



**SEVEN SEAS CRUISES®**

**OPTIONAL SHORE EXCURSIONS**

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**VENICE, ITALY to BARCELONA, SPAIN**

**SS EXPLORER April 20, 2022**

**Welcome Ashore!**

Regent Seven Seas Cruises shares your passion for new discoveries and that has led us to create an award winning program of optional shore excursions and tours that explore the world's most important historical, cultural and artistic gems. The wide variety of tour options means you may choose from the most enriching tours and adventures available in each of our ports of call.

Witness natural wonders, explore man-made marvels and immerse yourself in the culture, history and cuisine of these storied destinations.

**Shore Excursion Points of Distinction**

Professional English-speaking experts to guide you through your journey.

Peace of mind knowing that your excursions are monitored by the ship's staff.

A staff of experienced, excursion specialists expertly plans each tour and is dedicated to maximizing your time in each port.

Travel with premier, licensed and insured, tour companies aboard the best available, climate controlled luxury transportation.

**Reserve Your Excursions Online!**

Now you can reserve individual shore excursions online, all from the comfort of your home. Our website [www.rssc.com](http://www.rssc.com) offers a wealth of information about your cruise: learn about and purchase shore excursions, view pre- and post-cruise hotel packages, find answers to frequently asked questions, read general information about your upcoming cruise experience, and much more.

You may purchase tours up until 7 days prior to your sail date. Our website safely and securely accepts credit card payments; you will automatically receive confirmation of your online purchase by email. Call your travel agent or visit [www.rssc.com](http://www.rssc.com) today to pre-purchase any of these wonderful programs. Next to each tour description, you will find symbols to assist you in choosing the excursion that is right for you.

## ZADAR, CROATIA

### ZAD-005 CHARMING SPLIT & DIOCLETIAN PALACE

**Duration:** 7.75 Hrs **Tour Price:** CA\$156.00 **Retail Price:** CA\$352.00



**Date:** April 21, 2022 08:15 AM

Explore one of the most extraordinary relics of the Roman Empire, the palace complex of the Emperor Diocletian in Split, and enjoy free time to further delve into this captivating city. Originally colonized by the Greeks, the stunning coastal area now home to Split truly flourished when Diocletian ordered the construction of his magnificent palace in the 4th century. Gain access to key highlights among the more than 200 buildings within the expansive grounds, a UNESCO World Heritage site that is considered the most historically significant Roman structure along the eastern Adriatic. Lustrous white limestone from the nearby island of Brac provided the raw material for many of its grand edifices and public spaces, most still used as residences, restaurants, cathedrals and plazas. Marvel at the monumental cellars where the ample gifts of Croatia's ancient vineyards once were hoarded and picture noble luminaries alighting into twilight arched rooms bursting with the bounty of the Roman Empire. View further highlights, such as the striking Cathedral of St. Domnius, originally conceived as Diocletian's eternal resting place, and admire the almost unspoiled Temple of Jupiter. Venture into Split at your leisure before concluding your unforgettable visit with a delectable Croatian lunch.

- Journey to Split, Croatia's second-largest city and home to countless architectural wonders.
- Treasure an in-depth visit to an eminent Roman landmark, Diocletian's 4th-century palace complex.
- Descend into Diocletian's grand cellars and envision the vast wine and food stores once held here.
- Ponder Diocletian's stabilizing reign at the site of his interment in the beautiful Cathedral of St. Domnius and the adjacent Temple of Jupiter.
- Enjoy time to stroll at your leisure within the palace complex or go beyond to further explore Split.
- Savor a traditional Croatian repast, crafted with local ingredients Diocletian himself may have prized.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water as you may require hydration.

This tour includes approximately 90 minutes of moderate walking, plus any additional walking at the guests' discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography may not be permitted inside the sites visited; please consult your guide.

### ZAD-004 KRKA NATIONAL PARK & CRUISE

**Duration:** 6.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$221.00



**Date:** April 21, 2022 08:30 AM

Delight in your inspiring visit to superb Krka National Park, a lush, protected area accented with spectacular waterfalls, and relax on a gentle cruise downstream to the quaint fishing village of Skradin. Krka National Park is a wonderland of dense forests, wild rivers and thundering waterfalls, such as Skradinski Buk, the last of seven waterfalls on the glittering Krka River. Discover that Skradinski Buk isn't actually a single waterfall but rather a long series of gracefully arcing cascades that spill over countless travertine rock formations. Enjoy a guided tour that includes time to wander on your own, staying alert for sleek otters playing in the water, colorful Cleopatra butterflies flitting about and a variety of indigenous and migratory birds, including the regal golden eagle and lightning-fast peregrine falcon. Hop on a touring boat and travel downstream to 6,000-year-old scenic Skradin, a beautifully preserved town on an inlet wrapped by hills. Admire gleaming yachts in the expansive marina and savor a casual lunch, bursting with authentic regional flavors. On this exploration of the Krka River's highlights, Croatia's bounty, both wild and refined, is sure to dazzle you.

- Take in the gracefully cascading waters of Stradinski Buk, a tiered waterfall renowned for its beauty.
- Cherish the lush forests and vibrant flowering plants of the park's marvelous landscapes.
- Seek abundant wildlife, including playful otters, colorful butterflies and over 100 avian species.
- Roam Krka National Park's fertile grounds at your own pace after the tour.
- Float downriver to the enchanting town of Skradin, wonderfully preserved despite numerous invasions.
- Partake in delicious Croatian fare during a casual lunch in picturesque Skradin.
- Wear casual, weather- and activity-appropriate clothing and comfortable, non-slip walking shoes or hiking boots.
- Bring a hat, sunglasses, sunscreen and insect repellent.
- Carry bottled water, as you may require hydration.

This tour includes approximately 90 minutes of moderate-to-strenuous walking, plus any additional walking at the guests' discretion during free time. There will be uneven natural surfaces, wooden bridges and numerous steps to negotiate. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants should be in good physical condition.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



Accessible Tour

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## ZAD-004SG KRKA NATIONAL PARK & CRUISE - SMALL GROUP

Duration: 6.50 Hrs Tour Price: CA\$104.00 Retail Price: CA\$300.00



Date: April 21, 2022 08:30 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delight in your inspiring visit to superb Krka National Park, a lush, protected area accented with spectacular waterfalls, and relax on a gentle cruise downstream to the quaint fishing village of Skradin. Krka National Park is a wonderland of dense forests, wild rivers and thundering waterfalls, such as Skradinski Buk, the last of seven waterfalls on the glittering Krka River. Discover that Skradinski Buk isn't actually a single waterfall but rather a long series of gracefully arcing cascades that spill over countless travertine rock formations. Enjoy a guided tour that includes time to wander on your own, staying alert for sleek otters playing in the water, colorful Cleopatra butterflies flitting about and a variety of indigenous and migratory birds, including the regal golden eagle and lightning-fast peregrine falcon. Hop on a touring boat and travel downstream to 6,000-year-old scenic Skradin, a beautifully preserved town on an inlet wrapped by hills. Admire gleaming yachts in the expansive marina and savor a casual lunch, bursting with authentic regional flavors. On this exploration of the Krka River's highlights, Croatia's bounty, both wild and refined, is sure to dazzle you.

- Take in the gracefully cascading waters of Stradinski Buk, a tiered waterfall renowned for its beauty.
- Cherish the lush forests and vibrant flowering plants of the park's marvelous landscapes.
- Seek abundant wildlife, including playful otters, colorful butterflies and over 100 avian species.
- Roam Krka National Park's fertile grounds at your own pace after the tour.
- Float downriver to the enchanting town of Skradin, wonderfully preserved despite numerous invasions.
- Partake in delicious Croatian fare during a casual lunch in picturesque Skradin.
- Wear casual, weather- and activity-appropriate clothing and comfortable, non-slip walking shoes or hiking boots.
- Bring a hat, sunglasses, sunscreen and insect repellent.
- Carry bottled water, as you may require hydration.

This tour includes approximately 90 minutes of moderate-to-strenuous walking, plus any additional walking at the guests' discretion during free time. There will be uneven natural surfaces, wooden bridges and numerous steps to negotiate. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants should be in good physical condition.

## ZAD-006 SIBENIK & DALMATIAN VILLAGE

Duration: 6.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$169.00

Date: April 21, 2022 08:30 AM

Marvel at the countless architectural gems in Sibenik, a dazzling coastal town reaching back to the 11th century, and sample some of Croatia's finest agricultural products at a convivial, family-owned farm. Discover the signature landmarks of Sibenik's Old Town, settled on the mouth of the azure Krka River within one of the most naturally protected and picturesque harbors on the Adriatic Sea. View the lovely Church of St. Francis and its intact 13th-century cloisters, the porticoed Renaissance-style Town Hall and the seemingly impenetrable Duke's Palace, part of Sibenik's formidable 13th-century defensive system. Surpassing even these noteworthy sites is the town's crown jewel, the marvelous Cathedral of St. James, consecrated in 1555. Consider the skillfully layered Dalmatian, Northern Italian and Tuscan influences as you tour this UNESCO World Heritage site. Spend additional time at your leisure in Sibenik before setting off for a delightful family-owned farm, particularly renowned for its superb ham. You'll learn how the pigs and poultry are raised, the family's olive groves tended and their distinctive wine produced, with a chance to taste these traditional foods as a flavorful ending to your illuminating excursion.

- Tour the alluring town of Sibenik, tucked into one of the Dalmatian coast's most picturesque harbors.
- View noteworthy sites such as the Church of St. Francis, the column-lined 16th-century Town Hall and the impregnable Duke's Palace.
- Gaze in admiration at the intricate Cathedral of St. James, a UNESCO World Heritage site.
- Stroll the medieval streets of lovely Sibenik during the free time provided after the guided tour.
- Immerse yourself in farm life at a sprawling homestead acclaimed for its exceptional ham.
- Sample outstanding Croatian agricultural products at a welcoming family-owned farm.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water as you may require hydration.

This tour includes approximately 90 minutes of moderate walking/standing, plus any additional walking at the guests' discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. Photography may not be permitted inside the sites visited; please consult your guide.

