



**SEVEN SEAS CRUISES®**

**OPTIONAL SHORE EXCURSIONS**

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**SAN JUAN, PUERTO RICO to CARTAGENA, COLOMBIA**

**SS NAVIGATOR January 13, 2022**

**Welcome Ashore!**

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call.

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You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit [www.rssc.com](http://www.rssc.com) today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

## ❖ PHILIPSBURG, ST. MAARTEN

### STM-001 GOLDEN EAGLE SAILAWAY

**Duration: 3.50 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$169.00**

**Date: January 14, 2022 08:30 AM**

Surrender to the coastal beauty of St. Maarten during this relaxing snorkeling and beach tour aboard a fully-equipped catamaran. Boarding the 65-foot Golden Eagle from the pier, you'll soon be gliding over turquoise waters – feeling the breeze and scanning the seas for dolphin, flying fish, even enormous whales in season. Time and everyday concerns seem to float away as your comfy cat makes her way to an idyllic white sand beach on the calm side of the island. Here, the Golden Eagle will anchor just off the shore and you'll have a delightful decision to make. With your free time, would you most prefer to explore the island, soak up some sun on the beach, or do some snorkeling in the crystal-clear waters? There are no wrong answers, and your crew will be on hand to provide any assistance needed. If you do decide to enter the water to check out the local marine life, you'll receive safety instructions along with the snorkeling and flotation gear needed for a pleasurable visit. After a time, the Golden Eagle will begin the return cruise to the pier. A light snack and liquid refreshments will be served enroute, accompanied by onboard music.

- Enjoy a relaxing coastal jaunt aboard a 65-foot catamaran, bound for a beautiful St. Maarten beach.
- While on the water, be on the lookout for marine life like dolphin, flying fish or even a whale or two.
- Use your free time while anchored as you please – explore the island, sunbathe or snorkel the clear waters.
- A light snack and refreshments will be served during the return trip, accompanied by onboard music.
- Rely on the Golden Eagle crew for assistance in the water or at any point during the excursion.
- Wear a swimsuit and cover-up; consider waterproof non-slip shoes.
- Bring a hat, sunglasses, sunscreen and a towel from the ship.

This tour is not recommended for wheelchair guest or those with limited mobility or back/neck problems. The tour operates on the French side of the island, where some nudity may be observed. Operation of the vessel and beach selection are subject to weather and sea conditions. On rare occasions, sea conditions may make snorkeling more difficult and those who participate in any water activities do so at their own risk and responsibility. Guests must be able to swim from the catamaran to the beach and may be required to sign a liability waiver in order to participate. Participants may not exceed 300 pounds. Beach chairs and umbrellas are not provided, marine life sightings are not guaranteed, and this tour may not be exclusive to cruise line guests.

### STM-023 Aerial Sky Explorer & 360 Views

**Duration: 4.75 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$130.00**

**Date: January 14, 2022 08:30 AM, 09:30 AM, 10:30 AM**

Get a true lift and amazing St. Maarten views from the new Pirate Sky Ride – a smooth chairlift that climbs to the top of one of the island's highest mountains. It takes 30 scenic and tranquil minutes for your chair to reach the Crow's Nest atop Sentry Hill, one of Sint Maarten's tallest summits at 1,125 feet. Once up here, platforms encircle the mountaintop and showcase 360-degree island views, along with vistas of neighboring Saba, St. Eustatius, St. Barts and Anguilla. On a clear day, you might also see St. Kitts, Nevis and Monserrat. Take some time to savor this amazing high-altitude vantage point, and when ready to descend, simply board a Pirate Sky Ride chair for the gentle trip down the mountain. The Rockland Estate below is a restored 1700s plantation house containing a museum that tells the powerful story of Trace Wilson, born into slavery here in 1818, and depicts plantation life as well as customs and traditions of Sint Maarten. Explore this intriguing venue and perhaps sample a local delicacy or beverage (not included) at the estate restaurant before the 30-minute coach ride back to the pier.

- Travel to the historic Rockland Estate, located 30 scenic minutes by coach from the pier.
- After an orientation at the base, board the Pirate Sky Ride chairlift for a thrilling but gentle ride up to the summit of one St. Maarten's tallest peaks.
- Step off at the platforms up top and admire breathtaking 360-degree vistas of this island and several others often visible across the turquoise surrounding waters.
- When ready, descend on the same chairlift and spend some time exploring the estate below.
- Visit the plantation museum and learn the story of Trace Wilson, born into slavery here in 1818.
- Wear casual, weather-appropriate clothing.
- Securely fastened shoes are a must; flips-flops are not allowed.
- Bring a hat, sunglasses and sunscreen as needed.

This tour is accessible for everyone including disabled guests. This is a non-guided tour and in order to participate, guests are required to sign a waiver.

### STM-024 Aerial Sky Explorer and Flying Dutchman

**Duration: 4.75 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$208.00**

**Date: January 14, 2022 08:30 AM, 09:30 AM**

Enjoy a gentle, scenic ascent to a St. Maarten mountaintop on the Pirate Sky Ride chairlift, then go flying back down on the Flying Dutchman, world's steepest zip line! It's sure to be any adventure-lovers dream experience. You'll travel by panoramic coach from the pier to the Rockland Estate, a restored 1700s plantation house containing a museum that tells the powerful story of Trace Wilson, born into slavery here in 1818. High above this historic venue is Sentry Hill, one of Sint Maarten's highest elevations at 1,125 feet. You'll take a scenic 30-minute ride up to the summit aboard the slow-moving chairlift, then have time at the top to explore the Crow's Nest platforms that showcase 360-degree island views, along with vistas of neighboring Saba, St. Eustatius, St. Barts and Anguilla – and perhaps even out to St. Kitts, Nevis and Monserrat. But your full-adrenaline thrill awaits: after a brief orientation, you'll be launched down the mountain at speeds up to 56 mph on the world's steepest zip line, attached to a flight line in a secure harnessed chair. The plunge carries you down 1,050 feet in elevation over a 2,800-foot run, in seconds. Afterwards, you'll likely be speechless awhile.

- Travel by coach to the historic Rockland Estate, located 30 scenic minutes from the pier.
- Board the Pirate Sky Ride chairlift for a gentle ride up to the summit of one St. Maarten's tallest peaks.
- Admire incredible 360-degree island vistas from the platforms up top and get your orientation for the thrill ride to come.
- Take a deep breath, then take the adrenaline plunge down the Flying Dutchman zip line to the base.
- After you stop hyperventilating, explore the plantation house before the return drive to the pier.
- Wear casual, weather-appropriate clothing.
- Securely fastened closed toe shoes are a must mandatory; flips-flops are not allowed.
- Bring a hat, sunglasses, sunscreen and courage as needed.

No photo taking allowed on the zipline. This is a non-guided tour and in order to participate, guests are required to sign a waiver.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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## STM-030 ACCESSIBLE SCENIC CITY DRIVE

Duration: 3.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 09:00 AM, 01:00 PM

Loop around the island on an immensely scenic drive that will present the highlights of both the Dutch and French sides of Saint Martin. Along the way, you will pass through lovely, curiously named villages such as Sucker Garden and Cripple Gate and pause for photos at elevated lookouts on the island's eastern and western shores. After just a few hours of traveling in air-conditioned comfort, you will come away with a remarkably comprehensive picture of Saint Martin and an understanding of the differences in daily life in the Dutch-influenced capital of Philipsburg and the French-influenced capital of Marigot. The longest stop will be made in Marigot, where you will be free to explore the downtown at your own pace. Smart duty-free boutiques and open-air cafés are especially prevalent along the Rue de la Liberté and Rue de la République, both of which parallel the bay.

- Settle in for a carefree and wonderfully scenic drive around Saint Martin.
- See villages and stop at scenic lookouts on both the Dutch and French sides of the island.
- Spend free time in Marigot, the island's French capital.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible or electric wheelchair and have a companion to assist them.

## STM-022 TIKI HUT RELAX & SNORKEL ESCAPE

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$156.00



Date: January 14, 2022 09:15 AM

Orchestrate your ideal escape on a floating mini-resort platform in sheltered Little Bay – where the to-do list is as mellow as it comes. There are plenty of options waiting out here and you can stay as long as you like; shuttles back to the pier leave just about every hour. When you first arrive, a safety and information briefing will leave you fully equipped to map out your freeform tropical agenda for the day. Sunbathe, shade-lounge, noodle-float, or tiki-tipple to your heart's content. When hungry, grab a bite at the thatched hut. When the urge for adventure strikes, practice your snorkeling in an onboard saltwater pool then take the plunge into the calm surrounding waters to see what the marine life is up to today. Discover the sunken helicopter that's now an artificial reef, a few cannons from nearby Fort Amsterdam, and whatever sea turtles, colorful reef fish and graceful eagle rays happen to be in the neighborhood at the moment. Climb back onto the platform and relax again on a deck lounge or under an umbrella. This is a life you could easily get used to.

- Travel by water taxi to spend as much time as you like relaxing on a floating mini-resort in Little Bay.
- Take advantage of the thatched tiki bar and grill, umbrellas and lounge chairs – even a saltwater pool.
- Sunbathe, lounge, swim and snorkel, dine and drink out on this sheltered, floating platform.
- Hop in the surrounding water and encounter a helicopter reef, sunken cannons and plentiful marine life.
- Whenever you can tear yourself away, hop the next hourly water taxi back to the pier and your ship.
- Wear swimwear under a cover-up.
- Flat, comfortable shoes with a non-slip sole are recommended.
- Bring a hat, sunglasses and sunscreen, and a towel from the ship.

Walking on this tour is primarily at guests' discretion. Because the tiki hut is on a floating dock, there is movement; therefore, the tour may not be suitable for those who have mobility concerns or suffer from motion sickness. The tour is available to wheelchair guests who have a collapsible chair and an able-bodied companion to assist them. There is no beach and the waters surrounding the Tiki Hut are 15-20 feet deep. Those who take part in any water activities do so at their own risk and responsibility. Flotation devices and snorkeling equipment are provided.

## STM-018 SEMI-SUB, MARIGOT, SCENIC DRIVE & SHOPPING

Duration: 3.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$104.00

Date: January 14, 2022 09:30 AM

Go underwater in Grand Case Bay without getting your feet wet, then spend some time in the fashionable French capital of Marigot. Travel by coach from Dutch Philipsburg to Grand Case, a former fishing village along the Anguilla Channel on the French side of Saint Martin. The countryside along the way is wonderfully scenic, and your first destination is even more so. You'll be headed out into the bay aboard the Seaworld Explorer, a semi-submarine developed to explore the Great Barrier Reef. It's the ideal way to witness the natural wonders below the surface without actually submerging. From your seat near one of the air-conditioned hull's large viewing windows, you can observe the abundant marine life thriving in Grand Case Bay – and get background on it from the marine expert on board. Beautiful sights of a different sort are in store when you head to Marigot, where the accent at the sidewalk cafes, bustling open-air market and stylish duty-free boutiques is decidedly French. You'll have independent time here to browse for chic fashions, jewelry and luxury goods from Europe. Or just graze on savory local fare in a café tucked along one of the charming colonial-style streets.

- Savor the scenery as you travel from the Dutch to French side of the island by panoramic coach.
- Take an air-conditioned seat in a semi-submarine that offers awesome undersea views from large underwater windows.
- See and learn about Grand Case Bay's colorful marine life as the sub makes its exploratory rounds.
- Enjoy free time for duty-free boutique browsing or café hopping in the chic French capital of Marigot.
- Catch outstanding views of the island and its surrounding waters from a lookout high above it all.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this tour is mainly at guests' discretion during free time in Marigot. Entering and exiting the submerged lower level of the semi-sub involves negotiating a ladder. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The tour sequence may vary.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## STM-025 OPEN TOP DOUBLE DECKER

Duration: 3.50 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 09:30 AM

Settle in for a relaxing, wonderfully scenic drive through Philipsburg on a double-decker bus with occasional stops at the most noteworthy attractions. You may sit inside the bus or on the upper floor, which is open-air with unobstructed views in every direction. Either way, you will hear enlightening commentary about the landmarks that you pass in and around Philipsburg, the capital of the Dutch side of St. Martin. One of the best panoramas of the area is from atop the Cole Bay Hill lookout, where you will pause for photos. Another stop will be made at picturesque Maho Beach, an ideal spot for an exceptionally close view of airplanes landing and taking off. You will also have the opportunity to sample products characteristic of the island, including a selection of locally produced rums and gouda cheeses much like the ones made in the Netherlands. Perhaps the most unusual treat will be riding a vintage carousel inside a gelateria.

- Enjoy an immensely panoramic drive in and around Dutch-influenced Philipsburg.
- Pause at lookouts that offer particularly beautiful perspectives of the island.
- Sample a selection of rums and Dutch gouda cheeses.
- Ride a meticulously preserved vintage carousel inside a gelateria.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. While the lower deck of the bus is air-conditioned, the open-top upper deck is not.

## STM-027 BEACH RENDEZVOUS

Duration: 5.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 09:30 AM

Spend hours relaxing on the white-sand beach at El Zafiro, a beautiful resort directly on Simpson Bay. On the way there, the guide will describe some of the more fascinating aspects of Philipsburg's history and be standing by at the resort to answer any questions. Upon arriving, you will be welcomed with an icy-cold rum drink or a refreshing fruit cocktail. The rest of your time at El Zafiro will be free to do whatever you wish. A private area has been reserved just for your group. You might bask in the sun on a complimentary lounge chair, lie in the shade of a coconut palm, stroll along the water's edge and take a dip in the bay, whose sheltered waters are typically calm and crystal-clear. What you do is completely up to you. A hearty lunch and beverage are also included to enhance your carefree day at the beach.

- Relax however you desire on the white-sand beach at El Zafiro, a resort on Simpson Bay.
- Enjoy the use of a complimentary beach lounge to make your day more enjoyable.
- Savor the included Caribbean-inspired lunch.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

There are no wooden walkways on the beach - just loose sand and no sand wheelchairs available. A collapsible wheelchair can be stored in the luggage area of the bus but guests must be able to walk on and off the bus and on the beach.

## STM-021 SEA TREK ST. MAARTEN HELMET DIVE

Duration: 2.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$156.00

Date: January 14, 2022 10:00 AM

Make like a lobster and go for a walk along the ocean floor wearing a dive helmet that keeps your head and face completely dry as you observe the wonders underwater. It's easy, fun, comfortable, and you can even keep your glasses on. The trick is Sea Trek's specially designed helmet and breathing tube; you'll learn all about it once you reach their floating platform by water taxi. A brief orientation is all you'll need to be ready for your helmet dive... well, stroll. Geared up and psyched up, you'll begin your effortless walk along the ocean floor at depths up to 20 feet, with your guide pointing out sights around you. Things you might encounter include a sunken submarine, an ancient encrusted cannon and a statue of King Neptune. Of course, marine life is ever on the move, so you never know who might swim by - maybe sea turtles, schools of blue tangs, eagle rays, French grunts, colorful parrotfish. The waters of St. Maarten teem with curious marine creatures. After your helmet session, you can continue your underwater exploring by snorkel, or simply bask in the sun on the Sea Trek platform before returning to the pier.

- Travel by water taxi to the Sea Trek floating platform, where you'll be oriented on helmet diving.
- Forget you're a land animal for a while and go for a relaxed underwater walk along the ocean floor.
- Wearing a clear helmet connected to a breathing tube, you'll walk and sightsee underwater with your face and head unobstructed and dry.
- Your UW guide will point out sights while down below, and marine life will swim by in accord with its own natural rhythms.
- See a photo of yourself helmet diving, taken below and available for purchase back on the platform.
- Wear swimwear under a cover-up.
- Flat, comfortable shoes are recommended; water shoes and snorkel equipment are provided.
- Bring a hat, sunglasses and sunscreen, and a towel from the ship.

