of a complimentary beach lounge to make your day more enjoyable.
- Savor the included Caribbean-inspired lunch.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

There are no wooden walkways on the beach - just loose sand and no sand wheelchairs available. A collapsible wheelchair can be stored in the luggage area of the bus but guests must be able to walk on and off the bus and on the beach.

STM-029 MAHO BEACH

Duration: 4.50 Hrs Tour Price: \$0.00

Date: March 19, 2022 10:45 AM

Enjoy the extraordinary setting of Maho Beach, a beautiful stretch of sand so close to the Princess Juliana Airport that you can actually feel the jet-blast from the airplanes. It is an incredible thrill to be directly under the flight path of the aircraft – even large wide-bodied jets – as they approach the runway less than 100 feet above the beach. The roar of the engines and the power of the jet stream make for an unforgettable experience. You will also have plenty of time to just stretch out on the sand away from the runway. Feel free to bask in the sun, take a refreshing swim in the sea, enjoy the convenience of the Sunset Beach Bar and browse the shops in the village of Maho, which is within easy walking distance. On the return to Philipsburg, you will pause atop a lookout that offers sweeping views of the island.

- Spend hours at Maho Beach, a spectacular setting right next to the airport.
- Stand so close to the runway that you can feel the jet-blast from the approaching planes.
- Browse the nearby shops and drop by the beach bar at the southern end of Maho Beach.
- See Maho Beach from an elevated lookout that offers an entirely different perspective.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

There are no wooden walkways on the beach - just loose sand and no sand wheelchairs available. A collapsible wheelchair can be stored in the luggage area of the bus but guests must be able to walk on and off the bus and on the beach. Maho Beach is European style and there may be the possibility of observing partial nudity, i.e. topless bathing. Sun loungers and beach parasols are available for rent, at your own expense. Jet blast from departing airplanes can be extremely dangerous and it is advised that guests do not stand behind or get too close to the end of the runway. Guests will be required to sign a waiver.

STM-013 SOUALIGA HISTORICAL ISLAND TOUR

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00

Date: March 19, 2022 11:00 AM

Float like a butterfly and shop like a fashionista as you explore two contrasting personalities of Saint Martin. This excursion immerses you in the island's natural beauty at a butterfly farm, then sets you loose to browse sophisticated boutiques in the French capital of Marigot. Rich in natural beauty and wildlife, the northern part of the island supports a thriving population of birds, reptiles, amphibians – and at the Butterfly Farm, brightly colorful winged wonders on display at all stages of their lives. You'll observe more than 40 species of butterflies and moths at close range as you wander a greenhouse where they flutter about freely – even land on you. You'll also learn fascinating facts about how they live and, if conditions are right, see a newborn Scarlet Swallowtail or Orange Tip emerge from its chrysalis. Beauty of another type is in fashion in Marigot, where you'll enjoy free time to wander at will. It's a great place to shop for luxurious French-made perfumes, jewelry and prêt-à-porter sold at duty-free prices. The restaurants and patisseries serve delectable French fare as well as local specialties like spicy codfish fritters. A stop up at Harold Jack lookout provides the scenic finish.

- Travel by coach to explore two contrastingly attractive aspects of French Saint-Martin.
- Take a walk inside a free-flight greenhouse at the Butterfly Farm, where winged residents of every color in the rainbow flutter by.
- Enjoy free time in stylish Marigot, the French capital, where the boutiques are duty-free and the bistros and fritter stands are delicious.
- Back on the Dutch side, gaze down on the Philipsburg – and out over the Caribbean – from a hilltop lookout.
- Wear light, casual clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of easy-to-moderate walking over mostly even surfaces, plus any additional walking at guests' discretion during free time and Harold Jack Hill stop. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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STM-030 ACCESSIBLE SCENIC CITY DRIVE

Duration: 3.00 Hrs Tour Price: \$0.00

Date: March 19, 2022 11:00 AM

Loop around the island on an immensely scenic drive that will present the highlights of both the Dutch and French sides of Saint Martin. Along the way, you will pass through lovely, curiously named villages such as Sucker Garden and Cripple Gate and pause for photos at elevated lookouts on the island's eastern and western shores. After just a few hours of traveling in air-conditioned comfort, you will come away with a remarkably comprehensive picture of Saint Martin and an understanding of the differences in daily life in the Dutch-influenced capital of Philipsburg and the French-influenced capital of Marigot. The longest stop will be made in Marigot, where you will be free to explore the downtown at your own pace. Smart duty-free boutiques and open-air cafés are especially prevalent along the Rue de la Liberté and Rue de la Republique, both of which parallel the bay.

- Settle in for a carefree and wonderfully scenic drive around Saint Martin.
- See villages and stop at scenic lookouts on both the Dutch and French sides of the island.
- Spend free time in Marigot, the island's French capital.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible or electric wheelchair and have a companion to assist them.

STM-021 SEA TREK ST. MAARTEN HELMET DIVE

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$119.00

Date: March 19, 2022 11:30 AM

Make like a lobster and go for a walk along the ocean floor wearing a dive helmet that keeps your head and face completely dry as you observe the wonders underwater. It's easy, fun, comfortable, and you can even keep your glasses on. The trick is Sea Trek's specially designed helmet and breathing tube; you'll learn all about it once you reach their floating platform by water taxi. A brief orientation is all you'll need to be ready for your helmet dive... well, stroll. Geared up and psyched up, you'll begin your effortless walk along the ocean floor at depths up to 20 feet, with your guide pointing out sights around you. Things you might encounter include a sunken submarine, an ancient encrusted cannon and a statue of King Neptune. Of course, marine life is ever on the move, so you never know who might swim by – maybe sea turtles, schools of blue tangs, eagle rays, French grunts, colorful parrotfish. The waters of St. Maarten teem with curious marine creatures. After your helmet session, you can continue your underwater exploring by snorkel, or simply bask in the sun on the Sea Trek platform before returning to the pier.

- Travel by water taxi to the Sea Trek floating platform, where you'll be oriented on helmet diving.
- Forget you're a land animal for a while and go for a relaxed underwater walk along the ocean floor.
- Wearing a clear helmet connected to a breathing tube, you'll walk and sightsee underwater with your face and head unobstructed and dry.
- Your UW guide will point out sights while down below, and marine life will swim by in accord with its own natural rhythms.
- See a photo of yourself helmet diving, taken below and available for purchase back on the platform.
- Wear swimwear under a cover-up.
- Flat, comfortable shoes are recommended; water shoes and snorkel equipment are provided.
- Bring a hat, sunglasses and sunscreen, and a towel from the ship.

Walking on this tour is mainly on the sea floor and at guests' discretion after the helmet dive. Participants will have to climb a 20' ladder. The tour is not available to wheelchair guests or those with mobility concerns, who have had recent heart surgery, have a pace maker, or suffer from epilepsy, severe asthma or diabetes. The tour is not considered suitable for women beyond their first trimester of pregnancy. The minimum age to participate is 8 years old and children under 18 must be accompanied by an adult parent or guardian. SeaTrek will take underwater photos that are available for purchase and loaded onto a USB device. There's a 5% surcharge for credit cards.

STM-031 HORSEBACK RIDING: SCENIC TRAIL & SEA RIDE

Duration: 3.00 Hrs Tour Price: \$0.00

Date: March 19, 2022 11:30 AM, 01:00 PM

Ride horseback through the winding trails in Seaside Nature Park and on into the Caribbean Sea, where the horses can cool off in the refreshing surf. You will get an inkling of the island's beauty on the drive over to Lucky Stables, an equestrian facility within the park. After a briefing to help you maximize the experience, you will saddle up and ride off on a horse well-suited to your equestrian abilities. The horses are Antillianos, a local breed. You will follow an expert guide that will point out the attractions and describe the history of St. Maarten, the island's Dutch-controlled southern half. Although the horses are kept in large paddocks during the day, they roam freely at night and are intimately familiar with the park's terrain. They are especially fond of riding into the sea not far offshore, an experience that may well be the highlight of your adventure.

- Ride through a lush seaside park on a horse perfectly paired to match your riding abilities.
- Follow an expert guide that will describe the island's history and the park's flora and fauna.
- Ride horseback into the Caribbean Sea for that unforgettable experience..
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Participants must be at least 8 years of age and weigh no more than 200 lbs. Weight limit is strictly enforced and no refunds will be given if you exceed the limit at the tour site. Guests 8 to 20 years of age must be accompanied by a parent or guardian. Guests with heart conditions, back or neck injuries and pregnant women are not allowed to participate. Helmets are mandatory and will be provided along with a floatation device for the sea. Dismounting the horses will be from a mounting block with assistance from the guides. Guests are divided into smaller groups of about 6 per guide. No bags are allowed to be taken on the tour – lockers will be provided. A 16oz. bottle of water is included. Due to limited availability, guests are encouraged to book early. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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STM-018 SEMI-SUB, MARIGOT, SCENIC DRIVE & SHOPPING**Duration: 3.50 Hrs Tour Price: \$0.00****Retail Price: \$79.00****Date: March 19, 2022 12:00 PM**

Go underwater in Grand Case Bay without getting your feet wet, then spend some time in the fashionable French capital of Marigot. Travel by coach from Dutch Philipsburg to Grand Case, a former fishing village along the Anguilla Channel on the French side of Saint Martin. The countryside along the way is wonderfully scenic, and your first destination is even more so. You'll be headed out into the bay aboard the Seaworld Explorer, a semi-submarine developed to explore the Great Barrier Reef. It's the ideal way to witness the natural wonders below the surface without actually submerging. From your seat near one of the air-conditioned hull's large viewing windows, you can observe the abundant marine life thriving in Grand Case Bay – and get background on it from the marine expert on board. Beautiful sights of a different sort are in store when you head to Marigot, where the accent at the sidewalk cafes, bustling open-air market and stylish duty-free boutiques is decidedly French. You'll have independent time here to browse for chic fashions, jewelry and luxury goods from Europe. Or just graze on savory local fare in a café tucked along one of the charming colonial-style streets.

- Savor the scenery as you travel from the Dutch to French side of the island by panoramic coach.
- Take an air-conditioned seat in a semi-submarine that offers awesome undersea views from large underwater windows.
- See and learn about Grand Case Bay's colorful marine life as the sub makes its exploratory rounds.
- Enjoy free time for duty-free boutique browsing or café hopping in the chic French capital of Marigot.
- Catch outstanding views of the island and its surrounding waters from a lookout high above it all.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this tour is mainly at guests' discretion during free time in Marigot. Entering and exiting the submerged lower level of the semi-sub involves negotiating a ladder. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The tour sequence may vary.

STM-022 TIKI HUT RELAX & SNORKEL ESCAPE**Duration: 4.00 Hrs Tour Price: \$0.00****Retail Price: \$119.00****Date: March 19, 2022 12:15 PM**

Orchestrate your ideal escape on a floating mini-resort platform in sheltered Little Bay – where the to-do list is as mellow as it comes. There are plenty of options waiting out here and you can stay as long as you like; shuttles back to the pier leave just about every hour. When you first arrive, a safety and information briefing will leave you fully equipped to map out your freeform tropical agenda for the day. Sunbathe, shade-lounge, noodle-float, or tiki-tipple to your heart's content. When hungry, grab a bite at the thatched hut. When the urge for adventure strikes, practice your snorkeling in an onboard saltwater pool then take the plunge into the calm surrounding waters to see what the marine life is up to today. Discover the sunken helicopter that's now an artificial reef, a few cannons from nearby Fort Amsterdam, and whatever sea turtles, colorful reef fish and graceful eagle rays happen to be in the neighborhood at the moment. Climb back onto the platform and relax again on a deck lounge or under an umbrella. This is a life you could easily get used to.

- Travel by water taxi to spend as much time as you like relaxing on a floating mini-resort in Little Bay.
- Take advantage of the thatched tiki bar and grill, umbrellas and lounge chairs – even a saltwater pool.
- Sunbathe, lounge, swim and snorkel, dine and drink out on this sheltered, floating platform.
- Hop in the surrounding water and encounter a helicopter reef, sunken cannons and plentiful marine life.
- Whenever you can tear yourself away, hop the next hourly water taxi back to the pier and your ship.
- Wear swimwear under a cover-up.
- Flat, comfortable shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen, and a towel from the ship.

Walking on this tour is primarily at guests' discretion. Because the tiki hut is on a floating dock, there is movement; therefore, the tour may not be suitable for those who have mobility concerns or suffer from motion sickness. The tour is available to wheelchair guests who have a collapsible chair and an able-bodied companion to assist them. There is no beach and the waters surrounding the Tiki Hut are 15-20 feet deep. Those who take part in any water activities do so at their own risk and responsibility. Flotation devices and snorkeling equipment are provided.

STM-001 GOLDEN EAGLE SAILAWAY**Duration: 3.50 Hrs Tour Price: \$0.00****Retail Price: \$129.00****Date: March 19, 2022 12:30 PM**

Surrender to the coastal beauty of St. Maarten during this relaxing snorkeling and beach tour aboard a fully-equipped catamaran. Boarding the 65-foot Golden Eagle from the pier, you'll soon be gliding over turquoise waters – feeling the breeze and scanning the seas for dolphin, flying fish, even enormous whales in season. Time and everyday concerns seem to float away as your comfy cat makes her way to an idyllic white sand beach on the calm side of the island. Here, the Golden Eagle will anchor just off the shore and you'll have a delightful decision to make. With your free time, would you most prefer to explore the island, soak up some sun on the beach, or do some snorkeling in the crystal-clear waters? There are no wrong answers, and your crew will be on hand to provide any assistance needed. If you do decide to enter the water to check out the local marine life, you'll receive safety instructions along with the snorkeling and flotation gear needed for a pleasurable visit. After a time, the Golden Eagle will begin the return cruise to the pier. A light snack and liquid refreshments will be served enroute, accompanied by onboard music.

- Enjoy a relaxing coastal jaunt aboard a 65-foot catamaran, bound for a beautiful St. Maarten beach.
- While on the water, be on the lookout for marine life like dolphin, flying fish or even a whale or two.
- Use your free time while anchored as you please – explore the island, sunbathe or snorkel the clear waters.
- A light snack and refreshments will be served during the return trip, accompanied by onboard music.
- Rely on the Golden Eagle crew for assistance in the water or at any point during the excursion.
- Wear a swimsuit and cover-up; consider waterproof non-slip shoes.
- Bring a hat, sunglasses, sunscreen and a towel from the ship.

This tour is not recommended for wheelchair guest or those with limited mobility or back/neck problems. The tour operates on the French side of the island, where some nudity may be observed. Operation of the vessel and beach selection are subject to weather and sea conditions. On rare occasions, sea conditions may make snorkeling more difficult and those who participate in any water activities do so at their own risk and responsibility. Guests must be able to swim from the catamaran to the beach and may be required to sign a liability waiver in order to participate. Participants may not exceed 300 pounds. Beach chairs and umbrellas are not provided, marine life sightings are not guaranteed, and this tour may not be exclusive to cruise line guests.



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Light Activity



Hiking



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Meal Included



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STM-015 ATV ADVENTURE

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$169.00

Date: March 19, 2022 12:30 PM

Hop onto an All Terrain Vehicle for an exhilarating off-road outing into less-traveled parts of Saint Martin, from lush green fields to gorgeous turquoise and white beaches. Departing from the pier, your guided convoy of two-seaters will soon be zipping along through the St. Maarten landscape. These nimble ATVs perform true to their name, and that's good – because stops made and terrain seen will vary immensely as you work your way around the island, on and off its roads. Among the tour highlights is a visit to Lame Shores, where you'll have a chance to photograph and perhaps even hold colorful marine life that thrives in these sparkling Caribbean waters – from conchs to sea stars to urchins. Another top experience will be your visit to legendary Orient Beach on the French side of the island. Renowned for its natural beauty and its sunbathers' carefree distaste for tan lines, Orient Beach is a wonderfully relaxed place where you'll have the opportunity to take a dip in the gin-clear, typically calm waters. After a time, you'll head out along a scenic coastal route toward where you started in Philipsburg.

- Cover the roads, fields, beaches and other terrain of Saint Martin in adventurous style via ATV.
- Travel by guided convoy as you explore diverse environments on both the Dutch and French side.
- Stop for marine-life pictures – and perhaps holding – in the living touch tank of Lame Shores.
- Visit the beach known as "The French Riviera of the Caribbean," and have a relaxed swim if you like.
- Take the scenic coastal route back around to Philipsburg and your waiting ship.
- Wear lightweight, casual clothing.
- Closed-toe walking shoes or sneakers are mandatory; no open sandals or flip-flops.
- If planning to swim, wear a bathing suit under your clothes.
- Bring a hat, sunglasses and sunscreen, and a towel from the ship as needed.

Walking on this tour is mainly at guests' discretion during the stops, but there are uneven and sandy surfaces involved and the ATV ride can be bumpy. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women, or anyone with back or neck problems. Guests who participate in any water activities do so at their own risk and responsibility. The ATVs carry 2 passengers; single participants may have to share with other guests. Drivers must be at least 18 and present a valid drivers' license. Minimum passenger age is 8. Maximum allowable combined weight per ATV is 600 lbs. All participants must sign a liability waiver to take part in the tour.

STM-032 ULTIMATE ISLAND TOUR & EXPLORER CRUISE

Duration: 4.00 Hrs Tour Price: \$0.00

Date: March 19, 2022 12:30 PM

See extraordinarily photogenic St. Martin on a panoramic drive through the countryside and from a water perspective on a leisurely cruise around Simpson Bay Lagoon. Along the way, you will hear commentary that describes the landmarks and history, such as why the island was divided between the French and the Dutch. During free time in Marigot, the French capital on the northern side of St. Martin, you might browse the boutiques for designer fashions. The three-level West Indies Mall on the waterfront is an excellent place to start shopping. More beautiful vistas await you on the lagoon, which is part French and part Dutch. As you glide through the sheltered waters on a 65-foot double-decker catamaran, you may pass Grand Key, Little Key and the entrance to Mullet Bay Pond. Calypso music and an open bar will make the cruise all the more enjoyable. If time permits, you might shop upon returning to Philipsburg.

- Settle in for panoramic drive through both the Dutch and French sides of St. Martin.
- Spend free time in Marigot, the island's French capital.
- Cruise the sheltered waters of Simpson Bay Lagoon on a double-decker catamaran.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

The tour may operate in reverse order. Some shops in Marigot may be closed on holidays/Sundays. Guests must be able to climb 3 steps to board the coach buses and the Explorer boat. . It is available to guests who utilize a collapsible wheelchair and have a companion to assist them. The vessel is fast, stable, and has plenty of shade. our may make separate snorkel and beach stops, and alternative destinations may be used based on weather conditions. Some nudity may be observed. Tour participants taking part in any water activities do so at their own risk and responsibility and will be required to sign a release form before being allowed to take part in any snorkeling activities. Minimum age to participate is 12 years of age.

STM-007 AMERICA'S CUP 12 METRE CHALLENGE

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00

Date: March 19, 2022 02:30 PM

Experience the adventurous thrill of America's Cup head-to-head style racing on a yachting adventure that's won accolades as Best Shore Excursion in the Caribbean many times over. You'll tender from the pier out to one of Dennis Conner's legendary America's Cup-winning yachts – the Stars & Stripes, Canada II or True North I. Once on board, you'll receive your safety and racing instructions, be introduced to this precision sailing machine's operation, then set out on what's bound to be a peak adventure as you race across the warm aqua waters eking out all possible advantage from the brisk St. Maarten trade winds and rounding the marks from leg to leg. No prior sailing experience is necessary, but if you'd like to be a part of the action, you're cordially invited to do so. Help grind a winch, trim a mainsail, punch a stopwatch – or just sit back with some refreshments and enjoy this amazing ride. Once the race is run, join in a complimentary victory rum punch party while browsing through the 12 Metre complex's souvenir boutique before being tendered back to the pier.

- Experience a true race on an America's Cup course, aboard an agile 12 Metre Class sailing yacht.
- Sit back and observe the action, or join the crew and be assigned a sailor's task during the race.
- Before setting sail, meet the professional skipper and crew and get your orientation briefing.
- Feel the thrill of rounding the markers aboard a majestic vessel designed to extract every ounce of power from the St Maarten trade winds.
- Celebrate your victory – or defeat – with grace at a complimentary post-race rum punch party.
- Wear light, casual clothing.
- Soft-soled shoes are required; no heels permitted on board.
- Bring a hat, sunglasses and sunscreen as needed.

This tour is not recommended for wheelchair guests of those with limited mobility. Participants do not have to be experienced sailors but should be in good physical condition. There are no restrooms on board the yacht. Participants must be at least 12 years of age, and at least 21 years of age to be served alcoholic beverages. Operation of the Challenge is subject to weather conditions. This tour may not be exclusive to cruise line guests.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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❖ ROSEAU, DOMINICA

DOM-001 DOMINICA'S FAVORITES

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$119.00

Date: March 20, 2022 09:30 AM

Travel to the most popular, must-see attractions in and around Roseau for a remarkably comprehensive look into island life. The journey begins with a scenic drive up Morne Bruce to take in the spectacular views from the lookout, which is named for an 18th-century engineer who designed forts on Dominica. At the botanical garden at the bottom of the hill, you will see exotic trees and imperial amazons, a parrot endemic to the island. More natural beauty awaits you at the twin waterfalls near the village of Trafalgar and later within Trois Pitons, the first national park on Dominica. The park has earned UNESCO World Heritage recognition for its smoking fumaroles, hot springs, volcanoes and extraordinary biodiversity. You will follow a naturalist guide on a short hike through the park's rainforest, which will end at the Emerald Pool. A narrow, 40-foot-high waterfall plunges into the pool, making the jungle scenery all the more spectacular.

- Enjoy a magnificent view of Roseau from a 400-foot-high lookout.
- See firsthand why Dominica is called the Nature Isle of the Caribbean.
- Stroll through a botanical garden that is home to parrots only found on Dominica.
- Behold waterfalls cascading over steep cliffs in the dense rainforest.
- Hike through Dominica's first national park, a rugged land of volcanoes and hot springs.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.