## ZAD-010 OFF-ROAD SAFARI

Duration: 6.50 Hrs Tour Price: CA\$143.00 Retail Price: CA\$339.00



Date: April 21, 2022 08:30 AM

Explore the dramatic terrain of the Velebit mountain range on this thrilling excursion aboard a professionally driven 4x4 vehicle. The largest mountain range in Croatia, the Velebit boasts countless stunning vistas of soaring peaks and plunging gorges, each more dramatic than the last. Travel to the wild Libinje plateau in your Land Rover Defender, an off-road vehicle perfectly equipped to handle the craggy terrain. Enjoy an outdoor picnic-style lunch at 2,660 feet above sea level or indoors at the nearby village of Knezevici in the event of inclement weather. Explore intriguing Sarica cave, for decades an indispensable shelter against the elements for a local Saric family. Drive toward the towering rock outcropping of Tulove grede, a famed climbing site, and begin an unforgettable ascent along a 180-year-old road. Your vehicle pauses frequently, allowing time to admire and photograph the epic panoramas unfolding before you. Find bliss at your ultimate destination above a breathtaking canyon carved by the Zrmanja River, an aquamarine source of pure drinking water that slices through the rugged karst terrain on its way to the Adriatic Sea.

- View some of Croatia's most dramatic scenery as you ascend the Velebit mountains in a professionally driven off-road vehicle.
- Partake of a picnic-style lunch while relaxing on a beautiful plateau at 2,600 feet above sea level.
- Venture into a cave long-used by a local family as shelter during harsh weather.
- Ascend a well-maintained 180-year-old road toward the soaring peaks of Tulove grede.
- Enjoy frequent photo stops to capture the seemingly endless panoramic vistas.
- Gaze down at the emerald-hued Zrmanja River from your ideal perch atop a majestic canyon.
- Wear casual, weather- and activity-appropriate clothing and comfortable, non-slip walking shoes or hiking boots.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking. There will be uneven natural surfaces to negotiate. Participants should be in good physical condition. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Road conditions can be bumpy at times and may not be suitable for guests with back and/or neck issues or guests who have difficulty sitting for extended periods of time.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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## ZAD-014 ZADAR, VRANA LAKE & LUNCH

Duration: 7.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$261.00



Date: April 21, 2022 08:30 AM

Explore the cobbled streets of Zadar's pedestrian-only Old Town and venture into the countryside to take in Croatia's natural beauty. While meandering through the historical downtown, you will see the remains of the original stone walls and gates built to protect Zadar from Turkish invasion. Saint Donat church offers another look into the city's past, as it was constructed in the 9th century atop a Roman forum using some of its stones as building materials. Stone steps descend into the sea at the waterfront promenade and besides serving a utilitarian purpose, they ingeniously play music as the seawater rushes through underground pipes outfitted with whistles. Nature takes center stage at Vrana Lake and the bird sanctuary that surrounds it, which you will view from atop Mount Kamenjak. One last dive into history will await you at the museum within a nearby 17th-century residence, where you will browse the exhibits and savor a lunch of traditional Croatian delicacies.

- Stroll the wonderfully atmospheric, pedestrian-only streets in Zadar's Old Town.
- Hear the amazing Sea Organ steps play music as seawater rushes through their underground pipes.
- Admire the stunning view of Croatia's largest freshwater lake from an elevated lookout.
- Peruse the exhibits in a museum housed in a 17th-century residence that is now a heritage hotel.
- Savor a selection of Croatian delicacies that may include dumplings, leek soup and baklava.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

This tour includes approximately 2.5 hours of moderate walking/standing. Guests will need to manage some cobblestones and flat surfaces along with 75 steps throughout the excursion. Any additional walking throughout the tour will be at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## ZAD-007 ISLAND OF PAG

Duration: 5.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$143.00

Date: April 21, 2022 08:45 AM

Admire the moon-like landscapes of Pag Island and the ingenuity of its residents, who have capitalized on their limited resources by producing acclaimed cheeses and nurturing the art of lacemaking. You'll discover that Pag is a long, narrow island nearly devoid of vegetation due to the high salinity of its soil. Learn how the barren terrain holds untold riches in the form of salt pools and pans scattered throughout the island, also known as the "Town of Salt," and how locals have culled this precious resource for 2,000 years. Look for the 30,000 sheep who graze the salty grasses growing tenaciously among the rocks and whose milk produces spectacular cheeses that are soaked in olive oil and aged in stone. Tour the exterior of the Museum of Salt, appropriately housed in a former salt warehouse, and at the Museum of Lace, appreciate Pag's equally enchanting distinction as a producer of intricate lacework. After some free time following your guided tour, observe the process of cheese creation at the Gilgora Cheese Factory in the beachfront village of Kolan. Sample several of their exquisite award-winning cheeses as you reflect on the hidden treasures of this hauntingly beautiful island.

- Discover otherworldly topography in the lunar landscapes of nearly barren Pag Island.
- Learn how salt is extracted from the island's forbidding terrain and visit the Museum of Salt.
- Delight in the elaborate lacework on display at the captivating Museum of Lace.
- Stroll at your leisure during free time to further explore the moon-like scenery.
- Savor the island's renowned cheeses at the award-winning Gilgora Cheese Factory.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately two hours of moderate walking/standing, plus any additional walking at the guests' discretion during free time. There will be some steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography may not be permitted inside the sites visited; please consult your guide.

## ZAD-009 HIKING PAKLENICA NATIONAL PARK

Duration: 5.50 Hrs Tour Price: CA\$117.00

Retail Price: CA\$313.00

Date: April 21, 2022 08:45 AM

Hike through one of Croatia's most popular national parks, a wonderland of dramatic canyons, sheer cliffs and lush pine forests, on this invigorating, scenic excursion. Learn that Paklenica National Park takes its name from the black sap or "paklina" that flows within its stately native pine trees. Upon entering the park, commence a guided hike of approximately three hours into pristine wilderness. Expect to see plunging gorges, soaring peaks and perhaps even sparkling, spring-fed streams. Enjoy spectacular vistas as you follow the trail for approximately 2 ½ miles, stopping every so often to rest, with one lengthier break for refreshments. Because of its beauty and easy accessibility, Paklenica National Park is an exceptionally beloved destination by nature lovers. Among the more than 90 miles of hiking trails and numerous caverns, you'll surely see other hikers enjoying the stunning scenery and maybe even spelunkers heading underground. Look overhead as the park is home to 230 species of birds, including golden eagles, goshawks and Eurasian tawny owls. Endemic species, including the Croatian bellflower, and mesmerizing orchids, such as the lady's slipper, provide vivid accents on this unforgettable trek.

- Hike through a rugged mountain wonderland surrounded by pristine wilderness.
- Gaze at picture-perfect vistas among the towering peaks, deep gorges and scenic canyons.
- Spot some of the park's over 230 species of birds, including golden eagles and Eurasian tawny owls.
- Delight in vibrant flowering plants such as the Croatian bellflower and the lady's slipper orchid.
- Wear casual, weather- and activity-appropriate clothing and comfortable, non-slip walking shoes or hiking boots.
- Bring a hat, sunglasses, sunscreen and insect repellent.
- Carry bottled water, as you may require hydration.

This tour includes approximately two-to-three hours of moderate-to-strenuous hiking. There will be uneven natural surfaces and inclines to negotiate. Participants should be in good physical condition. It is not available to guests who utilize a wheelchair or guests with mobility concerns.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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## ZAD-012 WINE TASTING AT ZADAR HINTERLAND AND SIBENIK

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$221.00

Date: April 21, 2022 08:45 AM

Applaud the architectural treasures of Sibenik, a dazzling coastal town reaching back to the 11th century, and delight in a tasting of distinctive organic wines in the fertile hinterland. Discover the signature landmarks in Sibenik's Old Town, settled on the mouth of the azure Krka River within one of the most naturally protected and picturesque harbors on the Adriatic Sea. View the lovely Church of St. Francis and its intact 13th-century cloisters, the porticoed Renaissance-style Town Hall and the seemingly impenetrable Duke's Palace, part of Sibenik's formidable 13th-century defensive system. Surpassing even these noteworthy sites is the town's crown jewel, the marvelous Cathedral of St. James, consecrated in 1555. Consider the skillfully layered Dalmatian, Northern Italian and Tuscan influences as you tour this UNESCO World Heritage site. Travel inland to the bountiful terrain around the village of Nadin, home to the renowned Skaulj Winery. Appreciate the organic grapes used to produce their outstanding eco-certified wines, including cabernet sauvignon, merlot, rosé and marastina, crafted from a versatile grape with a slight herbal nose. Bring your excursion to a delightful close as you sample one or more of these selections alongside a delectable buffet of smoked ham, cheeses and organically grown olives.

- Tour the alluring town of Sibenik, tucked into one of the Dalmatian coast's most picturesque harbors.
- View noteworthy sites such as the Church of St. Francis, the column-lined 16th-century Town Hall and the impregnable Duke's Palace.
- Gaze in admiration at the famed Cathedral of St. James, a UNESCO World Heritage site.
- Stroll the medieval streets of lovely Sibenik at your leisure after the guided tour.
- Journey to the bountiful lands of the Croatian hinterland and visit a distinguished organic winery.
- Taste a variety of eco-certified wines such as cabernet sauvignon, merlot, rosé and marastina, crafted from an indigenous grape with hints of herbs in its bouquet, along with a repast of local delicacies.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

There will be some steps and uneven surfaces to negotiate. This tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages. Photography may not be permitted inside the sites visited; please consult your guide.