Walking on this tour is mainly on the sea floor and at guests' discretion after the helmet dive. Participants will have to climb a 20' ladder. The tour is not available to wheelchair guests or those with mobility concerns, who have had recent heart surgery, have a pace maker, or suffer from epilepsy, severe asthma or diabetes. The tour is not considered suitable for women beyond their first trimester of pregnancy. The minimum age to participate is 8 years old and children under 18 must be accompanied by an adult parent or guardian. SeaTrek will take underwater photos that are available for purchase and loaded onto a USB device. There's a 5% surcharge for credit cards.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## STM-026 HISTORIC PHILIPSBURG BY TROLLEY TRAIN

Duration: 2.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 10:30 AM

Hop on an open-air, bright-red trolley train and enjoy an entertaining ride through Philipsburg, where you will see many of the most significant historical landmarks. St. Martin has been divided since 1648, with the French ruling the northern two-thirds and the Dutch ruling the southern third, whose capital is Philipsburg. As an introduction to the Dutch influence there, you will pause for a sampling of gouda cheese, a tasty product synonymous with the Dutch. The exact route will depend on the traffic, but you can expect to ride past the beautiful colonial architecture along Front Street and the First Methodist Church, a 19th-century wooden building so iconic that it was featured on a postage stamp. You may also see Fort Amsterdam, which the Dutch constructed in the 1630s to control the entrance to the Great Bay. Later, during free time, you can further explore the downtown and browse the shops at your own pace.

- Ride an open-air trolley train through Dutch-influenced Philipsburg.
- See beautiful colonial architecture and landmarks such as the First Methodist Church.
- Sample a classic gouda cheese, one of many Dutch products sold in Philipsburg.
- Enjoy free time in Philipsburg to shop and take in the sights.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion.

## STM-029 MAHO BEACH

Duration: 4.50 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 10:45 AM

Enjoy the extraordinary setting of Maho Beach, a beautiful stretch of sand so close to the Princess Juliana Airport that you can actually feel the jet-blast from the airplanes. It is an incredible thrill to be directly under the flight path of the aircraft – even large wide-bodied jets – as they approach the runway less than 100 feet above the beach. The roar of the engines and the power of the jet stream make for an unforgettable experience. You will also have plenty of time to just stretch out on the sand away from the runway. Feel free to bask in the sun, take a refreshing swim in the sea, enjoy the convenience of the Sunset Beach Bar and browse the shops in the village of Maho, which is within easy walking distance. On the return to Philipsburg, you will pause atop a lookout that offers sweeping views of the island.

- Spend hours at Maho Beach, a spectacular setting right next to the airport.
- Stand so close to the runway that you can feel the jet-blast from the approaching planes.
- Browse the nearby shops and drop by the beach bar at the southern end of Maho Beach.
- See Maho Beach from an elevated lookout that offers an entirely different perspective.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

There are no wooden walkways on the beach - just loose sand and no sand wheelchairs available. A collapsible wheelchair can be stored in the luggage area of the bus but guests must be able to walk on and off the bus and on the beach. Maho Beach is European style and there may be the possibility of observing partial nudity, i.e. topless bathing. Sun loungers and beach parasols are available for rent, at your own expense. Jet blast from departing airplanes can be extremely dangerous and it is advised that guests do not stand behind or get too close to the end of the runway. Guests will be required to sign a waiver.

## STM-031 HORSEBACK RIDING: SCENIC TRAIL & SEA RIDE

Duration: 3.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 11:00 AM

Ride horseback through the winding trails in Seaside Nature Park and on into the Caribbean Sea, where the horses can cool off in the refreshing surf. You will get an inkling of the island's beauty on the drive over to Lucky Stables, an equestrian facility within the park. After a briefing to help you maximize the experience, you will saddle up and ride off on a horse well-suited to your equestrian abilities. The horses are Antillianos, a local breed. You will follow an expert guide that will point out the attractions and describe the history of St. Maarten, the island's Dutch-controlled southern half. Although the horses are kept in large paddocks during the day, they roam freely at night and are intimately familiar with the park's terrain. They are especially fond of riding into the sea not far offshore, an experience that may well be the highlight of your adventure.

- Ride through a lush seaside park on a horse perfectly paired to match your riding abilities.
- Follow an expert guide that will describe the island's history and the park's flora and fauna.
- Ride horseback into the Caribbean Sea and continue along the coast in a caravan.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Participants must be at least 8 years of age and weigh no more than 230 lbs. Weight limit is strictly enforced and no refunds will be given if you exceed the limit at the tour site. Guests 8 to 20 years of age must be accompanied by a parent or guardian. Guests with heart conditions, back or neck injuries and pregnant women are not allowed to participate. Helmets are mandatory and will be provided along with a floatation device for the sea. Dismounting the horses will be from a mounting block with assistance from the guides. Guests are divided into smaller groups of about 6 per guide. No bags are allowed to be taken on the tour – lockers will be provided. A 16oz. bottle of water is included. Due to limited availability, guests are encouraged to book early.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## STM-019 MARIGOT, SCENIC DRIVE & SHOPPING

Duration: 2.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$78.00

Date: January 14, 2022 12:30 PM

Drink in gorgeous scenery on both the Dutch and French sides of Saint Martin and wander among the cosmopolitan boutiques and cafes of Marigot. Highlights of your panoramic cross-island coach survey include sweeping high views out over Orient Bay, renowned as the "French Riviera of the Caribbean," and from a lookout perched above Simpson Bay – a popular gathering place for some of the world's most spectacular mega-yachts. If the weather's clear, you may even see glimpses of Saba, St. Eustatius and St. Kitts in the distance across turquoise seas. Meanwhile, the sights in Marigot, this isle's fashionable French capital, are very easy to spot. In fact, you'll be free to admire them at close range during your independent time here. Perhaps you'll shop for duty-free perfume, jewelry and prêt-à-porter imported from France, or sample the cuisine – including local specialties like spicy cod fritters. If you're into cultural history, the Saint Martin Museum is the place to visit, or if architecture's your thing, you'll surely want to walk the Rue de la République, lined with colonial-era facades. Back on the Dutch side, you can spend a while exploring Philipsburg on your own, too – or return directly to the pier.

- Savor the scenery on a panoramic coach drive through both the Dutch and French sides of Saint Martin.
- Catch outstanding views of the island and its surrounding waters from high atop Hope Hill and Cayhill Lookout.
- Enjoy free time for duty-free shopping, café hopping or a museum visit in the chic French capital of Marigot.
- At tour's end, explore Philipsburg at leisure if port time permits – or return to the ship.
- Wear weather-appropriate clothing.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this tour is mainly at guests' discretion during free time in Marigot. There will be some uneven surfaces to negotiate. The tour is available to wheelchair guests who have a collapsible chair, are able to make their own way on and off the bus and have an able-bodied companion to assist them. Those with mobility concerns are cautioned to carefully evaluate their personal level of stamina before participating. The tour sequence may vary.

## STM-032 ULTIMATE ISLAND TOUR & EXPLORER CRUISE

Duration: 4.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 12:30 PM

See extraordinarily photogenic St. Martin on a panoramic drive through the countryside and from a water perspective on a leisurely cruise around Simpson Bay Lagoon. Along the way, you will hear commentary that describes the landmarks and history, such as why the island was divided between the French and the Dutch. During free time in Marigot, the French capital on the northern side of St. Martin, you might browse the boutiques for designer fashions. The three-level West Indies Mall on the waterfront is an excellent place to start shopping. More beautiful vistas await you on the lagoon, which is part French and part Dutch. As you glide through the sheltered waters on a 65-foot double-decker catamaran, you may pass Grand Key, Little Key and the entrance to Mullet Bay Pond. Calypso music and an open bar will make the cruise all the more enjoyable. If time permits, you might shop upon returning to Philipsburg.

- Settle in for panoramic drive through both the Dutch and French sides of St. Martin.
- Spend free time in Marigot, the island's French capital.
- Cruise the sheltered waters of Simpson Bay Lagoon on a double-decker catamaran.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

The tour may operate in reverse order. Some shops in Marigot may be closed on holidays/Sundays. Guests must be able to climb 3 steps to board the coach buses and the Explorer boat. It is available to guests who utilize a collapsible wheelchair and have a companion to assist them. The vessel is fast, stable, and has plenty of shade. We may make separate snorkel and beach stops, and alternative destinations may be used based on weather conditions. Some nudity may be observed. Tour participants taking part in any water activities do so at their own risk and responsibility and will be required to sign a release form before being allowed to take part in any snorkeling activities. Minimum age to participate is 12 years of age.

## STM-028 AFTERNOON BEACH BASH

Duration: 3.00 Hrs Tour Price: CA\$0.00

Date: January 14, 2022 01:00 PM

Start your afternoon with a refreshing rum punch at El Zafir and then spend about two hours relaxing at the resort's beach on Simpson Bay. The wide stretch of white sand at El Zafir is considered one of the best beaches on the Dutch side of St. Martin. It is a wonderful setting to do whatever you please, as there is no schedule to follow once you arrive. You might stroll the beach as the waves gently lap the shore, swim in the bay's sheltered waters and stretch out on a complimentary lounge chair while soaking up the sun and the scenery. If you prefer to relax in the shade, there are plenty of coconut palms overlooking the shore and beach umbrellas available for rental. There are also several options for dining and drinks on your own. The aperitif Aperol Spritz is one of El Zafir's signature cocktails.

- Relax however you desire on the white-sand beach at El Zafiro, a resort on Simpson Bay.
- Enjoy the use of a complimentary beach lounge to make your day more enjoyable.
- Dine on your own in the restaurant and order drinks from the bar if you wish.
- Dress in weather-appropriate clothing with a swimsuit underneath.
- Bring a towel and sunscreen.
- Wear flat, comfortable walking shoes.

There are no wooden walkways on the beach - just loose sand and no sand wheelchairs available. A collapsible wheelchair can be stored in the luggage area of the bus but guests must be able to walk on and off the bus and on the beach.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## ❖ POINTE A PITRE, GUADELOUPE

### PTP-003 THE PARC DES MAMELLES & TREETOP ADVENTURE

**Duration: 4.00 Hrs**    **Tour Price: CA\$0.00**    **Retail Price: CA\$117.00**

**Date: January 15, 2022 08:15 AM**

Observe some of the Caribbean's more exotic species in Guadeloupe's zoological park and then hike to a beautiful waterfall. As you will discover firsthand, nature reigns supreme in the hilltop Parc de Mamelles. As you walk the winding paths, you will see a collection of exotic and endangered flora and flowering plants such as birds of paradise, bright yellow cannas and wild orchids. For a different perspective of the tropical foliage, you may follow the suspended wooden bridges through the treetop canopy. Standing on the walkway, 65 feet or so above the forest floor, you will enjoy a literal bird's-eye view. The park originally served as a protected nature reserve for raccoons, and today the diversity of animals within the park is remarkable. Spider monkeys, squirrel monkeys, jaguars, ocelots and all sorts of colorful parrots can be seen. There is even an unusual insectarium with displays featuring industrious cassava ants and massive Hercules rhinoceros beetles.

- Stroll the serene garden paths in the botanical wonderland Parc de Mamelles.
- Take an adventurous walk along the suspension bridges high in the tree canopy.
- Look for animals such as spider monkeys and colorful parrots in the trees.
- Browse the insectarium and see many of the smallest creatures that inhabit the rainforest.
- Walk to Crayfish Falls in Guadeloupe National Park on the return drive.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with non-slip soles.

This tour includes approximately 2½ hours of easy to moderate walking. There will be uneven and natural terrain, which can become slippery if wet. The suspension bridges can sway significantly, and there are spaces between their wooden slats. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns, who will not be able to walk across the bridges in the treetop. Guests with a fear of heights shouldn't participate in the treetop walk either.

### PTP-004 EXCLUSIVE ECO MINI-BOAT EXPERIENCE

**Duration: 4.00 Hrs**    **Tour Price: CA\$169.00**    **Retail Price: CA\$365.00**

**Date: January 15, 2022 08:30 AM**

Cruise through a protected marine reserve to snorkel in the crystal-clear waters and then relax on one of Guadeloupe's stunning beaches. Either you or a fellow guest will captain the small boat and motor over to the Grand Cul-de-Sac Marin Nature Reserve. There is no telling what you will see, but you can expect it to be spectacular, as the reef is home to countless species of fish, sponges, and crustaceans. You may spot bright colored parrotfish, grouper, starfish, seahorses and even sea turtles gracefully swimming through the crystalline waters. Snorkeling offers an up-close look at this underwater world that you simply wouldn't have otherwise. You will then cruise to nearby Ilet Blanc, meaning White Island, so named for its sugary sand. The waters are typically calm because they are protected by the coral reef. During your time here, you might wander about the wide beach or simply sit back and enjoy a refreshing rum punch.

- Take the helm of a small boat and cruise to a marine reserve or opt to be the passenger.
- Snorkel the crystalline waters in Grand Cul-de-Sac Marin Nature Reserve.
- Expect to see a parade of colorful fish and sea turtles.
- Cruise to a sugar-white beach and enjoy free time doing whatever you please.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes limited walking, mainly at the guests' discretion. There will be sandy surfaces to negotiate at Ilet Blanc. The tour is not available to wheelchair guests or to those with mobility concerns. Participants should be able to enter and exit the mini-boat with limited assistance. Snorkelers should be good swimmers. Snorkeling equipment is provided. Guests taking part in water activities do so at their own risk and responsibility. The minimum age to participate is 4 years old. Children under the age of 18 must be accompanied by an adult parent or guardian.

### PTP-005 MARINE NATURE RESERVE & SNORKELING

**Duration: 4.00 Hrs**    **Tour Price: CA\$0.00**    **Retail Price: CA\$195.00**

**Date: January 15, 2022 08:30 AM**

Cruise to a protected marine reserve in a motorboat and snorkel along a huge coral reef teeming with marine life. Your destination is Grand Cul-de-Sac Marine Nature Reserve, an expansive bay protected by an immense coral reef that is a UNESCO World Biological Reserve. Here, accompanied by a guide instructor, you will embark on a snorkeling expedition. There is no telling what you will see, but you can expect it to be spectacular, as the reef is home to countless species of fish, sponges and crustaceans. You may spot bright colored parrotfish, grouper, starfish, seahorses and even sea turtles gracefully swimming through the crystalline waters. Moray eels are another species that live in the reef although they can be difficult to see as they often hide in the crevices of the coral. Afterwards, you will cruise to one of the idyllic islands nearby and enjoy a complimentary drink and some free time at the beach.

- Cruise through the Salted River that separates the main islands of Guadeloupe.
- Enjoy an up-close look at the underwater world that is only possible by snorkeling.
- Expect to see parrotfish, starfish, seahorses and even sea turtles.
- Spend free time relaxing on the beach of a nearby island.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes limited walking, mainly at the guests' discretion. There will be sandy surfaces to negotiate at the island. The tour is not available to wheelchair guests or to those with mobility concerns. Participants should be able to enter and exit the boat with limited assistance. Snorkelers should be good swimmers. Snorkeling equipment is provided. Guests taking part in water activities do so at their own risk and responsibility. The minimum age to participate is 4 years old. Children under the age of 18 must be accompanied by an adult parent or guardian.



