



SEVEN SEAS CRUISES®

OPTIONAL SHORE EXCURSIONS

MIAMI, FLORIDA to SAN JUAN, PUERTO RICO
SS NAVIGATOR January 06, 2022

Welcome Ashore!

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call. Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

Shore Excursion Points of Distinction

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

Reserve Your Excursions Online!

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website www.rssc.com offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit www.rssc.com today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

❖ GEORGE TOWN, GRAND CAYMAN

GCM-002 TURTLES, STINGRAYS LAND & SEA ADVENTURE

Duration: 4.00 Hrs **Tour Price:** CA\$91.00 **Retail Price:** CA\$287.00

Date: January 08, 2022 09:00 AM

Enjoy the natural side of Grand Cayman by visiting a turtle farm and then interacting with stingrays in the open water. Your adventure will begin with a photo stop at the governor's official residence. It is also where Queen Elizabeth II stays when visiting, as the Cayman Islands is a British Overseas Territory and she is the head of state. You will next browse the Cayman Turtle Centre, which breeds green sea turtles to release into the wild. It will be educational and great fun, unlike your next destination: Hell, a desolate spot named for its black jagged limestone. Be sure to stop at the whimsical post office and send a card postmarked from Hell. For the ultimate look at the island's marine life, you will then cruise to Stingray City, a collection of shallow sandbars teeming with southern stingrays. You might feed them or simply allow these docile creatures to brush by gracefully. Either way, it will be an exhilarating experience.

- Snap photos of the governor's residence, where Queen Elizabeth II stays when visiting.
- Discover how the Cayman Islands helps protect green sea turtles at a nature center.
- Send a postcard from Hell.
- Touch and feed stingrays or simply stand nearby in shallow water.
- Stay in town to shop following the tour, if you choose.
- Dress in weather-appropriate clothing with a bathing suit underneath.
- Bring a towel and change of clothes.
- Wear flat comfortable walking shoes.

This tour includes about an hour of moderate walking over mostly even surfaces. Guests will be on a sandbar in the water when interacting with the stingrays, and the water can be several feet deep. The tour is not available to guests who utilize a wheelchair or to guests with mobility concerns. Guests participating in water activities do so at their own risk and responsibility. Restrooms are available at the sites visited but not aboard the tour boat. Consuming alcohol before water activities is strongly discouraged. Participants under 16 years of age must be accompanied by a parent or guardian.

GCM-003 CULTURAL EXPRESS

Duration: 3.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$169.00

Date: January 08, 2022 09:30 AM

Enjoy two of Grand Cayman's top heritage attractions, an experience enhanced by narration that elaborates on the island's history and culture. Following a wonderfully scenic drive along a coastal highway, you will tour the Pedro St. James Castle, an 18th-century residence known locally as a castle because of its size and grandeur. Considered the birthplace of democracy in the Cayman Islands, the residence hosted a meeting in 1831 where a decision was made to form the islands' first elected parliament. As you will see, the grounds are as spectacular as the house, which is a National Historic Site. Continuing on, you will pass the colorful cottages in Bodden Town on the way to Queen Elizabeth II Botanic Park, where you will stroll the garden paths. The queen opened the park in 1994 and it has since become a lush wonderland of exotic plants inhabited by wildlife such as the endangered blue iguana. After a leisurely visit to the Botanical Gardens, you will return to Georgetown. Participants have the option of continuing to the pier, or being dropped in town to do some shopping. Guests who elect to stay in town are responsible for making their own way back to the pier at their own expense.

- Settle in and enjoy a panoramic coastal drive.
- Tour a seaside "castle" known as the birthplace of democracy in the Cayman Islands.
- Meander the garden paths of Queen Elizabeth II Botanic Park.
- Stay in town to shop following the tour, if you choose.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes about 2½ hours of moderate walking and standing with uneven surfaces. The tour is not available to guests who utilize a wheelchair and guests with mobility concerns should evaluate their level of ability and stamina before joining the tour. The order of the sites visited or viewed may vary. Participants under 16 years of age must be accompanied by a parent or guardian.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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❖ PORT ANTONIO, JAMAICA