## ZAD-002 ZADAR AND NIN

Duration: 4.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00

Date: April 21, 2022 09:00 AM

Trace history's winding path from ancient Roman sites to Renaissance masterpieces on this survey of Zadar and Nin, two of Croatia's earliest towns. View St. Mark's Lion on Zadar's graceful Land Gate and imagine 16th-century Venetian merchants making their entrance into the city under its magnificent triumphal arch. Admire Saint Donat church, a 9th-century architectural treasure, built in a unique circular shape over an ancient Roman forum, and behold Saint Anastasia, the largest cathedral in Dalmatia and a Romanesque jewel, boasting a graceful tower reaching heavenward. Nestled on a tiny isle floating on a turquoise lagoon, picturesque Nin plunges you further into the past. Pass over the elegant 16th-century stone bridge connecting the town to the mainland, and perhaps view the remains of the 1st-century Roman temple and the heroic statue of 9th-century ruler Duke Branimir. Learn about the ancient salt pans that still rim the town at the informative Museum of Salt and browse Roman and medieval artifacts in the absorbing Museum of Nin's Antiquities. Centuries of spellbinding history infuse magical Nin and Zadar, sweeping you into Croatia's storied past.

- Ponder Zadar's bygone trading prominence at the city wall's ornate Land and Sea Gates.
- Discover the city's symbol, Saint Donat church, built in a distinctive round shape over a Roman forum.
- Admire the graceful Romanesque contours of Saint Anastasia, the largest cathedral in Dalmatia.
- Consider Nin's significance to the Roman empire at its ancient salt pans and Museum of Salt.
- View remarkable Roman and medieval artifacts at the Museum of Nin's Antiquities.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen

This tour includes approximately 2 ½ hours of easy-to-moderate walking/standing, plus any additional walking at the guests' discretion during free time. There will be some steps to negotiate. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography may not be permitted inside the sites visited; please consult your guide.

## ZAD-003 KRKA NATIONAL PARK

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: April 21, 2022 09:00 AM

Observe fascinating ecological wonders on this guided tour of magnificent Krka National Park, a serene natural setting surrounded by lush vegetation and home to abundant wildlife and spectacular waterfalls. The park is a nirvana of dense forests, wild rivers and thundering waterfalls such as Skradinski Buk, the last of seven waterfalls on the glittering Krka River. Discover that Skradinski Buk isn't actually a single waterfall but rather a long series of gracefully arcing cascades that spill over countless travertine rock formations. In total, the water tumbles nearly 150 feet into a crystalline pool before wending its way to the Adriatic Sea. The forest of conifers and hornbeams that crowds the riverbank is also spectacular, as is the surrounding flora, featuring vivid flowering plants like scorpion sennas and chimney bellflowers. Stay alert for sleek otters playing in the water, colorful Cleopatra butterflies flitting about and a variety of indigenous and migratory birds, including the regal golden eagle and lightning-fast peregrine falcon. Stroll the verdant grounds at your leisure after your tour and let the rushing waters and unspoiled woodlands soothe your soul.

- Take in the gracefully cascading waters of Stradinski Buk, a tiered waterfall renowned for its beauty.
- Cherish the lush green forests and vibrant flowering plants of the park's marvelous landscapes.
- Seek abundant wildlife, including playful otters, colorful butterflies and over 100 avian species.
- Roam Krka National Park's fertile grounds at your own pace after the tour.
- Wear casual, weather- and activity-appropriate clothing and comfortable, non-slip walking shoes or hiking boots.
- Bring a hat, sunglasses, sunscreen and insect repellent.
- Carry bottled water, as you may require hydration.

This tour includes approximately 90 minutes of moderate-to-strenuous walking, plus any additional walking at the guests' discretion during free time. There will be uneven natural surfaces, wooden bridges and numerous steps to negotiate. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants should be in good physical condition.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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## ZAD-013 NIN AND ROYAL WINE TASTING

Duration: 6.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$221.00

Date: April 21, 2022 09:00 AM

Meander through the captivating medieval town of Nin and toast the day with a sampling of award-winning wines crafted from indigenous grapes. Learn that Nin, nestled on a tiny isle floating on a turquoise lagoon, was founded as the town of Aenona in the distant 9th century BC. Cross the elegant 16th-century stone bridge connecting the town to the mainland and pass through the ancient city gate, then linger at the evocative remains of a Roman temple, the largest on the east coast of the Adriatic Sea. The temple dates to the 1st-century reign of the Roman Emperor Vespasian, whose name is inscribed on one of the temple's friezes. With ample free time, let the spirit of Nin draw you to the hexagonal baptismal font of the first Croatian duke or to the 9th-century whitewashed Church of the Holy Cross, which has never been altered and claims to be the world's smallest cathedral. In the Museum of Salt, discover the legacy of the ancient salt pans that still rim the town. Journey to the Royal Vineyards, the region's largest winemaker, for an enlightening tour and wine tasting. You'll sample an aromatic pošip, a deep-ruby plavac mali and a fruity crljenak that is akin to both American zinfandel and Italian primitivo. Accompany your Croatian wines with delicious Dalmatian specialties such as tuna pâté, octopus carpaccio, smoked ham and cheese.

- Delight in Nin's unique setting on a small islet surrounded by a shimmering lagoon.
- Consider Nin's significance to the Roman empire at its ancient salt pans and Museum of Salt.
- View the remains of a grand Roman temple, dating to the reign of the Roman Emperor Vespasian.
- Contemplate the unaltered 9th-century Church of the Holy Cross, which claims to be the world's smallest cathedral.
- Tour Royal Vineyards, the region's largest winery, and gain insight into the vintner's age-old craft.
- Sample local wines, including an aromatic pošip, deep-ruby plavac mali and fruity crljenak accompanied by Dalmatian specialties such as tuna pâté, octopus carpaccio, smoked ham and cheese.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

The tour is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.

## ZAD-001 EXPLORE ZADAR ON FOOT

Duration: 2.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$130.00

Date: April 21, 2022 09:15 AM

Uncover magnificent treasures of Zadar's glorious past on this guided walking tour of the city's pedestrian-only, walled Old Town. Study the thick, defensive ramparts that long protected the Old Town from Turkish aggression, allowing access to the city through elaborately adorned gates. View St. Mark's Lion on the graceful Sea Gate, and at the Land Gate, a Renaissance masterpiece, imagine 16th-century Venetian merchants making their entrance into Zadar under its magnificent triumphal arch. Amble through the streets of the 100-acre Old Town and admire Saint Donat church, a 9th-century architectural treasure built in a unique circular shape over an ancient Roman forum. More astounding is your privileged view of the buried forum from within the church, where part of the floor has been removed to provide a glimpse into the town's classical past. Behold Saint Anastasia, the largest cathedral in Dalmatia, a Romanesque jewel boasting a graceful tower reaching heavenward, set in a picture-perfect square. Let Zadar's beautifully-preserved medieval charms draw you farther into its welcoming cobblestone streets as you explore at your leisure.

- Ponder Zadar's bygone trading prominence at the city wall's ornate Land and Sea Gates.
- Discover the city's symbol, Saint Donat church, built in a distinctive round shape over a Roman forum.
- Admire the graceful Romanesque contours of Saint Anastasia, the largest cathedral in Dalmatia.
- Explore the cobbled streets of intriguing Zadar at your own pace until you are ready to return to the ship.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking and includes some steps and cobblestone surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography is not permitted inside the sites visited.

## ZAD-001SG EXPLORE ZADAR ON FOOT - SMALL GROUP

Duration: 2.50 Hrs Tour Price: CA\$65.00

Retail Price: CA\$234.00

Date: April 21, 2022 09:15 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Uncover magnificent treasures of Zadar's glorious past on this guided walking tour of the city's pedestrian-only, walled Old Town. Study the thick, defensive ramparts that long protected the Old Town from Turkish aggression, allowing access to the city through elaborately adorned gates. View St. Mark's Lion on the graceful Sea Gate, and at the Land Gate, a Renaissance masterpiece, imagine 16th-century Venetian merchants making their entrance into Zadar under its magnificent triumphal arch. Amble through the streets of the 100-acre Old Town and admire Saint Donat church, a 9th-century architectural treasure built in a unique circular shape over an ancient Roman forum. More astounding is your privileged view of the buried forum from within the church, where part of the floor has been removed to provide a glimpse into the town's classical past. Behold Saint Anastasia, the largest cathedral in Dalmatia, a Romanesque jewel boasting a graceful tower reaching heavenward, set in a picture-perfect square. Let Zadar's beautifully-preserved medieval charms draw you farther into its welcoming cobblestone streets as you explore at your leisure.

- Ponder Zadar's bygone trading prominence at the city wall's ornate Land and Sea Gates.
- Discover the city's symbol, Saint Donat church, built in a distinctive round shape over a Roman forum.
- Admire the graceful Romanesque contours of Saint Anastasia, the largest cathedral in Dalmatia.
- Explore the cobbled streets of intriguing Zadar at your own pace until you are ready to return to the ship.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking and includes some steps and cobblestone surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography is not permitted inside the sites visited.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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## ZAD-GL1 ZADAR: VISIT THE FARM

**Duration: 5.00 Hrs**   **Tour Price: CA\$130.00**   **Retail Price: CA\$326.00**   **GL**

**Date: April 21, 2022 09:15 AM**

Experience the life of a traditional Croatian farmer by joining him in the fields for a bit of farm work that will be enlightening and invigorating. The exact farm will be chosen the day of the excursion, but you can be sure that it will be a traditional one with crops that reflect Zadar's unique growing conditions. After touring the property, you will experience a typical day in the life of a Croatian farmer by spending some time working the fields. The labor won't be strenuous, just enough to give you a taste of farming. You might pick potatoes, dig up sugar beets or simply hoe a few weeds. The farmer will likely explain the challenges of farming, how it has changed over the years and how he became a farmer. The experience will be entertaining and present a candid look at a local lifestyle. You will be rewarded educationally and by snacking on local delicacies afterwards.

- Join a farmer in a bit of light work that will offer a look at traditional Croatian farming.
- Hear firsthand about the challenges of farming in rural Croatia.
- Snack on Croatian delicacies prepared with fresh ingredients from the farm.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking over even and uneven ground, plus any additional walking at the guests' discretion during free time. It is not recommended for guests who utilize a wheelchair and those guests with mobility concerns should evaluate their ability and stamina before joining the tour.