DOM-015 BEST OF THE VOLCANIC SOUTH

Duration: 3.50 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 20, 2022 09:30 AM, 01:30 PM

Explore attractions along the island's southern shore, which include a volcanic complex, several inspiring lookouts and a plantation from the French colonial period. One of the most spectacular views will be from Scotts Head, an elevated finger of land that divides the Caribbean Sea and the Atlantic Ocean. If it is a clear day, you may catch sight of Martinique. You will gain a different outlook at the seaside Morne Plat Pays volcanic complex. Although there hasn't been an eruption since the 13th century, volcanic heat from the complex still radiates up from the sea floor, a phenomenon that the guide will explain in detail. Despite the volcanic threat, one of the island's oldest Roman Catholic churches has stood nearby for centuries, and you will have the opportunity to look at its beautiful interior. For a revealing glimpse into Dominica's past, you will visit Bois Cotlette, an estate built in the 1720s with the island's only windmill.

- Enjoy spectacular views of the Caribbean Sea and Atlantic Ocean from atop Scotts Head.
- Gain an understanding of how volcanic eruptions created Dominica.
- Browse Dominica's oldest Roman Catholic church near a still-active volcanic complex.
- Visit the island's oldest estate and see what archaeological excavations have unearthed.
- Pause at Morne Bruce lookout for photos and a view of your cruise ship in the distance.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about one hour of easy to moderate walking, plus any additional walking at the guests' discretion during photo stops. There will be uneven surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. There aren't handicap-accessible restrooms at Bois Cotlette.

DOM-018 CHOCOLATE EXPERIENCE AT BOIS COTLETTE

Duration: 3.00 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 20, 2022 09:30 AM, 01:00 PM

Enjoy an enlightening and interactive immersion into the processing of cacao beans on Dominica's oldest estate and then create your own chocolate candies in the kitchen. This culinary experience takes place at Bois Cotlette, a colonial estate constructed in the early 1720s with the island's only windmill. After settling in, you will see firsthand how the beans are fermented, dried, roasted and ground for products such as cocoa powders, cocoa butter and chocolate. To enhance your appreciation of the versatile cacao bean, tastings will be offered during each step. Then you will create your own chocolate candies in the estate's kitchen. You might infuse them with caramel, top them with sea salt or add flavors such as bacon and pepper. While sampling your concoctions, you can refer to a chocolate flavor wheel to help you express the characteristics of your signature candies. Afterwards, you may explore the grounds, including the Planter's Herb Garden.

- Enjoy a hands-on chocolate-making experience at the island's oldest estate.
- See the unexpected archaeological treasures excavated on the grounds.
- Observe how cacao beans grown on the estate are processed for chocolate products.
- Create your own chocolate candies, infusing them with your favorite flavors.
- Sample the candies you have created and the estate's dark chocolate candies.
- Stroll the estate's manicured grounds and gardens.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about two hours of easy to moderate walking and standing with some uneven surfaces. Due to accessibility issues, the tour is not available to wheelchair guests. Those with mobility concerns should evaluate their stamina and ability before joining the tour.



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Hiking



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Meal Included



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DOM-023 ROSEAU HIGHLIGHTS BY TROLLEY TRAIN

Duration: 1.50 Hrs **Tour Price:** \$0.00

Date: March 20, 2022 09:30 AM, 11:30 AM, 01:30 PM, 03:30 PM

Ride through Roseau on a trolley train with wheels and pause on occasion at attractions that lend insight into the history of Dominica's capital, which was built on the site of an ancient Kalinago Indian village. Much of the compact downtown features beautifully restored historical architecture such as the landmark Roseau Cathedral. The train's conductor will offer enlightening commentary on the most noteworthy attractions, including the Roseau River, which flows through town before emptying into the Caribbean Sea. French settlers in the 17th century named the town for the Roseaux reeds that once grew along the riverbank. Of all the natural highlights, the Dominica Botanic Gardens may be the most magnificent. Feel free to stretch your legs there by walking the trails that wind through this urban oasis. Chances are, you will observe a variety of indigenous plants as well as Dominica's national bird, the purple-and-green Sisserou parrot.

- Settle into a seat on a trolley train for a leisurely ride through Dominica's capital city.
- Hear enlightening commentary that provides a historical perspective of Roseau.
- Pause for photos at the most noteworthy attractions, including the cathedral.
- Meander through the Dominica Botanic Gardens if you like.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour is primarily panoramic in nature with walking at the guest's discretion during stops. Casual clothing and comfortable, flat walking shoes or aqua socks are suggested. Participants cannot exceed 350 lbs.

DOM-022 EASY DOMINICA & RAINFOREST DRIVE

Duration: 3.00 Hrs **Tour Price:** \$0.00

Date: March 20, 2022 09:45 AM, 01:30 PM

Behold some of the naturally beautiful attractions that reflect Dominica's nickname, "The Nature Isle of the Caribbean." For the ultimate view of the island's capital city Roseau, you will ascend to the lookout at Morne Bruce, from which you can spot the Dominica Botanic Gardens, your next stop. As you wander through this idyllic natural setting, you will see an array of indigenous plants that may include orchids and bromeliads. You will also likely view the twisted remains of a school bus beneath a massive baobab tree that crushed it during Hurricane David in 1979. The gardens are home to Sisserou parrots, which was named Dominica's national bird as it's the only species of parrot found on the island. While the gardens are manmade, nature shaped Hibiscus Falls, which you can easily reach on a brief walk through the rainforest. There, you will snack on fresh fruits and a cool tropical drink.

- Enjoy a sweeping view of Roseau and the sea beyond from atop the Morne Bruce lookout.
- Walk through the serene Dominica Botanic Gardens, an urban oasis full of native flora.
- Behold easy-to-reach Hibiscus Falls as it cascades over a precipice in the rainforest.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes minimal walking and is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and tour vessel and have a companion to assist them. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability

DOM-002 RIVER TUBING AND EMERALD POOL

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00

Date: March 20, 2022 10:00 AM

Swim in a crystal-clear pool beneath a waterfall and then enjoy an exhilarating river tubing adventure. It won't take long to reach Morne Trois Pitons National Park, a luxuriant tropical forest with precipitous slopes, hot springs, fumaroles that belch volcanic gases and several volcanoes. These geological features are rarely found together, which is why the park has been designated a UNESCO World Heritage site. A short hike through the park will bring you to the shimmering Emerald Pool and the waterfall that forms it. It's an idyllic setting, where you may swim or simply relax along the shore. Afterwards, you will tube down the beautiful Layou River, which has carved a steep gorge through the jungle. You can expect an adrenaline-pumping ride as you maneuver through the rapids, down cascades and into swirling pools, all under the watchful eye and direction of an experienced river guide.

- Drive to Dominica's first national park, a rugged land of volcanoes and hot springs.
- Hike a natural trail through the rainforest and on to the Emerald Pool.
- Swim in the waterfall-fed pool or just relax and enjoy the blissful setting.
- Tube down the Layou River, which snakes through the rainforest.
- Follow the guide's direction and expertly ride the river rapids for the ultimate thrill.
- Dress in weather-appropriate clothing.
- Wear a swimsuit and bring a towel and sunscreen.
- Wear sneakers or water shoes.

Participants must be able to swim. It is suggested you wear a swimsuit under clothing. The condition of the river will determine the tour operation.

DOM-005 CHAMPAGNE SNORKEL

Duration: 2.50 Hrs **Tour Price:** \$0.00

Retail Price: \$109.00

Date: March 20, 2022 10:00 AM

Snorkel the crystal-clear waters at Champagne Reef, one of Dominica's top spots to observe marine life. A leisurely boat ride will bring you to the unusual reef, which is named for the champagne-like bubbles that continuously rise around it. As the guide will explain, subterranean geothermal activity causes gas to be released through small vents in the ocean floor here, forming streams of rising bubbles. In those areas, the water temperature can reach 90° Fahrenheit and the ocean floor will be warm to the touch. The abundant marine life will be just as mesmerizing, as you can expect to spot sergeant majors, angelfish, white-spotted filefish and schools of soldierfish. In all likelihood, you will also see divers in the deeper water, which reaches depths of up to 70 feet.

- Snorkel Champagne Reef, an underwater wonderland teeming with marine life.
- Watch the continuous streams of champagne-like bubbles rise from the ocean floor.
- Feel the warmth of the ocean floor from the geothermal activity below.
- Observe a variety of marine creatures, including tropical fish and hawksbill turtles.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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DOM-010 RAINFOREST JEEP SAFARI

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$159.00

Date: March 20, 2022 10:00 AM

Ride through the idyllic countryside in an open 4x4 Jeep that allows for unobstructed views of the island, often ones that few visitors see. It won't take long to pass through historical Roseau and ascend to the lookout at Morne Bruce for a sweeping view of Dominica's capital. You will also make a brief stop at the nearby botanical gardens, where you may see brightly colored Imperial parrots, an endemic species that has been designated the national bird. More natural beauty awaits you deeper in the island's lush interior at Wotten Waven Sulphur Springs. Remnant volcanic activity well below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully soothing to soak in. A bit farther into the rainforest, you will find Titou Gorge, a deep narrow crease in the land that formed when molten lava cooled centuries ago. You will be free to take an exhilarating swim to the waterfall at the end of the gorge or simply relax with a refreshing beverage in hand.

- Drive through the rainforest that blankets Dominica in an open-air 4x4 Jeep.
- Delight in the unobstructed views of the island's natural beauty.
- Stroll through an aromatic botanical garden.
- See steaming, mineral-rich springs heated by geothermal activity.
- Swim through a steep narrow gorge to the base of a picture-perfect waterfall.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear flat comfortable walking shoes.
- Bring a towel and sunscreen.

This tour includes about two hours of moderate walking, most of it over uneven or natural surfaces with a significant number of steps. The tour is not considered suitable for wheelchair guests or those with mobility concerns. Guests do not drive the jeep.

DOM-017 DOMINICA BY LAND & SEA

Duration: 0.00 Hrs Tour Price: \$0.00

Date: March 20, 2022 10:00 AM

Behold the natural beauty of volcanically formed Dominica from a coastal lookout and by snorkeling just offshore before visiting the island's oldest estate. Upon reaching Scotts Head, an elevated peninsula that divides the Caribbean Sea and the Atlantic Ocean, you will be treated to outstanding views of the Morne Plat Pays volcanic complex across the bay. Views are just as spectacular below the water's surface, as you will discover while snorkeling at a marine reserve teeming with tropical fish. If you prefer to stay on land and take in the sweeping vistas, chairs will be available. You will next visit Bois Cotlette, an estate built in the 1720s. It boasts the only surviving windmill on the island and has been the subject of intense archaeological work since 2009. The estate is so well preserved, you can easily imagine living here centuries ago.

- Enjoy spectacular views of the Caribbean Sea and Atlantic Ocean from atop Scotts Head.
- Gain an understanding of how volcanic eruptions created Dominica.
- Snorkel the crystalline waters of a marine reserve or simply enjoy the vistas from land.
- Browse the oldest estate on the island and discover its intriguing history.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing and bring a towel, if you snorkel.
- Wear flat comfortable walking shoes.

This tour includes about two hours of easy to moderate walking and standing, plus additional walking at the guests' discretion. There will be uneven surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. Guests taking part in water activities do so at their own risk and responsibility. There aren't handicap-accessible restrooms at Bois Cotlette.

DOM-007 RIVER TUBING AND TRAFALGAR FALLS

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$149.00

Date: March 20, 2022 10:30 AM

Behold the beautiful twin waterfalls near the village of Trafalgar and then tube down the longest river in Dominica. It won't take long to reach Trafalgar Falls, twin waterfalls of varying heights; one is known as the Father Falls, the other is called the Mother Falls. Their source is the Morne Trois Piton River, which flows from the national park of the same name. Your first glimpse of the cascades will be from the top of the waterfalls, after which you will take a delightful walk through ginger plants and vanilla orchids to reach the second lookout. Both viewpoints are spectacular and well worth photographing. The tubing portion of this tour will begin at the Layou River, a waterway that meanders at times and then narrows into bubbling cascades at other points. You can expect the experience to be exhilarating, especially as you run the rapids.

- See the twin Trafalgar Falls from two wonderfully scenic vantage points.
- Learn how tropical storms have altered the falls and exposed warm water pools.
- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear sneakers or water shoes.
- Bring a towel and sunscreen.

Participants must be able to swim. The condition of the river will determine if the tour operates.



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Light Activity



Hiking



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Meal Included

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DOM-020 BONGO BATHS THERAPEUTIC HOT POOLS

Duration: 2.00 Hrs Tour Price: \$0.00

Date: March 20, 2022 10:30 AM, 11:30 AM

Ease into a geothermally heated natural pool and reap the benefits of its soothing waters. You will find the hot springs at Bongo Baths in Wotten Waven, an inland village in the heart of a mountain rainforest. Remnant volcanic activity well below the earth's surfaces heats the mineral-rich hot springs, which are wonderfully relaxing to soak in. The detoxifying waters are said to have abundant therapeutic effects, which may include reducing stress, promoting better sleep, boosting blood circulation and naturally relieving pain. The minerals in the water might also alleviate skin problems. Chances are, you will emerge refreshed, rejuvenated and ready to enjoy the remainder of the day in just the right state of mind. Afterwards, you might relax on a shaded bamboo bench, breathe in the fresh mountain air and do nothing more strenuous than listen to the mellifluous sounds of nature from the surrounding jungle.

- Relax in the mineral-rich, geothermally heated hot springs at Bongo Baths.
- Reap the water's therapeutic benefits, which may include stress reduction and pain relief.
- Emerge from the hot springs refreshed and rejuvenated.
- Dress in weather-appropriate clothing and bring towel.
- Wear flat comfortable walking shoes.

It is not advisable for guests to stay in the pools for more than one hour. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.

DOM-014 BOIS COTLETTE ESTATE HERITAGE TOUR - VIP

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$139.00

Date: March 20, 2022 11:00 AM

Tour the early 18th-century plantation Bois Cotlette with a noted anthropologist that will offer a historical and cultural explanation of estate, both past and present. Nestled in a valley within the active Morne Plat Pays volcanic complex, the estate is the best-preserved example of plantation architecture on the island and includes buildings for processing coffee, sugar and cocoa. It has been meticulously restored and has become self-sustaining with regard to food, power and water. Mark Hauser, the anthropologist that has led the excavation of the property for years, will accompany you on an in-depth tour of Bois Cotlette. Two stories will emerge. The first will detail the estate's construction; the second will candidly elaborate on the plantation owners and the slaves that worked at the plantation. By the end of the tour, you will have gained a true glimpse of life in the tropics centuries ago.

- Follow an anthropologist on VIP tour of Dominica's oldest estate.
- Gain an understanding of early 18th-century plantation life in the tropics.
- Study excavated artifacts that reveal daily life for the plantation owners and the slaves.
- See how Bois Cotlette has become self-sustaining once again.
- Enjoy traditional Creole snacks and refreshments.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about two hours of easy to moderate walking and standing with some gravel and uneven natural surfaces to negotiate. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour.

DOM-021 DOMINICA PANORAMIC DRIVE BY OPEN SAFARI

Duration: 3.50 Hrs Tour Price: \$0.00

Date: March 20, 2022 11:00 AM

Settle in for an immensely scenic drive around the southern part of Dominica in an open vehicle that will present the most unobstructed views. You will follow a winding coastal highway through the fishing village of Soufriere, named for the French word for "sulfur," a reference to the natural sulfur springs in the nearby valleys. St. Mark's Catholic Church there was built in the 19th century with volcanic stone and it is one of the most picturesque spots on the island. You will pause for photos and to feel the geothermally heated seawater in the small bath out front. Another panoramic view awaits you at Scott's Head, an elevated finger of land at the very tip of the island, which divides the Caribbean Sea and the Atlantic Ocean. Before returning to Roseau, you will gaze out over the capital from the lookout at Morne Bruce, from which the guide may point out the botanical garden that you will visit next.

- Pause at a 19th-century Catholic church in Soufriere, an incredibly photogenic spot.
- Drive to a slender peninsula that divides the Caribbean Sea from the Atlantic Ocean.
- Enjoy a magnificent view of Roseau from the 400-foot-high Morne Bruce lookout.
- Marvel at the flora and fauna that flourish in Roseau's botanical garden.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Guests can opt to stay on bus. Casual clothing and comfortable, flat walking shoes are suggested.



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Light Activity



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DOM-006 RIVER TUBING

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$139.00

Date: March 20, 2022 01:00 PM

Float down the Layou River in a comfortable, inflatable tube that will allow you to maximize the experience. The river is the longest in Dominica, the so-called "Land of 365 Rivers," and it eventually empties into the Caribbean Sea. You will tube down a portion that offers a mix of bubbly rapids, swirling eddies and calm pools, all surrounded by stunningly beautiful scenery. After a brief orientation, you will ease into the reliably stable tube and let the river current take you downstream without having to paddle or exert yourself in any way. Simply sit in the center of the circular tube and enjoy. The conditions will change through the adventure, as the river twists, narrows and widens as it meanders through the countryside. You can expect it to be an exhilarating experience that you will not soon forget.

- Tube down a scenic section of the longest river in Dominica.
- Enjoy the thrill of riding the rapids as you race downstream.
- Relish the serenity of the calm pools between the stretches of rapids.
- Marvel at the verdant jungle-like foliage that grows right to the water's edge.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothing.
- Wear sneakers or water shoes.
- Bring a towel and sunscreen.

Participants must be able to swim. The condition of the river will determine if the tour operates.

DOM-019 CHAMPAGNE SNORKEL BY LAND

Duration: 2.00 Hrs Tour Price: \$0.00

Date: March 20, 2022 02:00 PM

Snorkel the crystal-clear waters at Champagne Reef, one of Dominica's top spots to observe marine life. A leisurely drive along the coast and through the village of Pointe Michel will bring you to the unusual reef, which lies just offshore. It is named for the champagne-like bubbles that continuously rise around it. Subterranean geothermal activity causes gas to be released through small vents in the ocean floor there, forming streams of rising bubbles. In those areas, the water temperature can reach 90° Fahrenheit and the ocean floor will be warm to the touch. The abundant marine life will be just as mesmerizing, as you can expect to spot sergeant majors, angelfish, white-spotted filefish and schools of soldierfish. In all likelihood, you will also see hawksbill and green turtles and perhaps divers in the deeper water. The remains of a 17th-century shipwreck, including cannons and chains, lie scattered about the ocean floor.

- Snorkel Champagne Reef, an underwater wonderland teeming with marine life.
- Watch the continuous streams of champagne-like bubbles rise from the ocean floor.
- Feel the warmth of the ocean floor from the geothermal activity below.
- Observe a variety of marine creatures, including tropical fish and hawksbill turtles.
- Bring towel, swimwear, comfortable clothing.
- Wear water shoes.

This tour requires a strenuous amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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❖ BRIDGETOWN, BARBADOS

BGI-009 BARBADOS PHOTO ADVENTURE

Duration: 4.00 Hrs **Tour Price: \$0.00**

Retail Price: \$99.00

Date: March 21, 2022 08:30 AM

Shoot some of the island's most picturesque locations with leading Barbadian photographer Ronnie Carrington on this Artists' Loft limited-participation outing. As you travel around Barbados, Ronnie will share his personal experiences of growing up in Barbados, how he became a photographer and tips on how to enhance your photography skills. Once outside Bridgetown, you will drive past acres of sugar cane and through photogenic rural villages with brightly painted rum shops and chattel houses. The mountainous Scotland District is another area well worth photographing, especially from the perspectives that Ronnie will recommend. Continuing on to the island's east coast, you will then shoot Bathsheba, a quaint fishing village where the surf relentlessly pounds the giant coral boulders and creates whirlpools of foaming surf. Afterwards, you will accompany Ronnie to the Atlantis Hotel in Tent Bay for refreshments. It is yet another setting with excellent photo opportunities.

- Accompany a leading local photographer to his favorite most photogenic locations.
- Shoot photos of visually stunning areas ranging from the mountains to the coast.
- Use tips from the photographer to enhance your photos.
- Enjoy a drink at an oceanfront hotel and then take pictures of the setting.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, mainly at the guests' discretion during stops. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns. Camouflage clothing is prohibited.

BGI-001 BEST OF BARBADOS

Duration: 4.50 Hrs **Tour Price: \$0.00**

Retail Price: \$129.00

Date: March 21, 2022 09:00 AM

Visit an array of representative attractions that present the island's natural beauty, history and culture in enlightening ways. Few places are quite so serene as Orchid World, where you will meander winding garden paths that lead to countless orchids and more than a thousand other Caribbean plants. You may see hummingbirds flitting about from blossom to blossom, exotic dendrobiums and oddly shaped succulents. Continuing on to the parish of St. George, you will find Gun Hill Station, one of a series of signal stations that was once manned to warn of approaching enemy ships. From this elevated vantage point, you will be treated to spectacular views of the sea and beyond. For a different historical perspective, you will browse Sunbury Plantation House, a magnificent 17th-century residence decorated with period furnishings. Although many of the original pieces were lost in a fire, the furniture in the planter's office belonged to the sugar plantation's first owners.

- Stroll through Orchid World, whose namesake flowers only touch on the garden's flora.
- Admire the lengthy views from atop Gun Hill Station, one of the island's highest points.
- Browse a 17th-century sugar plantation that presents a glimpse into the past.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Camouflage clothing is not permitted in Barbados.