ANT-002 REACH FALLS

Duration: 5.50 Hrs **Tour Price:** CA\$117.00 **Retail Price:** CA\$313.00

Date: January 09, 2022 12:30 PM

Date: January 10, 2022 09:00 AM

Enjoy a picturesque coastal drive east of town before turning inland to beautiful Reach Falls, where you may swim in the beautiful pool at the bottom of the cascades. Not far from Port Antonio, you will pass the ruins of Folly Estate, once the most opulent home in Jamaica, and actor Errol Flynn's former home, where he entertained the likes of Ian Fleming and Noël Coward. After ascending into the montane forest at the foothills of the John Crow Mountains, you will stop at Reach Falls, a wall of gorgeous waterfalls so dramatic that it has been used as a jungle location in movies such as "Lord of the Flies." Feel free to swim in the cool mountain pool below the cascades or just relax on one of the boulders along the shore. Another opportunity to swim awaits you at San San Beach, where you will be served a traditional Jamaican lunch with jerk chicken as the main entrée.

- Sit back and enjoy a meandering drive along the coast.
- Pass the ruins of a legendary mansion and Errol Flynn's former home.
- Behold photogenic Reach Falls and swim in the pool at its bottom.
- Follow up with another refreshing swim in the sea off San San Beach.
- Enjoy an authentic Jamaican jerk chicken lunch at the beach.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion.

ANT-003 JAMAICA HIGHLIGHTS

Duration: 6.50 Hrs **Tour Price:** CA\$130.00 **Retail Price:** CA\$326.00



Date: January 09, 2022 12:30 PM

Date: January 10, 2022 09:30 AM

Explore some of the most beloved and naturally beautiful landmarks around Port Antonio, including Brimmer Hall and Somerset Falls. To reach the 18th-century wooden estate, which is still a working plantation, you will ascend into the fertile hills east of town, passing other plantations whose primary crops are bananas and sugarcane. A cool refreshing drink awaits and the service of fresh fruits, tasty sugar cane and coconuts on ice. You will then hop on a tractor-drawn tram and ride through the fields surrounding Brimmer Hall for a close-up look at how the crops are grown and processed for export. Continuing on toward the British-influenced villages of St. Margaret's Bay and Hope Bay, you will visit Somerset Falls. The cascade tumbles into a clear mountain pool and couldn't be more scenic. Be sure to look for parrots, which are frequently spotted in the jungle foliage along the riverbank.

- Drive into the spectacularly scenic hills not far from Port Antonio.
- Explore an 18th-century plantation that is still operating.
- Ride a tractor-drawn tram through fields of sugarcane, bananas and coffee.
- Behold the natural beauty of Somerset Falls, an iconic cascade.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion.

ANT-008 TRANSFER TO FRENCHMAN'S COVE

Duration: 3.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$130.00

Date: January 09, 2022 12:30 PM

Date: January 10, 2022 09:30 AM, 12:30 PM

While away the hours relaxing on the private beach at Frenchman's Cove, a beautiful resort tucked along a tranquil bay east of Port Antonio. During the panorama drive to the resort, you will pass landmarks such as the lavish Trident Castle and the magnificent Jamaica Palace Hotel. It's no coincidence that both estates are extravagantly over the top, as the same baroness commissioned them to be built. Frenchman's Cove is luxurious as well and provides an ideal setting for your time at the beach. While here, you will be welcome to indulge in your favorite beach activities, even if they include doing nothing but basking in the sun and gazing out at the sea. There are swings all along the river bank that look just like on a postcard. If you are feeling a bit more industrious, you might stroll along the shore and take an invigorating swim in the sea.