## ZAD-002SG ZADAR AND NIN - SMALL GROUP

**Duration: 4.50 Hrs**   **Tour Price: CA\$65.00**   **Retail Price: CA\$234.00**

**Date: April 21, 2022 09:30 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Trace history's winding path from ancient Roman sites to Renaissance masterpieces on this survey of Zadar and Nin, two of Croatia's earliest towns. View St. Mark's Lion on Zadar's graceful Land Gate and imagine 16th-century Venetian merchants making their entrance into the city under its magnificent triumphal arch. Admire Saint Donat church, a 9th-century architectural treasure, built in a unique circular shape over an ancient Roman forum, and behold Saint Anastasia, the largest cathedral in Dalmatia and a Romanesque jewel, boasting a graceful tower reaching heavenward. Nestled on a tiny isle floating on a turquoise lagoon, picturesque Nin plunges you further into the past. Pass over the elegant 16th-century stone bridge connecting the town to the mainland, and perhaps view the remains of the 1st-century Roman temple and the heroic statue of 9th-century ruler Duke Branimir. Learn about the ancient saltpans that still rim the town at the informative Museum of Salt and browse Roman and medieval artifacts in the absorbing Museum of Nin's Antiquities. Centuries of spellbinding history infuse magical Nin and Zadar, sweeping you into Croatia's storied past.

- Ponder Zadar's bygone trading prominence at the city wall's ornate Land and Sea Gates.
- Discover the city's symbol, Saint Donat church, built in a distinctive round shape over a Roman forum.
- Admire the graceful Romanesque contours of Saint Anastasia, the largest cathedral in Dalmatia.
- Consider Nin's significance to the Roman empire at its ancient saltpans and Museum of Salt.
- View remarkable Roman and medieval artifacts at the Museum of Nin's Antiquities.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress in clothing appropriate for religious venues; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen

This tour includes approximately 2 ½ hours of easy-to-moderate walking/standing, plus any additional walking at the guests' discretion during free time. There will be some steps to negotiate. It is available to guests who have a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Photography may not be permitted inside the sites visited; please consult your guide.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



Accessible Tour

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## KOTOR, MONTENEGRO

### KOY-001 HIGHLIGHTS OF MONTENEGRO

**Duration: 6.50 Hrs**    **Tour Price: CA\$0.00**

**Retail Price: CA\$203.00**



**Date: April 22, 2022 10:30 AM**

Start your tour with a short walk to Kotor, which is well-preserved and surrounded by a protective wall built in the Middle Ages. Discover the Renaissance-style 18th-century Prince's Palace and the striking Romanesque Cathedral of Saint Tryphon, one of Kotor's largest and most revered buildings, built in 1166 to honor the patron and protector of the city. You'll gain a deeper understanding of Kotor's past as you explore these iconic steppingstones of Montenegrin history. Board your coach and continue along steep slopes to Nevjesta Jadrana venue with the best view of Boka Bay. This is an area of powerful contrasts. To one side towers the cold Montenegrin mountains and opposite them you will find the wealth and mildness of one of the most beautiful bays in the world. The road carries you on to 15th-century Cetinje, once the Montenegrin capital, and Kotor's medieval fortified Old Town, recognized as a UNESCO World Heritage site. Following a route that inspired playwright George Bernard Shaw to wax poetic about its beauty, you'll understand his enchantment as you pass majestic mountains on one side and a sparkling cerulean bay on the other. In Cetinje, the former center of Montenegrin rule, visit the neoclassical Museum of King Nikola, once a palace and seat of the Montenegrin royal family. Settle in for a captivating ride along the Budva Riviera, a resort area known for its nearly eight miles of sun-drenched beaches. You'll journey to the Carpet shop in Grbalj plain. The invention of the rugs and kilims originated from the need to cover the bare grounds inside the tents, in order to warm it as much as possible (nothing is better than wool). Inventors of rugs and kilims were semi nomads and nomads living of the sheep rearing. After little bit more than a century of pause, the 500 year long Osman influence returns to Montenegro in a form of the oriental handmade rugs and kilims. Great variety of rugs and kilims, all kinds of sizes, designs and colors are here to floor your home. The experienced staff will gladly help you choose the ones that will suit your home and stay for following generations adding up in value over the years. Every product is made by hand and will be issued with a certificate of origin. Free home delivery is provided worldwide. For you, not wishing to spend time here, a shuttle to Kotor will be at disposal.

- Discover Kotor's walled Old Town, a UNESCO World Heritage site.
- See the 12th-century Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- Wend your way along a road so lovely that it inspired playwright George Bernard Shaw.
- Enjoy a snack of local favorites, perhaps savory smoked ham and delicious cheeses.
- Visit Cetinje, named honorary capital of Montenegro in recognition of its past importance.
- Explore the Museum of King Nikola, housed in what was once his palace.
- Travel along the Budva Riviera, a holiday destination renowned for its expansive beaches.
- Shop for rugs and kilims.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of walking. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

### KOY-001SG HIGHLIGHTS OF MONTENEGRO - SMALL GROUP

**Duration: 6.50 Hrs**    **Tour Price: CA\$78.00**

**Retail Price: CA\$274.00**

**Date: April 22, 2022 10:30 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Start your tour with a short walk to Kotor, which is well-preserved and surrounded by a protective wall built in the Middle Ages. Discover the Renaissance-style 18th-century Prince's Palace and the striking Romanesque Cathedral of Saint Tryphon, one of Kotor's largest and most revered buildings, built in 1166 to honor the patron and protector of the city. You'll gain a deeper understanding of Kotor's past as you explore these iconic steppingstones of Montenegrin history. Board your coach and continue along steep slopes to Nevjesta Jadrana venue with the best view of Boka Bay. This is an area of powerful contrasts. To one side towers the cold Montenegrin mountains and opposite them you will find the wealth and mildness of one of the most beautiful bays in the world. The road carries you on to 15th-century Cetinje, once the Montenegrin capital, and Kotor's medieval fortified Old Town, recognized as a UNESCO World Heritage site. Following a route that inspired playwright George Bernard Shaw to wax poetic about its beauty, you'll understand his enchantment as you pass majestic mountains on one side and a sparkling cerulean bay on the other. In Cetinje, the former center of Montenegrin rule, visit the neoclassical Museum of King Nikola, once a palace and seat of the Montenegrin royal family. Settle in for a captivating ride along the Budva Riviera, a resort area known for its nearly eight miles of sun-drenched beaches. You'll journey to the Carpet shop in Grbalj plain. The invention of the rugs and kilims originated from the need to cover the bare grounds inside the tents, in order to warm it as much as possible (nothing is better than wool). Inventors of rugs and kilims were semi nomads and nomads living of the sheep rearing. After little bit more than a century of pause, the 500 year long Osman influence returns to Montenegro in a form of the oriental handmade rugs and kilims. Great variety of rugs and kilims, all kinds of sizes, designs and colors are here to floor your home. The experienced staff will gladly help you choose the ones that will suit your home and stay for following generations adding up in value over the years. Every product is made by hand and will be issued with a certificate of origin. Free home delivery is provided worldwide. For you, not wishing to spend time here, a shuttle to Kotor will be at disposal.

- Discover Kotor's walled Old Town, a UNESCO World Heritage site.
- See the 12th-century Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- Wend your way along a road so lovely that it inspired playwright George Bernard Shaw.
- Enjoy a snack of local favorites, perhaps savory smoked ham and delicious cheeses.
- Visit Cetinje, named honorary capital of Montenegro in recognition of its past importance.
- Explore the Museum of King Nikola, housed in what was once his palace.
- Travel along the Budva Riviera, a holiday destination renowned for its expansive beaches.
- Shop for rugs and kilims.

·Wear casual, weather-appropriate clothing and comfortable walking shoes. ·Dress appropriately for a religious venue; shoulders and knees must be covered. ·Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of walking. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



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## KOY-011 THE BAY OF KOTOR TUK-TUK TOUR

**Duration:** 2.50 Hrs **Tour Price:** CA\$91.00 **Retail Price:** CA\$287.00

**Date:** April 22, 2022 10:30 AM

Ride a motorized tuk-tuk around a spectacular scenic peninsula that juts into the Bay of Kotor, stopping at the most dramatic points for photos and exploration on your own. You'll travel by tuk-tuk, an open-air covered vehicle originally named for the sound of its engine and an ideal conveyance for sightseeing. Follow a coastal road along the stunning Bay of Kotor, passing through the fishing village of Muo. Arrive in alluring Prcanj and pause for photos of Our Lady's Temple, a revered Baroque-style church built over a span of 120 years. Marvel at the Corinthian and Doric columns that adorn the façade and the stately double staircase at the entrance. You'll discover a perfectly situated vantage point for sweeping vistas overlooking the dramatic Verige Strait and tiny Gospa Islet, home to the Church of Our Lady of the Rocks. Stop at Porto Montenegro, one of the most luxurious marinas on the Adriatic Sea. During time on your own, admire the sleek yachts or browse chic shops before ascending by coach to Mount Vrmac for one final breathtaking view of Montenegro's magnificent coast.

- Explore a scenic peninsula on the Bay of Kotor aboard a tuk-tuk, an open-air covered vehicle.
- Admire the impressive double-staircase entrance to the Baroque-style Our Lady's Temple in Prcanj.
- Take in panoramic vistas of resplendent Verige Strait and Gospa Islet.
- Discover impressive luxury yachts at the Porto Montenegro Marina.
- Explore Porto Montenegro's inviting boutiques during time on your own.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking, mainly at the guest's discretion during the stops or free time. It is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## KOY-010 HISTORIC KOTOR & BUDVA

**Duration:** 5.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$130.00

**Date:** April 22, 2022 10:45 AM

Stroll the atmospheric streets of Budva's medieval Old Town and visit a shop that specializes in kilims, a woolen carpet first produced thousands of years ago. Journey into the scenic countryside to Budva, one of the oldest settlements in the Balkans. Meander through the Old Town and marvel at a setting so gorgeous the English poet Lord Byron lauded it as "the most beautiful meeting of land and sea." On your guided walking tour, view a medieval fortification system with 15th-century ramparts and an impossibly quaint square lined with boutiques where you may spend some time on your own. Continue into Grbalj, an important agricultural area, to visit a purveyor of kilim carpets. Learn that traditional Montenegrin flat-weave carpets feature a technique that favors diagonal and geometrical patterns, with wool being the preferred material for its durability. Following a presentation on the fascinating creation of kilim carpets, you may purchase one to be shipped anywhere in the world, along with a certificate of origin, as a perfect memento of your Montenegrin experience. If time permits, enjoy a driving tour of Kotor, a UNESCO World Heritage site hailed for its architectural significance.