BGI-002 BEACH BREAK

Duration: 3.50 Hrs **Tour Price: \$0.00**

Retail Price: \$99.00

Date: March 21, 2022 09:15 AM

Spend a day relaxing on one of the premier beaches in Barbados, a lovely stretch of sand that rims Carlisle Bay in the southwestern part of the island. Your time at the Harbor Lights beach facility will be completely at your leisure, allowing you to enjoy the tropical setting as you please. You might bask in the sun on the soft powdery sand, take a refreshing swim, walk along the coast as the waves gently lap the shore, and relax in the shade of a coconut palm while gazing out at the sea. If you rent snorkeling equipment, chances are, you will spot one of the shipwrecks just offshore, sea turtles and schools of brightly colored fish. You might also dine on your own at one of the beachside restaurants and shop at the kiosks, where the local Barbadians typically sell jewelry made with sea glass and coral.

- Enjoy hours of free time at a spectacular beach just outside Bridgetown.
- Bask in the sun, swim in the sea and do most anything else that pleases you.
- Rent snorkeling gear and observe the underwater wonders just off shore.
- Dine on your own and shop at the beachfront facilities.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring a towel and swimsuit.

This tour is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. Guests taking part in water activities do so at their own risk and responsibility. A complimentary welcome drink, beach chair, shared umbrella and use of the showers and restroom facilities are included.



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Light Activity



Hiking



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Meal Included

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BGI-003 DISCOVER BARBADOS**Duration: 3.50 Hrs Tour Price: \$0.00****Retail Price: \$99.00****Date: March 21, 2022 09:30 AM**

Take in the scenic diversity of Barbados on a panoramic driving tour through the bucolic countryside and along the beautiful coastline. As soon as you leave Bridgetown, the landscape will become much more agricultural with sugar cane being the dominant crop. The Dutch introduced sugar cane to Barbados in 1624 for export and rum production, and the crop is still grown but no longer in enormous quantities. The views will be spectacular in a different way as you drive along the coast, passing luxury resorts and long stretches of remote beach. You will find one of the best views from St. John's Parish Church, a Gothic-style building constructed in 1836. Other versions of the church have stood on this site since 1645, but hurricanes and fires have destroyed them. More magnificent vistas await you from the hilltop Highland Centre, where you will linger over a cool drink while admiring views of Barbados' eastern shore.

- Drive through the gorgeous countryside and along the coast, taking in the views.
- Listen to commentary about the history of Barbados and its early plantation life.
- Pause for photos at a historical church that offers extraordinary views.
- Gaze out over Barbados' eastern shore while enjoying a drink.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There is uneven terrain at Bathsheba. There is a little walking involved in this tour but no stairs. This tour does not accommodate wheelchairs or walkers.

BGI-007 LUXURY CATAMARAN & SAIL**Duration: 5.50 Hrs Tour Price: \$149.00****Retail Price: \$299.00****Date: March 21, 2022 09:45 AM**

Relax aboard a catamaran and cruise along Barbados' beautiful Platinum Coast, a highly affluent area on the western shore. The catamaran is so comfortable you might do nothing more than enjoy the luxurious setting and gorgeous views. It will be your choice. However, if you wish to explore the wonders underwater, you will have that opportunity once the catamaran anchors in a secluded cove. The island's Platinum Coast isn't just affluent, there is also a wealth of marine life just off shore. Snorkelers can expect to see schools of brightly colored tropical fish and perhaps even hawksbill sea turtles, which frequent the area because there are abundant sandy nesting sites within reach. If you spot one with a heart-shaped carapace, it is a young hawksbill turtle, as the shell elongates with age. On the return to Bridgetown, you will enjoy a delicious barbecue buffet with wine.

- Sail on a luxurious catamaran along the island's magnificent Platinum Coast.
- Anchor in a secluded cove and enjoy the onboard comforts.
- Take a refreshing swim in the turquoise sea.
- Snorkel in waters teeming with marine life, including hawksbill turtles.
- Enjoy a barbecue buffet on the return cruise to Bridgetown.
- Dress in weather-appropriate clothing with swimwear under a cover-up.
- Wear flat comfortable walking shoes.

This tour includes limited walking. Those who wish to snorkel or swim should be good swimmers and in good physical condition. The tour is not available to wheelchair guests or those with mobility concerns and is not recommended for those who suffer from motion sickness. Guests who participate in water activities do so at their own risk and responsibility. Alcoholic beverages will only be served to those who are 21 years of age or older and only after water activities have concluded. Marine life sightings are not guaranteed. The tour may be altered depending on weather conditions.

BGI-011 ATLANTIS SUBMARINE ADVENTURE**Duration: 2.50 Hrs Tour Price: \$0.00****Retail Price: \$149.00****Date: March 21, 2022 10:45 AM, 11:45 AM**

Enjoy incredible underwater views at depths up to 150 feet from the comfort of the Atlantis III submarine. A scenic ferry ride will take you to the submarine, where you will settle in for an adventurous journey into areas that only scuba divers usually see. The submarine's co-pilot will provide narration throughout the cruise and point out the most fascinating marine life. You can expect to view an ever-changing, nonstop parade of tropical fish darting in and out of the coral reefs and gracefully swimming by the submarine. Brightly colored queen angelfish, honeycomb cowfish, glass-eye snappers and black durgons are commonly spotted. You might even catch sight of southern stingrays, moray eels and hawksbill turtles. You will also cruise past a shipwreck that adds yet another dimension to the experience.

- Ride a ferry along the coast to the awaiting submarine Atlantis III.
- Settle into a seat in front of a large viewing port in the air-conditioned submarine.
- Observe an endless array of marine life as the submarine dives to depths of up to 150 feet.
- Look for large white-spotted eagle rays and hawksbill turtles gracefully swimming by.
- Listen to the co-pilot explain some of the marine creatures' most unusual behavior.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves limited walking, but guests must be able to negotiate an 11-step ladder to enter and exit the submarine and use the gangways without assistance. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns. The minimum height requirement is three feet tall, and the minimum age to participate is four years of age, if accompanied by a parent or adult guardian. This tour may not be exclusive to cruise line guests.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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❖ PORT OF SPAIN, TRINIDAD AND TOBAGO

PST-004 ASA WRIGHT NATURE CENTER

Duration: 6.00 Hrs Tour Price: \$0.00

Retail Price: \$189.00



Date: March 22, 2022 07:30 AM

Visit the Asa Wright Nature Center, a protected paradise of nearly 1,500 mountainous acres that supports an incredible diversity of wildlife. One of the Caribbean's first nature centers, Asa Wright was a leader in ecotourism long before the word was even coined. It is home to thousands of species of birds, mammals, butterflies and flowering plants. Accompanied by a naturalist guide, you will follow meandering walkways into the forest, where there is no telling what you will see. Ornate hawk-eagles nest near the main house, golden-headed manakins dart through the trees, and the bell-like call of the bearded bellbird can be heard continuously. Not to be outdone, countless butterflies usually flit from flower to flower, iguanas perch in the trees and nine-banded armadillos roam the forest floor digging for food. Even if you prefer to stay in the estate house and just watch the birds in the feeders, it will be an immensely rewarding experience. Following a bountiful buffet lunch at the center, you'll drive back to the pier.

- Accompany a naturalist along the trails in one of the Caribbean's first nature centers.
- Watch for a myriad of birds such as hawk-eagles and bearded bellbirds.
- Look for butterflies, iguanas and armadillos, too.
- Stay in the estate house and just observe the birds in the feeders, if you prefer.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 1¼ hours of moderate walking and hiking, plus any additional walking at the guests' discretion during free time. The tour is not available to wheelchair guests or to those with mobility concerns. Guests should be in good physical condition.

PST-005 TRINIDAD HIGHLIGHTS & SCENIC DRIVE

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$109.00



Date: March 22, 2022 07:30 AM

Enjoy a leisurely drive around Port of Spain and beyond with stops at the botanical gardens, several scenic lookouts and the beach. In town, you will pass attractions such as the brick Red House where Parliament is held and the Magnificent Seven, a group of seven eccentrically designed mansions. You will then stop at the Botanical Gardens, which were laid out in 1818. Nearly 700 trees shade the gardens, and hundreds of species of orchids thrive throughout the grounds. It is quite the sight. So is the view of Port of Spain from Lady Young Lookout, where you will pause before driving north into the Santa Cruz Valley. Dotted with cocoa and coffee plantations, the fertile valley has started to attract affluent Trinidadians to its new residential neighborhoods. In time, you will stop at the Maracas Lookout and then at well-protected Maracas Bay, where you might take a brief swim or comb the beach.

- See architectural highlights such as the red-brick building where Parliament meets.
- Enjoy the serenity of botanical gardens that were started more than 200 years ago.
- Take a refreshing swim in beautiful Maracas Bay.
- Dine on your own at the beach, perhaps enjoying battered shark wrapped in deep-fried bread.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mostly at the guests' discretion at the stops. The surfaces at Maracas Beach are natural and sandy. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour. There are restrooms and changing facilities at the beach.

PST-006 CITY HIGHLIGHTS & MONASTERY

Duration: 4.00 Hrs Tour Price: \$0.00

Retail Price: \$119.00



Date: March 22, 2022 08:00 AM

Celebrate serenity by visiting the capital's leafy botanical gardens and an inspiring monastery that has aided the community for 100 years. On the way, you will pass the Magnificent Seven, the nickname for seven unusually designed mansions with architectural styles that include German Renaissance, French Baroque and Moorish. Upon reaching the gardens, you will meander paths shaded by more than 100 trees indigenous to Trinidad. It couldn't be more peaceful, an attribute that Mount Saint Benedict's Monastery shares. Established in 1912 by monks that fled Brazil because of religious persecution, the monastery is a completely self-sufficient complex of buildings that includes a farm, apiary, public library, vocational school and, of course, church. As you stroll the grounds, the guide will describe the monks' way of life and present a historical perspective on the monastery's evolution over the years. Afterwards, you will enjoy tea and homemade bread in the Garden of Peace.

- See seven mansions in town with wildly different architectural styles.
- Enjoy the serenity of botanical gardens that were started more than 200 years ago.
- Admire Port of Spain from the Lady Young Lookout.
- Stroll through a tranquil monastery that is completely self-sufficient.
- Pause for tea in the monastery's aptly named Garden of Peace.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 1¼ hours of moderate walking, at times over uneven and natural surfaces. The tour is not available to wheelchair guests and not considered suitable for those with mobility concerns.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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PST-007 CITY HIGHLIGHTS & PAN THEATER

Duration: 3.50 Hrs **Tour Price:** \$0.00

Retail Price: \$119.00

Date: March 22, 2022 08:00 AM

Enjoy a rousing steel band performance of pan music, a unique style that developed in Trinidad in the 1930s and has become synonymous with Caribbean music. A drive through Trinidad's energetic capital provides an enlightening start to the tour, after which you will pause at the serene botanical gardens and then observe Port of Spain from atop the Lady Young Lookout. Upon arriving at the esteemed Pan Theater, you will settle into a seat for a spectacular performance. Many of the band's instruments are steel drums, also known as pans, pounded out of sheet metal or oil drums. After the note patterns are marked on the bottom, the instrument is then tuned and ready to be played. As you will discover, the resulting sound is enthralling and the variety of songs remarkable. Your concert will include pan classics, pop songs and calypso, all played with enthusiasm that carries into the audience.

- Enjoy the natural beauty of Port of Spain's 200-year-old botanical gardens.
- Take in the splendid view of Port of Spain from a scenic lookout.
- Hear a stirring performance of pan music, which was first created in the Port of Spain.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mostly at the guests' discretion at the stops. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour.

PST-008 CITY HIGHLIGHTS & CULTURAL CENTER

Duration: 3.50 Hrs **Tour Price:** \$0.00

Retail Price: \$119.00

Date: March 22, 2022 08:30 AM

Become immersed in the Trinidadian culture by touring Port of Spain and watching an enthusiastic traditional performance at the Cultural Center. Trinidad's capital is full of must-see attractions that include the brick Red House where Parliament is held, the collection of eccentrically designed mansions known as the Magnificent Seven and the botanical gardens. Hundreds of species of orchids thrive at the gardens, which were started 200 years ago. For an even deeper look into the culture, you will be treated to a performance of music and dance that celebrates the Caribbean Carnival with gusto. The show will reflect the country's boundless enthusiasm for having a good time. You can expect an extravaganza of colorful costumes, pulsating music, nonstop revelry and abundant creativity. One of the highlights is a daring fire limbo and after watching it you will appreciate the performers even more.

- See seven mansions in town with wildly different architectural styles.
- Enjoy the natural beauty of Port of Spain's 200-year-old botanical gardens.
- Take in the splendid view of Port of Spain from a scenic lookout.
- Watch a provocative music and dance performance that reflects the local culture.
- Get caught up in the show's boundless enthusiasm, which is wonderfully infectious.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mostly at the guests' discretion at the stops. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have a companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour.

PST-012 TRINIDAD 4X4 ADVENTURE

Duration: 4.00 Hrs **Tour Price:** \$89.00

Retail Price: \$239.00

Date: March 22, 2022 08:30 AM

Travel well off the beaten path in a 4X4 Jeep® that offers a view of Trinidad that most visitors never see. The adventure will begin in earnest as you ascend into the hills towards Paramin, a farming community where most of the homes and gardens cling to the steep mountainsides. Here many of Trinidad's fresh herbs and vegetables are grown in the cool mountain air, which is tinged with the sweet aroma of thyme, parsley and chives. Walking about the village, you will have the opportunity to meet the local families, ask about their lifestyle and watch how they prepare produce such as yams and tomatoes for sale. As you descend from Paramin, natural beauty of a different sort will take hold. A brief stop at the Maracas Lookout will offer breathtaking panoramic coastal and urban views, while a respite at Maracas Bay provides an idyllic beach scene where you may have time to swim.

- Ride into remote and extraordinarily scenic areas of Trinidad in a 4x4 Jeep.
- Mingle with the friendly locals in the mountainous farming community of Paramin.
- Sample traditional dishes that may be offered.
- See the countryside from different perspectives at various lookouts.
- Swim in the ocean, if time permits.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mostly at the guests' discretion during the stops. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina and ability. Casual, light-weight clothing; sunglasses; sun cap; sunscreen; insect repellent; and flat, comfortable walking shoes are suggested. Those who take part in any water activities do so at their own risk and responsibility.



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Hiking



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Meal Included

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PST-002 CARONI BIRD SANCTUARY

Duration: 3.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00

Date: March 22, 2022 09:00 AM

Release your inner ornithologist by visiting the Caroni Bird Sanctuary, an idyllic wetland that attracts thousands of water birds, including the striking scarlet ibis, Trinidad's national bird. Established in 1953, the sanctuary sprawls across a tidal lagoon and maze of mangrove-lined waterways. Best accessed by flat-bottomed boat, it is home to thousands of water birds. As you navigate the circuitous waterways, you may observe herons, cormorants and snowy egrets in their natural habitat, completely undisturbed by your presence. You may also see scarlet ibises feeding on frogs, reptiles and crustaceans, the latter being the source of their scarlet color. But don't just look up to see the wildlife. The sanctuary is also teeming with iguanas, caiman and mudskippers, an amphibious fish that uses its pectoral fins to walk on land. The plant life is just as enthralling and often accented by lilies with white, mauve or blue flowers.

- Observe countless water birds in an expansive wetlands sanctuary.
- Look for various herons and egrets and Trinidad's national bird—the scarlet ibis.
- Cruise into areas most other vessels can't access because of their deeper draft.
- Notice indigenous wildlife such as caimans and mudskippers, as well.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking; however, it is not available to wheelchair guests. Those with mobility concerns must be able to make their way into and out of the boat with limited assistance and should evaluate their ability before joining the tour.

PST-009 CITY TOUR & ANGOSTURA RUM DISTILLERY

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00

Date: March 22, 2022 09:00 AM

See Port of Spain's marquee attractions and then venture just outside of town to the House of Angostura, Trinidad's premier rum distillery. Architectural highlights include the brick Red House where Parliament is held and the Magnificent Seven, a group of mansions designed with wildly different but wonderful styles. You will also pause at the city's botanical gardens, an urban oasis known for its many species of orchids. Still, the highlight will be the insider's look at the House of Angostura, Trinidad's foremost rum producer. In addition to producing the highly regarded rum brands of Fernandes and Old Oak, Angostura also makes vodka, cherry brandy and bitters, a quintessential cocktail flavoring whose ingredients have been a well-guarded secret since 1824. While touring, you will discover all sorts of fascinating facts about rum production and sample several different varieties. The name Angostura comes from a town in Venezuela where a doctor invented bitters to use in his medical practice.

- See seven mansions in town with wildly different architectural styles.
- Enjoy the natural beauty of Port of Spain's 200-year-old botanical gardens.
- Tour a distillery that produces some of the finest rum in Trinidad.
- Sample several varieties of rum made at Angostura Distillery.
- Hear about the invention of bitters and how it's used in cocktails.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 2 hours of easy to moderate walking and standing. The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour. Restroom facilities are available at the Angostura Distillery.



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Light Activity



Hiking



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Meal Included

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❖ SANTAREM (AMAZON RIVER), BRAZIL

STR-002 RIVER TOUR AND ECO MAICA LAKE

Duration: 3.75 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 26, 2022 09:30 AM, 01:30 PM

Seize this rare opportunity to experience the intricate ecosystem of the Amazon and the famous "Meeting of the Waters" on board a special riverboat. The tributaries, lakes and forests along this section of the Amazon are home to numerous species of unique flora – and some toothy fauna as well. Your exploration begins with a leisurely hour-long cruise down two beautiful rivers, the clear green-blue Tapajós and the muddy-brown Amazon. These two separate water streams meet near Santarém, running side by side for a distance with their color difference intact before eventually mixing together. Cruising over this curious natural phenomenon is a definite eco-treat, as is your visit to the tropical wonderland you'll encounter as you approach the entrance of Maica Lake. Anchoring here to observe the rustic native homes and primal rainforest that surround you, your guide will provide a special treat if river conditions permit. You'll be given fishing line and bait and taught how to fish for the voracious and fearsome piranha. Needless to say, swimming around here is not encouraged.

- Cruise by local riverboat along two different rivers that meet near Santarém, but don't mix immediately.
- Watch the waters of the Tapajós and the Amazon flow in parallel – one stream clear, the other muddy.
- Anchor at the entrance to Maica Lake, an ecological utopia alive with primal rainforest, birds, monkeys, sloths and much other wildlife.
- If river conditions are right, learn how to bait and cast a line to catch one of the toothy piranhas that prowl these waters.
- Wear weather-appropriate clothing. Flat, comfortable walking shoes with non-slip soles are recommended.
- Bring a hat, insect repellent, sunglasses and sunscreen as needed.

This tour includes limited walking, but guests must be able to enter and exit the riverboat with limited assistance. The tour is not available to wheelchair guests, and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. Although the boats have a PA system, the noise of the engine can make hearing the guide's narration difficult; opportunities will be available for direct dialogue with your guide.

STR-004 TAPAJOS NATIONAL FOREST

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 26, 2022 09:30 AM

Trek through pristine Tapajós National Forest with a naturalist and get fascinating insights on the flora and wildlife indigenous to this part of the Amazon. About an hour in from the pier, driving south along the only road through this region, you'll arrive at Tapajós National Forest reserve. Federally protected from lumbering, this 1.5 million acre swath of the Amazon is quite unspoiled – and provides an ideal living laboratory for your hike through the understory with a naturalist. Hiking a path through dense vegetation, you'll come face to face with hard-to-encounter species like the towering Brazil nut tree, *Bertholletia excelsa*, which only bears fruit in undisturbed forests. This coffee table nut is so hard that only the chisel-toothed agouti is able to penetrate its shell in the wild. The rubber trees here are also notable; they were the source of tremendous wealth in the 19th century until some seeds were smuggled out and successfully propagated in Malaysia, bringing Brazil's monopoly on natural rubber production to an end. Flitting among the forest branches are some 300 species of birds known to thrive in this region, including the brilliantly colored golden parakeet and giant harpy eagle.

- Travel an hour into the Amazonian rainforest along the one road that connects Santarém with the rest of Brazil.
- Hike a trail through unspoiled Tapajós National Forest, guided by a naturalist who will point out and explain the unusual flora and fauna in this protected reserve.
- Learn about research underway here to study the effects of lumbering and how to reduce its impact.
- See the mighty Brazil nut, famous rubber tree, and hundreds of other tree and understory species.
- Be on the lookout for wildlife, including over 300 species of birds that thrive in this pristine environment.
- Wear lightweight pants and long-sleeved shirt.
- Flat, sturdy hiking shoes or boots are recommended.
- Bring a hat, insect repellent, a bottle of water from the ship, sunglasses and sunscreen as needed.
- If available, bring binoculars.

This tour includes approximately 90 minutes of forest hiking with natural and uneven surfaces to negotiate. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition and avid hikers or walkers.

STR-001 SANTAREM CITY HIGHLIGHTS

Duration: 3.50 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 26, 2022 10:00 AM, 02:00 PM

Enjoy an orientation tour of the Amazonian city of Santarém, rich in history, legend, rubber and beaches. Settled some 450 years ago and positioned midway between the larger inland river port of Manaus and Belém at the Amazon's mouth, Santarém's docks have been bustling with river traffic for centuries. This river is the primary transportation route through the almost roadless Amazonian jungle; your drive along the waterfront will likely reveal a diverse mix of passenger and cargo vessels transporting people and products into and out of the region. Among the sights you'll visit in town are Santarém's powder blue Cathedral and the Town Hall Museum where priceless heritage pottery made by the Tupai Indians is on display. Further out of town in a nearby native village, visit the Casa da Farinha and see how milky white sap can be made to flow from indigenous rubber trees – a process that led to enormous wealth flowing into this region centuries back.