- Enjoy a panoramic drive along the beach-blessed coastline east of Port Antonio.
- Pass two of the most lavish estates in Jamaica, both commissioned by a local baroness.
- Spend hours relaxing on the private beach at the luxurious resort Frenchman's Cove.
- Enjoy your time doing whatever you please at the beach.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

This tour includes limited activity, mainly at the guest's discretion. Beach chairs are limited, facilities are rustic.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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ANT-001 RAFTING ON THE RIO GRAND

Duration: 4.50 Hrs Tour Price: CA\$130.00

Retail Price: CA\$326.00



Date: January 09, 2022 01:00 PM

Date: January 10, 2022 09:30 AM

Relax on nearby San San Beach before heading into the rainforest for a memorable rafting trip down the Rio Grande. The jaunt to the beach will prepare you for what lies ahead, as private San San is wonderfully relaxing and exceptionally scenic. While here, you might stretch out on a towel and bask in the sun, take an invigorating swim in the sea and gaze out over the petite island just off shore. A hearty lunch of jerk chicken and traditional Jamaican side dishes follows, after which you will travel to the Rio Grande. Bamboo rafting in Jamaica originated on the river, so it is only natural that the experience will be immensely pleasurable. As the guide poles your vessel downstream, you need only sit back and take in the lush tropical scenery. The current is always mild, which makes the trip all the more memorable.

- Admire the British colonial architecture while driving through Port Antonio.
- Relax on San San beach, a private stretch of sand not far from town.
- Enjoy an authentic Jamaican jerk chicken lunch at the beach.
- Take a leisurely bamboo raft ride down the mild and meandering Rio Grande.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes a moderate amount of activity.

ANT-005 SAN SAN BEACH BREAK

Duration: 4.50 Hrs Tour Price: CA\$91.00

Retail Price: CA\$287.00



Date: January 09, 2022 01:00 PM

Date: January 10, 2022 10:30 AM

Spend free time enjoying the idyllic atmosphere at San San Beach, a beautiful stretch of sand on a crescent-shaped bay not far from Port Antonio. You will follow a coastal road to the beach, passing the ruins of Folly Estate, the most opulent house on Jamaica when built more than 100 years ago, and magnificent Trident Castle, the former home of a baroness. Few beaches surpass San San for natural beauty. While here, you might stretch out on a towel and bask in the sun, take an invigorating swim in the sea and gaze out over the petite Pelew Island just off shore. The island is nicknamed Monkey Island for the colony of monkeys that the original owner of Folly Estate brought there to keep his peacocks company. During your time at the beach, you will be served a hearty lunch of jerk chicken and traditional Jamaican side dishes.

- Pass some of the most outstanding landmarks around Port Antonio.
- Hear the stories behind the landmarks, some of which may seem implausible.
- Enjoy free time at San San Beach, which rims a crescent-shaped cove.
- Dine on authentic Jamaican cuisine, including the classic entrée jerk chicken.
- Dress in weather-appropriate clothing.
- Wear a swimsuit under a cover-up and bring a towel.
- Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. Lounge chairs & umbrellas are available for rent.

ANT-004 ESSENCE OF PORT ANTONIO

Duration: 3.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$104.00



Date: January 09, 2022 01:30 PM

Date: January 10, 2022 10:00 AM

Gain a remarkably clear understanding of Port Antonio's history through its signature landmarks, many dating to the 18th century. As you drive along the affluent Titchfield Peninsula, you will pass lovely Victorian-style homes and hear stories of Navy Island just off shore. The notorious Captain Bligh landed here in 1793 and Errol Flynn later purchased the island and built a home there. You will also see densely forested Pelew Island, better known as Monkey Island for the colony of monkeys that once inhabited it. Other highlights include the naturally beautiful, exceptionally deep Blue Lagoon, whose color changes subtly throughout the day, and an Anglican church that has graced downtown Port Antonio since the 19th century. You will also see the Village of St. George, a modern shopping mall built with an odd mix of architectural styles ranging from Tudor to Art Deco.

- Drive in and around Port Antonio as the guide points out key landmarks.
- Learn the history of Navy Island, which actor Errol Flynn purchased in the 1940s.
- Take in the natural beauty of the Blue Lagoon, which was once thought to be bottomless.
- See architectural gems and the rather strangely designed Village of St. George.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour is primarily panoramic in nature with walking at the guest's discretion during stops.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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❖ SANTO DOMINGO, DOMINICAN REPUBLIC