- Explore charming Budva, a resort town that is among the oldest Adriatic coast settlements.
- Admire the town's medieval defensive towers and 15th-century ramparts.
- Enjoy time on your own in Budva, perhaps shopping its inviting boutiques.
- Visit a merchant that specializes in coveted kilim carpets.
- Experience a presentation on kilim carpet-making and perhaps claim one as your own.
- Relish a driving tour of medieval Kotor, a UNESCO World Heritage site, time permitting.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 3 ½ hours of moderate walking, plus any additional walking at the guest's discretion during free time. It is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## KOY-012 SAVINA WINERY AND VISIT TO KOTOR

**Duration:** 6.00 Hrs **Tour Price:** CA\$143.00 **Retail Price:** CA\$339.00



**Date:** April 22, 2022 10:45 AM

Revel in a wine tasting, stroll a luxurious marina and explore Kotor's medieval Old Town. Enjoy a scenic drive along the Bay of Kotor to the Castel Savina Winery, perched on a hillside above an 11th-century monastery. Following a leisurely tour of the splendid Obradovic family estate, you'll sample Castel Savina wines, made primarily with shiraz, merlot and grenache grapes. As an accompaniment, enjoy a snack of savory cheese pie, olives grown on the property and breadsticks with anchovy sauce. In Kamenari, board a ferry to the other side of the bay and drive to Porto Montenegro, a tiny marina filled with extravagant yachts, myriad restaurants and fine shops. Savor time to explore on your own or browse an impressive selection of wines for purchase. You'll investigate Kotor Old Town, which is well-preserved and surrounded by a protective wall built in the Middle Ages. Discover the Renaissance-style 18th-century Prince's Palace and the striking Romanesque Cathedral of Saint Tryphon, one of Kotor's largest and most revered buildings, built in 1166 to honor the patron and protector of the city. You'll gain a deeper understanding of Kotor's past as you explore these iconic steppingstones of Montenegrin history.

- Discover the picturesque Castel Savina Winery, with sweeping views of the turquoise Bay of Kotor.
- Sample several Castel Savina vintages crafted from merlot, grenache and shiraz grapes.
- Savor delicious cheese pie, breadsticks and olives grown on the estate.
- Find sleek luxury yachts at the Porto Montenegro Marina and shop for the perfect bottle of wine.
- Admire medieval Budva's defensive towers and 15th-century ramparts.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 3.5 hours of walking and/or standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Minimum age to drink is 21.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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### KOY-013 SKADAR LAKE CRUISE AND WINE TASTING

Duration: 5.50 Hrs Tour Price: CA\$156.00 Retail Price: CA\$352.00



Date: April 22, 2022 10:45 AM

Sail along Skadar Lake's shores, one of Europe's largest bird habitats, and savor a sampling of local wines at the Kopitovic family cellars. Delight in a picturesque drive inland toward the village of Virpazar, stopping along the way for photos of shimmering Skadar Lake, which is shared by Albania and Montenegro. You'll board a ferry to cruise Skadar Lake's pristine shoreline, a protected natural reserve. Learn Skadar is the largest lake in the Balkans and attracts vast numbers of mostly migratory birds, making it likely you'll view a variety of avian species. Perhaps you'll see white egrets, spoonbills and especially cormorants, since one of the world's most important cormorant colonies nests here. Watch for the endangered Dalmatian pelican, one of nature's largest birds. After coming ashore, journey to the Kopitovic family residence in the village of Donji Brceli for a wine tasting. Relish vintages that may include Sojak, a wine made from the vranac and kratosija grapes that features a light taste and a rose aroma, which pairs nicely with smoked ham, olives and tomato-topped bruschetta. You'll long treasure your immersion into the natural and epicurean bounty of enchanting Montenegro.

- Delight in sweeping views of glittering Skadar Lake, which is shared by Montenegro and Albania.
- Cruise the lake's unspoiled shoreline, protected land that is home to myriad avian species.
- View egrets, spoonbills, cormorants or the endangered Dalmatian pelican.
- Visit the Kopitovic family's private residence for a tasting of their specially selected vintages.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1.5 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Minimum age to drink is 21.

### KOY-007 PANORAMIC MONTENEGRO

Duration: 4.25 Hrs Tour Price: CA\$0.00 Retail Price: CA\$182.00



Date: April 22, 2022 11:00 AM

Delight in a leisurely drive through the mountains into Montenegro's inspiring countryside, stopping along the way for a snack of local delicacies. You'll travel along an extraordinarily serpentine road into mountainous terrain so unusual and strikingly beautiful that the playwright George Bernard Shaw quipped, "Am I in paradise or on the moon?" Ascending the slopes of revered Mount Lovcen, you'll find the village of Niegusi perched more than a half-mile above the glittering sea. Admire sweeping, phenomenal views as you enjoy a snack break, perhaps sampling the area's distinctive smoked ham and flavorful cheeses. You'll follow another picturesque road that hugs the edge of a national park to 15th-century Cetinje, once Montenegro's royal capital and religious center. Heading back to the coast, pass the medieval port of Budva, which was lauded by English poet, Lord Byron, as "the most beautiful meeting of land and sea." Appreciate the remarkable red-tile-roofed buildings and the village's blissful setting on an island-dotted bay, another lovely highlight of your scenic loop around Montenegro's postcard-perfect countryside. Stop at the Carpet shop in Grbalj plain. The invention of the rugs and kilims originated from the need to cover the bare grounds inside the tents, in order to warm it as much as possible (nothing is better than wool). Invertors of rugs and kilims were semi nomads and nomads living of the sheep rearing. After little bit more than a century of pause, the 500 years long Osman influence returns to Montenegro in a form of the oriental handmade rugs and kilims. Great variety of rugs and kilims, all kind of sizes, designs and colours are here to floor your home. The experienced staff will gladly help you choose the ones that will suit your home and stay for following generations adding up in value over the years. Every product is made by hand and will be issued with a certificate of origin. Free home delivery is provided worldwide. For you, not wishing to spend time here, a shuttle to Kotor will be at disposal.

- Relish a vista-filled drive through Montenegro's breathtaking countryside.
- Marvel at the panoramic views from Niegusi, a village rising over 2,600 feet above the sparkling sea.
- Enjoy a snack of local favorites, perhaps savory smoked ham and delicious cheeses.
- Discover the picturesque medieval village of Cetinje, once Montenegro's capital and religious center.
- Pass charming Budva, among the oldest urban settlements on the Adriatic coast and a popular resort destination.
- Shop for rugs and kilims.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour is primarily panoramic in nature with limited walking at the guest's discretion during stops. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



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## KOY-007SG PANORAMIC MONTENEGRO - SMALL GROUP

Duration: 4.25 Hrs Tour Price: CA\$65.00 Retail Price: CA\$248.00



Date: April 22, 2022 11:00 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delight in a leisurely drive through the mountains into Montenegro's inspiring countryside, stopping along the way for a snack of local delicacies. You'll travel along an extraordinarily serpentine road into mountainous terrain so unusual and strikingly beautiful that the playwright George Bernard Shaw quipped, "Am I in paradise or on the moon?" Ascending the slopes of revered Mount Lovcen, you'll find the village of Niegusi perched more than a half-mile above the glittering sea. Admire sweeping, phenomenal views as you enjoy a snack break, perhaps sampling the area's distinctive smoked ham and flavorful cheeses. You'll follow another picturesque road that hugs the edge of a national park to 15th-century Cetinje, once Montenegro's royal capital and religious center. Heading back to the coast, pass the medieval port of Budva, which was lauded by English poet, Lord Byron, as "the most beautiful meeting of land and sea." Appreciate the remarkable red-tile-roofed buildings and the village's blissful setting on an island-dotted bay, another lovely highlight of your scenic loop around Montenegro's postcard-perfect countryside. Stop at the Carpet shop in Grbalj plain. The invention of the rugs and kilims originated from the need to cover the bare grounds inside the tents, in order to warm it as much as possible (nothing is better than wool). Invertors of rugs and kilims were semi nomads and nomads living of the sheep rearing. After little bit more than a century of pause, the 500 years long Osman influence returns to Montenegro in a form of the oriental handmade rugs and kilims. Great variety of rugs and kilims, all kind of sizes, designs and colours are here to floor your home. The experienced staff will gladly help you choose the ones that will suit your home and stay for following generations adding up in value over the years. Every product is made by hand and will be issued with a certificate of origin. Free home delivery is provided worldwide. For you, not wishing to spend time here, a shuttle to Kotor will be at disposal.

- Relish a vista-filled drive through Montenegro's breathtaking countryside.
- Marvel at the panoramic views from Niegusi, a village rising over 2,600 feet above the sparkling sea.
- Enjoy a snack of local favorites, perhaps savory smoked ham and delicious cheeses.
- Discover the picturesque medieval village of Cetinje, once Montenegro's capital and religious center.
- Pass charming Budva, among the oldest urban settlements on the Adriatic coast and a popular resort destination.
- Shop for rugs and kilims.