- Be immersed in the sights and history of Santarém, a key trading center along the Amazon.
- Drive along the riverfront docks lined with a colorful array of passenger and cargo vessels.
- Visit Santarém's Cathedral and Town Hall Museum as you explore the town on foot and by coach.
- Travel out to a native village and visit the Casa da Farinha, where you can watch rubber sap being tapped and learn about other native trees and plants.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes a moderate amount of walking. The tour is not available to wheelchair guests, and those with mobility concerns are cautioned only to participate to the extent of their personal ability. Arrangements may be made with the guide to skip some of the walking portions of the tour such as the Casa visit. The tour sequence may vary and please note that in this developing destination, the best available coaches may be older and without air-conditioning. In the event the Town Hall museum is unavailable, a visit to the Sacred Art Museum will be substituted.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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❖ MANAUS (AMAZON RIVER), BRAZIL

MAO-003 MEETING OF THE WATERS CRUISE

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00

Date: March 28, 2022 09:15 AM

Date: March 29, 2022 09:00 AM

Cruise a lake where giant water lilies grow and visit the famous spot where two rivers of different colors flow side-by-side for several miles. Your watery journey of exploration begins with a scenic riverboat cruise on the Rio Negro toward where it becomes clustered with small islands. Switch here to motorized canoe to skim through these narrower channels within the rainforest. You'll get a much closer look at this fabled environment as you work your way to Lake January in search of giant water lilies if the river level allows. Named for Queen Victoria by an English naturalist, these Victoria Amazonica lilies' round, shelf-like "pads" can measure up to six feet across – creating giant floating stepping stones for a variety of water birds. Returning to the riverboat, cruise downstream to view the Meeting of the Waters – where the dark, clear waters of the Rio Negro and the muddy, yellow waters of the Solimões River flow in parallel for several miles without mixing. It's a natural phenomenon that has a simple scientific explanation but seems to defy all sense. The convergence of these two rivers forms the official starting point of the Amazon.

- Travel up the Rio Negro by riverboat to where it breaks up into a network of small channels.
- Switch to motorized canoe to explore this densely forested stretch, reaching Lake January.
- If water levels allow, cruise the lake and admire the giant Victoria water lilies found only in the Amazon.
- Head back downstream by riverboat to where the waters of two differently-colored rivers meet and course in parallel for miles without mixing.
- Wear lightweight, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, insect repellent, sunglasses and sunscreen as needed.

There is minimal walking on this tour, but guests must be able to enter and exit the riverboat by gangplank and the motorized canoes with limited assistance. If not able to board the motorized canoe, it may be necessary to remain behind on the main riverboat. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. While likely, sighting of the water lilies is not guaranteed.

MAO-007 PINK DOLPHIN ENCOUNTER

Duration: 6.00 Hrs **Tour Price:** \$109.00

Retail Price: \$259.00

Date: March 28, 2022 09:15 AM

Date: March 29, 2022 08:30 AM

Cruise the Rio Negro to a jungle village where you can swim in a lake with pink dolphins, a highly intelligent and naturally curious freshwater species. It's about an 80-minute cruise up the wide, slow-moving Rio Negro to your destination, through a wild landscape clad in rainforest and brimming with wildlife. Expect to see a wealth of tropical birds – including macaws, toucans and parakeets – and perhaps even spot sloths and howler monkeys active in the trees. Still, it's the pink dolphins, known locally as "botos," that most capture visitors' imaginations. You'll disembark at the river village of Acajatuba, adjacent to a lake that pink dolphins are known to frequent. Use your free time here to interact with and even feed or swim with these dolphins, which are only distantly related to ocean dolphins but share their friendly demeanor, high intelligence and clicking language. These dolphins – whose natural color varies with age and ranges from soft rose to almost shocking pink – also change color when excited or alarmed, "blushing" almost like humans. Your time spent observing them, or better yet, interacting with them, is sure to be memorable. And a great story to share with friends back home.

·Cruise up the inky Rio Negro past rainforest alive with monkeys, macaws, toucans and sloths. Arrive at Acajatuba, a riverside village and jungle lake where the most popular locals are pink dolphins.

- Spend free time interacting with and even feeding or swimming with these freshwater dolphins.
- Discover how intelligent and accustomed to human contact they are, and how they can actually blush.
- Browse this remote Amazonian settlement before the downstream cruise back to Manaus pier.
- Wear lightweight, weather-appropriate clothing including waterproof outer layer in rainy season.
- Those wishing to swim should wear a swimsuit under their clothes and bring a towel from the ship.
- Flat, comfortable shoes are recommended.
- Bring a hat, insect repellent, sunglasses and sunscreen as needed.

This tour includes approximately one hour of easy-to-moderate walking and standing over mostly flat terrain, plus any additional walking done at guests' discretion during free time. Total travel time in the boat is just over 2-1/2 hours. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of ability since participants must be agile enough to enter and exit the tour boat with limited assistance. Tourism infrastructure in Manaus is limited; please be patient with any language difficulties you may encounter with your guide. Please also eat a hearty breakfast or bring an energy/granola bar along, as this tour includes no meal. Those who participate in water activities do so at their own risk and responsibility.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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MAO-006 RUBBER MUSEUM & INDIAN COMMUNITY

Duration: 5.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00

Date: March 28, 2022 09:30 AM

Date: March 29, 2022 08:45 AM

Trace the history of the Brazilian rubber boom at a museum in the heart of the jungle, then attend a celebration at an indigenous river village. Since the terrain outside Manaus is roadless, your excursion vehicle is a regional speedboat – and its “road” is the inky Rio Negro river. Departing the pier, you’ll spend the next 90 minutes cruising through spectacular Amazonian scenery to reach a museum devoted entirely to natural rubber, a jungle product that brought astounding wealth to Manaus in the late 19th century. The Rubber Museum faithfully depicts a period rubber plantation, from the opulent estate house to the rubber tappers’ lowly shacks. You’ll even follow a trail into the jungle to see how trees were tapped and how the collected latex was processed in a smokehouse. Living and working conditions were grueling, and the resulting fortunes amassed by the rubber barons were beyond modern imagination. The lifestyle you’ll encounter when you cruise on to a typical Indian village along the Rio Negro proves a fascinating contrast. The tribe here is a mix of some five ethnicities, remnants of the ancient indigenous Amazonian culture. At the main hut, be treated to a traditional celebration ritual.

- Travel along the Rio Negro by river speedboat to reach a rubber museum deep in the Amazon forest.
- Tour this venue that accurately recreates a 19th-century rubber plantation – from crude worker shacks to palatial owners’ estate home.
- Walk into the jungle to see how latex was tapped, then tour the smokehouse where it was processed.
- Cruise along the river to a traditional Indian village, populated by remnants of the original local tribes.
- Enjoy an escort to the main hut to witness a performance of a traditional celebration ritual.
- Wear lightweight, weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, insect repellent, ample water, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of moderate-to-strenuous walking and standing. The trail at the rubber museum involves uneven and natural surfaces. The tour is not available to wheelchair guests or those with mobility concerns.

MAO-002 MANAUS JUNGLE TREK

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00

Date: March 28, 2022 09:45 AM, 02:15 PM

Date: March 29, 2022 08:45 AM

Take a trip upriver for an immersive trail hike into the Amazonian rainforest, led by a seasoned expert in jungle survival. Your cruise up the Rio Negro to Guedes Lake is a scenic journey, but nothing compares to the sheer wonder of being on the ground under the primeval Amazon forest canopy. Your guide will meet you at the river landing and start things off with an intro briefing on what to expect along the trail. With vast experience in jungle survival and training from the Brazilian Army’s Jungle Warfare Instruction Center (CIGS), they know their way around these woods. Following your briefing, you’ll trek into this spectacular environment for a firsthand look at the rainforest’s majesty. Several stops along the way provide opportunities for your guide to explain key survival techniques such as how to construct a shelter or find a climbing plant that contains drinkable water. Handy knowledge to have should you find yourself lost in the Amazon during some future vacation. At the end of the hike, retrace your river journey back to the floating pier in Manaus.

- Cruise up the Rio Negro River, one of the two Amazon branches that meet at Manaus.
- Disembark at Guedes Lake and meet up with your survival-trained jungle hiking guide.
- Enjoy an informative orientation, then a guided trail trek into the wondrous rainforest. Learn about the Amazon’s trees, vines, understory plants and wildlife – and pick up some survival tips.
- Wear lightweight long pants and long-sleeved shirt.
- Comfortable closed-toe walking shoes or boots are recommended.
- Bring a hat, ample water, sunglasses and sunscreen as needed.

This is a strenuous tour with a substantial amount of walking through the jungle plus some 45 wooden steps to climb. Participants should be in good health and the tour is not available to wheelchair guests or those with mobility concerns.

MAO-001 HIGHLIGHTS OF MANAUS

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00

Date: March 28, 2022 10:00 AM, 02:00 PM

Date: March 29, 2022 10:00 AM

Survey the must-see’s of a surprisingly cosmopolitan city on the Amazon, with visits to its famed opera house, Indian Museum and an indigenous wildlife refuge. A bustling regional capital carved out of the heart of the Amazonian wilderness and reachable only by water or air, Manaus’ enormous wealth came from the rubber boom of the late 1800s. South America’s richest city at the time, Manaus still boasts an abundance of old-world mansions and monuments, now sitting amongst modern high rises. On this scenic drive, you’ll pass landmarks like the ornate Alfandega Customs House from 1902 and the city’s finest residential district – but the undisputed gem of Golden Era architecture is Manaus’ Teatro Amazonas. Fully renovated after decades in disrepair, this belle époque opera house took extravagance to extremes, with no expense spared to import the finest in European materials and craftsmanship. The Indian Museum is a far humbler venue, but fascinating for its exhibits of artifacts, costumes and weapons once used by the Amazon’s principal Indian tribes. And a visit to the Military Zoo, a wildlife refuge outside the city, will introduce you to some of the unique and endangered animals that populate these rainforests.

- Survey the Amazonian city known as the “Paris of the Tropics” at the peak of its 19th-century boom era.
- Travel by coach past striking landmarks, monuments and mansions left behind by the rubber barons.
- Experience the over-the-top Renaissance splendor of the Teatro Amazonas, famous the world over.
- Learn about the region’s indigenous inhabitants at the Indian Museum and see its wildlife at the Military Zoo.
- Wear lightweight, weather-appropriate clothing. Comfortable closed-toe walking shoes are recommended.
- Bring a hat, ample water, sunglasses and sunscreen as needed.

This tour is not available to wheelchair guests or those with mobility concerns. There are some steep steps during the visits to the Opera House and Indian Museum. The ambient temperature is always high, please dress accordingly and carry water with you at all times. In the event the zoo is closed, it will be substituted with the INPA Science Institute.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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MAO-009 THE BEST OF MANAUS

Duration: 7.00 Hrs Tour Price: \$139.00

Retail Price: \$289.00



Date: March 28, 2022 10:00 AM

Date: March 29, 2022 08:15 AM

Experience both ends of the cultural spectrum – from jungle research station to opulent opera house – on a single wide-ranging excursion. A drive around central Manaus brings you past key landmarks, including the 1902 Customs House prefabricated in Victorian England and a rubber baron's palatial early-20th-century mansion. Entering the surrounding rainforest, visit the Bosque da Ciencia Amazonian research station and open-air museum to observe manatees, caimans, otters and electric eels, along with a botanic garden full of exotic orchids and forest animals like squirrel monkeys and sloths. The Military Zoo, run by the Brazilian army as a safe haven for endangered species, offers the chance to see still more indigenous jungle wildlife including jaguars, tapirs and tamarins rescued from hunters and animal traffickers. Shifting gears dramatically, you'll also tour Manaus' signature landmark, the über-lavish Teatro Amazonas opera house. Built in 1896 at the height of the rubber boom, this Renaissance-style theater features materials imported from across Europe, including Carrara marble, French roof tiles and Murano-glass chandeliers. Not only is it an architectural gem, but its acoustics are still regarded as perfect. While in central Manaus, you'll also enjoy a buffet lunch at a barbeque restaurant.

Travel in and around Manaus by coach, passing many of its key sights and historic landmarks. Tour the 1896 Teatro Amazonas opera house, as opulent and beloved by performers as any in Europe. Drive out into the rainforest to an Amazonian research station where endangered animals and exotic orchids are everywhere. Visit the Military Zoo, a safe refuge for indigenous wildlife rescued from hunters and traffickers. Enjoy a barbeque buffet lunch at a Manaus restaurant and pause for photos in a picturesque square.

Wear lightweight, weather-appropriate clothing including waterproof outer layer in rainy season. Flat, comfortable shoes are recommended. Bring a hat, insect repellent, sunglasses and sunscreen as needed.

This tour includes approximately-2 1/2 hours of moderate walking and standing, with some uneven surfaces and steps involved. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. Tourism infrastructure in Manaus is limited; please be patient with any language difficulties you may encounter with your guide.



Seated Tour



Light Activity



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❖ MONTEREY,CALIFORNIA

MAO-001SG HIGHLIGHTS OF MANAUS - SMALL GROUP

Duration: 4.00 Hrs Tour Price: \$109.00

Date: March 28, 2022 10:00 AM, 02:00 PM

Date: March 29, 2022 10:00 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Survey the must-see's of a surprisingly cosmopolitan city on the Amazon, with visits to its famed opera house, Indian Museum and an indigenous wildlife zoo. A bustling regional capital carved out of the heart of the Amazonian wilderness and reachable only by water or air, Manaus' enormous wealth came from the rubber boom of the late 1800s. South America's richest city at the time, Manaus still boasts an abundance of old-world mansions and monuments, now sitting amongst modern high rises. On this scenic drive, you'll pass landmarks like the ornate Alfandega Customs House from 1902 and the city's finest residential district – but the undisputed gem of Golden Era architecture is Manaus' Teatro Amazonas. Fully renovated after decades in disrepair, this belle époque opera house took extravagance to extremes, with no expense spared to import the finest in European materials and craftsmanship. The Indian Museum is a far humbler venue, but fascinating for its exhibits of artifacts, costumes and weapons once used by the Amazon's principal Indian tribes. And a visit to the Military Zoo, just outside the city, will introduce you to the unique and occasionally bizarre fauna that populates these rainforests.

- Survey the Amazonian city known as the "Paris of the Tropics" at the peak of its 19th-century boom era.
- Travel by coach past striking landmarks, monuments and mansions left behind by the rubber barons.
- Experience the over-the-top Renaissance splendor of the Teatro Amazonas, famous the world over.
- Learn about the region's indigenous inhabitants at the Indian Museum and its wildlife at the Military Zoo.
- Enjoy a higher level of personal attention and flexibility on this Oceania Exclusive small group tour.
- Wear lightweight, weather-appropriate clothing.
- Comfortable closed-toe walking shoes are recommended.
- Bring a hat, ample water, sunglasses and sunscreen as needed.

This tour is not available to wheelchair guests or those with mobility concerns. There are some steep steps during the visits to the Opera House and Indian Museum. The ambient temperature is always high, please dress accordingly and carry water with you at all times. In the event the zoo is closed, it will be substituted with the INPA Science Institute.



Seated Tour



Light Activity



Hiking



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Meal Included

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❖ MANAUS (AMAZON RIVER), BRAZIL

MAO-004 CAIMAN SPOTTING

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$99.00



Date: March 28, 2022 08:30 PM

Venture into moonlit jungle backwaters with an expert guide, first by riverboat, then by motorized canoe, to observe the tropical caimans who dwell here. You'll depart from the Manaus floating pier, heading upstream toward the dense rainforest. At the point where the river breaks up into dozens of overgrown tributaries, cross a short gangplank and board a canoe optimized for navigating narrower terrain. Gliding along these flooded forest waterways, your jungle-savvy guide will attempt to locate caimans by "capturing" them with nothing more than a flashlight. Momentarily hypnotized by the bright light, their eyes shining back like rubies in the darkness, each scaly caiman can be slowly approached until your guide is close enough to lift his prey out of the water for all to see – and photograph. Afterwards, each young crocodilian is gently returned to the water, unfazed and no worse off for the experience. You, on the other hand, will be irreversibly thrilled by these brief close contacts with wild Amazonian nature. After this unique interlude of caiman-hunting, you'll retrace your path to the riverboat and back to the relative civilization of Manaus.

- Depart Manaus by riverboat, gliding upstream and toward the densest jungle by moonlight.
- Where the wide breaks up into a network of small overgrown tributaries, switch to motorized canoe.
- Watch in wonder as your seasoned guide locates and hypnotizes caimans, armed only with a flashlight.
- Get close-up views and photos of these primal forest crocodilians held up for observing by your guide.
- See and hear all the other sights and sounds of the nighttime Amazonian rainforest.
- Wear lightweight, weather-appropriate clothing.
- Comfortable closed-toe walking shoes are recommended.
- Bring a hat and insect repellent as needed.

Although very little walking is involved on this tour, guests must be able to get on to and off the riverboat by gangplank and board a motorized canoe. If not able to board the motorized canoe, it may be necessary to remain behind on the main riverboat.



Seated Tour



Light Activity



Hiking



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❖ PARINTINS (AMAZON RIVER), BRAZIL

PAR-001 BOI BUMBA FOLK SHOW

Duration: 1.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00

Date: March 30, 2022 02:00 PM

Experience an extremely colorful taste of Amazonia during this exclusive showcase of Boi Bumba, Brazil's second-biggest folkloric festivity after Carnaval. For three days each June, the people of Parintins exude a vibrant glow of beauty, happiness and pride in their culture as they carry on a traditional street parade full of floats, music, drums, singing and a great deal of dancing. On this excursion, you'll attend a special presentation of the costumed revelry in the modern, air-conditioned Parintins Convention Center. After your short walk to the facility, a delicious caipirinha drink welcomes you as the air of excitement and anticipation rises as you take your seat. Then, in a tidal wave of loud, rhythmic music, the elaborately costumed performers will celebrate their joy of life as the captivating Boi Bumba story unfolds before you. You'll meet the "Sinhazinha da Fazenda" and "'Cunha-Poranga,'" two of the most beautiful characters, along with the intriguing man-made bull who forms the heart of the story, the tribal shaman, and many other actors in this enchanting folk tale. At the show's conclusion, step out and admire the lavish costumes up-close and perhaps meet the performers. It's an event not to be missed.

- Tender from the ship, then walk to a modern venue to witness a one-of-a-kind traditional performance.
- Take your seat for immensely colorful revelry by characters from Parintins' famous Boi Bumba festival.
- Enjoy loud music, rhythmic dancing and brilliant costumes as the actors perform their parts with joy, pride and lots of feathers.
- Discover the enchanting cultural tradition behind this annual celebration rooted in a 19th-century fable.
- Enjoy a welcome caipirinha drink before the show and get a close-up look at the costumes after.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour is capacity controlled, as the venue only accommodates 380 guests. There is a walk of approximately 15 minutes to and from the venue; no transport is available, so you must be able to walk this distance, about 1,650 feet each way, to participate in the tour. There are wheelchair ramps at the venue and the tour is available to wheelchair guests who have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The show venue is air-conditioned.



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Light Activity



Hiking



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❖ CASTRIES, ST. LUCIA

STL-008 THE TREE TOP ADVENTURE

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$149.00

Date: April 04, 2022 12:30 PM

Race through a rainforest canopy on an exhilarating zip line while admiring the tropical countryside from a unique vantage point high above the forest floor. Upon arriving at Errard Estate in the heart of the lush rainforest, you will receive a brief orientation on zip lining to maximize the experience. Then, the real fun will begin. The zip line features nine wooden platforms in the trees, all at different heights. During stops, the guides will prepare you for the next thrilling leg of the journey and describe the most fascinating sights along the way. If you are interested in the vegetation that you are zip lining through, the guides will be happy to describe the rainforest flora in detail. At the end of the zip line adventure, you will follow a nature trail back to the welcome center for a refreshing drink.

- Tear through the tree canopy while safely harnessed on a zip line.
- Observe the gorgeous surrounding landscape from high above the forest floor.
- Listen to commentary from the guides, while pausing on the platforms between zip lines.
- Dress in weather-appropriate clothing, including long pants.
- Wear flat comfortable walking shoes with closed toes.

This tour is not available to wheelchair guests, those with mobility concerns, pregnant women or guests with heart problems, asthma, epilepsy, or recent back or neck injuries. No one under the influence of alcohol or drugs may participate. Participants must weigh no more than 250 pounds, be no taller than 6'2" or older than 70. Participants may have to sign a liability waiver.

STL-013 St. Lucia Trolley Train

Duration: 1.50 Hrs **Tour Price:** \$0.00

Retail Price: \$49.00



Date: April 04, 2022 12:30 PM, 02:30 PM

Ride the Hibiscus Trolley Train through Castries as the guide regales you with entertaining stories of the capital city's history and architectural highlights. Although the exact route will depend on the traffic conditions, you can expect to pass the bustling craft market, beautiful colonial government buildings and Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. The highlight will be visiting the Cathedral of the Immaculate Conception, the largest church in the Caribbean when it was completed in 1897. Be sure to look above the altar, where you will see a representation of St. Lucia, the island's patron saint. She died in 304 A.D., the victim of Christian persecution during the reign of Roman emperor Diocletian. Following the city tour, you will enjoy a bit of free time at the beach where you can enjoy a complimentary rum or fruit punch.

- See the highlights in Castries from the comfort of an open-air trolley train.
- Hear about notable local figures such as Derek Walcott, a Nobel Prize-winner in 1992.
- Visit the cathedral that was the largest of its kind when completed in 1897.
- Relax at the beach toward the end of the sightseeing tour.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Sun chairs and umbrellas are not included at the beach. Transfer times may vary due to traffic conditions. Bathing suits can't be worn in the church.

STL-015 SKY CANOPY & AERIAL TRAM

Duration: 5.00 Hrs **Tour Price:** \$0.00

Retail Price: \$199.00

Date: April 04, 2022 12:45 PM

Ride an aerial tram high into the rainforest canopy and then descend by zip line, an exhilarating way to soar through the trees like a bird. Even the drive to the eco-park will be scenic, as you will pass through traditional inland communities such as Babonneau and Fond Assau. Once you arrive, the naturalist guide will assist you on a trial run on the zip line cable. Then, off you will go on an aerial tram that will take you to the top of the zip line. It is all downhill from here—literally. In all, you will race through the treetops along eight zip line cables, each offering a unique thrill and different perspective of the rainforest. As you effortlessly glide down, you will be treated to outstanding views of the sea and the northern half of the island.