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Light Activity



Hiking



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Meal Included

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## PTP-008 ECO KAYAKING & PADDLEBOARD EXPERIENCE

**Duration:** 4.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00

**Date:** January 15, 2022 08:30 AM, 12:45 PM

Kayak through the virgin mangroves lining Grand Cul-de-Sac Marin Nature Reserve, an area teeming with wildlife, above and below the water's surface. Upon reaching the fishing village of Vieux Bourg, you will be welcomed by a naturalist guide that will accompany you on the kayaking adventure. After a short briefing, you will paddle off into the Grand Cul-de-Sac Marine Nature Reserve, an expansive bay protected by an immense coral reef. The majority of the time will be spent kayaking through the mangroves that line the shore. You may encounter pelicans diving for fish, frigate birds soaring overhead and prehistoric-looking iguanas sunning in the branches. You can expect the water to be clear and shallow enough to spot starfish, crustaceans and sea cucumbers, a curious creature that sometimes eats mud. Even the mangroves are biologically fascinating, as the exposed roots of these "walking trees" are adapted to filter salt water, allowing them to thrive where other plants can't.

- Kayak through a mangrove-lined nature reserve teeming with wildlife.
- Look for pelicans, frigate birds and iguanas in the tree branches.
- Learn about the flora and fauna from the naturalist guide.
- Observe the marine life below the surface, as the water should be crystal clear.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes limited walking, mainly at the guests' discretion and approximately 2½ hours of paddling in a 2-person kayak. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be able to enter and exit the kayak with limited assistance. Wearing the provided life vests is mandatory. Guests taking part in water activities do so at their own risk and responsibility. The minimum age to participate is 4 years old. Children under the age of 18 must be accompanied by an adult parent or guardian. The maximum allowable weight is 285 pounds.

## PTP-001 SCENIC DRIVE & CARBET WATERFALLS

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$91.00

**Date:** January 15, 2022 08:45 AM, 09:45 AM

Hike into the rainforest in Guadeloupe National Park to see thundering Carbet Waterfalls, a natural attraction so spectacular that Columbus mentioned it in his 1493 journal. On the drive there, you will stop at the largest Hindu temple on Guadeloupe, a reminder of the nation's cultural diversity and the significant contributions that Hindus have made since arriving from India in 1854 as indentured servants. Still, natural beauty is the island's primary attraction, as you will discover in the extraordinary Guadeloupe National Park. The rainforest is crisscrossed by miles of walking trails, some leading toward the summit of the volcano La Soufrière. The towering volcano is the source of Carbet Waterfalls, a series of cascades that you will reach by hiking for about 30 minutes. It will be well worth the effort, as you will be treated to an excellent view of the 330-foot-high middle falls as it thunders through the jungle.

- Visit Guadeloupe's largest Hindu temple while learning about the local Hindu culture.
- Enter Guadeloupe National Park, the first French national park in the overseas territories.
- Hike through rainforest to a waterfall that Columbus noted in his 1493 journal.
- Marvel at the thundering falls as it cascades into a crystal-clear mountain pool.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with non-slip soles.

This tour includes approximately one hour of moderate to strenuous walking. There will be uneven and natural terrain, which can become slippery and muddy if wet. There is a stairway with about 400 steps to negotiate to and from the waterfalls. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition.

## PTP-002 BOTANICAL GARDENS & BEACH

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$117.00



**Date:** January 15, 2022 08:45 AM, 10:45 AM

Stroll the winding pathways that lead through Guadeloupe's lush Botanical Gardens, an idyllic setting that showcases a marvelous collection of tropical plants. Along the way, you will pass fields of sugarcane, one of the main ingredients in the rum produced here, and stop for photos at beautiful Grande Anse, Guadeloupe's longest beach. More natural beauty awaits you at the Botanical Gardens in Deshaies, a natural setting with more than a thousand species, many of them planted by the revered French comedian Coluche, who once owned the property. While walking the garden paths, you may see enormous banyan trees with bromeliads clinging to their branches, brightly colored hibiscus and bougainvillea, and papyrus, a water-loving plant that originated in Africa. The orchid collection is equally outstanding and includes a number of endemic species. To add to the tropical flair, there is an aviary and flamingos are often seen wading at the edges of the ponds.

- Pause for photos of Guadeloupe's longest beach on the way to the botanical gardens.
- Meander through the botanical gardens at a leisurely pace that encourages reflection.
- Admire orchids endemic to Guadeloupe and plants collected from various continents.
- Watch flamingos wading in the garden ponds.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes nearly two hours of easy walking. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should only participate to the extent of that their stamina and ability allows.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## PTP-006 DISCOVER GUADELOUPE

**Duration: 4.50 Hrs** **Tour Price: CA\$0.00** **Retail Price: CA\$104.00**

**Date: January 15, 2022 09:00 AM, 10:15 AM**

This popular visit will give you the opportunity to discover the lush volcanic island of Basse-Terre. You will be taken on picturesque roads bordered by luxuriant vegetation and pristine nature tropical landscapes. Les Jardins de Valombreuse will captivate you with its exceptional richness: from the primary forest nearby orchids, to the cacao trees, the palm grove and the sparkling spectacular exotic flowers. Afterwards you will cross the National Park of Guadeloupe with its dense tropical forest, and enjoy the refreshing Cascade aux Ecrevisses. Through sugarcane plantations, you will then visit the Rum Museum. Located next to a still active distillery, the museum relate all the steps of the rum manufacturing along with exhibition of ancient tools & machinery. Tour may run in reverse.

- Hike to beautiful Crawfish Falls in verdant Guadeloupe National Park.
- Meander through a serene 20-acre floral garden known for its exotic blooming flora.
- Walk in the shade of cocoa trees whose beans are used to produce chocolate.
- Watch for the wild goats that wander freely about the property.
- Tour a historical sugarcane plantation and sample the fine rums produced there.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes just over two hours of easy to moderate walking with some uneven and natural terrain. The tour is not available to wheelchair guests. Those guests with mobility concerns should only participate to the extent of their stamina and ability and may make arrangements with the guide to not participate in certain walking portions of the tour.

## PTP-013 PANORAMIC TOUR TO THE POINTE DE CHATEAUX

**Duration: 4.00 Hrs** **Tour Price: CA\$0.00** **Retail Price: CA\$91.00**

**Date: January 15, 2022 09:00 AM, 10:00 AM**

See the highlights of Grand-Terre on a drive that encircles the island and showcases the dramatic shoreline at Pointe de Chateaux and the appealing village of Sainte Anne. Although once the island's largest producer of sugar cane, Creole-influenced Sainte Anne has since diversified to become a center of island culture, especially around the waterfront Artisanal Village, where you may shop. Farther east, you will find that the scenery seems to become more dramatic around every turn in the road. It crescendos at La Pointe des Chateaux, an impossibly beautiful finger of land at the very eastern tip of Grand-Terre. Over time, the water has shaped the land into four castle-like towers, giving rise to the name "castle point." From the bluff, the towers appear to be a single rock formation, but from the beach perspective they are clearly separate. You will enjoy a different view of the island's natural beauty upon reaching the inland village of Morne-a-l'Eau.

- Enjoy the Creole ambiance in seaside Sainte Anne while shopping in its Artisanal Village.
- Watch the pounding surf at La Pointe des Chateaux, where it has formed four towers.
- See the castle-like towers from different perspectives.
- Travel inland to the village of Morne-a-l'Eau, where the landscape is decidedly different.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

The tour is not available to wheelchair guests. This tour includes approximately 90-minutes of easy to moderate walking. Those with mobility concerns should only participate to the extent of their stamina and ability and may make arrangements with the guide not to participate in certain portions of the tour. The tour sequence may vary.

## PTP-012 GREAT GRAND-TERRE

**Duration: 6.50 Hrs** **Tour Price: CA\$0.00** **Retail Price: CA\$208.00**

**Date: January 15, 2022 09:15 AM**

Follow a circuitous route around Grand-Terre that presents the island's most dramatic scenery and its rich history in a museum of pre-Columbian artifacts. One of the first stops will be at the Edgar Clerc Museum, which holds a collection of pieces that the archaeologist Clerc unearthed on Guadeloupe. While browsing the exhibits, you will see pre-Columbian ceramics and tools and discover a civilization that had mastered highly advanced agricultural and fishing techniques. Following this eye-opening presentation, you will enjoy a tropical-inspired lunch at the Plantation Sainte-Marthe, a modern resort on the slopes of a former sugar cane plantation. Another dramatic setting awaits you at La Pointe des Chateaux, a finger of land at the very eastern tip of Grand-Terre. The most visited site on Guadeloupe, the point offers an absolutely stunning view of the sea relentlessly pounding the rocky cliffs. Later, you will drive along the southern coast to Sainte Anne, a seaside village with an appealing Creole atmosphere.

- Drive in a loop around Guadeloupe, admiring the staggeringly beautiful natural scenery.
- Delve into the history of the island's indigenous people at the Edgar Clerc Museum.
- Dine at a hillside resort and then walk the grounds and linger poolside.
- Pause to admire one of the island's most dramatic seaside settings.
- Pass through Sainte Anne, a decidedly Creole-inspired village.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Guests must negotiate 400 steps to reach the viewpoint at La Pointe des Chateaux. This tour includes approximately 3-hours of easy to moderate walking. The tour is not available to wheelchair guests and those with mobility concerns should only participate to the extent of their stamina and ability and may make arrangements with the guide not to participate in certain portions of the tour. The museum is closed Sundays. The tour sequence may vary.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## PTP-007 COUSTEAU RESERVE & NATURE WALK

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00

Date: January 15, 2022 09:30 AM

Departing from Pointe-à-Pitre, you will venture into the island of Basse-Terre and the National Park which unveils its many charms to nature lovers. Your destination is the grey-sanded beach of Malendure to board a modern glass-bottom boat. During your boat ride you will explore Pigeon Island, a protected sanctuary named after Jacques Cousteau, the famous French sailor, oceanographer and film director, whose first movie *The Word of Silence*, featured several scenes filmed here. The boat will stop for an opportunity to swim in the clear Caribbean Sea amongst hundreds of fishes. Back on board, the crew will offer you complimentary local drinks, before going back to the shore. You will re-join your coach; head back towards the National Park and stop by the spectacular emerald green Cascade aux Ecrevisses for a short walk among exuberant plants and trees. A short coach ride following your nature walk, return you to the pier and your awaiting ship.

- See a never-ending parade of marine life through the viewing panels in a glass-bottom boat.
- Snorkel in waters Jacques Cousteau praised for their clarity and abundant marine life.
- Enjoy a refreshing swim in the sea if you don't wish to snorkel.
- Hike to beautiful Crawlfish Falls in verdant Guadeloupe National Park.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes limited walking, mainly at the guests' discretion with sandy surfaces to negotiate at Malendure Beach. Guests with mobility concerns should only participate to the extent of their stamina and ability and may make arrangements with the guide not to walk during portions of the tour. Participants should be able to enter and exit the boat with limited assistance. Those wishing to swim or snorkel should be in good physical condition, good swimmers and able to swim in deep water. Snorkeling equipment is provided. Guests taking part in water activities do so at their own risk and responsibility. The minimum age to participate is 5 years old. Children under the age of 18 must be accompanied by an adult parent or guardian. The vessel may not be exclusive to guests of your cruise line.

## PTP-009 GUADELOUPE HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$91.00



Date: January 15, 2022 09:45 AM, 10:30 AM

Explore the picturesque southern shore of Grand-Terre island, whose rich history comes alive as you tour an 18th-century fortress and stop in two seaside villages. You will first visit Fort Fleur d'Épée, which played its greatest role in Seven Years War that began in 1756. While here, you can explore its battlements, powder magazine and several underground rooms, including the dungeons. Continuing down the shoreline, you will next see the red-topped lighthouse on Grosier Island, which was established in 1883. The beacon is so well recognized that it has become a symbol of Le Grosier, a charming village named for a species of large pelicans that inhabits its lagoon. During a photo stop at the village esplanade, you might ask the guide about the battles fought at Le Grosier during the Seven Years War. Afterwards, you will explore the village of Sainte Anne, known for its seafront promenade and popular beach "les Galbas."

- Tour a mid-18th century fort where the French and the English battled.
- Hear tales of the Seven Years War and how it affected Guadeloupe.
- Behold the iconic lighthouse that has become the symbol of Le Grosier village.
- Walk the bustling promenade in Saint Anne and shop in the Artisanal Village.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guests' discretion during stops. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should only participate to the extent of their stamina and ability and may make arrangements with the guide not to participate in certain portions of the tour.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## ❖ CASTRIES, ST. LUCIA

### STL-001 LAND AND SEA TO SOUFRIERE

Duration: 6.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00



Date: January 16, 2022 08:30 AM

Enjoy a panoramic tour of Castries before heading south to see more highlights in Soufriere, a colonial town in the shadow of the island's iconic Pitons. As you drive through the capital of St. Lucia, you will pass landmarks such as Castries' beautifully ornate central library and bustling Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. You will then follow a winding coastal road through fishing villages and past banana plantations on the way to Soufriere. Your first stop will be the Diamond Botanical Gardens, a peaceful retreat that occupies an idyllic spot on the site of a therapeutic spring bath built in 1784 for the troops of King Louis XVI. The grounds are still restorative. You will also visit Morne Coubaril, the island's oldest French Creole estate, where you will enjoy a buffet lunch before cruising back to Castries on a catamaran.

- See Castries' highlights, including a square named for St. Lucia's Nobel Prize winner.
- Pause atop the former military post Morne Fortune and take in the views of Castries.
- Marvel at the spectacular coastal scenery on the way to Soufriere.
- Meander through a wonderfully serene botanical garden.
- Savor a buffet lunch of Caribbean classics at the island's oldest French Creole estate.
- Return to Castries on a catamaran, pausing along the way for a refreshing swim.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes about 2½ hours of moderate walking, at times over uneven, gravel and dirt surfaces. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Those with mobility concerns should evaluate their stamina and ability before joining the tour, as there is a significant amount of physical activity. Guests participating in water activities do so at their own risk and responsibility. Maximum weight suggestion is 250 pounds. The order of sites viewed or visited may vary. Menu items are subject to change.

### STL-008 THE TREE TOP ADVENTURE

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00



Date: January 16, 2022 08:30 AM

Race through a rainforest canopy on an exhilarating zip line while admiring the tropical countryside from a unique vantage point high above the forest floor. Upon arriving at Errard Estate in the heart of the lush rainforest, you will receive a brief orientation on zip lining to maximize the experience. Then, the real fun will begin. The zip line features nine wooden platforms in the trees, all at different heights. During stops, the guides will prepare you for the next thrilling leg of the journey and describe the most fascinating sights along the way. If you are interested in the vegetation that you are zip lining through, the guides will be happy to describe the rainforest flora in detail. At the end of the zip line adventure, you will follow a nature trail back to the welcome center for a refreshing drink.

- Tear through the tree canopy while safely harnessed on a zip line.
- Observe the gorgeous surrounding landscape from high above the forest floor.
- Listen to commentary from the guides, while pausing on the platforms between zip lines.
- Dress in weather-appropriate clothing, including long pants.
- Wear flat comfortable walking shoes with closed toes.

This tour is not available to wheelchair guests, those with mobility concerns, pregnant women or guests with heart problems, asthma, epilepsy, or recent back or neck injuries. No one under the influence of alcohol or drugs may participate. Participants must weigh no more than 250 pounds, be no taller than 6'2" or older than 70. Participants may have to sign a liability waiver.

### STL-011 SNUBA ADVENTURE AT PIGEON ISLAND

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00



Date: January 16, 2022 08:30 AM

Explore the colorful marine life off Pigeon Island by learning to SNUBA, an exceptionally fun recreational watersport that is a cross between scuba and snorkeling. Unlike traditional diving, in SNUBA the air supply floats on the water's surface, and you simply breathe through the long tube that connects it to you. Upon entering the water, you will be free to swim along at whatever depth is comfortable and observe the abundant marine life. The coral reefs here are teeming with flounder, blue tangs, parrotfish, spiny lobsters, arrow crabs and plenty more. After your SNUBA adventure, you may explore the island on your own. In the 18th century, the British built Fort Rodney on one of Pigeon Island's twin peaks, and some of the buildings, defensive walls and cannons still remain. If it is a clear day, you may see Martinique to the north. The park has a small restaurant on site where beverages and snacks are available for purchase.