## KOY-009 CLASSICAL PERFORMANCE IN PRCANJ & KOTOR WALKIN

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$208.00



Date: April 22, 2022 11:00 AM

Sail to glorious Our Lady's Temple in nearby Prcanj for a classical music concert and revel in an enlightening walking tour through Kotor's medieval walled city, a UNESCO World Heritage site. Cruise along the fjord-like Bay of Kotor, also known as Boka Bay, to Prcanj, nestled at the foot of a mountain and steeped in maritime history. You'll proceed to magnificent Our Lady's Temple, an atmospheric Baroque-style church built over a span of 120 years. Marvel at the Corinthian and Doric columns that adorn the façade, the stately double staircase at the entrance and the two rare, gilded altars that are considered masterworks. Rejoice in stirring performances of musical selections that reflect Montenegro's cultural influences. Following a delicious seafood lunch in Prcanj, you'll return by boat to Kotor and experience a leisurely walking tour within the architecturally significant Old Town. Visit the striking Romanesque Cathedral of Saint Tryphon, one of the largest and most revered buildings in Kotor, and the Arms Square, so named because munitions were made and stored here when the city flourished under Venetian rule.

- Cruise the winding cobalt-blue Bay of Kotor to alluring Prcanj.
- Admire the impressive gilded altars of the Baroque-style Our Lady's Temple.
- Revel in a performance of captivating classical music reflecting Montenegro's rich culture.
- Enjoy a leisurely walking tour of Kotor's walled Old Town, a UNESCO World Heritage site.
- See the Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- Traverse Kotor's Arms Square, where Venetians once made munitions.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ½ hours of walking. There will be uneven surfaces and numerous steps to negotiate. The tour is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.

## KOY-003 LEISURELY KOTOR

Duration: 1.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$130.00

Date: April 22, 2022 11:15 AM

Delve into Kotor's history with an in-depth study of its Old Town, a UNESCO World Heritage site and one of the best-preserved feudal cities along the Adriatic. Visit the walled Old Town, fortified since the Middle Ages to withstand the countless sieges it has endured over centuries. You'll notice the distinctively Venetian flair of the town's architecture, a reminder that Kotor was once ruled by the Republic of Venice. Discover the striking Romanesque Cathedral of Saint Tryphon, one of the largest and most revered buildings in Kotor, built in 1166 to honor the patron and protector of the city. Survey its nave, separated from the aisles by alternating square pillars and Corinthian columns, and admire 14th-century frescoes, a stone ornament above the main altar in which the life of Saint Tryphon is depicted and a relief of saints in gold and silver. You'll explore the Maritime Museum, housed in an 18th-century Baroque palace, which showcases Kotor's proud history as a naval power. As you stroll Kotor's arresting Old Town, you'll easily imagine bustling daily life during the Middle Ages.

- Discover Kotor's walled Old Town, a UNESCO World Heritage site.
- Notice the distinctive influence of the Republic of Venice on the city's architecture.
- See the 12th-century Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- View the cathedral's striking interior, which features soaring Corinthian columns and stone pillars.
- Examine exhibits that showcase Kotor's rich seafaring history at the city's Maritime Museum.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ½ hours of walking. There will be some uneven ground and easy inclines to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



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Meal Included

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## KOY-004 TOWN OF KOTOR & BAY OF KOTOR HERITAGE

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$182.00

Date: April 22, 2022 11:15 AM

Survey seaside Perast and exquisite Gospa Islet before enjoying a fascinating guided walking tour of Kotor and time on your own. Settle in for a scenic coach ride to serene Perast, once under Venetian control for over 400 years. You'll admire the medieval architecture that reflects its proud past, especially the ornate 17th-century Saint Nikola Church. After time on your own to explore the village, board a boat to enchanting Gospa Islet. Learn that legend says sailors created this small man-made island by dropping a rock into Kotor Bay after each successful voyage, choosing a spot where the Virgin Mary was once sighted. You'll discover that, fittingly, the church here is called Our Lady of the Rocks. Returning to Kotor, delight in a guided walking tour that begins in the medieval Old Town, a UNESCO World Heritage site crisscrossed by narrow streets and cozy squares. Visit the striking Romanesque Cathedral of Saint Tryphon, one of the largest and most revered buildings in Kotor, built in 1166 to honor the patron and protector of the city. You'll appreciate time on your own to shop and immerse yourself further in this magical setting.

- Delight in enchanting Perast, a popular resort town once under Venetian rule.
- Admire the splendid 17th-century Saint Nikola Church and its soaring bell tower.
- Travel by boat to unique Gospa Islet and learn the beguiling legend of its origin.
- Take a guided walking tour of Kotor, including its fascinating Old Town, a UNESCO World Heritage site.
- See the Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- Enjoy free time to shop or further explore Kotor's many wonders.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes considerable walking with steps to negotiate. Guests must also be able to embark and disembark the boat in Perast. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## KOY-004SG TOWN OF KOTOR & BAY OF KOTOR HERITAGE - SMALL

Duration: 4.00 Hrs Tour Price: CA\$65.00 Retail Price: CA\$248.00

Date: April 22, 2022 11:15 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Survey seaside Perast and exquisite Gospa Islet before enjoying a fascinating guided walking tour of Kotor and time on your own. Settle in for a scenic coach ride to serene Perast, once under Venetian control for over 400 years. You'll admire the medieval architecture that reflects its proud past, especially the ornate 17th-century Saint Nikola Church. After time on your own to explore the village, board a boat to enchanting Gospa Islet. Learn that legend says sailors created this small man-made island by dropping a rock into Kotor Bay after each successful voyage, choosing a spot where the Virgin Mary was once sighted. You'll discover that, fittingly, the church here is called Our Lady of the Rocks. Returning to Kotor, delight in a guided walking tour that begins in the medieval Old Town, a UNESCO World Heritage site crisscrossed by narrow streets and cozy squares. Visit the striking Romanesque Cathedral of Saint Tryphon, one of the largest and most revered buildings in Kotor, built in 1166 to honor the patron and protector of the city. You'll appreciate time on your own to shop and immerse yourself further in this magical setting.

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- See the Cathedral of Saint Tryphon, built in homage to the city's patron and protector.
- Enjoy free time to shop or further explore Kotor's many wonders.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes considerable walking with steps to negotiate. Guests must also be able to embark and disembark the boat in Perast. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.

## KOY-005 COOKING CLASS IN KLINCI VILLAGE

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00



Date: April 22, 2022 11:30 AM

Learn how to prepare several classic Montenegrin dishes in a hands-on cooking class and then dine on your delectable concoctions. On the way to the village of Klinci, you will pause for photos at an elevated lookout that offers panoramic views of beautiful Herceg Novi Bay. A brief but enlightening tour of Klinci follows, during which you will see landmarks that reveal much about the village's culture and history. Even so, the highlight will be the cooking class held in a centuries-old family estate. In this spectacular setting, you will learn to cook a traditional Montenegrin seafood dish. The country's coastal cuisine is heavily influenced by what the fishermen catch daily in the local waters. Depending on what is freshest, you may prepare a dish with fish, octopus or squid as the main ingredient. Chances are, you will also make kacamak, a simple potato side dish. Both will be served as your lunch along with glass of local wine.

- Enjoy a scenic drive along the peninsula that separates the Bay of Kotor from the Adriatic Sea.
- Learn to cook traditional Montenegrin dishes in a hands-on class at a historical family estate.
- Dine on your tasty concoctions for lunch.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.



Seated Tour



Light Activity



Hiking



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Meal Included

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## KOY-006 MUSSEL TASTING TOUR BY SPEED BOAT

Duration: 3.50 Hrs Tour Price: CA\$169.00 Retail Price: CA\$365.00



Date: April 22, 2022 11:30 AM

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection Cruise through beautiful Boka Bay to the islet Our Lady of the Rocks and then sample freshwater mussels at a farm that grows and harvests them. The leisurely boat ride will be extraordinarily scenic, especially as you approach our Lady of the Rocks, a teeny manmade islet created to commemorate the sailors from the town of Perast, which lies directly across the bay. The primary structure on the islet is an orthodox chapel, which dates to 1722. Inside, you will find a 15th-century icon of the Virgin Mary and an Italian-carved altar made from Carrara marble. The chapel is now used mostly as a Catholic cultural center. Boka Bay is also known for producing some of Montenegro's finest mussels, and you will get an insider's look at the process at a commercial mussel farm. After an enlightening tour, you will sample the low-cal, vitamin-rich bi-valves with a glass of local wine.

- Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection
- Cruise the typically calm, protected waters of Boka Bay in a speed boat.
- Meander around the orthodox chapel on the teeny islet Our Lady of the Rocks.
- Sample freshwater mussels at a farm on the bay that grows and harvests the bi-valves.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

## KOY-GL1 OLIVE OIL PRODUCTION

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00



GL

Date: April 22, 2022 11:30 AM

Enjoy an insider's tour of the olive groves on a family estate and then visit two olive mills for a tasting of the so-called "liquid gold" from freshly pressed olives. During the leisurely walk through the groves, you will learn how the trees are pruned and tended, the best times to harvest olives and how the olives are pressed to produce oil. You will then continue to a nearby village to see a historical olive press and the newer olive mill that replaced it. You will also be served local delicacies that taste even more delicious when dipped in extra virgin olive oil. Back in Kotor, you will walk through Old Town, a wonderfully atmospheric medieval quarter with narrow winding streets, lovely squares and ornate palaces. The highlight will be an interior visit of the Church of St. Nicholas, a privilege usually reserved for locals. Be sure to look at the detailed mosaic above the entrance.

- Enjoy an enlightening tour of the olive groves on a family estate on the Lustica peninsula.
- Sample local delicacies dipped in extra virgin olive oil at a village olive mill.
- Walk through Kotor's medieval quarter and browse a church rarely visited by outsiders.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing on some uneven ground and with some steps. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour.

## KOY-GL2 VILLAGE FAMILY LIFE

Duration: 4.50 Hrs Tour Price: CA\$143.00 Retail Price: CA\$339.00



GL

Date: April 22, 2022 11:30 AM

Spend a delightful day touring and dining at a family estate in a mountain village and then return to Kotor to explore its Old Town. The route to the estate follows an immensely scenic and circuitous road toward Fort Gorazda, a 19th-century fortress that overlooks Kotor and its fjord-like bay. Before long, you will arrive at the Kascelan family estate in the village of Mirac. While walking the property with the owners, you will gain a sincere understanding of rural life. The estate vineyards are devoted to different types of grapes including Vranac, a varietal synonymous with Montenegro. You will sample some of those wines while savoring a meal made entirely with organic ingredients. The exact dishes will depend on the season, but you can be sure that they will reflect Montenegro's traditional cuisine. Upon returning to Kotor, you will explore its atmospheric medieval Old Town, the highlight being a special interior visit of the Church of St. Nicholas.