- Glide through the rainforest canopy comfortably seated in an aerial tram's gondola.
- Take in the spectacular views of the St. Lucian countryside on the way up.
- Race down through the rainforest on a zip line, stopping between runs to observe nature.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Participants must be at least 5 years of age and weigh no more than 350 lbs. The minimum waist measurement for the safety harness is 45.7 cm/18 inches and the maximum waist is 127 cm/50 inches. Guests are required to sign a waiver in order to participate. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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STL-003 4X4 BEACH SAFARI**Duration: 4.00 Hrs Tour Price: \$0.00****Retail Price: \$149.00****Date: April 04, 2022 01:00 PM**

Take off from Castries in a 4x4 vehicle, enjoying the ride as the driver/guide drives through the countryside while providing entertaining commentary along the way. Although you will see some of the highlights in St. Lucia's capital city, the best view may be from just outside the city limits, atop Morne Fortune. From this former military outpost that once boasted two forts, you will gaze out over the Castries and the turquoise seas beyond. You will then head inland, following a rugged route through traditional villages such as Ti-Rocher, Destrameaux and Balata. In time, you will arrive at one of the most spectacular beaches on the island's eastern shore. With no schedule to follow, you can relax however you see fit. Don't miss the opportunity to swim though, as the waters here are absolutely gorgeous.

- Ride in a 4x4 vehicle through some of the most remote and scenic areas of St. Lucia.
- Take in the sweeping view of Castries and its harbor from the Morne Fortune hilltop.
- Drive off road through the lush jungle and through several inland villages.
- Relax on one of the most idyllic beaches on St. Lucia's eastern coast.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This is not a self-driving tour; a driver is provided. Beach chairs are not included in this tour, but are available for rental.

**STL-014 RAINFOREST AERIAL TRAM****Duration: 3.50 Hrs Tour Price: \$0.00****Retail Price: \$179.00****Date: April 04, 2022 01:00 PM, 01:30 PM**

Ride through and above the rainforest on an aerial tram that presents a 360° bird's-eye view of the island's natural beauty. The tram takes off in the heights of the old-growth rainforest and soars even higher, well into the tree canopy in certain areas and even above the trees elsewhere. Along the way, the guide will point out the highlights and provide enlightening commentary about the flora and fauna. The rainforest is one of the few places on the island where you will find the endemic St. Lucia parrot, which is known locally as the jacquot. You might also spot a number of gommier trees, whose wood the Carib Indians originally used for hand-carved dugout canoes. If you see bursts of color in the dense foliage, chances are, it will be flowers such as lavender stars and white lace. At the end of your Tram Ride, there is an optional walk through the beautiful Hummingbird Garden.

- Glide through the rainforest canopy comfortably seated in an aerial tram gondola.
- Listen to enlightening descriptions of the flora and fauna living in the rainforest.
- Look for the endemic St. Lucia parrot, the country's national bird.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

A restaurant and a snack bar are available for dining on your own. Guests are required to sign a waiver in order to participate. The walk through the Hummingbird Garden is approximately 15 to 20 minutes and guests will be walking on uneven terrain, small garden stones and would have to climb approximately 25 to 30 steps. Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

STL-005 SNORKEL AT MARINE PARK**Duration: 3.00 Hrs Tour Price: \$0.00****Retail Price: \$129.00****Date: April 04, 2022 01:15 PM**

Cruise along St. Lucia's beautiful northwestern coast to Marine Park, an extraordinary site for snorkeling. Although the trip there will be magnificently scenic, few sights compare to the park's underwater wonders. The labyrinth of shallow reefs and coral heads provide habitats for all sorts of brightly colored tropical fish including French grunts, goatfish, jacks and snappers. You may also spot sea urchins, starfish and occasional octopuses tucked away in the rocks and crevices. Flying gurnards are especially fascinating, as these bottom dwellers typically expand their fins like wings to scare off predators. You won't have to snorkel the entire time, as you can always rest aboard the boat or relax on the beach. As you make your way back, refreshments will be served on board.

- Cruise to a marine park that is absolutely teeming with tropical fish.
- Snorkel along the shallow reefs and coral heads, looking for marine life other than fish.
- Relax onboard or swim over to the beach, if you prefer not to snorkel the whole time.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Participants must be competent swimmers and sign a liability waiver. Those taking part in water activities do so at their own risk and responsibility. This tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Snorkeling equipment is available on board.

STL-007 ISLAND SPLENDOR**Duration: 3.50 Hrs Tour Price: \$0.00****Retail Price: \$129.00****Date: April 04, 2022 01:15 PM**

Settle in for a rambling drive through the countryside that presents the island's natural beauty and architectural charms. It won't take long to reach La Toc Battery, a 19th-century fort built to protect St. Lucia's vital coal stations. It is an intriguing site with many of its tunnels, shell lifts and ventilation shafts still intact. Driving on, you will enter a bucolic landscape of banana plantations tucked between undulating hills before passing through the rustic village of Anse La Raye. Continuing on, you will soon arrive at Marigot Bay, a tranquil blue lagoon that the surrounding hills shelter, making it an ideal natural yacht harbor. On the return to Castries, you will pause for snacks and a beverage at St. Marks, a grand colonial-era house that overlooks the harbor.

- Enjoy a panoramic drive through the most scenic areas on St. Lucia's western shore.
- Explore the remains of the 19th-century fort La Toc Battery.
- Marvel at the sweeping seaside views that capture the splendor of St. Lucia.
- Snack on Caribbean treats at a beautiful colonial house overlooking Castries' harbor.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There are steps at La Toc Battery and St. Marks. Menu items are subject to change. Guests must be able to get on & off the buses and there are 5 steps leading up to St. Mark's and approximately 10 steps at La Toc Battery.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



GL Go Local Tour



Accessible Tour

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STL-009 A PANORAMIC VIEW OF ST. LUCIA

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$129.00



Date: April 04, 2022 01:30 PM

Admire the striking natural beauty of St. Lucia on a meandering panoramic ride with occasional stops at the most scenic viewpoints. From atop Morne Fortune, you will enjoy a sweeping view of Castries. Ironically, Morne Fortune means "hill of good luck," but it was the site of numerous horrific battles between French and English troops. Another stop will be made at Caribelle Batik, where you will watch artists creating one-of-a-kind fashions using hot wax and colorful dyes. Still, it is the scenic beauty of St. Lucia that captures so many hearts, as you will discover firsthand from the overlook at La Guerre, which was once the island's largest banana plantation. Later, while meandering through the gardens at Stony Hill with the estate's owners, you will hear about the joys of living in the tropics.

- Enjoy some of the island's most picturesque views from hilltop lookouts.
- Discover the intriguing history behind the sites that you visit.
- Tour an estate with its owners, as they describe life on St. Lucia.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking and steps; however, the sites are not wheelchair accessible and therefore the tour is not considered suitable for wheelchair guests.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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❖ BASSETERRE, ST KITTS/NEVIS

STK-005 GOLFING AT ROYAL ST. KITTS GOLF COURSE

Duration: 5.00 Hrs **Tour Price:** \$179.00

Retail Price: \$329.00

Date: April 05, 2022 10:30 AM

Play 18 holes of golf on the spectacular course at Royal St. Kitts Golf Club, portions of which run along the Atlantic Ocean. Esteemed Canadian golf course architect Thomas McBroom redesigned the Par 71 layout in 2003, taking advantage of the land's natural contours to create a challenging but immensely fair course. Royal St. Kitts golf course is visually stunning, whether you are playing the holes along Half Moon Bay or the holes along the 10 inland lakes. The front nine starts with a forgiving Par 5 and ends with a devilish Par 3. The back nine presents a different sort of challenge, as the three finishing holes are almost entirely bordered by water. The course is so beautiful overall that it may be hard to keep your eyes on the ball.

- Play a round of golf at prestigious Royal St. Kitts Golf Club.
- Enjoy the challenging but fair Par 71 layout.
- Appreciate the spectacular scenery on every hole, as water is the dominant feature.
- Play the tees that most suit your skills, as four sets are available.
- Dress in weather-appropriate golfing attire, including a collared shirt.
- Wear flat comfortable tennis or golf shoes.

This tour is not available to wheelchair guests and those guests with mobility concerns should evaluate their stamina and ability before joining the tour. Roundtrip transportation, green fees and a shared golf cart are included. Golf clubs are not included but available for rent at the club. Food from the clubhouse restaurant is available for purchase.

STK-011 COASTAL CRUISE & NEVIS BEACH BREAK

Duration: 6.00 Hrs **Tour Price:** \$0.00

Retail Price: \$99.00



Date: April 05, 2022 10:30 AM

Zip over to the neighboring island of Nevis on a catamaran and spend a carefree day discovering the local landmarks and relaxing on Pinney's Beach. As you cruise along the shore of St. Kitts, you will easily make out highlights such as the Great Salt Pond and get a feel for the ever-changing topography. Once you reach Charlestown, the capital of Nevis, you will begin a panoramic drive past landmarks such as the birthplace of Alexander Hamilton and Nevis Bath Springs, a hot spring located at what may be the first hotel in the East Caribbean. Lunch at idyllic Pinney's Beach follows, after which you will enjoy free time. Relaxing comes naturally on Pinney's Beach, a nearly four-mile-long stretch of saffron-colored sand that is lined by palm trees and rarely crowded. Lushly vegetated Mount Nevis towering in the background only adds to its endless appeal.

- Cruise the coast of St. Kitts, admiring the nonstop natural beauty.
- Disembark in the capital of nearby Nevis for a spectacularly scenic driving tour.
- Pass the birthplace of Alexander Hamilton, the first treasurer of the United States.
- Savor a Caribbean-style lunch at Pinney's Beach, a favorite stretch of sand on Nevis.
- Spend free time relaxing at the beach in whatever way you find most enjoyable.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

Walking on this tour is mainly at the guests' discretion at the beach. There will be sandy surfaces to negotiate and a few steps to enter and exit the boat. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests participating in water activities do so at their own risk and responsibility. Lounge chairs and umbrellas are included & on first come first serve basis. The stop at the hot springs is 10 minutes.

STK-009 SKY SAFARI ZIP-LINING

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$129.00



Date: April 05, 2022 11:00 AM

Soar over the pristine Valley of Giants rainforest on an exhilarating zip-line, descending at more than 35 miles per hour at times. Zipping along from platform to platform will be an absolutely thrilling experience, especially since you need only to sit back in the specially designed zip-line trolley chair with your hands free and feet dangling. The distance between the platforms varies with the longest stretching over a quarter-mile. Because the zip line isn't too high off the ground, you will enjoy exceptional views as you pass over the trees and through tunnels cut in the dense canopy. You will also be treated to unobstructed views of the sea and Brimstone Hill, a fortress once known as the Gibraltar of the West Indies. Following the zip-line adventure, you will be free to stroll about the ruins of Windfield Estate and visit Romney Manor to shop for casual fashions at Caribelle Batik.

- Fly through the air on a zip line over a rainforest in the Valley of Giants.
- Soar from platform to platform while seated in a comfortable trolley chair.
- Take in the breathtaking views through breaks in the tree canopy.
- Enjoy time to browse historical Windfield Estate, site of the zip line adventure.
- Shop for casual one-of-a-kind batik fashions at Caribelle Batik.
- Dress in weather-appropriate clothing, including long pants.
- Wear flat comfortable walking shoes with closed toes.

There is limited moderate walking on this. The tour is not available to wheelchair guests, pregnant women, those with heart conditions or back or neck injuries. It is not considered suitable for those with mobility concerns. Helmets will be provided and are mandatory. Participants must weigh between 60 and 260 pounds and sign a liability waiver. Other guests deemed suitable for the demands of the tour may not be able to participate.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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STK-003 QUAD BIKE ADVENTURE

Duration: 3.25 Hrs Tour Price: \$0.00

Retail Price: \$149.00

Date: April 05, 2022 12:30 PM

Drive an ATV around St. Kitts, exploring remote off-road areas that most visitors never see. Following a brief orientation on how to operate the one-person all-terrain vehicle, you will tear off into the countryside on an exhilarating ride. A guide will lead the way into the most picturesque parts of the island, which is formally known as Saint Christopher. Christopher Columbus stopped here on his second voyage in 1493 and named the island after his patron saint. As you will see by the tropical foliage, St. Kitts is extraordinarily fertile, the result of its volcanic origin. The rugged terrain and lush vegetation make it all the more fun to race through the wilderness on an ATV. Stops will be made on occasion to sample fresh fruit and take in the magnificent vistas.

- Drive an off-road ATV through some of the more isolated parts of St. Kitts.
- Share the thrills, as you will follow the guide in a convoy of vehicles.
- Learn a bit about the island's history while pausing for snacks.
- Admire the vistas, which are even more magnificent if it's a clear day.
- Dress in weather-appropriate clothing, including long pants.
- Wear flat comfortable walking shoes with closed toes.

This tour involves travel over bumpy, uneven terrain. It is not available to wheelchair guests or those with mobility concerns. It is not recommended for pregnant women or guests with back or neck problems. Goggles and helmets will be provided. Participants must be at least 18 years old, weigh no more than 250 pounds, present a valid driver's license and sign a liability waiver.

STK-006 BEACH EXTRAVAGANZA

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$59.00

Date: April 05, 2022 12:30 PM

Spend a blissful day enjoying one of the most extraordinary beaches on St. Kitts' secluded Southeast Peninsula, a lovely stretch of land with forested hills. Upon reaching the peninsula, the so-called handle of the tennis racquet-shaped island, you will drive along the scenic rim of the Great Salt Pond, the largest pond on St. Kitts, and on to Cockleshell Bay. The beach here is absolutely spectacular, and everything you could possibly want is within reach. The water is impossibly blue, the sand soft and powdery, and a casual Caribbean-style restaurant overlooks the sea. St. Kitts' sister island of Nevis appears to be so close you can almost touch it. You will be free to enjoy the beach however you like. You might meander down the shoreline, stretch out on a towel and sunbathe, swim in the typically calm waters, or even comb the beach for the bay's namesake cockleshells.

- Relax however you please at the beach at Cockleshell Bay.
- Swim in the sea, stretch out on the sand or stroll along the shore, if you like.
- Gaze at neighboring Nevis, the beautiful island that lies just two miles away.
- Enjoy a wonderfully scenic drive to and from Cockleshell Bay.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

Walking on this tour is mainly at the guests' discretion at the beach, where most surfaces are sandy. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests participating in water activities do so at their own risk and responsibility. Lounge chair is included. Umbrellas are available at an extra cost and on a first come first serve basis.

STK-012 ST. KITTS SCENIC RAIL

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$149.00



Date: April 05, 2022 12:30 PM

Circle the island of St. Kitts in the comfort of a restored vintage train and by modern coach while the guides provide commentary of the sights along the way. The train will wind along a narrow-gauge railroad that was built nearly a century ago to transport sugarcane from the fields to the capital of Basseterre. The scenery will be breathtaking the entire time, as you will pass through verdant rainforests, over deep canyons and into fertile farmland. To provide the ultimate views, your train car will be a double-decker with an open-air observation deck on one level and expansive vaulted windows on the other level. All guests will have a seat on both levels of the railcar. Island ambiance is evoked with comfortable rattan furniture, complimentary specialty drinks, island music and a colorful narrative. The driving portion of the tour along St. Kitts' southern coast will be just as picturesque, as you will see landmarks such as Brimstone Hill Fortress, a UNESCO World Heritage site known as the Gibraltar of the West Indies.

- Travel by train and coach, making a complete circle around St. Kitts.
- Enjoy a 360° view of the island from your double-decker train car.
- Ride a narrow-gauge railway through rainforests, over canyons and along the sea.
- Drive along the southern coast, passing landmarks such as an 18th-century British fort.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Please expect a bumpy bus ride to the train depot station which is approximately 10 minutes from the port. This tour is not wheelchair accessible.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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STK-013 ST. KITTS SCENIC RAIL AND SAIL

Duration: 4.00 Hrs

Tour Price: \$109.00

Retail Price: \$259.00

Date: April 05, 2022 12:30 PM

Take in the breathtaking natural beauty of St. Kitts by riding through the countryside on a vintage train and sailing in a catamaran along the southwestern coast. Once you board the St. Kitts Scenic Railway, you will realize that its name is not an exaggeration. It follows an impossibly picturesque route through rainforests, deep canyons and fertile farmland, providing you with a remarkably complete picture of the island. Upon arriving in Pump Bay, you will board a catamaran that will present yet another unique perspective of the island. As you sail along, you will pass fishing villages among sugarcane fields, the first British settlement on St. Kitts and the historical Brimstone Hill fortress, the so-called Gibraltar of the West Indies. You will also see aptly named Bloody Point, where the British and French joined forces in 1626 to defeat the indigenous Carib Indians.

- Travel by train through some of the most extraordinary countryside in St. Kitts.
- Enjoy a 360° view of the island from your double-decker train car.
- Ride the narrow-gauge railway through rainforests, over canyons and along the sea.
- Sail along the island's southwestern coast, passing fishing villages among sugarcane fields.
- See an 18th-century British fort that is a UNESCO World Heritage site.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Participants must be at least 6 years old. Please expect a bumpy bus ride to the train depot station. The tour may run in reverse order.

STK-001 SAIL AND SNORKEL ADVENTURE

Duration: 3.50 Hrs

Tour Price: \$0.00

Retail Price: \$109.00

Date: April 05, 2022 01:00 PM

Discover the natural beauty of the Caribbean while cruising on a catamaran to one of the most spectacular snorkeling sites off St. Kitts. After settling into the spacious catamaran, you will cruise along the leeward coast, passing some of the island's most photogenic areas such as resort-lined Frigate Bay. The catamaran will anchor at Shitten Bay, allowing you time to snorkel the crystal-clear waters, which are only accessible by sea. Besides seeing a riot of brightly colored fish parading by, you may spot curious reef creatures such as sea urchins, longsnout seahorses and sharp-headed arrow crabs. The latter has extremely long legs, a reason the species is commonly known as spider crabs. Following the snorkeling adventure, the onboard bar will open for the return cruise.

- Cruise along St. Kitts' gorgeous leeward coast in a spacious catamaran.
- Snorkel the coral reef in a bay that can only be reached by sea.
- Observe the colorful marine life in the typically calm and clear waters.
- Toast the experience with an ice-cold tropical beverage on the return cruise.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes with non-slip soles.

This tour is not available to wheelchair guests and not recommended for guests with back or neck problems or guests with limited mobility. Guests must be at least 21 years of age to consume alcohol. Guests participating in water activities do so at their own risk and responsibility.

STK-004 SAFARI ISLAND DRIVE

Duration: 3.50 Hrs

Tour Price: \$0.00

Retail Price: \$89.00

Date: April 05, 2022 01:00 PM

Enjoy a panoramic and enlightening drive around St. Kitts in an open-air safari-style vehicle designed for sightseeing. Your first stop will be Caribelle Batik, whose artists produce fine one-of-a-kind batik fashions using ancient Indonesian methods. The company operates out of Romney Manor, a centuries-old estate first owned by Thomas Jefferson's great, great, great grandfather. Continuing on, you will pass historical Old Road Village and Brimstone Hill Fortress, a UNESCO World Heritage site known as the Gibraltar of the West Indies. While pausing for photos at Gibbon's Hill, you will enjoy a sweeping vista of the area where the Caribbean Sea meets the Atlantic Ocean. Other magnificent seaside views include the waves crashing on the volcanically formed Black Rocks and gorgeous Frigate Bay, as seen from atop Timothy Hill.

- Enjoy a panoramic sightseeing tour from the comfort of an open-air safari-style vehicle.
- Pause at Caribelle Batik to watch artists create unique batik fashions.
- Pass an 18th-century fort that showcases Britain's military engineering skills.
- Behold spectacular views of the sea and beyond from several viewpoints.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guests' discretion during stops; however, there are bumpy surfaces. This tour is not available to wheelchair guests or those with mobility concerns. It is not recommended for pregnant women or guests with back or neck problems. The order of the sites viewed or visited may vary.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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STK-007 CARIBBEAN COOKING EXPERIENCE

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$109.00

Date: April 05, 2022 01:00 PM

Watch a Caribbean cooking demonstration in historical Fairview Great House while the chef entertains you with tales about the history of the island's regional dishes. Once the residence of a French military commander, the restored 300-year-old house offers an inspired setting for this culinary experience. You will become immersed in Caribbean cooking as the chef demonstrates how to prepare several of the most popular regional dishes. Many of the cooking techniques are African, Indian and European in origin, which adds to their intrigue. Tantalizing concoctions such as jerk pork loin, Creole fish in a tomato broth and green banana escovitch are typically part of the genuine Caribbean menu. Dessert often includes coconut bread pudding, a classic island dessert that may be glazed with rum. When the dishes are finished, you will be able to sample each one and receive easy-to-follow recipes of how to prepare them when you return home.

- Watch a chef prepare a three-course meal of classic Caribbean dishes.
- Listen to the chef's captivating stories about the history of Caribbean cooking.
- Savor the dishes that the chef has prepared for lunch.
- Receive easy-to-follow recipes so you can prepare the dishes at home.
- Browse Fairview Great House and its fragrant gardens after the meal.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking with a few steps to negotiate at the venue. The tour is not available to wheelchair guests and those with mobility concerns should carefully evaluate their stamina and ability before joining the tour. Ingredients may vary based on seasonal availability, and participants should be prepared for variations in the menu.

STK-008 ACCESIBLE TOUR OF BASSETERRES HIGHLIGHTS

Duration: 2.50 Hrs Tour Price: \$0.00

Retail Price: \$89.00

Date: April 05, 2022 01:15 PM

See the star attractions in and around Basseterre from the comfort of a vehicle specially designed to carry wheelchair-bound guests and others with mobility challenges. As you drive through the capital of Basseterre, you will learn about the rich history of St. Kitts. In 1493, Christopher Columbus landed, but the island didn't become a treasured British colony until more than 125 years later. The influence of the British and French occupiers is particularly striking in Basseterre's architecture and monuments. As you drive through the city streets, you will pass Scottish-built Berkeley Memorial clock, wonderfully restored St. George's Anglican Church and Independence Square, so named when St. Kitts achieved its political independence in 1983. You may also see the beautiful stone Church of the Immaculate Conception. At Romney Manor, you may watch a demonstration of batik making and then browse the store for merchandise designed with a Caribbean flair.