- Learn to SNUBA and observe the underwater wonders off Pigeon Island.
- See a huge variety of neon-colored tropical fish and perhaps a sea turtle or two.
- Explore 40-acre Pigeon Island and the ruins of Fort Rodney on your own.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Walking on this tour is mainly at the guests' discretion. Surfaces at Pigeon Island are sand, dirt, grass and gravel. The water activity is considered moderate. The tour is not available to wheelchair guests or those with mobility concerns. A weight belt, mask, snorkel, fins and breathing apparatus are provided. The minimum age to participate is 8 years old. Children under 18 years of age must be accompanied by an adult parent or guardian. Guests participating in water activities do so at their own risk and responsibility. Sighting marine life is not guaranteed. Guests are required to sign a waiver.



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Light Activity



Hiking



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Meal Included

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### STL-003 4X4 BEACH SAFARI

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00

Date: January 16, 2022 09:00 AM

Take off from Castries in a 4x4 vehicle, enjoying the ride as the driver/guide drives through the countryside while providing entertaining commentary along the way. Although you will see some of the highlights in St. Lucia's capital city, the best view may be from just outside the city limits, atop Morne Fortune. From this former military outpost that once boasted two forts, you will gaze out over the Castries and the turquoise seas beyond. You will then head inland, following a rugged route through traditional villages such as Ti-Rocher, Destrameaux and Balata. In time, you will arrive at one of the most spectacular beaches on the island's eastern shore. With no schedule to follow, you can relax however you see fit. Don't miss the opportunity to swim though, as the waters here are absolutely gorgeous.

- Ride in a 4x4 vehicle through some of the most remote and scenic areas of St. Lucia.
- Take in the sweeping view of Castries and its harbor from the Morne Fortune hilltop.
- Drive off road through the lush jungle and through several inland villages.
- Relax on one of the most idyllic beaches on St. Lucia's eastern coast.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This is not a self-driving tour; a driver is provided. Beach chairs are not included in this tour, but are available for rental.

### STL-005 SNORKEL AT MARINE PARK

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: January 16, 2022 09:00 AM

Cruise along St. Lucia's beautiful northwestern coast to Marine Park, an extraordinary site for snorkeling. Although the trip there will be magnificently scenic, few sights compare to the park's underwater wonders. The labyrinth of shallow reefs and coral heads provide habitats for all sorts of brightly colored tropical fish including French grunts, goatfish, jacks and snappers. You may also spot sea urchins, starfish and occasional octopuses tucked away in the rocks and crevices. Flying gurnards are especially fascinating, as these bottom dwellers typically expand their fins like wings to scare off predators. You won't have to snorkel the entire time, as you can always rest aboard the boat or relax on the beach. As you make your way back, refreshments will be served on board.

- Cruise to a marine park that is absolutely teeming with tropical fish.
- Snorkel along the shallow reefs and coral heads, looking for marine life other than fish.
- Relax onboard or swim over to the beach, if you prefer not to snorkel the whole time.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Participants must be competent swimmers and sign a liability waiver. Those taking part in water activities do so at their own risk and responsibility. This tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Snorkeling equipment is available on board.

### STL-009 A PANORAMIC VIEW OF ST. LUCIA

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: January 16, 2022 09:00 AM

Admire the striking natural beauty of St. Lucia on a meandering panoramic ride with occasional stops at the most scenic viewpoints. From atop Morne Fortune, you will enjoy a sweeping view of Castries. Ironically, Morne Fortune means "hill of good luck," but it was the site of numerous horrific battles between French and English troops. Another stop will be made at Caribelle Batik, where you will watch artists creating one-of-a-kind fashions using hot wax and colorful dyes. Still, it is the scenic beauty of St. Lucia that captures so many hearts, as you will discover firsthand from the overlook at La Guerre, which was once the island's largest banana plantation. Later, while meandering through the gardens at Stony Hill with the estate's owners, you will hear about the joys of living in the tropics.

- Enjoy some of the island's most picturesque views from hilltop lookouts.
- Discover the intriguing history behind the sites that you visit.
- Tour an estate with its owners, as they describe life on St. Lucia.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking and steps; however, the sites are not wheelchair accessible and therefore the tour is not considered suitable for wheelchair guests.

### STL-015 SKY CANOPY & AERIAL TRAM

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$261.00

Date: January 16, 2022 09:00 AM, 10:00 AM, 11:00 AM

Ride an aerial tram high into the rainforest canopy and then descend by zip line, an exhilarating way to soar through the trees like a bird. Even the drive to the eco-park will be scenic, as you will pass through traditional inland communities such as Babonneau and Fond Assau. Once you arrive, the naturalist guide will assist you on a trial run on the zip line cable. Then, off you will go on an aerial tram that will take you to the top of the zip line. It is all downhill from here—literally. In all, you will race through the treetops along 10 zip line cables, each offering a unique thrill and different perspective of the rainforest. As you effortlessly glide down, you will be treated to outstanding views of the sea and the northern half of the island.

- Glide through the rainforest canopy comfortably seated in an aerial tram's gondola.
- Take in the spectacular views of the St. Lucian countryside on the way up.
- Race down through the rainforest on a zip line, stopping between runs to observe nature.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Participants must be at least 12 years old and weigh no more than 300 pounds. Guests are required to sign a waiver in order to participate.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## STL-007 ISLAND SPLENDOR

Duration: 3.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: January 16, 2022 09:30 AM

Settle in for a rambling drive through the countryside that presents the island's natural beauty and architectural charms. It won't take long to reach La Toc Battery, a 19th-century fort built to protect St. Lucia's vital coal stations. It is an intriguing site with many of its tunnels, shell lifts and ventilation shafts still intact. Driving on, you will enter a bucolic landscape of banana plantations tucked between undulating hills before passing through the rustic village of Anse La Raye. Continuing on, you will soon arrive at Marigot Bay, a tranquil blue lagoon that the surrounding hills shelter, making it an ideal natural yacht harbor. On the return to Castries, you will pause for snacks and a beverage at St. Marks, a grand colonial-era house that overlooks the harbor.

- Enjoy a panoramic drive through the most scenic areas on St. Lucia's western shore.
- Explore the remains of the 19th-century fort La Toc Battery.
- Marvel at the sweeping seaside views that capture the splendor of St. Lucia.
- Snack on Caribbean treats at a beautiful colonial house overlooking Castries' harbor.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There are steps at La Toc Battery and St. Marks. Menu items are subject to change. Guests must be able to get on & off the buses and there are 5 steps leading up to St. Mark's and approximately 10 steps at La Toc Battery.

## STL-013 St. Lucia Trolley Train

Duration: 1.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$65.00



Date: January 16, 2022 09:30 AM, 12:30 PM

Ride the Hibiscus Trolley Train through Castries as the guide regales you with entertaining stories of the capital city's history and architectural highlights. Although the exact route will depend on the traffic conditions, you can expect to pass the bustling craft market, beautiful colonial government buildings and Derek Walcott Square, named for the St. Lucian-born poet and playwright that won the Nobel Prize in 1992. The highlight will be visiting the Cathedral of the Immaculate Conception, the largest church in the Caribbean when it was completed in 1897. Be sure to look above the altar, where you will see a representation of St. Lucia, the island's patron saint. She died in 304 A.D., the victim of Christian persecution during the reign of Roman emperor Diocletian. Following the city tour, you will enjoy a bit of free time at the beach where you can enjoy a complimentary rum or fruit punch.

- See the highlights in Castries from the comfort of an open-air trolley train.
- Hear about notable local figures such as Derek Walcott, a Nobel Prize-winner in 1992.
- Visit the cathedral that was the largest of its kind when completed in 1897.
- Relax at the beach toward the end of the sightseeing tour.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Sun chairs and umbrellas are not included at the beach. Transfer times may vary due to traffic conditions. Bathing suits can't be worn in the church.

## STL-012 SEA TREK ADVENTURE HELMET DIVING

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$182.00

Date: January 16, 2022 10:30 AM

Walk along the ocean floor wearing no equipment other than a diving helmet for an up-close view of the marine life darting about the coral reefs. After a brief introduction to helmet diving, you will be ready to explore the crystal-clear waters surrounding the island. Helmet diving is easy to learn. Just slip the helmet comfortably over your head so it rests on your shoulders. Air is supplied to the helmet through a tube connected to an air tank on the water's surface that follows wherever you walk. There isn't an air regulator or mouthpiece, so you can breathe just like you normally do. You can even wear prescription glasses or contact lenses because your head will not get wet while helmet diving. You can expect to observe flounder, blue tangs, arrow crabs and perhaps a sea turtle or two. Following the helmet-diving adventure, you can wander about Pigeon Island on your own. The park has a small restaurant on site where beverages and snacks are available for purchase.

- Walk along the ocean floor, breathing through a helmet with its own air supply.
- Never even get your head wet the entire time that you are underwater.
- See a huge variety of neon-colored tropical fish and perhaps a sea turtle or two.
- Explore 40-acre Pigeon Island and the ruins of Fort Rodney on your own.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

Walking on this tour is mainly at the guests' discretion. Surfaces at Pigeon Island are sand, dirt, grass and gravel. The water activity is considered moderate and swimming skills are not required. The tour is not available to wheelchair guests or those with mobility concerns. A pair of Crocs and the diving helmet are provided. The minimum age to participate is 8 years old. Children under 18 years of age must be accompanied by an adult parent or guardian. Guests participating in water activities do so at their own risk and responsibility. Sighting marine life is not guaranteed. Guests are required to sign a waiver & sea trekking is from the beach.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## STL-014 RAINFOREST AERIAL TRAM

Duration: 3.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$234.00



Date: January 16, 2022 10:30 AM, 11:00 AM, 12:30 PM

Ride through and above the rainforest on an aerial tram that presents a 360° bird's-eye view of the island's natural beauty. The tram takes off in the heights of the old-growth rainforest and soars even higher, well into the tree canopy in certain areas and even above the trees elsewhere. Along the way, the guide will point out the highlights and provide enlightening commentary about the flora and fauna. The rainforest is one of the few places on the island where you will find the endemic St. Lucia parrot, which is known locally as the jacquot. You might also spot a number of grommier trees, whose wood the Carib Indians originally used for hand-carved dugout canoes. If you see bursts of color in the dense foliage, chances are, it will be flowers such as lavender stars and white lace.

- Glide through the rainforest canopy comfortably seated in an aerial tram gondola.
- Listen to enlightening descriptions of the flora and fauna living in the rainforest.
- Look for the endemic St. Lucia parrot, the country's national bird.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

A restaurant and a snack bar are available for dining on your own. Guests are required to sign a waiver in order to participate.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## ❖ BRIDGETOWN, BARBADOS

### BGI-001 BEST OF BARBADOS

**Duration:** 4.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00

**Date:** January 17, 2022 08:30 AM, 12:30 PM

**Date:** January 18, 2022 08:30 AM, 12:30 PM

Visit an array of representative attractions that present the island's natural beauty, history and culture in enlightening ways. Few places are quite so serene as Orchid World, where you will meander winding garden paths that lead to countless orchids and more than a thousand other Caribbean plants. You may see hummingbirds flitting about from blossom to blossom, exotic dendrobiums and oddly shaped succulents. Continuing on to the parish of St. George, you will find Gun Hill Station, one of a series of signal stations that was once manned to warn of approaching enemy ships. From this elevated vantage point, you will be treated to spectacular views of the sea and beyond. For a different historical perspective, you will browse Sunbury Plantation House, a magnificent 17th-century residence decorated with period furnishings. Although many of the original pieces were lost in a fire, the furniture in the planter's office belonged to the sugar plantation's first owners.

- Stroll through Orchid World, whose namesake flowers only touch on the garden's flora.
- Admire the lengthy views from atop Gun Hill Station, one of the island's highest points.
- Browse a 17th-century sugar plantation that presents a glimpse into the past.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

Camouflage clothing is not permitted in Barbados.

### BGI-003 DISCOVER BARBADOS

**Duration:** 3.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$130.00

**Date:** January 17, 2022 08:45 AM, 12:45 PM

**Date:** January 18, 2022 08:45 AM, 12:45 PM

Take in the scenic diversity of Barbados on a panoramic driving tour through the bucolic countryside and along the beautiful coastline. As soon as you leave Bridgetown, the landscape will become much more agricultural with sugar cane being the dominant crop. The Dutch introduced sugar cane to Barbados in 1624 for export and rum production, and the crop is still grown but no longer in enormous quantities. The views will be spectacular in a different way as you drive along the coast, passing luxury resorts and long stretches of remote beach. You will find one of the best views from St. John's Parish Church, a Gothic-style building constructed in 1836. Other versions of the church have stood on this site since 1645, but hurricanes and fires have destroyed them. More magnificent vistas await you from the hilltop Highland Centre, where you will linger over a cool drink while admiring views of Barbados' eastern shore.

- Drive through the gorgeous countryside and along the coast, taking in the views.
- Listen to commentary about the history of Barbados and its early plantation life.
- Pause for photos at a historical church that offers extraordinary views.
- Gaze out over Barbados' eastern shore while enjoying a drink.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

There is uneven terrain at Bathsheba. There is a little walking involved in this tour but no stairs. This tour does not accommodate wheelchairs or walkers.

### BGI-002 BEACH BREAK

**Duration:** 3.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$130.00

**Date:** January 17, 2022 09:00 AM, 01:00 PM

**Date:** January 18, 2022 09:00 AM, 01:00 PM

Spend a day relaxing on one of the premier beaches in Barbados, a lovely stretch of sand that rims Carlisle Bay in the southwestern part of the island. Your time at the Harbor Lights beach facility will be completely at your leisure, allowing you to enjoy the tropical setting as you please. You might bask in the sun on the soft powdery sand, take a refreshing swim, walk along the coast as the waves gently lap the shore, and relax in the shade of a coconut palm while gazing out at the sea. If you rent snorkeling equipment, chances are, you will spot one of the shipwrecks just offshore, sea turtles and schools of brightly colored fish. You might also dine on your own at one of the beachside restaurants and shop at the kiosks, where the local Barbadians typically sell jewelry made with sea glass and coral.

- Enjoy hours of free time at a spectacular beach just outside Bridgetown.
- Bask in the sun, swim in the sea and do most anything else that pleases you.
- Rent snorkeling gear and observe the underwater wonders just off shore.
- Dine on your own and shop at the beachfront facilities.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.
- Bring a towel and swimsuit.

This tour is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of ability and stamina before joining the tour. Guests taking part in water activities do so at their own risk and responsibility. A complimentary welcome drink, beach chair, shared umbrella and use of the showers and restroom facilities are included.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## BGI-005 4X4 SAFARI ADVENTURE

Duration: 3.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$195.00

Date: January 17, 2022 09:00 AM, 01:00 PM

Date: January 18, 2022 09:00 AM, 01:00 PM

Drive into the countryside in a luxury 4x4 Land Rover that allows easy access to the more secluded areas of Barbados. You will follow the guide in a caravan of vehicles, first stopping in the parish of St. George, where you will see Gun Hill Signal Station. It is one of a series of signal stations that was once manned to warn of approaching enemy ships. The lion statue out front was carved from a single piece of stone in 1868. You will then venture into a rainforest and follow a path lined with cabbage palms, mahoganies and bearded fig trees. Upon reaching the fishing village of Bathsheba, you will pause to drink in the coastal views, which are quite different than the vistas you will take in at Cattlewash Beach. The landscape will change once again on the return to Bridgetown, as you will drive along the western coast, passing one five-star resort after another. A basket of wine, crackers, dip and fruit will be enjoyed at a chosen location.