- Marvel at the scenery while driving toward a 19th-century hilltop fort overlooking Kotor.
- Tour a family estate and vineyards for an authentic look at rural life in Montenegro.
- Linger over a meal made with organic ingredients and sample some of the estate's wines.
- Walk through Kotor's medieval quarter and browse a church rarely visited by outsiders.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing on some uneven ground and with some steps. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour.



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Light Activity



Hiking



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Meal Included

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## KOY-WT1 IGALO PELOID TREATMENT

**Duration: 4.50 Hrs    Tour Price: CA\$208.00    Retail Price: CA\$404.00**

**Date: April 22, 2022 11:30 AM**

Enjoy the therapeutic benefits of a peloid treatment and hydro massage at the esteemed Igalo Institute, a health resort founded in 1949. After departing from the pier, you will settle in for a meandering drive around the beach-blessed bay toward the Igalo Institute. Known for its pioneering wellness programs, the institute offers a variety of therapies, many of them using high-mineral mud and seawater. Once you arrive at the institute and are examined by a physician, you will begin the peloid therapy. The mud or peloid used in the treatment has been extracted from the Bay of Igalo. Unlike ordinary mud, it is rich in minerals and natural materials that have been shown to have healing properties in the treatment of rheumatic disorders, osteoarthritis and skin ailments. The intention of your peloid treatment is to leave you relaxed and rejuvenated. Afterwards, you will ease into the warm mineral-rich waters of a pearl bath. This treatment takes its name from the air bubbles in the water that wrap the body like a string of pearls and provide a soothing micro-massage. The hydro massage should relax you even further, increase your circulation and relieve any residual stress that you may feel. When combined with the peloid treatment, the results can be wonderfully satisfying. Following the pearl bath, you will enjoy free time at the institute, where you might swim in a therapeutic, mineral-rich pool before returning to Kotor. Please note: This tour contains approximately 15 steps; It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested. Please bring change of clothes and towel. Doctor's exam is mandatory. Not suitable for guests with high blood pressure and varicose veins.



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Light Activity



Hiking



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Meal Included

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## ❖ SIRACUSA (SICILY), ITALY

### SIR-005 CLASSICAL SIRACUSA

**Duration: 4.00 Hrs** **Tour Price: CA\$0.00**

**Date: April 24, 2022 07:45 AM**

Delve into the fascinating history of eastern Sicily by browsing the Neapolis archaeological park in Siracusa and the old town of Ortygia. The Roman amphitheater in the park was buried for centuries until excavated in the 1800s. Although the amphitheater is certainly the centerpiece of the park, there will be plenty more to explore there, including the largest altar from antiquity, an impressive Greek theater and a series of caverns that once served as a prison. The Ear of Dionysus cavern features extraordinary acoustics that greatly amplify even the slightest sound. You will discover even more about the local history after crossing the bridge to the island of Ortygia. The Temple of Apollo there dates to the 6th century BC, and its imposing size is evident despite being in ruins. You will also see a wealth of more recent architectural gems, including 15th-century palaces and a Baroque-style cathedral built over the remains of a Doric temple.

- Meander through the extraordinary ruins of an archaeological park in Siracusa.
  - See the oldest Doric temple in Western Europe on the island of Ortygia.
  - Gain a historical understanding of eastern Sicily through architecture that spans the centuries.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

### SIR-002 WINE TASTING AT PUPILLO WINERY

**Duration: 2.50 Hrs** **Tour Price: CA\$0.00**

**Date: April 24, 2022 08:00 AM, 01:00 PM**

Sample an inspiring selection of wines at the Pupillo Winery, a 12th-century property and botanical garden that the Pupillo family has owned and operated for the past century. An enlightening tour of the vineyards will serve as an introduction to the winery's principal grape—Moscato di Siracusa. Although perhaps the oldest grape in Italy, the Moscato had been long forgotten and production dwindled until the 1990s. Wineries such as Pupillo have now brought the grape back to the forefront, producing dry, semi-sweet and sweet varieties that you might try during the wine tasting. You may also be served a red produced entirely from the indigenous East Sicilian grape Nero d'Avola. The limestone in the soil gives a softness to the Moscato while the volcanic characteristics of the soil tend to strengthen the red wine's body. The wines in the tasting are typically paired with fresh-baked bread, olive oils, cheeses and almond biscuits.

- Tour a family-owned winery and a botanical garden on a 12th-century property.
  - Gain an understanding of how the winery has brought the Moscato grape back into fashion.
  - Sample wines produced with Moscato grapes and perhaps wines made with Nero d'Avola grapes.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 1.5 hours of walking/standing. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them. Visit of the vineyards is on uneven terrain with some steps.

### SIR-001 TAO, LAVA RIVER & WINE TASTING

**Duration: 7.00 Hrs** **Tour Price: CA\$0.00**

**Date: April 24, 2022 08:15 AM, 09:30 AM**

Enjoy free time in medieval Taormina and then see the aftermath of Mount Etna's eruptions by stopping at a hardened lava flow and sampling wines grown in volcanic soil. While exploring Taormina, you might visit the Arabian-influenced Palazzo Corvaja or the ruins of the 2nd-century Greek theatre. It sits on a seaside hilltop with an inspiring view of Mount Etna. Or you may prefer to shop for designer fashions and exquisite jewelry along boutique-lined Corso Umberto. Not far from town, you will pause at now-hardened river of lava from a 1992 eruption of Mount Etna. While lava can be devastating, on the positive side, it contains nutrients that enrich the soil and lend a distinct flavor to the grapes grown in it. During a wine tasting at a country estate, you will sample several Etna-certified Sicilian wines that may include a classic red made from local Nerello Mascalese grapes. As an accompaniment, local specialties will be served.

- Spend free time exploring atmospheric Taormina and perhaps browsing its designer boutiques.
  - Pause for photos of a now-hardened river of lava that came dangerously close to several villages.
  - Sample distinctive wines produced from grapes grown in volcanic soil from Mt. Etna.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Guests must be able to walk approximately 0.5 mile over uneven and cobblestone surfaces with inclines and 45 to 60 steps to reach the wine cellars. Walking while in Taormina is at the guests' discretion. Sturdy, comfortable walking shoes are recommended. There is an approximately 0.25-mile incline from the bus parking lot to the village gates. This tour involves approximately 1.5 hours on your own in Taormina. This tour does not include entrance fees. Order of sites visited may vary.



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Meal Included

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## SIR-006 MOUNT ETNA & CATANIA

Duration: 7.50 Hrs Tour Price: CA\$0.00



Date: April 24, 2022 08:15 AM

View the magnificent architecture throughout Catania, a sprawling city in the shadow of Mt. Etna, and then head to the Silvestri craters for a closer look at the towering peak. Following a panorama drive past many of the landmarks in Catania, you will begin a walking tour in the Piazza del Duomo area. The lavish Baroque cathedral overlooking the square is dedicated to Saint Agatha and contains the tomb of opera composer Vincenzo Bellini, a native son of Catania. Regardless of where you are in the city, you can't help but feel the presence of Mt. Etna, the largest active volcano in Europe. You will be treated to a superb view of Etna—whose name comes from the Greek word for “I burn”—from a lookout among the craters in its foothills. The guide will point out streams of hardened lava from past eruptions. One of those streams came dangerously close Zafferana, where you will have lunch.

- Enjoy a panoramic drive through Catania, followed by an enlightening walking tour.
- Behold the architectural treasures around the Piazza del Duomo, including Catania's cathedral.
- View Mt. Etna, Europe's largest active volcano, from a lookout in the craters in the foothills
- Dine in the town of Zafferana, which lava from Mt. Etna's 1992 eruption nearly overran.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## SIR-004 RAGUSA AND MODICA

Duration: 8.50 Hrs Tour Price: CA\$0.00



Date: April 24, 2022 08:30 AM, 01:00 PM

Explore Ragusa and Modica, two ancient towns that became World Heritage sites for their Baroque architecture. A massive earthquake in 1693 affected both towns, including the way the rebuilt sections were subsequently laid out. While walking through the atmospheric Old Town of Ragusa, you will see treasures such as the Latin cross-shaped Cathedral of St. George. A rocky crest links this old section to the more modern part of Ragusa. Similarly, Modica features two distinct areas: a lower town and an upper town perched above the confluence of two rivers. Following a traditional Sicilian lunch in Modica, you will see the gloriously ornate St. Peter's Church atop a monumental Baroque staircase. Modica is also well-known for its chocolate, which is typically made from an Aztec recipe that conquistadors introduced to Spain. The recipe made its way to Modica when Spain ruled Sicily. While sampling the chocolate, you will notice that its texture is grainy rather than creamy.

- Discover how Ragusa and Modica were rebuilt in a Baroque style following a 1693 earthquake.
- Recognize the innovative urban planning that earned the towns World Heritage site designations.
- See churches that reflect the Baroque style that was prominent in Sicily in the 18th century.
- Sample chocolate made from an Aztec recipe that Spain introduced when it ruled Sicily.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3.5 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## SIR-003 A GLIMPSE OF NOTO

Duration: 3.50 Hrs Tour Price: CA\$0.00



Date: April 24, 2022 09:30 AM, 01:00 PM

Gain a historical insight into the town of Noto, which was almost entirely rebuilt in a late Baroque style following a devastating earthquake in 1693. Seven other towns in eastern Sicily were also reconstructed, and UNESCO has recognized them collectively as a World Heritage site for their architecture. They feature distinctive innovations in town planning and urban building, as you will discover while walking through Noto, the most visited of the towns. The honey-hued limestone used in many of its buildings seems to radiate in the sunlight, giving the entire city a soothing glow. Architectural highlights include the church of San Domenico, especially its decorative façade, interior frescoes and complex wrought-iron work. The cathedral is also well worth noting, as it has been brought back to its former glory after its cupola collapsed in a 1996 earthquake. During free time, you might browse the shops on Corso Vittorio Emanuele, the main avenue.