SDM-001 PANORAMIC TOUR

Duration: 2.00 Hrs Tour Price: CA\$0.00

Date: January 12, 2022 08:00 AM

Gain a greater understanding of colonial history through architectural landmarks that honor Santo Domingo's founding in 1496. Although Christopher Columbus' brother Bartholomew founded the city, the Columbus Lighthouse honors the more famous explorer. It was inaugurated on the 500th anniversary of Christopher's arrival in the New World and supposedly contains his remains. Continuing on into the Colonial Zone, you will see Fortress Ozama, which the Spanish built with coral from the sea in the early 16th century, and the Alcazar de Colon, where Christopher's son Diego lived. The home is now a museum decorated with original household pieces from the Columbus family. The Colonial Zone has been designated a UNESCO World Heritage site for the grid layout of its streets, which became a model for almost all New World cities. You may notice the layout while driving along the waterfront and up Maximo Gomez Avenue to the National Theater.

- View the sprawling Columbus Lighthouse that honors the Italian explorer.
- Explore the Colonial Zone, the oldest permanent European settlement in the Americas. Notice the Colonial Zone's grid layout that influenced future New World cities.
- Pass by Alcazar de Colon, the historical residence of Columbus' eldest son, Diego.
- See highlights such as Fortress Ozama, Independence Park and the National Palace.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.



SDM-002 SANTO DOMINGO CITY TOUR

Duration: 4.00 Hrs Tour Price: CA\$0.00

Date: January 12, 2022 08:00 AM

Explore the colonial landmarks that reveal Santo Domingo's early history, which is intertwined with Christopher Columbus and his family. For starters, you will see the Columbus Lighthouse, which was inaugurated on the 500th anniversary of the explorer's arrival in the New World. Continuing on into the historical Colonial Zone, you will visit Alcazar de Colon, where Columbus' son Diego lived when he was governor of the colony. Built in 1510, Alcazar de Colon is the oldest vice-regal residence in the Americas. Nearby stand the Royal Houses, which held the first court of law in the New World. You may also see the first cathedral in the New World and the early 18th-century National Pantheon. They too are in the Colonial Zone, an area designated a UNESCO World Heritage Site for the grid layout of its streets. Finally, you will enjoy free time to shop on Calle Las Damas, whose name refers to the ladies of the colonial court.

- View the sprawling Columbus Lighthouse that honors the Italian explorer.
- Explore the Colonial Zone, deemed a UNESCO World Heritage site for its grid layout.
- Notice the Colonial Zone's grid layout that influenced future New World cities.
- Pass by Alcazar de Colon, the historical residence of Columbus' eldest son, Diego.
- See the Royal Houses where government officials resided in colonial times.
- Browse the shops on Calle Las Damas and see the sundial dating from the mid-1700s.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.



SDM-003 PANORAMIC TOUR WITH BOTANICAL GARDEN

Duration: 4.00 Hrs Tour Price: CA\$0.00

Date: January 12, 2022 08:00 AM

See the most meaningful colonial attractions in Santo Domingo and then stroll through one of the largest botanical gardens in the Caribbean. As you will soon discover, history seems to pervade every corner of Santo Domingo, the oldest city of the New World. The influence of Christopher Columbus and his family is highly apparent, as he was the first European to set foot here, his brother Bartholomew founded the city and his son Diego was the governor. After passing the fortified walls in the Colonial Zone, you will see Diego's house, Alcazar de Colon, which is now a museum. In the heart of the city, you will find the National Botanical Gardens, a sprawling urban oasis that covers a staggering 200 acres. To maximize your time here and get a comprehensive view of the exotic gardens, you will ride a train through the grounds.

- Notice the Colonial Zone's grid layout that influenced future New World cities.
- Pass by Alcazar de Colon, the historical residence of Columbus' eldest son, Diego.
- Ride a small train through one of the largest botanical gardens in the Caribbean.
- Observe exotic species of flora and perhaps the working clock made of flowers.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

On the way back to the ship, a stop at a souvenirs shop will be made.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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General Information

What is Included?

Transportation:

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

Meals and Refreshments:

Included when indicated in the tour description.

Guides:

Licensed, English-speaking, local guides accompany all tours, where available.

Entrance Fees:

Tours include all required admission fees, where applicable.

What Should I Wear?

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

Cancellations and refunds

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

Prices, Itineraries and General Information

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

Please Note

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

IMPORTANT INFORMATION

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

NOTICE:

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.