- Drive into the more remote areas of Barbados in the comfort of a 4x4 Land Rover.
- Pass historical attractions such as Gun Hill Station, where the views are spectacular.
- Follow a path through a dense rainforest and look for wildlife.
- See several coastal areas, some secluded, others lined with upscale resorts.
- Dress in weather-appropriate clothing.
- Wear flat comfortable, closed-toe walking shoes.

This tour is not available to wheelchair guests or those with mobility concerns, recent back or neck injuries, or pregnant women. No one under the influence of alcohol or drugs may participate. Camouflage clothing is prohibited. The minimum age to participate is 5 years old. Guests may need to sign a release form before participating.

## BGI-009 BARBADOS PHOTO ADVENTURE

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$130.00

Date: January 17, 2022 09:00 AM, 01:00 PM

Date: January 18, 2022 09:00 AM, 01:00 PM

Shoot some of the island's most picturesque locations with leading Barbadian photographer Ronnie Carrington on this Artists' Loft limited-participation outing. As you travel around Barbados, Ronnie will share his personal experiences of growing up in Barbados, how he became a photographer and tips on how to enhance your photography skills. Once outside Bridgetown, you will drive past acres of sugar cane and through photogenic rural villages with brightly painted rum shops and chattel houses. The mountainous Scotland District is another area well worth photographing, especially from the perspectives that Ronnie will recommend. Continuing on to the island's east coast, you will then shoot Bathsheba, a quaint fishing village where the surf relentlessly pounds the giant coral boulders and creates whirlpools of foaming surf. Afterwards, you will accompany Ronnie to the Atlantis Hotel in Tent Bay for refreshments. It is yet another setting with excellent photo opportunities.

- Accompany a leading local photographer to his favorite most photogenic locations.
- Shoot photos of visually stunning areas ranging from the mountains to the coast.
- Use tips from the photographer to enhance your photos.
- Enjoy a drink at an oceanfront hotel and then take pictures of the setting.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a limited amount of walking, mainly at the guests' discretion during stops. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns. Camouflage clothing is prohibited.

## BGI-007 LUXURY CATAMARAN & SAIL

Duration: 5.50 Hrs Tour Price: CA\$195.00 Retail Price: CA\$391.00



Date: January 17, 2022 09:30 AM

Date: January 18, 2022 09:30 AM

Relax aboard a catamaran and cruise along Barbados' beautiful Platinum Coast, a highly affluent area on the western shore. The catamaran is so comfortable you might do nothing more than enjoy the luxurious setting and gorgeous views. It will be your choice. However, if you wish to explore the wonders underwater, you will have that opportunity once the catamaran anchors in a secluded cove. The island's Platinum Coast isn't just affluent, there is also a wealth of marine life just off shore. Snorkelers can expect to see schools of brightly colored tropical fish and perhaps even hawksbill sea turtles, which frequent the area because there are abundant sandy nesting sites within reach. If you spot one with a heart-shaped carapace, it is a young hawksbill turtle, as the shell elongates with age. On the return to Bridgetown, you will enjoy a delicious barbecue buffet with wine.

- Sail on a luxurious catamaran along the island's magnificent Platinum Coast.
- Anchor in a secluded cove and enjoy the onboard comforts.
- Take a refreshing swim in the turquoise sea.
- Snorkel in waters teeming with marine life, including hawksbill turtles.
- Enjoy a barbecue buffet on the return cruise to Bridgetown.
- Dress in weather-appropriate clothing with swimwear under a cover-up.
- Wear flat comfortable walking shoes.

This tour includes limited walking. Those who wish to snorkel or swim should be good swimmers and in good physical condition. The tour is not available to wheelchair guests or those with mobility concerns and is not recommended for those who suffer from motion sickness. Guests who participate in water activities do so at their own risk and responsibility. Alcoholic beverages will only be served to those who are 21 years of age or older and only after water activities have concluded. Marine life sightings are not guaranteed. The tour may be altered depending on weather conditions.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## ❖ KINGSTOWN, ST. VINCENT

### KGN-001 VERMONT NATURE TRAIL HIKE

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$156.00

**Date:** January 19, 2022 08:30 AM, 01:30 PM

Hike through a protected rainforest with a guide that will point out exotic flora and fauna that may include the endangered St. Vincent Parrot, a species endemic to the island. Upon reaching the enormous St. Vincent Parrot Reserve, you will hike the Vermont Nature Trail, which winds through the lush rainforest. The scenery will be spectacular throughout the journey, but the real draw will be the chance to see the rare St. Vincent Parrot. Endangered because of loss of habitat and the illegal pet trade, this large parrot with multi-colored plumage is a favorite of birdwatchers. There is a good chance of seeing one or at least hearing its call. Similarly, the Whistling Warbler is another bird endemic to St. Vincent and often observed in the reserve. The boldly patterned, black-and-white warbler is usually seen happily flitting about the undergrowth. It too has a distinctive call that rises steadily in volume before ending emphatically.

- Sample freshly prepared conch that the guides have just plucked from the sea.

- Dress in weather-appropriate layered clothing.
- Wear flat comfortable walking shoes with closed toes.

This tour includes hiking about ¾ of a mile over mostly uphill and natural terrain. There are footholds, but they are inconsistent in height and width. The trail may be slippery when wet. The tour is not available to wheelchair guests or those with mobility concerns. Participants should be in good physical condition. Wildlife sightings are common, but not guaranteed.

### KGN-003 GARDENS OF ST. VINCENT

**Duration:** 4.25 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$156.00

**Date:** January 19, 2022 09:00 AM

Meander down the lushly landscaped paths of two vastly different gardens: Kingstown's centuries-old botanical gardens and the more mountainous Montreal Gardens. Established in 1765, the botanical gardens are among the oldest in the Western Hemisphere. They contain colorful torch lilies, brain fruit palms, towering mahoganies and flowering Soufrieres, the national tree of St. Vincent, which isn't found anywhere else but on the island. A different sort of garden awaits you in the mountains above the fertile Mesopotamia Valley. A former plantation, Montreal Gardens is blessed with rich volcanic soil and a lovely terraced terrain. It is here that Welsh-born landscape designer Timothy Vaughn renovated 7½ acres of land and turned it into a spectacular collection of gardens, each with its own design and personality. There is a formal garden, a color garden accented with splashes of brilliant flowers and a rainforest garden with a mountain stream that enhances its serenity.

- Pass a war memorial that honors the Vincentians that died in World War I.
- Stroll the winding paths of Kingstown's centuries-old botanical gardens.
- See a breadfruit tree descended from one donated by Captain Bligh of the HMS Bounty.
- Behold the exotic gardens that flourish in the volcanic soil of the Montreal Gardens.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about two hours of moderate walking with some hills that may be steep. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour.

### KGN-006 KAYAK & SNORKEL ADVENTURE

**Duration:** 4.25 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00

**Date:** January 19, 2022 09:00 AM

Kayak and snorkel along St. Vincent's picturesque leeward coast and then stop at a movie location for "Pirates of the Caribbean." Being on the wind-sheltered side of the island, the seas are typically calm and easy to kayak, allowing you to focus on the sights. They include a backdrop of verdant mountains, serene coves and gorgeous beaches. If you gaze toward the horizon, you may see humpback, pilot and sperm whales and pods of frolicking dolphins. In time, you will paddle past the Bat Cave, an opening in the volcanic shoreline that thousands of bats inhabit, and then arrive at Byahaut Cove. It is one of the best snorkeling spots on the island and typically not crowded, as it can only be reached by sea. You may recognize the cove from the movie "Pirates of the Caribbean," some of which was filmed there. As you will discover while snorkeling, the sights are just as extraordinary below the surface.

- Kayak through the typically clear, calm waters on the island's protected leeward side.
- Snorkel a coral reef teeming with colorful tropical fish and other Caribbean marine life.
- Look for whales and dolphins, which frequent the waters year-round.
- See a cove that served as a set for the movie "Pirates of the Caribbean."
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes moderate to strenuous activity and paddling for nearly 1½ hours. The tour is not available to wheelchair guests or those with mobility concerns. Guests should be in good physical condition. Kayakers must wear the provided safety vests. Single & double kayaks are available. Pack valuables in a watertight container. There are no restroom facilities on this tour. Guests participating in water activities do so at their own risk and responsibility.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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## KG-007 BEQUIA BY SAILING CATAMARAN

Duration: 6.25 Hrs Tour Price: CA\$130.00 Retail Price: CA\$326.00



Date: January 19, 2022 09:15 AM

Sail to the neighboring island of Bequia and enjoy free time before snorkeling and then relax on the beach. The yachting paradise of Bequia measures just seven square miles, all of it beautiful, as you will discover after pulling into Port Elizabeth on a catamaran. Most of the boutiques are along Front Street, so you won't have far to walk. Sailing on, you will soon arrive at Moonhole, a cluster of quirky stone homes built under a natural arch in a coastal cliff. Few of the homes have windows or doors, some are partially constructed with whalebones, and all of them use rainwater collected in cisterns. You will anchor just offshore, leaving plenty of time to admire the private compound and snorkel off shore. Following lunch aboard, you will sail to Princess Margaret Beach, a beautiful ribbon of golden sand named for England's Princess Margaret, who once swam there.

- Sail on a catamaran to the nearby island of Bequia and explore Port Elizabeth.
- Marvel at the strange "off-the-grid" stone homes built into the cliffs on Bequia.
- Swim and snorkel in the crystal-clear waters off the island.
- Spend hours relaxing on a lovely beach named in honor of England's Princess Margaret.
- Dazzle your friends by correctly pronouncing Bequia as "Bek-way."
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes moderate activity mainly at the guests' discretion. It is not available to wheelchair guests and not recommended for those with mobility concerns. Restrooms are available on board the catamaran. Lunch is served "castaway-style" with disposable glassware and utensils. Guests participating in water activities do so at their own risk and responsibility.

## KG-005 PIRATES OF THE CARIBBEAN & SNORKEL

Duration: 3.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$169.00

Date: January 19, 2022 09:30 AM, 01:15 PM

Enjoy the scenic splendor of St. Vincent by sailing along the coast, stopping to snorkel and visiting a set for "Pirates of the Caribbean." While cruising the leeward coast of St. Vincent, you will see British-built Fort Charlotte and the Bat Cave, an opening in the volcanic shoreline that thousands of bats inhabit. In time, the captain will anchor so you can snorkel through the turquoise waters, which are teeming with colorful, tropical fish. You will also be free to comb the beach, sunbathe or simply relax in the shade. Be sure to look for humpback, pilot and sperm whales and pods of frolicking dolphins, all of which frequent these waters year-round. Later, you will stop at Wallilabou Bay, which served as the fictional location of Port Royal in the movie "Pirates of the Caribbean" and its sequels. Many of the original sets still remain, and you may well recognize them.

- Sail along the beautiful leeward coast of St. Vincent.
- Swim and snorkel in the crystal-clear waters, if conditions permit.
- Relax on the beach, an idyllic stretch of sand shaded by palms.
- See sets from "Pirates of the Caribbean," much of which was shot in Wallilabou Bay.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel and sunscreen.
- Wear flat comfortable walking shoes or aqua socks.

This tour includes moderate activity, mainly at the guests' discretion. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Fins are not provided. Dependent upon prevailing weather and sea conditions, guests may not be able to disembark at Wallilabou Bay. Guests participating in water activities do so at their own risk and responsibility.

## KG-002 BEST OF ST. VINCENT

Duration: 3.25 Hrs Tour Price: CA\$0.00 Retail Price: CA\$130.00

Date: January 19, 2022 09:45 AM, 01:30 PM

Trace the island's history at Fort Charlotte and then behold its natural beauty at a botanical garden. The British started construction on the fort in 1763, building it on a ridge that offers an unobstructed view of Kingstown and beyond. Interestingly, the cannons point inland over the moat, as the fort was built to protect the English from the indigenous Indians and their French allies, who were more inclined to attack from land than the sea. Nearby, you will find the island's botanical gardens, which are among the oldest in the Western Hemisphere, having been established in 1765. An oasis of serenity, the gardens contain countless species including rare ones such as a breadfruit tree that is the third generation of one donated by the infamous Captain Bligh of the HMS Bounty. Continuing on, you will venture through the Mesopotamia Valley, where much of St. Vincent's fruits, vegetables and spices are grown.

- Spend free time enjoying a lengthy beach just walking distance from the ship.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about an hour of easy to moderate walking with some slopes to negotiate. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Due to a weight restriction on the drawbridge at Fort Charlotte, you will travel there by minibus. Following this stop, you will travel by motor coach for the remainder of the tour.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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**KGN-004 PANORAMIC ST. VINCENT****Duration: 2.00 Hrs****Tour Price: CA\$0.00****Retail Price: CA\$104.00****Date: January 19, 2022 10:00 AM, 01:00 PM**

Drive through the bustling capital of Kingstown and the surrounding countryside, taking in the scenery and historical sights. Known as the "City of Arches" for its volcanic stone archways, Kingstown was first settled by the French. In the following decades, the island was ceded to the British, who built Fort Charlotte on a high bluff to protect Kingstown primarily from land attacks by the French and Caribs. Many of the landmarks in town are churches, and you will enjoy an exterior view of three of the most impressive ones. St. George's Anglican Church is known for its lovely stained-glass windows. St. Mary's Catholic Cathedral of the Assumption was built in stages and its eclectic architecture reflects the additions. Freed slaves help build Kingstown Methodist Church, a pastel-colored brick building. Leaving Kingstown behind, you will drive along the island's windward side, admiring the dramatic scenery, which includes black-sand beaches, rocky bluffs and coastal villages.

- Pass many of Kingstown's most historical landmarks, including hilltop Fort Charlotte.
- View three churches, including one with stained-glass windows that Queen Victoria donated.
- Observe another church that freed slaves constructed.
- Behold the beautiful shoreline and coastal villages along the island's windward side.
- Sample coconut water and coconut meat or "jelly," a staple on the island.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking and is mostly panoramic in nature. Wheelchair guests who can make their own way on and off the coach and have an able-bodied companion to assist them may participate in the tour; however, there is no room for wheelchairs on the coach and they must remain at the terminal until the tour's return. Those with mobility concerns should evaluate their stamina and ability before joining the tour.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## ❖ ST. GEORGE'S, GRENADA

### GND-001 THE SPICE OF OUR LIVES

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$143.00

**Date:** January 20, 2022 08:30 AM, 01:30 PM

Delve into the history and production of some of Grenada's most characteristic products, including spices and herbs, followed by a tasting of the island's distinctive rum. Your first stop will be a family-owned business that manufactures nutmeg products. Expect to be surprised by the variety of merchandise made with this one signature ingredient, including jam, hot sauce and rum punch. You will become further immersed in spices at nearby Laura Spice Gardens, which grows common spices such as cinnamon and more unusual ones such as tonka beans, which are often substituted for vanilla in recipes. Continuing on to Westerhall Estate, you will learn how cocoa and sugarcane was processed in the late 1800s. Today, the attention has turned to rum, and you will have the opportunity to sample several of its finest. The estate's rums run the gamut from dark to light and vintage to white, usually served neat in a chilled shot glass.