- Enjoy a panoramic drive in a vehicle designed for wheelchair-bound guests and others with mobility challenges.
- Discover the history of St. Kitts, including the effect of Columbus' landing in 1493.
- Notice the architectural influence of the British and French who colonized the island.
- Leave the vehicle at Romney Manor to watch a demonstration of batik making.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There is no required walking on this tour. The tour is available for up to two wheelchair-bound guests and 14 others, including those with collapsible wheelchairs who can make their way on and off the vehicle with limited assistance. The vehicle has a lift gate.

STK-014 GLASS BOTTOM, STEEL BAND & BEACH

Duration: 3.00 Hrs Tour Price: \$0.00

Retail Price: \$89.00

Date: April 05, 2022 01:15 PM

Observe the wonders below the water's surface while cruising along the coast in a glass-bottom boat on the way to a secluded beach. The boat is nearly 100 feet long, so there will be plenty of room to stretch out and enjoy the tropical scenery and steel pan music that is characteristic of the Caribbean. As you skirt along the southeastern shore of Saint Kitts, the capital city's urban landscape will gradually become more rural. The boat typically stops above the reef at Green Point, offering a clear view of the marine life below. You may spot bright-red squirrel fish, glass-eye snappers and brightly colored angel fish. Once the boat rounds Nag's Head, it will dock at an idyllic beach. Spend the time there as you please. You might take a refreshing swim in the Caribbean Sea, bask in the sun and stroll along the shore with nothing on your mind but enjoying the moment.

- Cruise along the southeastern shore of St. Kitts and take in the beautiful tropical scenery.
- Observe the colorful marine life through the boat's glass-bottom panels.
- Spend free time enjoying the serenity of a secluded beach near the island's southeastern tip.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

Guests will need to walk approximately 5 minutes from the pier to the vessel. There are steps down a ladder when the vessel reaches the beach, so guests will need to access those. Assistance will be given by the crew. Beach mats are provided for use on the beach. Bring adequate sun protection, swim wear, a towel, hat and a camera. Guests must be 21 years of age to consume alcohol.



Seated Tour



Light Activity



Hiking



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Meal Included

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Duration: 4.50 Hrs Tour Price: \$0.00 Retail Price: \$99.00

Date: April 05, 2022 01:30 PM

Visit several of the most impressive landmarks on St. Kitts while the guide explains their historical significance. The Eastern Caribbean's oldest town, Basseterre is full of architectural treasures that reflect its French and British colonization. A prime example is Brimstone Hill Fortress, a UNESCO World Heritage site known as the Gibraltar of the West Indies. The hilltop fortress is a tribute to 18th-century British military engineering and presents smashing views of the neighboring islands. Stately Fairview Great House is another fine representation of the colonial era and the ingenuity of using local building materials such as volcanic rock for the kitchen oven and bath. The natural beauty of St. Kitts will shine at venues that include the lookout atop Timothy Hill and the lovely botanical garden at Romney Manor, an estate that Thomas Jefferson's great great great grandfather owned. If you see monkeys, chances are, they are vervets.

- Gain a historical perspective of St. Kitts through its architectural icons.
- See the fortress at Brimstone Hill, which UNESCO has declared a World Heritage site.
- Admire the ingenuity of using local volcanic rock for construction.
- Browse the fine batik textiles produced at Romney Manor.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 1½ hours of easy walking with a few steps to negotiate. The tour is not available to wheelchair guests and those with mobility concerns should only participate to the extent of their stamina and ability. The order of the sites viewed or visited may vary.

STT-004 SHIPWRECK AND TURTLE COVE**Duration: 3.00 Hrs Tour Price: \$0.00****Retail Price: \$129.00****Date: April 06, 2022 08:00 AM**

Hoist the sails and set a course south on a comfortable, exclusive catamaran. This upscale sail and snorkel tours starts with a scenic one hour motor-sail out to Buck Island, a fish and birdlife private island sanctuary. Your attentive crew will point out island highlights, serve you sodas, water and advise you about your snorkeling adventure. You'll visit two different snorkel areas- Shipwreck and Turtle Bay- both located on Buck Island, conditions permitting. You will have ample time at each of these different snorkel sites to explore. After receiving your modern snorkel gear, safety vest and snorkel instruction, your crew will lead a guided tour through this underwater haven of abundant marine life, coral formations and colorful sea-life. Keep an eye out for an inquisitive Turtle, rays, and maybe even a shipwreck. After more than an hour at this paradise island you'll set sail for the return into beautiful Charlotte Amalie Harbor. Enjoy snacks, along with complimentary tropical rum punch. Relax during your delightful sail in blue Caribbean waters, with stunning scenery and Caribbean music.

- Sail the catamaran Castaway Girl to Buck Island while admiring the gorgeous scenery.
- Snorkel the crystal-clear waters at Shipwreck Cove, which is teeming with marine life.
- See a wartime shipwreck that lies just 25 feet below the surface of the water.
- Enjoy an open bar and Caribbean music on the return cruise.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

All snorkeling equipment, instruction, drinks and snacks are included in the tour. Guests must be at least 21 years of age to be served alcoholic beverages. Alcoholic beverages will be served only after water activities are completed. Guests are advised to wear a swimsuit under a cover-up, sunscreen, a hat, sunglasses and bring a towel from the ship. This tour is not recommended for guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. There is a weight restriction of 300 pounds.

STT-003 CERTIFIED SCUBA REEF AND WRECK DIVING**Duration: 3.50 Hrs Tour Price: \$99.00****Retail Price: \$249.00****Date: April 06, 2022 08:15 AM**

Scuba dive in the crystal-clear waters off St. Thomas at a site chosen the day of the excursion to ensure the best conditions. Following a brief orientation on what to expect, you will embark the dive boat and head out to sea. The captain will select a dive site with the best visibility and least current. The water depths typically range from 35-60 feet in the preferred dive sites, which include the Buck Island Wildlife Refuge, a number of Navy barges sunk after World War II and the wreck of the Cartanser Senor. The latter is a 190-foot freighter that sank in 1979 and rests in three pieces that have become artificial reefs teeming with marine life. A PADI-certified dive master and several guides will accompany you throughout the tour and provide assistance if needed.

- Scuba dive off St. Thomas at a location with the best visibility that day.
- Explore a scuttled vessel or a shipwreck, depending on the site the captain chooses.
- Take comfort in knowing a PADI-certified dive master is along if you need assistance.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

Participants must sign a waiver, present their dive certification cards and show proof that they have dived in the last two years. Otherwise, interested guests should take a refresher course before the cruise. Diving shouldn't be attempted within 12 hours of flying. Wet suits can be rented. Junior certified divers must be at least 12 years old and accompanied by a parent or guardian. This tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. It may not be exclusive to guests of your cruise ship.

STT-007 DISCOVER SCUBA DIVING AND SNORKEL TOUR**Duration: 3.50 Hrs Tour Price: \$99.00****Retail Price: \$249.00****Date: April 06, 2022 08:15 AM**

Learn the basics of scuba diving in an introductory class that will quickly give you the skills necessary to observe the wonders underwater. After practicing in a small, pool-like body of water, you will head to sea in a dive boat. Your destination will be the Buck Island Wildlife Refuge, a protected cove that is ideal for first-time scuba divers. A PADI-certified dive master and several guides will accompany you throughout the tour and provide assistance in the water, if needed. It no time, you will be scuba diving in crystal-clear waters inhabited by a riot of tropical fish and sea turtles. Leatherbacks, hawksbills and green turtles are commonly seen around St. Thomas, and many of them nest on the island. You can also expect to see parrotfish, starfish and trumpetfish, which are named for their long slender appearance.

- Learn to scuba dive in no time in a comfortable, pool-like setting.
- Head into the shallow waters off Buck Island and put your newly acquired skills to use.
- Observe the abundant marine life, including three species of sea turtles.
- Take comfort in having a PADI-certified dive master and several guides nearby.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

No experience is necessary to participate, but this tour is only recommended for active guests that are good swimmers in good physical condition. This tour is not recommended for guests with limited mobility or those who utilize a wheelchair. Children must be at least 12 years old and accompanied by a parent in order to participate. Participants must sign a waiver. Diving shouldn't be attempted within 12 hours of flying. This is a scuba experience not a certification class. There will be one instructor for every four participants. Required equipment will be provided, but wet suits must be rented. This tour may not be exclusive to guests of your cruise ship.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



Go Local Tour



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STT-015 PANORAMIC VIEWS OF ST. THOMAS

Duration: 2.50 Hrs Tour Price: \$0.00

Date: April 06, 2022 11:15 AM

Settle in for a spectacularly scenic drive around St. Thomas, much of it on the elevated road Skyline Drive. As you begin to ascend into the hills, you will enjoy sweeping views of the sea and your cruise ship in the harbor. The higher you go, the more extraordinary the views. Occasional stops at the most picturesque vantage points will provide historical perspectives as well, as the guide will point out and describe the sights. For instance, the Drake's Seat lookout is named for Sir Francis Drake, the English explorer and privateer that supposedly watched over the harbor from there in the late 1500s. For the ultimate bird's-eye view, you will stop at Mountain Top, the highest point on St. Thomas. From there, you will be treated to panoramas of the island and the British Virgin Islands in the distance. Time will be allotted to shop and perhaps sip one of the venue's famed banana daiquiris.

- Drive around St. Thomas on elevated roads that offer the most magnificent views.
- Pause at scenic lookouts such as Drake's Seat, which presents the ultimate harbor view.
- Gaze out over St. Thomas from Mountain Top, the highest point on the island.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes minimal walking. Guests need to be able to make their own way on and off the coach and tramway. Those with mobility concerns are cautioned to evaluate their personal level of stamina and ability. Maximum age to participate is 80 years of age. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

STT-006 SEA TREK HELMET DIVE AT CORAL WORLD

Duration: 3.50 Hrs Tour Price: \$0.00

Retail Price: \$129.00

Date: April 06, 2022 11:30 AM

Walk on the ocean floor at Coral World using a Sea Trek helmet that will keep your head completely dry as you observe the wonders underwater. Following a brief orientation on how to use the helmet, you will follow a Sea Trek guide along an underwater trail through a coral reef at a depth of about 12-18 feet. For extra stability, there is even a handrail along the route. You won't be in an aquarium-like tank but rather in an open-ocean environment, where you will likely encounter schools of horse-eye jacks, neon-colored parrotfish and sharp-headed arrow crabs. You may even spot sea turtles and stingrays swimming by. Using the Sea Trek helmet is remarkably easy and presents a world of marine life many people never see, especially those that feel uncomfortable snorkeling or diving.

- Follow a path along the ocean floor wearing a special helmet that makes breathing easy.
- Feel comfortable underwater, as your head will stay dry so you can even wear eyeglasses.
- Observe an array of colorful marine life in an open-ocean environment.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring a towel and sunscreen.
- Wear flat comfortable walking shoes.

This tour is not available to guests who weigh less than 80 lbs., utilize a wheelchair, pregnant women, guests with limited mobility, or those who have had a heart attack, heart surgery or take beta blockers. Participants must sign a liability waiver. Diving experience is not required. Transportation and fees are included. The Sea Trek will last about 25-30 minutes.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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❖ PUERTO PLATA, DOMINICAN REPUBLIC

POP-009 DAMAJAGUA WATERFALLS & PRIVATE BEACH GETAWAY

Duration: 6.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:00 PM

Climb among the waterfalls on the Damajagua River and continue your water-themed adventure at a remote oceanside beach where you may snorkel, kayak and paddleboard. Although there are dozens of waterfalls on the jungle-enshrouded river, you will focus on seven of the lower cascades, which have a higher volume of water and are easier to reach. Some of the waterfalls feature natural stone slides into the sparkling waters below, while others tumble over steep cliffs and form natural pools that are ideal for swimming. After this exhilarating experience, you will dine at a Dominican-style beach house and then spend hours enjoying the house's private stretch of sand along the Atlantic Ocean. Spend that time however you please. You might bask in the sun, stroll along the beach and relax in a beach chair shaded by an umbrella. If you are feeling more ambitious, all sorts of watersports are available for your enjoyment.

- Walk through the rainforest to a series of waterfalls on the Damajagua River.
- Swim in the pools beneath the waterfalls and relax on the surrounding boulders.
- Dine at a remote beach house and relax on its beautiful private beach.
- Kayak, snorkel and paddleboard just off the beach, if you wish.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Guests must be a minimum of 8 years of age, maximum Weight 250 lbs./114 kg. No non-swimmers to enter the water. Not suitable for sufferers of respiratory problems, pregnant women or persons with neck or back conditions. Not wheelchair accessible. Guests under the influence of alcohol or drugs will not be allowed to participate. Closed-toe secure footwear must be worn. Signed release required. The beach is lined with rocky areas and cliffs. Food & beverage available for purchase. Bring a towel. Sun loungers and umbrellas are included. Changing rooms and fresh water showers available on the beach.

POP-012 COCONUT COVE - FULL PARK PASS

Duration: 6.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:00 PM

Enjoy one adrenaline-pumping thrill after another by power-snorkeling, tearing through the countryside on an ATV and racing downhill on a series of ziplines. All of these adventures and more are included with your full park pass at Chukka Ocean Outpost Coconut Cove. You will learn ways to maximize your power-snorkeling experience while cruising to Coco Beach, whose waters are teeming with colorful marine life. The motorized power-snorkel enables you to zoom underwater at speeds that would be impossible with only flippers. The ATV off-road trail is just as much fun to follow, as you will drive over riverbeds, around the rugged wilderness and through standing water and mud if it's been raining. The zipline course offers an elevated perspective of the Dominican landscape, as it takes you over water and sand while providing panoramic views of the sea. There is no doubt that you will have plenty to talk about over lunch and while relaxing later at the beach.

- Observe the underwater wonders at Coco Beach using a motorized power-snorkel.
- Race off-road through the jungle wilderness on your own ATV.
- Fly over the sea and beach on a series of thrilling ziplines.
- Enjoy a hearty buffet lunch and free time at the beach.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. The beach is lined with rocky areas and cliffs. Bring a towel. Buffet lunch and Caribbean open bar included. Sun loungers and umbrellas are included. Changing rooms and fresh water showers available on the beach.

POP-002 DOLPHIN ENCOUNTER & OCEAN WORLD ADVENTURE

Duration: 5.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Interact with the friendly, highly intelligent dolphins at Ocean World and enjoy the marine park's other attractions at your leisure. Few experiences are quite so memorable as wading out into the waist-deep water for an up-close encounter with the resident bottlenose dolphins. After a brief introduction describing their behavior and what to expect during your interaction, you will ease into the water to touch, feed and hug the dolphins, if you wish. As you will discover, these marine mammals are curious, sociable and love the attention. But the dolphin encounter is only one adventure at the marine park. You might also snorkel in the reef aquarium, take a refreshing swim in the sheltered waters just off the enclosed beach, watch a sea lion show, meander through the rainforest and feed macaws and toucans at the bird sanctuary. A hearty buffet lunch will be served, as well.

- Enjoy an up-close interaction with bottlenose dolphins in waist-deep water.
- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, watch marine animal shows and snorkel in a reef aquarium.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Towels are available for rent. An 18 year or older adult must accompany children at all times. Minimum age to participate is 4 years old. No pregnant women allowed. No jewelry on hands, neck and ears allowed to avoid harming the animal. No camera or glasses allowed in the water. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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POP-003 DOLPHIN SWIM & OCEAN WORLD ADVENTURE

Duration: 5.50 Hrs Tour Price: \$179.00

Date: April 07, 2022 12:30 PM

Swim with bottlenose dolphins at Ocean World and explore the other attractions at the marine park as you please. After a brief introduction as how to maximize the experience, you will don a lifejacket and swim out into the dolphin habitat. The water is fairly deep so the charismatic dolphins can show off their acrobatic talents and ability to swim at remarkably high speeds. As you will notice, the dolphins' curved mouths make them look like they're constantly smiling. You might hug the dolphins, feed them fish or just watch them frolic. Plenty of time is also allotted to explore other areas of the park. To continue with the animal encounter theme, you might snap pictures with the tropical birds in the avian sanctuary and snorkel among the colorful fish in the reef aquarium. Other activities include taking a refreshing swim and relaxing around the freshwater pool. Later, you can partake of the hearty buffet lunch.

- Swim with bottlenose dolphins in water deep enough for them to really show off.
- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, watch marine animal shows and snorkel in a reef aquarium.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Towels are available for rent. A prior shower is required. An 18 year or older adult must accompany children at all times. Minimum age to participate is 4 years old. Child minimum height is 45 inches (115 cm). Participants must be able to swim and must use lifejackets (provided). No pregnant women allowed. No jewelry on hands, neck and ears allowed to avoid harming the animal. No camera or glasses allowed in the water. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available.

POP-004 SEA LION ENCOUNTER & OCEAN WORLD ADVENTURE

Duration: 5.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Spend time poolside interacting with South American sea lions and follow up with other animal encounters at Ocean World, an outdoor marine park right on the sea. All you have to do is sit on the side of the pool with your legs in the water, and the sea lions will come to you. As you will discover, these large short-haired mammals are agile, playful and bright. Chances are, the sea lions will waddle over on all four flippers, allowing you to pet and feed them fish. They might even encourage you to play ball, as they are skilled at bouncing beach balls off their noses. The males are the larger sea lions with lion-like manes running down their backs. In addition to this up-close encounter, you can enjoy the park's other attractions, including the rainforest and bird sanctuary. You will also have time for a refreshing swim and to snorkel in the reef aquarium.

- Interact with South American sea lions poolside and feed them if you wish.
- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, watch marine animal shows and snorkel in a reef aquarium
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Towels are available for rent. A prior shower is required. An 18 year or older adult must accompany children at all times. Minimum age to participate is 4 years old. Child minimum height is 45 inches (115 cm). Participants must be able to swim and must use lifejackets (provided). No pregnant women allowed. No jewelry on hands, neck and ears allowed to avoid harming the animal. No camera or glasses allowed in the water. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available.

POP-005 SHARK ENCOUNTER & OCEAN WORLD ADVENTURE

Duration: 5.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Confront any fear of sharks that you may have by swimming and snorkeling with these much maligned creatures, a fish that has changed little over millions of years. Although you may be apprehensive at first, be assured that these sharks are accustomed to being handled by humans and sharing the water. After easing into the pool, you will be welcome to feed and pet the sharks and snorkel around them for an up-close underwater view. You will notice that shark skin feels like sandpaper because it's covered with grooved, teeth-like scales that point toward the tail to reduce friction when the shark swims. This shark encounter will be a one-of-a-kind experience that you will not soon forget. There are also plenty of other activities to enjoy elsewhere at the park. Feel free to snorkel in the reef aquarium, swim in the sheltered pools, wander through the rainforest and walk about the bird sanctuary.

- Swim and snorkel with sharks, an adrenaline-pumping, once-in-a-lifetime experience.
- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, swim in the sea and snorkel in a reef aquarium.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Towels are available for rent. A prior shower is required. An 18 year or older adult must accompany children at all times. Minimum age to participate is 4 years old. Child minimum height is 45 inches (115 cm). Participants must be able to swim and must use lifejackets (provided). No pregnant women allowed. No jewelry on hands, neck and ears allowed to avoid harming the animal. No camera or glasses allowed in the water. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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POP-006 VIP DOLPHIN SWIM ADVENTURE

Duration: 5.50 Hrs Tour Price: \$199.00

Date: April 07, 2022 12:30 PM

Enjoy the ultimate dolphin experience by swimming with these highly intelligent marine mammals and then letting them take you on exhilarating rides across the enclosed lagoon at Ocean World. Before you enter the water, the trainers will brief you on how best to interact with the dolphins and describe a bit about their behavior. Bottlenose dolphins are social animals, exceptionally playful and extremely curious. You can expect them to swim directly to you for a hug. Few experiences are quite so memorable as sharing the water with dolphins in such close proximity. To demonstrate their strength and speed, the dolphins will take you on a belly ride across the lagoon. Hop on a boogie board, and they will push you across the water. You will have plenty of time to enjoy other animal encounters at the bird sanctuary and by snorkeling in the reef aquarium.

- Swim with bottlenose dolphins, ride on their bellies and interact with them up close.
- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, swim in the sea and snorkel in a reef aquarium.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Towels are available for rent. A prior shower is required. An 18 year or older adult must accompany children at all times. Minimum age to participate is 4 years old. Child minimum height is 45 inches (115 cm). Participants must be able to swim and must use lifejackets (provided). No pregnant women allowed. No jewelry on hands, neck and ears allowed to avoid harming the animal. No camera or glasses allowed in the water. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available.

POP-008 PUERTO PLATA DOMINICAN EXPERIENCE

Duration: 5.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM, 01:00 PM

Become immersed in the Dominican culture through a hands-on cooking class and by joining a fiesta where you will learn traditional dances. The fun will take place at Ocean World, a dolphin habitat and adventure park. On the drive there, you will tour historical Puerto Plata and take in the beauty of the Dominican countryside. Upon arriving, you will be served a welcoming coco loco rum drink and join a cooking class, where you will prepare several traditional dishes. An authentic Dominican lunch follows, during which you will taste other popular dishes, such as fried-plantain tostones. The celebration of all things Dominican continues at a fiesta where you will learn to dance the merengue and the bachata. The former is the national dance of the Dominican Republic, the latter is considered the country's soulful version of the blues. You will also be treated to a folkloric ballet performance, which will enhance your understanding and appreciation of the local culture.