- Visit a nutmeg manufacturer and marvel at the abundance of products made with the spice.
- Learn about unusual spices and herbs grown throughout Grenada, the Spice Island.
- Sample several premium rums made with local sugarcane at a distillery.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves approximately one hour of easy walking. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

### GND-003 CLEAR BOTTOM KAYAKING

**Duration:** 3.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00

**Date:** January 20, 2022 08:30 AM, 10:30 AM

Paddle a kayak with a clear bottom over a coral reef teeming with colorful marine life. Upon arriving at Grand Mal Bay, you will ease into a two-person kayak with a clear bottom that presents an unobstructed view of the natural wonders below. It will offer all the advantages of snorkeling but without having to change clothes or get wet. It won't take long to paddle out to the reef, a natural habitat for an abundance of marine species. It will be a never-ending, always-changing spectacle and there is no telling what you may see through the kayak's bottom. You may spot yellowtail snapper, spotted drums and horse-eyed jacks, a prized game fish that puts up a good fight. In time, you will kayak to Molinere Point, the site of an underwater sculpture park. The collection includes dozens of life-size figures standing on the bottom of the sea. Local artists created the sculptures, which reflect Grenada's history and culture. After approximately 75-minutes, you will return to the Sunset View Restaurant where you will have a chance to relax with a refreshing swim in the calm bay and a complimentary drink from the bar (rum punch, local beer, local fruit juice, soft drink or water).

- Paddle a clear-bottom kayak over a coral reef teeming with marine life.
- Stay dry while observing underwater wonders that snorkelers usually only see.
- View stingrays and barracudas that might otherwise dart off if you were snorkeling.
- Kayak over a sculpture garden that local artisans created on the sea bottom.
- Swim at a beach after kayaking.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes

This tour involves approximately 1¼ hours of kayaking, which may be strenuous at times. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or persons with asthma, heart conditions or back problems. Guests taking part in water activities do so at their own risk and responsibility. Participants must sign a liability waiver. Guests must be at least 18 years old to consume alcohol.

### GND-004 DISCOVER GRENADA

**Duration:** 7.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$234.00



**Date:** January 20, 2022 08:30 AM

Enjoy a remarkably comprehensive driving tour of Grenada that will leave you with a clear understanding of the island's charms. Just east of Saint George's, you will find the 18th-century Fort Frederick, which is named the "backward-facing fort" because its cannons point inland. The views will be spectacular, as will be the ones of Grand Etang, a cobalt-blue lake in the crater of an extinct volcano. Grenada is also known for its premium rum, which you will taste at River Antoine Estate before dining at historical Belmont Estate. More memorable scenery awaits you at Carib's Leap, where dozens of indigenous Caribs jumped into the sea rather than surrender to the French in the mid-1600s. Continuing on, you will pass the island's largest fishing village, tour Dougaldston Spice Estate and finally see the bays where U.S. forces landed in 1983 during the invasion to protect American nationals from Grenada's Marxist regime, which was soon overthrown.

- Spend an enlightening day driving to Grenada's signature destinations and attractions.
- Tour an 18th-century fort and dine at an estate from the same time period.
- Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- See the spot where Caribs jumped to their death rather than surrender to the French.
- Pass through one quaint village after another, including the island's largest fishing village.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves approximately 3½ hours of moderate walking and standing. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## GND-002 ADVENTURE JEEP TOUR

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$221.00

Date: January 20, 2022 09:00 AM

Ride through Grenada's gorgeous interior in an open-air 4x4 vehicle, stopping on occasion for photos and to soak in the natural hot springs. The route will be immensely scenic, as you pass through verdant rainforest, charming villages and aromatic nutmeg plantations. Not far from Grenville on the eastern shore, you will take a leisurely walk through tropical woods to serene Claboney Sulphur Pond, which is typically waist deep. The nutrient-rich natural hot springs is said to be therapeutic, even to the point of having a positive effect on the aging process. Whether that's true or not, you can still expect to be wonderfully relaxed after a nice long soak. Then, returning to the 4x4 vehicle, you will continue driving to Grand Etang Crater Lake in the mountainous island interior. You may spot towering mahogany trees, bright splashes of flowers, and indigenous birds such as the broad-winged hawk, known locally as the gree-gree.

- Drive around Grenada in a 4x4 Jeep, pausing every so often to take in the natural beauty.
- Enjoy a meandering walk through rainforest to a mineral-rich pond said to be therapeutic.
- Soak in the pond's thermal waters, an experience that will leave you wonderfully relaxed.
- Pause for photos on one of Grenada's highest points for a panoramic view of the interior.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

This tour involves approximately 15-20 minutes of hiking, at times over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to guests with back problems. Participants must sign a liability waiver. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol. This is not a self-driven tour.

## GND-006 MOUNTAIN RAINFOREST, GRAND ETANG & ANNANDALE

Duration: 4.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$143.00

Date: January 20, 2022 09:00 AM, 01:30 PM

Admire the stunning natural beauty of Grenada at a crystal-clear mountain lake and a gently cascading waterfall, and then discover how spices are processed on the island. Along the way, you will pass through several seaside villages while the guide points out attractions such as Beausejour Bay, which played a role in the 1983 U.S. invasion of Grenada. Upon reaching centuries-old Douglaston Spice Estate, you will discover traditional methods of preparing spices. You might watch mace being removed from nutmeg or cinnamon sticks being rolled from a tree's inner bark. Grenada is a leading producer of spices and is even nicknamed the Spice Island. Then, it's on to the interior mountains and Grand Etang Lake, which an extinct volcano formed long ago. The water is typically cobalt blue and lush vegetation grows right to the shoreline. During your visit, you will have time to for a refreshing drink at the Park's Visitors' Center. Not far away, you will find beautiful Annandale Falls. It too is edged by native flora, especially hanging ferns and tropical flowers.

- Watch spices being prepared and packaged at a historical estate.
- Gain an understanding of why Grenada is known as the Spice Island.
- View the bays where U.S. forces landed during the 1983 invasion of Grenada.
- Gaze down on an impossibly blue lake that filled the crater of an extinct volcano.
- Behold glorious Annandale Falls and the hanging ferns that surround it.
- Dress in weather-appropriate clothing.
- Wear flat comfortable, closed-toe walking shoes.

This tour involves approximately one hour of moderate walking with a steep uphill to negotiate at Annandale. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.

## GND-005 MT. GAZO HIKE & SWIM

Duration: 3.75 Hrs Tour Price: CA\$0.00

Retail Price: CA\$143.00

Date: January 20, 2022 09:30 AM

Hike through a pristine rainforest on the outskirts of Saint George's as a prelude to spending free time on one of Grenada's most beautiful beaches. A picturesque drive along the city's Carenage inlet and through the historical town will bring you to Morne Gazo, the island's only remaining rainforest. This pristine landscape serves as an important watershed area and a wildlife reserve. It is a spectacular setting for your brisk hike up to the top of a conical hill that rises to 1,140 feet above sea level. From this elevated vantage point, you will enjoy a nearly 360°-view of landmarks such as Point Salines, Grand Etang National Park and seaside La Sagesse. Upon descending, you will drive to Grand Anse Beach, a silky stretch of sand that is nearly two miles long. You will spend a relaxing hour or so at the beach, doing whatever you please.

- Follow a scenic route to the only remaining rainforest on Grenada.
- Hike to the highest point in the rainforest and view one of the island's finest panoramas.
- Spend free time at your leisure at Grand Anse Beach.
- Dress in weather-appropriate clothing.
- Bring swimwear and a towel, if you wish to swim.
- Wear flat comfortable, closed-toe walking shoes.

This tour involves approximately 1¾ hours of hiking, which at times is strenuous and over rough and uneven natural terrain. The tour is not available to wheelchair guests, those with mobility concerns, pregnant women or to persons with heart conditions, asthma or back problems. Participants should be in good physical condition and must sign a liability waiver. Changing facilities are available at the beach. Guests taking part in water activities do so at their own risk and responsibility. Guests must be at least 18 years old to consume alcohol.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## GND-007 SUNNYSIDE GARDENS

Duration: 2.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$143.00

Date: January 20, 2022 09:30 AM, 02:00 PM



Meander through verdant Sunnyside Garden, a botanical oasis on a hill overlooking Saint George's. The brief drive will also be delightful, as you will follow the coastal road around the harbor, pass through Sendall Tunnel and pause at an overlook to take in the panoramic views. Upon reaching Sunnyside Garden, you will stroll the winding paths through exotic foliage punctuated by a riot of color from plants such as hibiscus and African tulips. Depending on where you walk, you may see stout bottle palms, epiphytic staghorn ferns and blooming achiote, more familiarly known as the lipstick tree for its bright-red seeds that are used to make cosmetics. You might also notice the scent of spices and citrus wafting through the air, an aroma that will greatly enhance the experience. Following your guided tour, you will be served a refreshment of rum punch or local juices in house before your transfer back to the ship.

- Enjoy a brief but picturesque drive to a botanical garden overlooking Saint George's.
- Admire the sweeping views of Grenada's natural beauty from the hilltop garden.
- Stroll the garden paths, passing rare exotic plants, many of which will be in bloom.
- Savor the serenity and the wonderfully pungent fragrances wafting through the air.
- Dress in weather-appropriate clothing.
- Wear flat comfortable, closed-toe walking shoes.

This tour involves approximately 1½ hours of easy walking and standing. The tour is not available to wheelchair guests and those with mobility concerns should evaluate their stamina and ability before joining the tour. Guests must be at least 18 years old to consume alcohol.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## ❖ WILLEMSTAD, CURACAO

### CUR-001 CURACAO HIGHLIGHTS

**Duration:** 3.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$78.00

**Date:** January 22, 2022 08:30 AM, 12:30 PM

Get familiar with Curaçao on this wide-ranging overview that includes visits to a handicraft market and maritime museum, even an island liqueur sampling. Traveling Willemstad by comfortable coach, you'll wind through the charming Otrobanda and its artsy older sister district across St. Anna Bay, known as Punda. Both have colorful landmarks to see, but perhaps most impressive of all is the ride across lofty span that connects them: Queen Juliana Bridge soars a spectacular 185 feet above the water. Over at the other end of town, the Jan Thiel district offers its own dramatic water views plus Curaçao's handicraft market, where you'll have some time to browse among stalls offering palm-fiber bags, woven baskets, ceramic items and intricate lacework. At another point, you'll stop to tour Curaçao Maritime Museum, where over 500 years of Arawak Amerindian, Dutch and Spanish seafaring history are brought together under one roof. And stopping at the Dutch colonial mansion of Chobolobo, you can taste-test the famous island liqueur that's still made from indigenous Laraha oranges peels using a time-tested 1886 recipe.

- Enjoy a scenic roiling cruise through Willemstad neighborhoods like Otrobanda, Punda and Jan Thiel.
- See the city's most colorful sights, including a jaw-dropping view from atop Queen Juliana Bridge.
- Tour a maritime museum where exhibits of nautical charts, ship models and navigation equipment cover 500 years of Caribbean seafaring history.
- Shop for everything from rustic palm-fiber bags to delicate lacework at the island handicrafts market.
- Visit a historic distillery known as Chobolobo and sip a sample of its renowned orange liqueur.
- Wear weather-appropriate clothing; light weight suggested.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 90 minutes of easy-to-moderate walking and standing; some is over rough coral stone and there are 32 steps to negotiate at the Museum. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. The order of sights viewed or visited may vary. Guests must be at least 18 to participate in alcohol tasting.

### CUR-003 SCENIC COUNTRY DRIVE

**Duration:** 3.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$78.00

**Date:** January 22, 2022 08:30 AM, 01:00 PM

This wide-ranging coach tour will introduce you to some of Curaçao's diverse natural wonders and cultural landmarks. Heading out from Willemstad, watch the cityscape give way to scenic countryside, with occasional plantation homes dotting the landscape. Your initial destination is Boka Tabla, a north shore national park famous for the thundering waves that crash into its coastline. Over the centuries, they've carved deep caves and blowholes into the rock. At nearby West Point and Playa Forti on the isle's western tip, you'll stop for postcard-quality sea cliff views. A visit to Tula Museum provides perspective on what life was like for Africans living on the island during and after the slavery era. Many locals consider Knip Beach the Island's most lovely; you'll soon understand why when you see its clear azure water, sweeping sand and high cliffs. Then get ready to see pink at the Jan Kok salt flats, where you'll be on the lookout for a flamingo colony that makes its home on this briny expanse of terrain. A photo stop here often yields eye-catching results.

- Settle back for a diverse rolling survey of natural and historic highlights all around Curaçao.
- Visit Boka Tabla, a national park where large, unpredictable waves crash against an underground cave.
- Learn about the Africans once enslaved on Curaçao as you visit a museum devoted to their history.
- See Curaçao's arguably most-beautiful beach and spot a flock of flamingos wading across a salt flat.
- Wear weather-appropriate clothing; light weight suggested.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes approximately 45 minutes of easy-to-moderate walking; there are steps to negotiate at some of the stops. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. The order of sights viewed or visited may vary.

### CUR-006 TROLLEY TRAIN THROUGH HISTORY

**Duration:** 1.75 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00



**Date:** January 22, 2022 08:30 AM, 09:45 AM

Hop aboard a brightly colored trolley for a comprehensive narrated ride through the UNESCO World Heritage-listed Willemstad historic district. Some of the many highlights include the landmark Queen Emma pontoon bridge and floating fish and vegetable market; the Bolo di Bruit "wedding cake house" in the Scharloo district; an inside stop at impressive Pietermaai Cathedral; the cultural gathering place at Queen Wilhelmina Park and the impressive fort and barracks at Waterfort Arches. When the trolley arrives at Fort Amsterdam, look for a cannonball embedded in its wall as evidence of the need to guard this strategic harbor entrance from enemy ships back in the 1600s. An enjoyable way to get a maximum Curaçao overview in a minimum of shore time, the Trolley Train stops frequently for photos and landmark inspections. Entertaining narration along the route provides anecdotes and intriguing facts about this Dutch island's long and picturesque history.

- Roll through the streets of UNESCO-listed Willemstad historic district by comfortable trolley train.
- Enjoy the open views and spirited onboard narration as you learn about the landmarks you're seeing.
- Stop frequently for photos and inside inspections of select sights like Pietermaai Cathedral.
- Wind up with a solid overview of the city without using too much precious shore time.
- At the tour's end, transfer back to the ship or remain in town to explore some more on your own.
- Wear weather-appropriate clothing; light weight suggested.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. For those who remain in town, the cruise pier is just a short walk from downtown or you may opt to taxi back at your own expense.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## CUR-008 SEAWORLD EXPLORER SEMI-SUB

Duration: 1.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00



Date: January 22, 2022 08:30 AM, 10:30 AM

This unique tour offers an enthralling face-to-face encounter with Curaçao's fantastic underwater world – without getting your feet wet. The adventure begins as soon as you step aboard the Seaworld Explorer. This state-of-the-art semi-submarine remains above sea level at all times, while her passengers sit comfortably at private windows in a viewing hull submerged 5 feet below the water's surface. The breathtaking undersea views will leave you in awe. Colorful reef fish are attracted right up to the sub's windows for your viewing and photographing pleasure, courtesy of an accompanying diver armed with their favorite food. During the UW tour, you'll see many varieties of coral and likely spot yellowtail snapper, parrotfish, sergeant majors and other marine species native to these waters. You'll also gain fascinating knowledge of what you're viewing as you listen to the informative narration provided. After about fifty minutes navigating the waters surrounding Curaçao, you'll return to shore and be transported directly back to the cruise pier.

- Take an air-conditioned window seat in a modern semi-submarine that offers awesome undersea views while remaining above sea level at all times.
- See and photograph colorful fish life right outside your window as a diver swims alongside the semi-sub with food they can't resist.
- Spend nearly an hour touring the reefs and waters surrounding Curaçao.
- Gain knowledge of the marine environment you're viewing via informative onboard narration.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. There are 4 steep steps to negotiate when entering and exiting the submarine. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating.

## CUR-002 DISCOVER CURACAO'S BEAUTIFUL BEACHES

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00



Date: January 22, 2022 08:45 AM, 01:30 PM

Get a first-hand sense of Curaçao's beautiful beaches by spending some play and lounge time at two of the island's finest. First up after a drive through gorgeous countryside – in an open-air vehicle that makes for even prettier sightseeing – is pristine Daaibooi Beach. This naturally beautiful cove offers powdery sand and gin-clear turquoise waters, surrounded by rocky cliffs. You'll have about an hour to sunbathe, stroll or swim/snorkel here before it's time to hop back aboard the transport for the 20-minute jaunt to today's second strand, Cas Abou Beach. This idyllic stretch of white shoreline, tucked behind the gates of a former plantation, is dotted with swaying palms, parasols and thatched gazebos. The gentle waters and near-in reefs are paradise for swimming and exploring by snorkel. A bar with island favorites for purchase is available for your sipping pleasure during the hour-or-so we're scheduled to spend at Cas Abou before returning to the pier.

- Discover two of Curaçao's most lovely beaches, remote Daaibooi and genteel Cas Abou.
- Spend about an hour at each – sunbathing, swimming, or dabbling in water activities.
- Travel to the day's destinations via open-air vehicle, ideal for seeing gorgeous terrain en route.
- Cold water and lime juice are complimentary; snack bars and restrooms are available at both beaches.
- Suggested attire: swimwear and a cover-up with beach towel.
- Flat, comfortable, waterproof shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

Walking on this excursion is mainly at guests' discretion; keep in mind there are sandy surfaces to negotiate. This tour is not available to wheelchair guests and those with mobility concerns are cautioned to evaluate their personal level of ability before participating. Slight currents can occur, could be windy and sometimes there are waves. Beaches can be rocky at some places, which can make entering the sea more difficult, so water shoes are recommended. Participation in water activities is at your own risk and you may be required to sign a waiver in order to come on this tour. The order of sights viewed or visited may vary.

## CUR-007 SEA & SEE ISLAND DISCOVERY

Duration: 2.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00



Date: January 22, 2022 09:00 AM, 12:15 PM

Discover Curaçao's diverse delights on this tour that showcases the best of Willemstad, both on land and below sea level. The adventure begins with a drive through town to rendezvous with the Seaworld Explorer. This state-of-the-art semi-submarine remains above sea level at all times, while her passengers sit comfortably at private windows in a viewing hull submerged 5 feet below the water's surface. The breathtaking undersea views will leave you in awe. Colorful reef fish are attracted right up to the sub's windows thanks to an accompanying diver armed with their favorite food; you'll likely spot yellowtail snapper, parrotfish, sergeant majors and others. After returning to dry land, you'll reboard the coach and head across the Queen Juliana Bridge, arching 185 feet over St. Anna Bay to offer amazing panoramic views of the city and harbor. Your destination is Chobolobo distillery, housed in a Dutch colonial country estate, for a guided tour and sampling of the famous sweet Curaçao liqueur made here from the peel of bitter oranges brought to the island by Spaniards centuries ago.

- Take an air-conditioned window seat in a modern semi-submarine that offers spectacular undersea views while remaining above sea level at all times.
- See and photograph colorful fish life right outside your window as a diver swims alongside the semi-sub with food they can't resist.
- Enjoy a drive across the Queen Juliana Bridge, with jaw-dropping views of the city and its harbor.
- Visit a historic distillery known as Chobolobo and sip a sample of its trademark orange liqueur.
- At the tour's end, transfer back to the ship or remain in town to explore more on your own.
- Wear weather-appropriate clothing; include a light raincoat or umbrella.
- Flat, comfortable walking shoes are recommended.
- Bring a hat, sunglasses and sunscreen as needed.

This tour includes limited walking, mainly at guests' discretion during stops and afterwards in town. There are 4 steep steps to negotiate when entering and exiting the submarine. The tour is not available to wheelchair guests and those with mobility concerns are cautioned to carefully evaluate their personal level of ability before participating. For those who remain in town, the cruise pier is just a short walk from downtown or you may opt to taxi back at your own expense.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## CUR-009 BEACH HOP TURTLE SNORKEL ADVENTURE



**Duration: 4.00 Hrs Tour Price: CA\$0.00**

**Date: January 22, 2022 09:00 AM, 02:00 PM**

Snorkel off two beaches on the western shore of Curaçao that known for their crystal-clear waters and abundant marine life. The seas off tiny Playa Piskádo are teeming with so many fish that chances are you will spot numerous fishing boats in the distance. Once you start snorkeling there, you will see firsthand the wonders that lie beneath the surface. Besides the schools of brightly colored fish, these waters provide an ideal habitat for loggerhead, hawksbill and green sea turtles. It's a thrill when one slowly glides by, its flippers gracefully moving back and forth. You will also snorkel at Cas Abao Beach, which lies closer to Willemstad. In addition to the multitude of tropical fish that inhabit its reefs, Cas Abao attracts stingrays, eagle rays and occasional dolphin. While pausing for photos at the nearby salt pans, you will likely spot flamingoes feasting on algae, crustaceans and small fish, which make up the majority of their diet.

- Observe the abundant sea life while snorkeling off two beaches along the western shore.
- Look for brightly colored fish, graceful sea turtles and various species of rays.
- Watch flamingoes feasting in the shallow waters of the salt pans.
- Dress in weather-appropriate clothing.
- Wear flat, comfortable walking shoes.

This tour requires a moderate amount of activity and participants should be in good physical condition and be able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Flat, comfortable walking shoes or aqua socks; swim suits; towel; a change of clothing; sun caps; sunglasses and sunscreen are suggested. Slight currents can occur, could be windy and sometimes there are waves. Beach can be rocky (dead coral) which can make entering the sea a bit more difficult. Transfers can either be in open beach bus or air-conditioned coach, based on availability. Shower, beach chair and drink included in stop at Cas Abao Beach, no facilities at Playa Grandi.

## CUR-011 DUTCH-CARIBBEAN WINE & CHEESE TASTING

**Duration: 3.00 Hrs Tour Price: CA\$130.00**

**Date: January 22, 2022 02:00 PM, 02:00 PM**

Enjoy a selection of wine and cocktails thoughtfully paired with Dutch cheeses in the historic section of Willemstad, a UNESCO World Heritage site acclaimed for its colonial architecture and European-style layout. The guide will point out landmarks along the way and elaborate on their historical significance. At the first venue, you will be served three wines, each with its own characteristics. The wines will be chosen to complement the selection of hors d'oeuvres, which will likely include well-known favorites such as Edam and Gouda. You may also taste Geitenkaas, a Dutch cheese typically made with skimmed milk from goats, and Maasdammer, a creamy cheese made from cow's milk. The latter has holes much like Swiss cheese. At the second historical venue, you will sample a favorite local cocktail rather than wine. You can expect to be served a different selection of cheeses, as well, which will enhance your appreciation for Dutch-influenced products.

- Enjoy an enlightening tour through Willemstad, a UNESCO World Heritage site.
- Sample wines and a cocktail paired with hors d'oeuvres, such as Dutch cheeses.
- Discover a bit about the historical venues that have been chosen for the tastings.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour is not recommended for guests with walking difficulties or wheelchairs. As the stops are all at historical venues with stairs, it is not very accessible. Venues subject to change. Participants must be at least 21 years of age to consume alcohol.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



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## ❖ ORANJESTAD, ARUBA

### AUA-002 SCENES OF ARUBA

**Duration: 3.50 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$195.00**

**Date: January 23, 2022 08:30 AM**

Take in the highlights of Aruba, ranging from manmade landmarks to attractions that the force of nature has shaped. A brief but panoramic drive along resort-rimmed Eagle Beach will bring you to the California Lighthouse. The island's oldest lighthouse, it offers unparalleled 360-degree vistas of Aruba's northwestern tip. The lighthouse isn't named for the state of California, but rather for a British ship that sank off Aruba in 1891, before a lighthouse was built here. Alto Vista Chapel is another architectural highlight, as it marks the spot where Spanish missionaries are said to have converted the island's indigenous people into Christians in 1560. Continuing on to Baby Natural Bridge, you will view the remains of a coral bridge that spanned a finger of the sea until the relentless pounding surf caused it to collapse in 2005. The bridge demonstrates the unpredictable force of nature, as do the Casibari Rock formations, a cluster of massive boulders that were created when nearby tectonic plates shifted.

- Visit the island's oldest lighthouse, a soaring beacon that offers stunning vistas.
- See a historical seaside chapel built on the site of the first Catholic church in Aruba.
- Behold the remains of a natural coral bridge that the erosive force of nature leveled.
- Marvel at the oddly shaped rock formations that shifting tectonic plates created.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves limited walking, mainly at the guests' discretion. The tour has limited wheelchair availability and wheelchair guests must have a collapsible wheelchair, be able to make their own way on and off the coach and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Some venues charge to use the restrooms. Filming or photographing while at Alto Vista Chapel is prohibited.

### AUA-005 ARUBA SIGHTSEEING & OSTRICH FARM

**Duration: 4.00 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$130.00**

**Date: January 23, 2022 08:30 AM**

Gain an appreciation for Aruba's remarkable diversity by visiting some of the island's traditional attractions and more unusual ones such as an ostrich farm. As far as manmade sites, few are more striking than the soaring California Lighthouse. Aruba's oldest lighthouse, the beacon is named to honor a ship that sank here in 1891, before the island constructed its first lighthouse. Continuing on, the terrain will become much more arid, an ideal landscape for cacti, Aruba's signature divi-divi trees, iguanas and wild goats. The jumble of massive boulders known as the Casibari Rock formations rise out of this desert-like environment and are well worth closer inspection. Ostriches also thrive here, as you will discover at a farm that breeds these flightless birds, which are the world's largest. Finally, you will pause for photos of the Baby Natural Bridge, a coral rock formation that spanned a finger of the sea until it collapsed in 2005

- Visit the island's oldest lighthouse, a soaring beacon that offers stunning vistas.
- Travel through a desert-like landscape full of divi-divi trees shaped by tradewinds.
- Visit a farm that breeds ostriches and emus.
- Marvel at the oddly shaped Casibari Rock formations that shifting tectonic plates created.
- Behold the remains of a natural coral bridge that the erosive force of nature leveled.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour involves limited walking, mainly at the guests' discretion. The tour has limited wheelchair availability and wheelchair guests must have a collapsible wheelchair, be able to make their own way on and off the coach and have a companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour. Feeding the ostriches is permitted, but please use caution when doing so. Remove jewelry and sunglasses before feeding the birds. Some venues charge to use the restrooms.

### AUA-011 SEE & SEA ISLAND DISCOVERY

**Duration: 4.00 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$169.00**

**Date: January 23, 2022 08:30 AM**

Behold the wonders underwater in an air-conditioned semi-submarine and then see some of Aruba's most alluring landmarks by driving around the picturesque island. A short ferry ride will bring you to the semi-submarine, which allows you to sit five feet below the waterline. That way, you can view the colorful marine life swimming about the coral reefs without getting wet. You will also pass the Antilla, a German ship that was scuttled shortly after Germany invaded the Netherlands in 1940. Back on shore, you will take in the spectacular scenery from the California Lighthouse and see natural wonders such as the Baby Natural Bridge and the Casibari Rock formations, which shifting tectonic plates created long ago. You will also pass the ruins of a 19th-century gold smelter on the island's rugged northern coast. It was built shortly after gold was discovered on Aruba in 1824.

- View the wonders underwater through the windows of a semi-submarine.
- Stay completely dry while observing marine life and a ship sunk during World War II.
- Drive around Aruba, taking in landmarks such as the California Lighthouse.
- See natural wonders ashore, including the oddly shaped formations at Casibari Rock.
- Learn how gold was extracted from ore at the ruins of a 19th-century gold smelter.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with rubber soles.

This tour includes limited walking, mainly at the guests' discretion during the stops and afterwards in town. It is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of stamina and ability before joining the tour, as participants must be able to make their own way into and out of the ferry vessel. There is also an 11-step steep ladder to negotiate to enter and exit the submarine. The minimum height requirement to participate is 36 inches. Children must be at least 4 years of age and accompanied by an adult parent or guardian. The ferry vessel and submarine may not be exclusive to cruise line guests.



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## AUA-012 ARUBA'S NATURAL WONDERS

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00

Date: January 23, 2022 08:45 AM

Discover the natural side of Aruba at attractions that highlight the island's beautiful flora and fauna. You will first set off for The Butterfly Farm, a tropical garden teeming with colorful butterflies. Besides viewing the beautiful creatures as they flit about, you will learn all sorts of fascinating facts about butterflies, including how they use camouflage to protect themselves from predators. Continuing on, you will pass some of the island's iconic divi-divi trees, which act as natural compasses, as the constant trade winds force them to grow southwest. Later, you will visit the Aruba Aloe Museum and Factory and discover how the succulent aloe has been grown on the island since 1890 and is now processed for cosmetics. You will also see the ruins of the Baby Natural Bridge, a coral arch that spanned a finger of the sea until it collapsed in 2005.

- Watch a variety of colorful butterflies flitting about a tropical garden.
- See Aruba's iconic divi-divi trees, a species only found in Aruba, Bonaire and Curaçao.
- Browse the Aruba Aloe Museum and Factory and learn the benefits of the succulent plant.
- View the remains of a natural coral arch that collapsed from the pounding surf.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 90 minutes of walking. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should evaluate their personal level of stamina and ability before joining the tour.

## AUA-006 ARUBA SAILING & SNORKELING

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00

Date: January 23, 2022 09:00 AM

Take off on a snorkeling cruise that gives you the chance to marvel at the beauty of Aruba's coastline and the wonders of Aruba's underwater world. After sailing along the island's western shore, you will stop at Boca Catalina, a sugar-white beach with a spectacular reef not far from shore. It is an excellent spot for snorkeling, as the water is typically crystal-clear and only about 15 feet deep. You can expect to observe a variety of colorful tropical fish, including blue parrotfish, which usually gather here in huge numbers. You will next snorkel the wreck of the Antilla, a German ship that was scuttled here shortly after Germany invaded the Netherlands in 1940. The 400-foot ship is lying on its side and over the decades has become a spectacular artificial reef teeming with marine life.

- Cruise through the turquoise waters of Aruba to two snorkeling sites.
- Snorkel a coral reef teeming with colorful marine life off Boca Catalina.
- Observe the diverse marine life as you snorkel over a ship that sank here in 1940.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

This tour requires a moderate amount of activity and guests should be in good physical condition and able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Guests taking part in water activities do so at their own risk and responsibility and will be required to sign a medical waiver. The minimum age to participate is 12 and children under 18 must be accompanied by an adult parent or guardian. The order of sites visited may vary and other snorkeling spots may be substituted depending on the sea conditions.

## AUA-007 ARUBA DISCOVER SCUBA DIVING

Duration: 3.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: January 23, 2022 09:00 AM

Scuba dive a shallow wreck on Aruba's western shore, a site that is typically teeming with marine life. You don't have to be a certified diver to explore the underwater wonders because participants will first take an introductory Discover Scuba® Diving session in a swimming pool. During class, you will learn the basics of diving and the equipment so you can comfortably descend to a depth of 25 feet or so under the watchful eye of an instructor. You will spend about a half hour exploring the site of the SS Pedernales, an oil tanker that the Germans torpedoed in World War II. Not only is the ship interesting, but also the abundant marine life that typically darts in and out of the wreckage, such as sergeant majors and parrotfish. You might also spot an octopus or two before surfacing.