- Enjoy a panoramic driving tour through the most historical areas of Puerto Plata.
- Participate in a hands-on cooking class followed by a lunch of traditional dishes.
- Learn to dance the merengue and bachata at a lively Dominican fiesta.
- Watch a folkloric ballet performance that beautifully expresses the Dominican culture.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

Drinks, photos and local souvenirs are available for purchase. Light comfortable walking shoes are recommended for this tour. Clothes covering knees and shoulders are recommended to enter the Cathedral. Order of the activities can be alternated. Foldable wheelchairs are allowed, electric scooters are not.

POP-010 COCONUT COVE AUTHENTIC BEACH BREAK

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Relax on beach-rimmed Coconut Cove doing whatever you please without a care in the world. The setting for this spectacular beach break will be the Chukka Ocean Outpost, which overlooks a private stretch of sand tucked among a series of rocky cliffs. To reach the cove, you will travel off-road, a means of transportation that will put you in just the right mood for further adventures at the beach. While you might rent a variety of gear for watersports, there is plenty to do otherwise. You can stretch out on a beach lounge, lie in the shade under a beach umbrella or a coconut palm, stroll along the shore and explore the area leading to the oceanfront cliffs. Consider the time yours to enjoy however you wish, without a schedule to follow or a need to rush. There is also a restaurant right at the beach so you can dine anytime you're hungry.

- Spend hours on a private beach that rims beautiful Coconut Cove.
- Relax in a lounge, bask in sun, stroll the shoreline and do most anything you want.
- Enjoy an adventurous off-road ride to the beachside Chukka Ocean Outpost.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. The beach is lined with rocky areas and cliffs. Food & beverage available for purchase. Bring a towel. Sun loungers and umbrellas are included. Changing rooms and fresh water showers available on the beach.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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POP-011 COCONUT COVE AUTHENTIC BEACH BREAK - ALL INCLUSI

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Make the most of your time at the beachfront Chukka Ocean Outpost on Coconut Cove by taking full advantage of the included watersports, buffet lunch and open bar. Even the ride there will be exciting, as you will travel off-road through the lush countryside. Upon arriving, you will be free to spend your time however you wish. The beach is spectacular and wide enough so you will never feel crowded. If you prefer to just relax, complimentary beach loungers and umbrellas are available and you can stroll along the shore at your leisure. Whenever the mood strikes, you can head out into the ocean on a paddleboard, kayak along the coast and snorkel above the reef that lies in the shallows not far offshore. The waters along Coconut Cove are teeming with colorful marine life so there is plenty to see. Feel free to dine whenever you want and enjoy unlimited drinks.

- Enjoy the included watersports, lunch and open bar at a private beach on Coconut Cove.
- Paddleboard, kayak and snorkel whenever you wish or just relax on the beach.
- Enjoy an adventurous off-road ride to the beachside Chukka Ocean Outpost.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. The beach is lined with rocky areas and cliffs. Bring a towel. Buffet lunch and Caribbean open bar included. Sun loungers and umbrellas are included. Changing rooms and fresh water showers available on the beach.

POP-013 ATV ADVENTURE & BEACH

Duration: 4.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Drive your own ATV through the beautiful Dominican countryside, following an off-road trail that winds through forested and open areas, across riverbeds and most anywhere else that the guide leads. During the briefing at Chukka Ocean Outpost Coconut Cove, you will learn the ins and outs of operating the one-person ATV and what to expect as you race off caravan-style into the wilderness. You can expect the experience to be a nonstop thrill and extraordinarily scenic as you ride through parts of the Dominican Republic that few travelers ever see. Along the way, you will pass through traditional villages and stop for coffee in a country home, which will give you a genuine look at rural daily life. An hour or so at the Coconut Cove beach follows, during which you can bask in the sun on a lounge and take a refreshing swim in the sea while recounting the highlights of your off-road adventure.

- Race off-road through the jungle wilderness on your own ATV.
- Zip through remote areas and into villages and stop for coffee in a private home.
- Spend free time relaxing at the beach and swimming in the sea.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Guests must be 16 years of age and present a valid driver's license. Maximum Weight 265 lbs./120 kg. Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. Guests under the influence of alcohol or drugs will not be allowed to participate. Closed-toe secure footwear must be worn. Eye protection and bandanas recommended. Wear comfortable cool clothing, swimwear and sunscreen. Bring a towel. Signed release form required. Food & beverage available for purchase.

POP-014 ZIP & ZOOM

Duration: 5.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

A scenic drive by safari truck through the countryside will take you to Chukka Ocean Outpost at Coconut Cove. Get ready to experience an authentic Dominican adventure on your easy-to-handle ATV (single rider), as you set off to discover the untouched hills and plains of this beautiful terrain. Then take a look at this picturesque beach-side oasis as you soar from above on ziplines with speeds that reach up to 18 miles per hour, directly over the Atlantic Ocean! Continue the fun on our private beach and enjoy the watersports or soak up some Caribbean sun with amazing views for selfies and photo ops.

- Fly over the sea and beach on a series of thrilling ziplines.
- Race off-road through the jungle wilderness on your own ATV.
- Spend free time relaxing at the beach and swimming in the sea.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Guests must be 16 years of age and present a valid driver's license. Maximum Weight 265 lbs./120 kg. Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. Guests under the influence of alcohol or drugs will not be allowed to participate. Closed-toe secure footwear must be worn. Knee length shorts required for zipline. Signed release form required. Food & beverage available for purchase.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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POP-015 WILD TRUCK ADVENTURE & BEACH BREAK W/ LUNCH

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Hop aboard a former military truck and race through the countryside as a prelude to relaxing on the beach. The 6-wheel-drive vehicle is ideal for traveling through the rugged hills that surround Puerto Plata. You will not only enjoy beautiful views, but also get an authentic glimpse of the Dominican culture by pausing in villages to observe daily life. The residents will demonstrate how they hand-roll cigars using different blends of locally grown tobacco. You will also enjoy tastings of coffee and chocolate, two other products synonymous with the Dominican Republic. Coffee has been grown there since the 1700s, and despite the country's size, it is one of the world's largest producers of organic cocoa used to make chocolate and flavor other foods. Continuing on, you will drive to Chukka Ocean Outpost Coconut Cove for a hearty buffet lunch and to relax on the private beach that rims the cove.

- Ride through the countryside in an ex-military truck that can go where other vehicles can't.
- Sample locally made coffee and chocolate and watch artisans hand-roll premium cigars.
- Enjoy lunch and beach time at Chukka Ocean Outpost Coconut Cove.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Not suitable for pregnant women or persons with neck or back conditions. Not wheelchair accessible. Signed release form required.

POP-016 POWER SNORKEL ADVENTURE

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Take a trip under the waves of the Atlantic along the remote shores of the Dominican Republic. After a 45 minute off-road adventure in an open air safari truck through the Dominican countryside, you will arrive at this hidden bay used only by local fisherman. Discover the coral reef system, and the creatures that inhabit it, as you are pulled through the aquamarine waters by your Sea Scooter. Marvel at the beauty as your knowledgeable crew guide you through the reef system identifying the various tropical fish and coral formations. Make your way back to shore where it's a short trip to Ocean Outpost at Coconut Cove. It's time to grab a cocktail and sink your toes into the soft golden sands while listening to typical Dominican rhythms.

- Observe the underwater wonders at Coco Beach using a motorized power-snorkel.
- Zip through the water and around the coral reefs much faster than you could with flippers.
- Enjoy lunch and beach time at Chukka Ocean Outpost Coconut Cove.
- Dress in weather-appropriate clothing.
- Bring a bathing suit and sunscreen.
- Wear flat, comfortable walking shoes.

Guests must be a minimum of 10 years of age, maximum Weight 250 lbs./114 kg. No non-swimmers to enter the water. Not suitable for sufferers of respiratory problems, pregnant women or persons with neck or back conditions. Not wheelchair accessible. Guests under the influence of alcohol or drugs will not be allowed to participate. Signed release required. The beach is lined with rocky areas and cliffs. Food & beverage available for purchase. Bring a towel. Sun loungers and umbrellas are included. Changing rooms and fresh water showers available on the beach.

POP-017 PUERTO PLATA CULTURE, HISTORY & HERITAGE

Duration: 3.50 Hrs Tour Price: \$0.00

Date: April 07, 2022 12:30 PM

Discover the charms of Puerto Plata through its most revealing cultural and historical landmarks. For centuries, the Dominican Republic has produced extraordinary rums, and you will gain a step-by-step understanding of the process at a leading rum factory. Fort San Felipe will offer a glimpse into early life in Puerto Plata, as the Spanish-built fortress is the only remaining structure from the 16th century. Nearby, you will enjoy free time in verdant Central Park, a popular gathering spot in the heart of the city. It is also known as Independence Square in tribute to General Gregorio Luperón, who helped unite the Dominican Republic following the War of Restoration. You will also have the chance to see a museum with an extraordinary collection of amber artifacts and Puerto Plata's stadium, where so many of the country's baseball stars have played. Strolling the malecón seafront boulevard will offer yet another look at local life.

- Delve into the history of Puerto Plata at a fort that the Spanish built in the 16th-century.
- See two museums: one dedicated to rum production, the other displaying amber artifacts.
- Experience local life by meandering through Central Park and strolling the malecón.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour is suitable for guests with limited mobility but not recommendable for guests in a wheelchair.

POP-018 LIFESTYLE HOLIDAYS - VIP RESORT DAY

Duration: 5.00 Hrs Tour Price: \$79.00

Date: April 07, 2022 12:30 PM

Spend a carefree day at the Lifestyle Holidays Vacation Resort, a luxurious tropical property with all the amenities you need to completely relax. With a day pass in hand, you can meander about the resort as you see fit, enjoying one stress-free hour after another. You might take an invigorating dip in the crystal-clear swimming pools, stretch out on a cushioned lounge chair and bask in the sun, and enjoy the shade of the palm trees around the pool decks. The ocean is just steps away if you prefer to swim in saltwater or simply gaze out over the shimmering sea. Few settings rival this tastefully designed tropical paradise. Other options include browsing the hotel shops, sipping an icy beverage at one of the many bars and taking full advantage of the international buffet that comes with your day pass.

- While away the hours doing whatever you please at the Lifestyle Holidays Vacation Resort.
- Enjoy a refreshing dip in the swimming pools and in the ocean, if you prefer saltwater.
- Savor the international cuisine in the included buffet lunch.
- Bask in the sun, read in the shade and enjoy the resort amenities you find most appealing.
- Dress in weather-appropriate clothing.
- Bring a swimsuit and towel.
- Wear flat comfortable walking shoes.

There are stairs for access to the beach.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



Go Local Tour



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POP-020 BUGGIES & BEACH OFF-ROAD

Duration: 4.00 Hrs **Tour Price:** \$0.00

Date: April 07, 2022 12:30 PM, 03:00 PM

Race through the tropical countryside in an open-air, off-road buggy for an exhilarating experience between stops at several top attractions. You will have the chance to test drive the buggy beforehand so you will feel comfortable whether at the wheel or as the passenger. Then, it's off into the wilds, where you will drive down country lanes, past rivers and into isolated areas that most visitors never see. If it has rained recently, the ride will be even more fun because your caravan of vehicles can zip through long stretches of muddy dirt roads. In time, you will stop to tour a farm that grows coffee, cocoa for chocolate and tropical produce such as mangoes and carambola, the national fruit of the Dominican Republic. Free time at the beach will follow, during which you can lounge about as you wish, stroll the shore and enjoy an invigorating swim in the sea.

- Zip down dirt roads and off-road in an open-air buggy.
- See how coffee, cocoa and fruits are grown at a country farm and enjoy samples of them.
- Relax at a gorgeous beach along the north shore and swim in the ocean, if you wish.
- Dress in weather-appropriate clothing.
- Bring a swimsuit and towel.
- Wear flat comfortable walking shoes.

Driver and passenger will have an opportunity to switch positions during the tour so both guests can drive the buggy. Valid driver's license must be presented to drive the vehicle. Passenger's must be at least 6 years of age.

POP-019 COUNTRYSIDE SAFARI - LOCAL STYLE

Duration: 5.00 Hrs **Tour Price:** \$0.00

Date: April 07, 2022 12:45 PM

Explore the beautiful tropical countryside in an open-air safari-style vehicle, pausing on occasion to experience local life. Although sugarcane is the most widely grown crop in the Dominican Republic, coffee and cocoa are equally important. While visiting one of the characteristic farms near the country's north shore, you will see how coffee and cocoa flourish in the rich soil and are then processed on site. Samples may be available so you can taste their distinct qualities. As you drive deeper into the countryside, the guide will describe the history of the area, point out natural wonders and elaborate on the culture. Back in Puerto Plata, you will enjoy free time at one of the white-sand beaches along the malecón. Depending on the day and time, the beach could be somewhat empty or full of locals enjoying the pristine setting. Either way, you will get an authentic glimpse into the lifestyle. A traditional Dominican lunch will follow.

- See how coffee and cocoa are grown and processed at a farm in the countryside.
- Enjoy a panoramic drive through the country, often off-road in a safari-style vehicle.
- Learn about the local lifestyle and experience it firsthand by relaxing at the beach.
- Dress in weather-appropriate clothing.
- Bring a swimsuit and towel.
- Wear flat comfortable walking shoes.

This tour includes a moderate amount of activity. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

POP-021 DISCOVER PUERTO PLATA

Duration: 4.00 Hrs **Tour Price:** \$0.00

Date: April 07, 2022 12:45 PM

Gain an overall understanding of Puerto Plata through a diversity of attractions that will lend insight into the local history and lifestyles. At the Brugal rum factory, you will learn how the acclaimed spirits are distilled and aged, according to a proprietary process that the Brugal family has handed down through the generations. While driving around the 60-block historical city center, you will pause to explore the 16th-century Fort San Felipe and browse the unusual Amber Museum. Its collection of plants and ancient creatures preserved in fossilized tree sap, known as amber, is extraordinary. The Luperón House Museum contains photos and personal effects that celebrate the achievements of national hero General Gregorio Luperón. For a perspective of present-day Puerto Plata, you can meander through popular Central Park, browse the artisan shops that line the atmospheric streets and amble down the Pink Alley, a monochromatic walkway where everything is painted bright pink.

- Stop at key attractions within Puerto Plata's 60-block historic city center.
- Tour a rum factory, browse artisan shops and meander through Central Park.
- Browse a museum dedicated to a national hero and another full of amber artifacts.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There are stairs at the museums and the fortress and cobblestone streets to maneuver.

POP-022 PARTY AT THE SEA

Duration: 3.50 Hrs **Tour Price:** \$0.00

Date: April 07, 2022 01:00 PM

Drive along the Dominican Republic's northern shore, enjoying spectacular scenery all the way to Sousa Beach. Board your party boat and spend the next few hours sailing along the bay. Enjoy the lively Caribbean music and icy-cold drinks while dancing on board. If you'd like to observe the wonders underwater, snorkeling equipment is available. You don't have to snorkel far from the boat to see all sorts of brilliantly colored reef fish at 3 Rocks Snorkel Spot. You will pass other powdery stretches of sand, dense tropical forests and an airport named for national hero Gregorio Luperón before pulling into Playa Alicia. The crescent-shaped beach that rims the bay is one of the area's most popular and gorgeous shorelines. You can spend your time there doing pretty much whatever you please. You might stroll along the water's edge, swim in the sparkling sea, bask in the sun and lie in the shade.

• Zip along the gorgeous northern coast in a modern powerboat to your snorkel destination. • Dance along with upbeat Caribbean music or relax on board. • Take a refreshing swim and snorkel in the waters that rim the bay of Playa Alicia.

- Dress in weather-appropriate clothing.
- Wear a swimsuit and bring a towel.
- Wear flat comfortable walking shoes.

Participants must be at least 18 years of age. Power boat has steps, ladder, toilet and shaded areas onboard. Limited snacks served onboard.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 07, 2022 01:30 PM

Experience a variety of marine adventures and animal encounters at Ocean World, one of the world's largest manmade dolphin habitats. The included day pass entitles you to explore the park's most popular areas, including the rainforest, bird sanctuary and aquariums. You will gain a greater understanding of the marine mammals by watching them flaunt their prodigious talents at the dolphin and sea lion shows while their trainers describe the animals' characteristics. You will also have plenty of opportunities to enjoy the water by swimming in the sheltered sea off the park's beach and by snorkeling in a tropical reef aquarium that is teeming with brightly colored saltwater fish. The Dominican Adventure offers an enlightening glimpse into the local culture, as you might watch skilled artisans hand-roll cigars, carve wooden art objects, demonstrate the merengue and perform a folkloric ballet. To round out your experience, a buffet lunch is included and time is allotted for shopping.

- Spend hours enjoying the attractions at Ocean World, a dolphin habitat with plenty more.
- Walk through the rainforest, watch marine animal shows and snorkel in a reef aquarium.
- Become immersed in the Dominican culture by watching local artisans and performers.
- Dress in weather-appropriate clothing.
- Bring a bathing suit, towel and sunscreen.
- Wear flat, comfortable walking shoes.

Bring bathing suit, towel, sun block and additional money for pictures, videos and souvenirs. Beach chairs and umbrellas available on a first come basis. An 18 year or older adult must accompany children at all times. Electric mobility equipment i.e. scooters not allow inside the premises. The park is wheelchair friendly with ramps. Wheelchair users must be accompanied by a friend or family member. Showers, restrooms and changing facilities are available. Towels are for rent.

❖ NASSAU, BAHAMAS

NAS-021 BALMORAL ISLAND BEACH BREAK

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$79.00

Date: April 09, 2022 08:30 AM

Enjoy the amenities of Balmoral Island, which lies just a mile offshore yet feels like it's a world away. A short ferry ride will bring you to the island, where you will be free to create your own perfect day. Do as much or as little as you please. You might relax on a lounge chair on the sugar-white beach, sit in the shade under an umbrella and take a refreshing swim in the azure-blue sea. During your entire stay, you will have unlimited complimentary use of the noodle floats. If you would like more activity, you can rent snorkel gear and a kayak. If you prefer to swim without getting your feet sandy, there is a heated freshwater pool lined with cabanas for rent. Nearby you will find plenty of bars and dining options in The Market.

- Create your own tropical getaway on Balmoral Island.
- Enjoy the crystal-clear sea, beach and watersports as you see fit.
- Swim in the freshwater swimming pool for a change of pace.
- Relax in a rented poolside cabana if you like.
- Take advantage of the nearby bars and restaurants.
- Dress in weather-appropriate clothing over swimwear.
- Bring a towel and cash or credit cards other than American Express for optional purchases.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, primarily at the guests' discretion on the island, where surfaces are asphalt and sand. The tour is available to wheelchair guests who have a collapsible wheelchair and are accompanied by an able-bodied companion to assist them. The minimum age to participate is 3 years old. Guests under the age of 18 must be accompanied by one paying adult on the island. Food and alcohol cannot be brought onto the island. There are no lifeguards on duty and guests that participate in water activities do so at their own risk and responsibility. Guests not on a marine encounter won't be allowed in the marine encounter area. The tour may be cancelled due to weather or safety concerns.

NAS-023 BALMORAL ISLAND STINGRAY AND BEACH DAY

Duration: 4.50 Hrs **Tour Price:** \$0.00

Retail Price: \$89.00

Date: April 09, 2022 08:30 AM

Interact with southern stingrays in waist-deep water off Balmoral Island, a private resort oasis also known as Discovery Island. After a short ferry ride to the island, you will sit in on a brief presentation about southern stingrays that will prepare you for the encounter that follows. As you will discover, these relatively flat, diamond-shaped marine animals typically measure 3 to 4 feet across, with the females being larger than the males. During your time with these remarkably docile and graceful creatures, feel free to pet, hold and even feed them. They are used to human contact, so you can expect an immensely fulfilling experience. After the stingray encounter, you will enjoy free time to take advantage of Balmoral Island's amenities, which include a wide, sugar-white beach rimmed by turquoise waters, a heated freshwater swimming pool, watersports equipment for rent and an assortment of bars and dining options.

- Interact with docile southern stingrays that are used to human contact.
- Enjoy full run of Balmoral Island following the stingray encounter.
- Swim in the crystal-clear sea and the heated swimming pool.
- Stretch out on the wide beach and stroll the shoreline.
- Rent watersports equipment if you wish.
- Take advantage of the nearby bars and dining options in The Market.
- Dress in weather-appropriate clothing over swimwear.
- Bring a towel and cash or credit cards other than American Express for optional purchases.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, primarily at the guests' discretion on the island, where surfaces are asphalt and sand. The tour is not available to wheelchair guests. The minimum age to participate is 5 years old. Guests under the age of 18 must be accompanied by one paying adult on the island that can sign a waiver for them. Food and alcohol cannot be brought onto the island. For the welfare of the stingrays, loose items such as jewelry and cameras or items with a strap cannot be taken into the water. Storage will be provided during your interaction. There are no lifeguards on duty and guests that participate in water activities do so at their own risk and responsibility. Guests not on a marine encounter won't be allowed in the marine encounter area. Taking photos in the encounter area isn't allowed, but photo CDs and video are available for purchase. The tour may be cancelled due to weather or safety concerns.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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NAS-024 BALMORAL ISLAND DOLPHIN ENCOUNTER & BEACH

Duration: 4.50 Hrs Tour Price: \$0.00

Retail Price: \$185.00

Date: April 09, 2022 08:30 AM



Enjoy an up-close encounter with Atlantic bottlenose dolphins in the shallow waters off Balmoral Island and then take advantage of the other amenities on the island. After arriving on the island by ferry, you will enjoy a briefing on what to expect during your dolphin encounter. As you will soon discover, they are highly intelligent, curious and extraordinarily social. Once you wade into the waist-deep water just offshore, the marine animal trainer will introduce you to one of the dolphins and make sure you have the best possible experience. Bottlenose dolphins are quite friendly and always appear to be smiling, as their mouths are curved slightly upward. Following the encounter, you will be free to enjoy the island's other amenities, which include a wide, sugar-white beach rimmed by turquoise waters, a heated freshwater swimming pool, watersports equipment for rent and an assortment of bars and dining options.