- Take a hands-on class in a swimming pool that will prepare even novices to scuba dive.
- Dive the wreck of a tanker sunk in World War II that rests in about 25 feet of water.
- Know that a dive instructor will be with you at all times.
- Behold the parade of colorful fish that gather around the shallow wreck.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

This tour requires a significant amount of activity and guests should be in good physical condition and able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Guests taking part in water activities do so at their own risk and responsibility and will be required to fill out a confidential medical questionnaire and sign a medical waiver. A physician's release may be required. The maximum weight allowance is 350 pounds. The minimum age to participate is 12 years of age. Children under 18 must be accompanied by an adult parent or guardian.



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## AUA-008 ARUBA TWO-TANK CERTIFIED DIVE

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$169.00

Date: January 23, 2022 09:00 AM

Dive two separate ships sunk during World War II that have become artificial reefs inhabited by countless tropical fish. As you will be underwater about 40 minutes at each site, divers must be certified. The first site will be the Antilla, a German ship that was scuttled shortly after Germany invaded the Netherlands in 1940. The captain sunk the newly new ship on purpose rather than surrendering it to the Dutch marines on Aruba. The 400-foot ship is lying on its side in about 60 feet of water and is teeming with marine life. The wreck of the SS Pedernalis is the second dive site, and it is equally spectacular. The Germans torpedoed the oil tanker in World War II, but much of it is still intact at a depth of about 25 feet. You will be able to see sections of cabins and the pipe line system, all of it home to a plethora of marine creatures.

- Dive two ships sunk in World War II.
- Learn the circumstances of how the ships sunk.
- Spend about 40 minutes underwater at each dive site.
- Behold the tropical marine life at the ships, which are thriving artificial reefs.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

This tour involves significant activity and guests should be in good physical condition and able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Guests taking part in water activities do so at their own risk and responsibility and will be required to fill out a confidential medical questionnaire and sign a medical waiver. A physician's release may be required. Divers must present a certification card. The maximum weight allowance is 350 pounds. The minimum age to participate is 12 years of age. Children under 18 must be accompanied by an adult parent or guardian.

## AUA-003 SEA TREK AT DE PALM ISLAND

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$195.00



Date: January 23, 2022 10:00 AM

Walk along the ocean floor wearing a helmet with its own air supply that allows you to experience the wonders underwater as if you were diving. The specially designed Sea Trek helmet keeps your face and head dry, so you can see clearly as you walk along at depths up to 25 feet below the surface. No experience is necessary. In fact, you don't even need to know how to swim to enjoy the sights that lie just offshore De Palm Island. You can expect to see countless brightly colored fish such as peacock flounders, yellowtail snapper and rainbow parrotfish. There is even a sunken airplane and an underwater café, where you can sit for a picture. Back on the island, you will enjoy the serenity of the beach and a buffet lunch that features an abundance of fresh tropical dishes and fruits.

- Take a scenic ferry ride across Spanish Lagoon to a private island.
- Wear a special helmet that allows you to walk on the ocean floor at depths up to 25 feet.
- Breathe easily, as oxygen is supplied directly to the helmet through a tube from the boat.
- Watch the ever-changing spectacle of marine life swimming by.
- Relax on the beach and savor a buffet lunch after your Sea Trek adventure.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

This tour involves moderate activity and participants should be in good physical condition. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Guests taking part in water activities do so at their own risk and responsibility and will be required to sign a medical waiver. The minimum age to participate is 8 years of age and children under 18 must be accompanied by an adult parent or guardian. Lockers are available for rent. For safety, using personal underwater cameras is not permitted.

## AUA-004 DE PALM ISLAND SNORKELING

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$130.00



Date: January 23, 2022 10:00 AM

Enjoy a leisurely day on exclusive De Palm Island, where snorkeling in the crystal-clear waters is only one of the pleasures. A short but scenic ferry ride across Spanish Lagoon will take you to De Palm Island, a tropical paradise known for its serene pocket beaches, exciting waterpark and extraordinary snorkeling. After an orientation that will prepare you for the wonders that lie just below the water's surface, you will begin snorkeling in waist-high water or deeper, if you choose. While there is no telling what marine life will come into view, chances are, you will see blue parrotfish, as they are abundant in these waters. When you are finished snorkeling, the rest of the island will be yours to explore. You might zip down the slides in the waterpark, settle into a comfortable lounge chair, bask in the sun and dine on tropical cuisine at the complimentary buffet.

- Take a scenic ferry ride across Spanish Lagoon to a private island.
- Snorkel the island's crystalline waters that are teeming with tropical fish.
- Enjoy the island's other amenities, including a waterpark, zipline and watersports.
- Savor the tropical cuisine at the complimentary lunch buffet.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

This tour involves moderate activity and participants should be in good physical condition and able to swim. The tour is not available to wheelchair guests, guests with mobility concerns, recent back or neck injuries, heart conditions, epilepsy, diabetes, respiratory conditions or pregnant women. Guests taking part in water activities do so at their own risk and responsibility and will be required to sign a medical waiver. The minimum age to participate is 8 years of age and children under 18 must be accompanied by an adult parent or guardian. Lockers are available for rent.



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## AUA-009 SNUBA AT DEPALM ISLAND

Duration: 4.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00



Date: January 23, 2022 10:00 AM

Behold the colorful underwater world off De Palm Island by learning to SNUBA, a cross between snorkeling and scuba diving. SNUBA has all sorts of advantages because you won't be burdened with a cumbersome air tank and dive certification isn't necessary. Simply put on a mask, ease into the water and start breathing through a regulator connected to an air supply on the surface that follows wherever you go. SNUBA allows you to stay underwater for an extended time, so you can really observe the spectacular marine life up close. Following the SNUBA adventure, you will enjoy bountiful amenities ashore such as a complimentary lunch. De Palm Island offers plenty of other attractions, as well, including a waterpark, pristine stretches of sand and a zip line, if you are feeling particularly ambitious.

- SNUBA just off the coast of De Palm Island.
- Explore to a depth of 20 feet while breathing through an air tube connected to the surface.
- Marvel at the bountiful marine life that includes colorful fish and sea turtles.
- Enjoy the amenities of De Palm Island following the SNUBA adventure.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes or aqua socks.
- Bring a swimsuit, towel and change of clothes.

After finishing with SNUBA you can use the activities on De palm Island or just relax on your complimentary beach chair or enjoy the lunch buffet.

## AUA-010 ATLANTIS SUBMARINE ADVENTURE

Duration: 1.75 Hrs Tour Price: CA\$130.00

Retail Price: CA\$326.00

Date: January 23, 2022 10:00 AM

Experience the spectacular underwater world off Aruba from the comfort of an Atlantis submarine capable of descending to a depth of 120 feet. After settling into the vessel, which is one of a fleet of the world's largest passenger submarines, you will begin the descent in air-conditioned comfort. The deeper the submarine ventures, the more marine life you can expect to view through the large porthole windows. Chances are, you will observe brilliant blue parrotfish, a striped species of damselfish known as sergeant majors and graceful sea turtles. You might also catch sight of several manmade objects that have become artificial reefs such as a sunken airplane and the remains of a shipwreck. The submarine presents you with views rarely seen except by deep diving.

- Explore the ocean depths in air-conditioned comfort.
- View the ever-changing scenery through the submarine's large porthole windows.
- See a variety of marine life and a sunken ship and airplane.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes with rubber soles.

This tour includes limited walking. It is not available to wheelchair guests and those with mobility concerns should evaluate their personal level of stamina and ability before joining the tour, as participants must be able to make their own way into and out of the ferry vessel. There is also an 11-step steep ladder to negotiate to enter and exit the submarine. To experience color changes at various depths, guests may choose to wear clothes with red or fluorescent colors. The minimum height requirement to participate in the tour is 36 inches and children must be at least 4 years of age and accompanied by an adult parent or guardian. The ferry vessel and submarine may not be exclusive to cruise line guests.



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## ❖ SANTA MARTA, COLOMBIA

### SN2-002 QUEBRADA VALENCIA ECOLOGICAL EXPEDITION

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$117.00

**Date:** January 24, 2022 10:30 AM

Marvel at the biodiversity within Sierra Nevada de Santa Marta National Park as you walk approximately 30 minutes through the forest to the spectacular Quebrada Valencia waterfalls. The park covers a massive piece of land containing part of the world's highest coastal mountain range and its ecosystem and cultural content is so revered that UNESCO declared it a Biosphere Reserve of Man and Humanity. Upon arriving at the park, you will walk through the forest and over rocky terrain to an area still inhabited by several indigenous Indian tribes. Wildlife abounds, including Sierra parrots, tapirs and Paramo deer. Emerging from the dense forest, the gently cascading waterfalls from the Quebrada Valencia River form a series of small, crystal-clear pools. The tropical setting couldn't be lovelier or more serene. You will enjoy quite some time here to relax, wander about as you please and maybe take a dip in the refreshing waters.

- Hike through a pristine forest in a spectacular national park.
- Look for wildlife such as parrots, tapirs and deer.
- Pass under towering wax palms and ceiba de leche trees.
- Emerge at a gently cascading waterfall, where you may relax or take a dip.
- Dress in weather-appropriate clothing.
- Wear a swimsuit with a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

This tour includes about an hour of moderate to strenuous walking, plus additional at the guests' discretion while at the waterfalls. There will be uneven and natural terrain to negotiate, as well as inclines and steps. Wet surfaces at the waterfalls could be slippery. If it has rained heavily, you must cross running water that can be knee-deep. The tour is not available to wheelchair guests or to those with mobility concerns. Participants should be in good physical condition.

Guests participating in water activities do so at their own risk and responsibility.

### SN2-005 TAYRONACA INDIAN RESERVE

**Duration:** 5.25 Hrs **Tour Price:** CA\$0.00

**Date:** January 24, 2022 10:30 AM

Spend the day exploring the Taironaka Indian Reserve, taking in the natural environment, the biodiversity and learning about the Tairona culture. Departing from the pier, you'll commence a highly scenic 1 hour drive away from the city of Santa Marta through the "Troncal del Caribe". As you travel along this route, you'll see beautiful landscapes and contrasts produced by the area's diverse climate ranges. Upon arrival, access to Taironaka is done via a pleasant 20- minute walk along an ecological path, during which you will start to appreciate the flora and fauna of the region. However, the Taironaka, Ecological Tourism and Archeology site offers that and much more. Here, in this landscape nestled in the foothills of the Sierra Nevada of Santa Marta, you will have the opportunity of walking through what used to be the stone paved city of Tairona. You will see paths, aqueducts, stairs, terraces and much more. You may even see a piece of a Tairona vessel or remains of grinding stones whose wonderful rounded stones were created for a purpose that is still unknown. There were many items that this incredible culture manufactured during the hundreds of years that they dwelled on this mountain; and many of them remain. The Spaniards who came and assaulted the Taironas while looking for gold objects, took the gold, but they left the clay, the stone and what remains of the city today. Due to its climate and fertile soil, the area started off cultivating colorful tropical flowers that are sold to international markets and which can be observed everywhere within the reserve. Today, it has also become a sanctuary for the archeological treasures of the Tairona culture which are more than a thousand years old. The museum here showcases pieces of great value and also enlightens visitors on how the Taironas lived and how they were remarkable goldsmiths, craftsmen, sailors and warriors. Following the guided portion of your tour, you are free to explore further on your own, or perhaps take a swim in the river. There is a restaurant at the Reserve where guests may purchase lunch. After approximately 2 hours, you'll walk with your guide back to your minibus and travel back to the ship.

- Visit an archaeological site where indigenous Kogi people lived in pre-Columbian times.
- Gain further insight into the culture by browsing a museum and replica Kogi home.
- Appreciate the Kogi's reverence for the natural world and how it impacts their culture.
- Dress in weather-appropriate clothing.
- Wear comfortable walking shoes.

This tour includes approximately 2 1/2 hours of easy to moderate walking that includes some steps and uneven and natural surfaces. The tour is not available to wheelchair guests or those with mobility concerns. The local operator has imposed a maximum age limit of 60 years of age. Light weight clothing; a swimsuit and towel for those who wish to swim; sun cap; sunglasses; sunscreen; insect repellent; and flat, comfortable walking shoes with a non-slip sole are recommended. Those who take part in any water activities do so at their own risk and responsibility.

### SN2-006 RESORT BEACH DAY, SCENIC DRIVE & LUNCH

**Duration:** 6.25 Hrs **Tour Price:** CA\$130.00



**Date:** January 24, 2022 10:30 AM

Spend the day relaxing at an oceanfront resort in the shadow of Sierra Nevada de Santa Marta, the world's highest coastal mountain range. As you follow a scenic route by the towering mountains, you will soon understand why UNESCO chose to protect this idyllic landscape together with neighboring Tayrona National Park by deeming them a Biosphere Reserve. The garden-dotted, oceanfront resort is wonderfully magnificent as well, and you will have plenty of time to enjoy its private beach however you please. You might stretch out on the sand and bask in the sun, take a refreshing swim in the sea and stroll along the shore without a care in the world. There is also an abundance of shade if you prefer a setting of that nature. The included buffet-style lunch will feature a variety of traditional Colombian dishes that reflect the local cuisine.

- Spend hours enjoying the amenities of a premier beachfront resort as you please.
- Bask in the sun, relax in the shade and swim in the sea, if you wish.
- Revel in the resort's garden setting and the natural beauty of the surrounding mountains.
- Dress in weather-appropriate clothing.
- Bring a swimsuit, towel and sunscreen.
- Wear flat comfortable walking shoes.

Walking on this tour is primarily at the guests' discretion during free time at the resort. There will be sandy and uneven surfaces at the beach. The tour is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach, and have an able-bodied companion to assist them. Casual clothing to include a swimsuit and change of clothes; sun cap; sunglasses; sunscreen; a towel from the ship; and flat, comfortable walking shoes are recommended.



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## SN2-001 HIGHLIGHTS OF SANTA MARTA

Duration: 3.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00



Date: January 24, 2022 10:45 AM

Explore the landmarks of Colombia's oldest city, delving into its storied history and alluring culture, which have helped fuel the rebirth of Santa Marta. Founded in 1525 at the foot of the world's highest coastal mountain range, Santa Marta is considered to be the oldest, still-inhabited city in Colombia. When the Spanish arrived, the indigenous people were skilled goldsmiths, and you will see the kinds of objects they made in the Gold Museum. You will also explore Santa Marta's magnificent whitewashed cathedral. Simon Bolivar was buried here until 1839 when his remains were moved to Caracas, his birthplace. You will discover more about the Great Liberator at Quinta de San Pedro Alejandrino, where Bolivar died. Now a museum, the butterscotch-yellow hacienda beautifully displays many of his personal objects and a large statue of the revered Bolivar lords over the grounds. To delve deeper into the local culture, you will watch a folkloric performance at the Santa Mar Resort.

- Explore Santa Marta, Colombia's oldest, continually inhabited city.
- See fabulously crafted, ancient gold items that indigenous people made.
- View the city's cathedral, where Simon Bolivar was once buried.
- Browse a museum dedicated to Simon Bolivar.
- Watch a folkloric performance at a nearby resort.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 1½ hours of easy to moderate walking and standing. It is available to wheelchair guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns should only to participate to the extent of their stamina and ability and may make arrangements with the guide not to participate in some of the walks. The order of the sites viewed or visited may vary. If the Town Hall Museum is not available, the Sacred Art Museum will be substituted.



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## **General Information**

### **What is Included?**

#### **Transportation:**

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

#### **Meals and Refreshments:**

Included when indicated in the tour description.

#### **Guides:**

Licensed, English-speaking, local guides accompany all tours, where available.

#### **Entrance Fees:**

Tours include all required admission fees, where applicable.

### **What Should I Wear?**

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

### **Cancellations and refunds**

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

### **Prices, Itineraries and General Information**

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

### **Please Note**

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.



**IMPORTANT INFORMATION**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

**NOTICE:**

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.