- Interact with Atlantic bottlenose dolphins that are used to human contact.
- Enjoy full run of Balmoral Island following the dolphin encounter.
- Swim in the crystal-clear sea and the heated swimming pool.
- Stretch out on the wide beach and stroll the shoreline.
- Rent watersports equipment if you wish.
- Take advantage of the nearby bars and dining options in The Market.
- Dress in weather-appropriate clothing over swimwear.
- Bring a towel and cash or credit cards other than American Express for optional purchases.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, primarily at the guests' discretion on the island, where surfaces are asphalt and sand. The tour is not available to wheelchair guests. The minimum age to participate is 5 years old. Guests under the age of 18 must be accompanied by one paying adult on the island that can sign a waiver for them. Food and alcohol cannot be brought onto the island. For the welfare of the dolphins, loose items such as jewelry and cameras or items with a strap cannot be taken into the water. Storage will be provided during your interaction. There are no lifeguards on duty and guests that participate in water activities do so at their own risk and responsibility. Guests not on a marine encounter won't be allowed in the marine encounter area. Taking photos in the encounter area isn't allowed, but photo CDs and video are available for purchase. The tour may be cancelled due to weather or safety concerns.

NAS-025 BALMORAL ISLAND DOLPHIN SWIM & BEACH DAY

Duration: 4.50 Hrs Tour Price: \$99.00

Retail Price: \$249.00

Date: April 09, 2022 08:30 AM

Swim with Atlantic bottlenose dolphins in the crystal-clear waters just off Balmoral Island and then spend the rest of your time enjoying the other amenities. Following a short ferry ride to the island, you will sit in on a brief presentation on dolphins and how to maximize your time with them. While swimming with these highly intelligent, extraordinarily social marine creatures, you will likely hear them communicating with each other by making clicks and whistling. Researchers believe that dolphins typically "speak" to each other in bursts of five "words," much like humans communicate. The more time you spend with these social animals, the more amazed you can expect to be. After swimming with the dolphins, you will be free to enjoy Balmoral Island's other amenities, which include a wide, sugar-white beach rimmed by turquoise waters, a heated freshwater swimming pool, watersports equipment for rent and an assortment of bars and dining options.

- Swim with Atlantic bottlenose dolphins that are used to human contact.
- Enjoy full run of Balmoral Island after the dolphin experience.
- Take a refreshing dip in the crystal-clear sea and the heated swimming pool.
- Stretch out on the wide beach and stroll the shoreline.
- Rent watersports equipment if you wish.
- Take advantage of the nearby bars and dining options in The Market.
- Dress in weather-appropriate clothing over swimwear.
- Bring a towel and cash or credit cards other than American Express for optional purchases.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, primarily at the guests' discretion on the island, where surfaces are asphalt and sand. The tour is not available to wheelchair guests. The minimum age to participate is 5 years old. Guests under the age of 18 must be accompanied by one paying adult on the island that can sign a waiver for them. Food and alcohol cannot be brought onto the island. For the welfare of the dolphins, loose items such as jewelry and cameras or items with a strap cannot be taken into the water. Storage will be provided during your interaction. There are no lifeguards on duty and guests that participate in water activities do so at their own risk and responsibility. Guests not on a marine encounter won't be allowed in the marine encounter area. Taking photos in the encounter area isn't allowed, but photo CDs and video are available for purchase. The tour may be cancelled due to weather or safety concerns. Swim time with the dolphins is 30 minutes.

NAS-029 FIRST STRIKE DEEP-SEA FISHING

Duration: 4.00 Hrs Tour Price: \$199.00

Retail Price: \$349.00

Date: April 09, 2022 08:30 AM

Fish for some of the world's top game species such as sailfish, tuna and wahoo in the crystal-clear waters off Nassau. The captain and crew of your deep-sea fishing yacht have spent their lives fishing these waters and will take you to their favorite fishing grounds. All the necessary tackle will be provided, leaving you to simply concentrate on reeling in some of the world's top game species. The crew will offer fishing tips, provide the best bait for each species and net whatever you catch. One of the most sought-after fish is the Atlantic sailfish, a beautiful species that is capable of extreme bursts of speed. What a sight to see one jump out of the water, its body glistening in the sun before it dives back in, trying to extricate the hook. You will spend about three hours on the water before heading back and swapping fish stories along the way.

- Go deep-sea fishing on a yacht designed specifically for the sport.
- Focus on fishing, as everything else will be provided and at your fingertips.
- Get fishing tips from the captain and crew who have fished these waters for years.
- Try to land game species such as tuna, wahoo and sailfish.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with non-slip soles.

Participants must be at least 8 years of age and maximum 80 years.



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Light Activity



Hiking



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Meal Included

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NAS-030 ADVENTURE JEEP AND BEACH

Duration: 3.50 Hrs **Tour Price:** \$109.00

Retail Price: \$259.00



Date: April 09, 2022 08:30 AM

Drive a Jeep through Nassau and its suburbs, taking in attractions such as the caves where the indigenous Lucayans once lived and then pausing to relax at the beach. There is plenty to see during your time behind the wheel, starting with downtown Nassau, the cultural hub of the Bahamas. You might drive through the colorful shopping district on Bay Street, and see highlights such as palm-dotted Rawson Square, and lovely government buildings such as the Supreme Court and the pink-hued House of Assembly. You will then head west past lovely Cable Beach and on towards the Nassau Caves for a photo stop. The Lucayans, the original residents of the Bahamas once lived in these caverns. You will also see the JFK Memorial and sprawling Baha Mar resort before enjoying free time on one of Nassau's most inviting beaches. Afterwards, you will linger over a bountiful lunch at the Bahamian Grill.

- Take the wheel of a Jeep Wrangler and hit the road.
- Drive past Nassau's must-see attractions, including the finest shopping areas.
- See landmarks such as the House of Assembly and the JFK Memorial.
- Pause for photos at the caves where the indigenous Lucayans once lived.
- Relax on one of the island's most scenic beaches.
- Enjoy a lunch of classic tropical dishes.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with non-slip soles.

The minimum age to drive is 21 years with a valid driver's license. There are 3 stops on the tour where you will be able to switch drivers.

NAS-004 BLUE LAGOON ISLAND DOLPHIN ENCOUNTER

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$189.00



Date: April 09, 2022 09:00 AM

Sail in a catamaran to nearby Blue Lagoon Island for an unforgettable dolphin encounter and to observe other marine animals in their natural habitats. Not long after leaving Nassau's historical harbor, you will disembark the catamaran and enjoy a brief but enlightening presentation about Atlantic bottlenose dolphins. Once in the water, you will stand on a waist-deep submerged platform that will allow you easy access to the dolphins. A dolphin trainer will be on hand to suggest the best ways to interact with and even touch these highly intelligent cetaceans as they approach you. You can expect an unforgettable experience as dolphins are typically curious and social. You might also observe sea lions that were brought here after being rescued from the Gulf of Mexico in the wake of Hurricane Katrina.

- Sail in a catamaran to and from Blue Lagoon Island, also known as Salt Cay.
- Learn about the behavior and characteristics of Atlantic bottlenose dolphins.
- Stand waist-deep in the water and interact with the dolphins as they approach.
- Look for other marine creatures such as sea lions.
- Dress in weather-appropriate clothing. Wet suits are available during cooler weather.
- Wear flat comfortable walking shoes.
- Bring swimwear and a towel.

This tour requires moderate activity and is available to guests who utilize a collapsible wheelchair and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Guests participating in water activities do so at their own risk and responsibility. Bring cash and/or credit cards if you wish to purchase items at the facility. Personal cameras, including cell phones or other electronic devices are not allowed onto the animal program platforms. This is not a "swimming with the dolphins" program.

NAS-006 BLUE LAGOON ISLAND SEA LION ENCOUNTER

Duration: 4.00 Hrs **Tour Price:** \$0.00

Retail Price: \$139.00



Date: April 09, 2022 09:00 AM

Interact with a group of friendly affectionate sea lions that love to spend their time playing with people in the water. A short catamaran ride will bring you to Blue Lagoon Island, also known as Salt Cay, where your adventure will begin with an enlightening introduction to sea lions. The ones here are California sea lions, whose range extends far beyond America's west coast. These sleek marine creatures can swim up to 25 miles per hour using their powerful flippers. As you will discover after easing onto a submerged platform in the enclosed sea lion habitat, they are also extraordinarily friendly and inquisitive. During the encounter, you will have the chance to feed and even hug the sea lions as they frolic among your group. You can expect a highly personalized experience, as your group will be limited to 10 or fewer guests.

- Sail in a catamaran to and from Blue Lagoon Island, which lies just north of Nassau.
- Learn about the behavior and characteristics of California sea lions.
- Stand waist-deep in the water and interact with the sea lions as they approach to play.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring swimwear and a towel.

This tour requires moderate activity. The tour is not available to guests who utilize a wheelchair, guests with mobility concerns or pregnant women. Cameras, including cell phones or other electronic devices are not allowed during the sea lion encounter. However, professional photos, DVDs and videos of your encounter will be available for purchase. The minimum height to participate 4 feet tall. Children under the age of 18 years old must be accompanied by a parent or adult guardian. This is not a "swimming with the sea lion program".



Seated Tour



Light Activity



Hiking



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Meal Included

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NAS-007 BLUE LAGOON ISLAND PROGRAM "OBSERVER"

Duration: 4.00 Hrs **Tour Price: \$0.00**

Retail Price: \$89.00

Date: April 09, 2022 09:00 AM



Observe Atlantic bottlenose dolphins and California sea lions in their natural habitats on Blue Lagoon Island from a viewing area that allows you to stay dry. After sailing to the nearby island on a double-decker catamaran, you will enjoy an orientation on the marine creatures that live here. The introduction will make viewing them all the more pleasurable, as you will understand quite a bit about the animals' behavior, especially when interacting with humans. Dolphins and sea lions aren't shy so you can expect to watch them frolicking with just about everyone that enters their water habitat. You will be nearby but on an elevated viewing platform that prevents you from getting wet. At each of the program areas you can take your own photos or videos from the public dock areas. However, please be advised that an unobstructed view of all dolphin interactions is not guaranteed, and observers are not allowed on the platforms at any time. When you are finished observing, feel free to meander about and enjoy the island's other amenities.

- Sail in a catamaran to and from nearby Blue Lagoon Island.
- Learn about the behavior of Atlantic bottlenose dolphins and California sea lions.
- Watch the dolphins and sea lions interact with other people.
- Enjoy the animal encounter from a distance that allows you to stay dry.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour requires moderate activity and is available to guests who utilize a collapsible wheelchair and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Bring cash and/or credit cards if you wish to purchase items at the facility. Personal cameras, including cell phones or other electronic devices are not allowed onto the animal program platforms.

NAS-012 BLUE LAGOON PRIVATE ISLAND GET-AWAY

Duration: 4.00 Hrs **Tour Price: \$0.00**

Retail Price: \$129.00

Date: April 09, 2022 09:00 AM



Spend a relaxing day on the private oasis Blue Lagoon Island, where you will have access to all of the wonderful amenities, including a hearty casual lunch. Following a picturesque cruise to the island, which is also known as Salt Cay, you will have plenty of time to enjoy the tropical atmosphere as you please. You might settle into a beach chair and bask in the sun, stretch out on one of the many powdery beaches and stroll along the shore. The island is rimmed by turquoise waters and includes a protected lagoon on the south side, so there are plenty of excellent places to take a refreshing swim. Inner tubes and buoyant noodles are available if you would rather just float around in the turquoise sea. You will also have access to the marine life encounter areas, where you can observe Atlantic bottlenose dolphins and sea lions in their natural habitats.

- Take a leisurely and immensely scenic cruise to and from nearby Blue Lagoon Island.
- Spend your time on the private island doing whatever you please.
- Swim, relax in the shade, browse the gift shops and play beach games, if you choose.
- Savor a hearty buffet lunch of Caribbean cuisine.
- Watch the dolphins and sea lions interact with people in the water.
- Dress in weather-appropriate clothing.
- Bring swimwear.
- Wear flat comfortable walking shoes.

Walking is mainly at the guests' discretion. Beach surfaces are sandy and uneven. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the transportation and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Although lifeguards are on duty, participants in activities at Blue Lagoon Island do so at their own risk and responsibility. Lockers may be rented for \$5. Beach chairs are only for adult guests and are subject to availability. This tour is not exclusive to cruise line guests.

NAS-017 CATAMARAN SAIL & SNORKEL

Duration: 3.50 Hrs **Tour Price: \$0.00**

Retail Price: \$89.00

Date: April 09, 2022 09:00 AM



Sail in a catamaran to a coral reef teeming with tropical fish and other marine species, where you may snorkel, swim or simply remain onboard and enjoy the scenery. The catamaran is exceptionally comfortable as it features both a spacious open deck and a shaded area, if you would prefer to relax under cover. Once underway, the crew will distribute your snorkeling gear and elaborate on how to maximize your experience. The exact snorkeling destination will depend on the prevailing water conditions, but regardless of where the catamaran stops, you can expect to see an abundance of marine life. The waters here are teeming with schools of angelfish, colorful parrotfish, Nassau groupers up to four feet long and Queen conch, an icon in the Bahamas. You might even spot playful bottlenose dolphins and sea turtles. All species of sea turtles in the Bahamas are protected and each year their numbers increase.

- Sail in a catamaran through the gorgeous seas surrounding New Providence Island.
- Snorkel in crystal-clear waters that are teeming with marine life.
- Observe a variety of colorful fish that may include parrotfish and angelfish.
- Look for bottlenose dolphin and sea turtles.
- Dress in weather-appropriate clothing.
- Bring swimwear and a towel.
- Wear flat comfortable walking shoes.

There is limited walking on this tour. Guests wishing to swim or snorkel should be good swimmers and comfortable in deep water. There will be stair steps to negotiate to enter and exit the water. The tour is not available to wheelchair guests, those with mobility concerns, heart or respiratory conditions, high blood pressure, back or neck injuries, or pregnant women. Small children must bring their own life jackets. Guests participating in water activities do so at their own risk and responsibility and may need to sign a liability waiver beforehand. There is a cash bar onboard the catamaran. Beverage (no snacks) are at guest's expense. This tour is not exclusive to Oceania guests.



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Light Activity



Hiking



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Meal Included



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NAS-031 DISCOVER NASSUA BY LAND & SEA

Duration: 3.00 Hrs Tour Price: \$0.00

Date: April 09, 2022 09:00 AM

Experience the best of Nassau by cruising around Paradise Island Harbor and driving past must-see attractions that you might visit later on your own. Your exploration of Nassau will begin at Prince George Dock aboard a custom catamaran, where you can settle in with a cool drink in hand. As you head into the harbor, the guide will provide entertaining commentary about sights such as the Hog Island Lighthouse, the Cloisters and Fort Montagu, which was built with limestone in 1741, making it the island's oldest fort. Once ashore, you will see Nassau from a different perspective. One of the highlights will certainly be the Queen's Staircase, which hundreds of enslaved people hand-carved out of solid limestone. Its name honors Queen Victoria, who abolished slavery in the British Empire. You will also explore Bay Street in the heart of Nassau's shopping district and pause for photos at the Atlantis Resort, an icon on Paradise Island.

- Cruise Paradise Island Harbor on a sleek catamaran, taking in the considerable sights.
- Hear entertaining commentary while cruising and while driving around Nassau.
- See historical landmarks such as Fort Montagu and the Queen's Staircase.
- Discover the best areas for shopping, which you might visit later on your own.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Guests with light folding wheelchairs can participate if they can walk and climb steps into bus.

NAS-035 PEARL ISLAND BEACH ESCAPE WITH LUNCH

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 09, 2022 09:00 AM



Relax and unwind on Pearl Island, an idyllic tropical setting with plenty of amenities to ensure that your time is well spent. A short ferry ride across the harbor will bring you to the slender, meticulously maintained private island, where you will enjoy about four hours of free time to do as you please. You might start by climbing the lighthouse for the ultimate view of the island and the azure seas that surround it. Not far away, you will find two beaches that are ideal for basking in the sun and swimming just off shore. If you'd prefer to stretch out on a lounge chair, you are welcome to settle into one beneath a towering palm. Later in the day, you can indulge in an authentic Bahamian lunch that includes barbecued chicken, fish fingers and local side dishes such as pigeon peas and rice. Then round out your day by kayaking or heading to sea on a stand-up paddleboard. HIGHLIGHTS • Ride the ferry the Pearl Island, the closest private island to Nassau. • While away the hours doing whatever you please. • Climb the lighthouse, bask in the sun and paddle a kayak along the shore. • Savor a hearty Bahamian BBQ lunch. HELPFUL HINTS • Dress in weather-appropriate clothing. • Wear a swimsuit under your clothes and bring sunscreen and a towel. • Wear flat comfortable walking shoes. PLEASE NOTE The tour is available to guests who utilize a wheelchair who are able to make their way on and off the ferry and have a companion to assist them. There are 4 steps to the first beach and 1 step to the restrooms. Guests under the age of 18 must be accompanied by one paying adult on the island. Guests prone to motion sickness should take precautions. Bring cash or credit cards for optional purchases.

- Ride the ferry the Pearl Island, the closest private island to Nassau.
- While away the hours doing whatever you please.
- Climb the lighthouse, bask in the sun and paddle a kayak along the shore.
- Savor a hearty Bahamian BBQ lunch.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring sunscreen and a towel.
- Wear flat comfortable walking shoes.

The tour is available to guests who utilize a wheelchair who are able to make their way on and off the ferry and have a companion to assist them. There are 4 steps to the first beach and 1 step to the restrooms. Guests under the age of 18 must be accompanied by one paying adult on the island. Guests prone to motion sickness should take precautions. Bring cash or credit cards for optional purchases.

NAS-036 PEARL ISLAND BEACH ESCAPE WITH SNORKEL & LUNCH

Duration: 5.00 Hrs Tour Price: \$0.00

Date: April 09, 2022 09:00 AM



Escape to a nearby private island and enjoy the amenities on land and just off shore by snorkeling. The ferry will bring you to Pearl Island, where you can relax however you see fit. For starters, you might climb the lighthouse, as the views from the observation deck are superb. If you prefer to simply relax in the sun, there are two beaches, so you will have plenty of room to stretch out on a blanket or on a lounge chair in the shade of a towering palm. The water surrounding Pearl Island is so beautiful that you can't help but take a refreshing swim in the sea. The water is also crystal-clear, making it ideal for snorkeling. All sorts of marine life, ranging from colorful fish to graceful sea turtles have been spotted along the coral reef that lies just 50 feet off shore. Having worked up an appetite, you can then indulge in a traditional Bahamian lunch.

- Ride the ferry the Pearl Island, the closest private island to Nassau.
- While away the hours doing whatever you please.
- Climb the lighthouse, bask in the sun and snorkel the coral reef just 50 feet off shore.
- Savor a hearty Bahamian BBQ lunch.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under your clothes and bring sunscreen and a towel.
- Wear flat comfortable walking shoes.

The tour is available to guests who utilize a wheelchair who are able to make their way on and off the ferry and have a companion to assist them. There are 4 steps to the first beach and 1 step to the restrooms. Guests under the age of 18 must be accompanied by one paying adult on the island. Guests prone to motion sickness should take precautions. Bring cash or credit cards for optional purchases.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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NAS-014 CHARM AND BEAUTY OF THE BAHAMAS



Duration: 3.00 Hrs Tour Price: \$0.00 Retail Price: \$79.00

Date: April 09, 2022 10:00 AM

Admire landmark after landmark on this all-encompassing driving tour of Nassau and Paradise Island with a stop at the John Watlings Distillery. Highlights include palm-dotted Rawson Square, lovely government buildings such as the Supreme Court and the pink-hued House of Assembly, and the mega-resort and theme park Atlantis on aptly named Paradise Island. Other iconic sights include the Prime Minister's residence, historical Graycliff Inn and Fort Charlotte. Built in 1788, the fort features a waterless moat, dungeons, underground passageways and dozens of cannons that have never been fired in an act of aggression. Continuing on, you will also visit a beautiful 18th-century estate downtown that is now home to a distillery named for buccaneer John Watling. The small-batch rum produced here is said to capture Watling's bold spirit of adventure. You can determine that firsthand by sampling the different rums.

- Drive past a remarkable number of must-see attractions in the capital city.
- Pause for photos at historical Fort Charlotte, which offers extraordinary views.
- Savor a selection of locally produced, small-batch rum at John Watling Distillery.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour is primarily panoramic in nature with limited, optional walking at the stops. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

NAS-032 DISCOVER NASSAU TOWN & ATLANTIS



Duration: 2.50 Hrs Tour Price: \$0.00 Retail Price: \$99.00

Date: April 09, 2022 10:30 AM

Gain insight into the history of Nassau and how the capital city has changed over the centuries by visiting key landmarks, beginning with Fort Fincastle. Built to resemble a paddle-wheel steamboat with a huge wedge-shaped bow, the fort has perched on a hilltop since 1793, although it was never attacked. As a defense, the only access to the fort is the Queen's Staircase, whose 66 steps were hand-cut through solid limestone. Other historical highlights include the Governor's House and the Governor General's official residence since 1801. But there is much more to Nassau than history as you will see by passing the lively Straw Market on the way to the Bahamas Rum Cake Factory, where you will sample the namesake cake, which may be flavored with banana, cinnamon or piña colada. In time, you will cross Sidney Poitier Bridge, named for the first Bahamian to win an Oscar, and pause for photos of the luxurious and iconic Atlantis Resort on Paradise Island.

- Delve into the history of Nassau at the 18th-century Fort Fincastle.
- See other historical landmarks and fine shopping areas such as the Straw Market.
- Sample an iconic Bahamian dessert at the Bahamas Rum Cake Factory.
- Pause for photos of luxurious and iconic Atlantis Resort on Paradise Island.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

General Information

What is Included?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.