- Enjoy an enlightening walking tour of Noto, a town noted for its late Baroque architecture.
- Notice the innovative town planning that contributed to Noto being named a World Heritage site.
- Behold Baroque-style gems such as the church of San Domenico and Noto's cathedral.
- Spend free time browsing the boutiques along the main avenue.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



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## ❖ AMALFI/POSITANO, ITALY

### AML-008 RAVELLO AND TRAMONTI APICELLA WINERY

Duration: 6.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$261.00



Date: April 25, 2022 08:15 AM

Survey the architectural splendor of hilltop Ravello and enjoy a tasting at a family-owned winery in nearby Tramonti. You'll delight in some of Italy's most dramatic scenery as you make your way to Ravello, a charming medieval town admired by luminaries such as Virginia Woolf. Perhaps see the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. Explore cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Visit Tramonti's revered Giuseppe Apicella, a family-owned winery that has been producing extraordinary wines and grappa since the 1970s. Following a tour of the cellars, indulge in an assortment of traditional Tramonti snacks accompanied by an intensely tropical Tramonti bianco, a full-bodied Tramonti rosso or a velvety passito with fresh notes of pine needles, a perfect way to toast this wonderful day.

- Stroll quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf and Gore Vidal.
- Discover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Tour the renowned Giuseppe Apicella winery in the village of Tramonti.
- Sample a selection bold wines accompanied by traditional Tramonti delicacies.
- Gaze at some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking/standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

### AML-004 SPECTACULAR AMALFI DRIVE & SORRENTO

Duration: 6.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00

Date: April 25, 2022 08:30 AM

Journey along the magnificently scenic Amalfi Drive to the graceful town of Sorrento, which crowns a cliff overlooking the sea. You'll ride on a comfortable coach for approximately two hours along one of Europe's most spectacular roads, the photogenic Amalfi Drive. As the road threads the high, rocky sea cliffs, pass through one pastel-hued village after another, all clinging precariously to the steep coastline. You'll witness a landscape so alluring and quintessentially Mediterranean that it has been deemed a UNESCO World Heritage site. In Sorrento, discover an effervescent mix of Renaissance palazzi, Romanesque churches and charming pedestrian lanes. View a demonstration of intarsia, or wood inlay, a craft long associated with Sorrento, and admire the resulting intricate, mosaic-like works of art, which are used to adorn furniture, wall panels and music boxes. You'll enjoy time at your leisure to lunch and further explore Sorrento on your own. You might visit a compelling museum, shop inviting boutiques, or simply lounge at a sidewalk café with a signature limoncello in hand while drinking in the magnificent scenery.

- Behold resplendent views of the gorgeous Amalfi Coast, a UNESCO World Heritage site, from the comfort of your coach.
- Delight in a demonstration of intarsia, or wood inlay, a craft perfected by Sorrento's artists.
- Appreciate free time in sublime Sorrento to lunch, visit a museum, shop or simply gaze at the beguiling scenery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited guided walking, with most walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of ability and stamina. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. All times are approximate, dependent upon prevailing traffic conditions.

### AML-001 SCENIC RAVELLO

Duration: 3.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$182.00

Date: April 25, 2022 08:45 AM

Enjoy an enlightening tour of Villa Rufolo, a spellbinding medieval estate, and appreciate free time to explore the enchanting village of Ravello. Delight in some of Italy's most dramatic scenery as you make your way to cliffside Villa Rufolo, a monumental complex of buildings described in the 13th century as having "more rooms than there are days in the year." You'll discover that the absolutely stunning Moorish-influenced villa, instantly recognized for its iconic tower, has had countless restorations that only add to its appeal and intrigue. Wander through the villa's exquisite Garden of the Soul and seek the iconic well that was an inspiration for Wagner's opera Parsifal. You'll relish approximately one hour at your leisure to explore the enthralling medieval village of Ravello, perhaps visiting the 11th-century Romanesque cathedral, which features a rare bronze door adorned with more than 50 panels displaying figures in relief. As you stroll Ravello's cobblestone streets, hear the distant footsteps of D.H. Lawrence, Gore Vidal, Virginia Woolf and M.C. Escher, illustrious admirers of this magical seaside village.

- Uncover the secrets of Villa Rufolo, an intriguing complex of medieval buildings and quaint gardens.
- Admire Villa Rufolo's iconic tower, the Garden of the Soul and a well that inspired Wagner.
- Appreciate time on your own in quaint Ravello, a medieval village revered by luminaries such as Virginia Woolf.
- Rejoice in some of Italy's most picturesque coastal landscapes during your journey by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the cathedral during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. The drive to Ravello includes curves and hills which may cause discomfort to those who are prone to motion sickness.



Seated Tour



Light Activity



Hiking



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Meal Included

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## AML-009 VILLA CIMBRONE & EXCLUSIVE APERITIF AT BELMOND CA

**Duration: 4.00 Hrs**   **Tour Price: CA\$261.00**   **Retail Price: CA\$496.00**

**Date: April 25, 2022 08:45 AM**

Relive the experience of exploring Ravello's extraordinary 12th-century Villa Cimbrone over an aperitif at the Belmond Caruso, which is typically only accessible to hotel guests. As an introduction to Ravello, you will first gaze upon the Duomo, a Romanesque cathedral built in 1087. Be sure to notice its rare bronze door adorned with more than 50 panels decorated with figures in relief. Villa Cimbrone is just as stunning, especially the gardens of what is now a five-star resort. Designed little more than 100 years ago, they are among the most important examples of an English landscape in the south of Europe. If you follow the long central path, you will eventually arrive at the Roman bust-lined Terrace of Infinity, which offers a stunning view of the sea that author Gore Vidal called "the most beautiful sight in the world." The exclusive Belmond Hotel also overlooks the sea from atop a cliff, making it an ideal setting for an aperitif.

- Delight in the architectural details of the Duomo, Ravello's 11th-century cathedral.
  - Take in the spectacular views from clifftop Villa Cimbrone, which is now a five-star hotel.
  - Behold the impossible beautiful; view from the 12th-century villa's Terrace of Infinity.
  - Sip an aperitif at the Belmond Caruso, which usually only opens its doors to hotel guests.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 1.45 hours of moderate walking/standing; there will be some inclines, uneven and cobblestone surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.

## AML-003 BEAUTIFUL POSITANO & AMALFI

**Duration: 4.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$169.00**

**Date: April 25, 2022 09:00 AM**

Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas built atop the cliffs.
- Enjoy ample time at your leisure in vibrant Positano, once a sleepy fishing town and now one of the world's most chic getaways.
- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary.

## AML-003SG BEAUTIFUL POSITANO & AMALFI - SMALL GROUP

**Duration: 4.00 Hrs**   **Tour Price: CA\$65.00**   **Retail Price: CA\$221.00**

**Date: April 25, 2022 09:00 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Sail the waters of the breathtaking Amalfi Coast to quaint Positano and tour the glorious Cathedral of Saint Andrew in Amalfi, enjoying time at your leisure in both iconic seaside villages. Glide on a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. Relish ample free time in Positano to browse Mediterranean-chic boutiques, linger over a glass of crisp white wine or simply take in the spectacular views afforded by the town's dramatic setting at the edge of a steep cliff. Upon your return to Amalfi, tour the remarkable Cathedral of Saint Andrew, built in the early 13th century atop a flight of 62 steps. You'll be delighted by its striking medieval bronze doors, the first of their kind in Italy. Welcome time on your own to wander Amalfi's sun-splashed piazzas or gaze at the glittering Mediterranean, perhaps glimpsing paradise in the marvelous scenery before you.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas built atop the cliffs.
- Enjoy ample time at your leisure in vibrant Positano, once a sleepy fishing town and now one of the world's most chic getaways.
- Visit Amalfi's magnificent Cathedral of Saint Andrew, an architectural marvel dating to the early 1200s.
- Stroll Amalfi's luminous piazzas and promenades overlooking the azure Mediterranean during free time.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately 45 minutes of guided easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and inclines to negotiate. The tour is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions. The Positano tour portion is non-guided. Local guides will give you a brief orientation on the way to Positano so that you may better enjoy your free time there. Large boats will transport guests to Positano; the boats will only depart when all guests are boarded. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.



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Light Activity



Hiking



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Meal Included

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## AML-002 THE EMERALD GROTTO

Duration: 2.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00



Date: April 25, 2022 09:30 AM

Cruise the awe-inspiring Amalfi Coast and explore the interior of the Emerald Grotto, a mysterious seaside cavern brimming with vivid, aquamarine water and curiously shaped rock formations. Glide in a boat along the Amalfi Coast, a Mediterranean landscape so visually arresting it has been deemed a UNESCO World Heritage site. From your ideal vantage point atop the crystalline waters, you'll revel in stunning panoramic vistas of dramatic cliffs, hidden coves and precariously perched villas. At the Emerald Grotto, board a smaller vessel in order to weave among the uniquely shaped stalagmites and stalactites punctuating the bewitchingly vivid waters, whose extraordinary green hue is due to refracted sunlight beaming in from an underwater opening. You'll be mesmerized by myriad rays reflecting on the water's surface, which in turn cast a mysterious, almost supernatural glow on the walls of the cavern. Look for the nativity scene placed just below the water's surface in 1956, a charming human touch in this otherwise pristine natural wonder.

- Skim the dazzling waters of the transcendent Amalfi Coast, a UNESCO World Heritage site.
- Take in picturesque vistas of impressive bluffs, tucked-away coves and villas perched atop cliffs.
- Bask in the otherworldly, vivid glow of the Emerald Grotto's luminescent waters.
- Seek out the nativity scene resting just below the surface of the grotto's waters.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes limited walking; however, guests must be able to enter and exit the boats with limited assistance. It is not available to guests who utilize a wheelchair or guests with mobility concerns. Guests who are prone to motion sickness should take the necessary precautions prior to commencement of the tour. Operation of this tour is subject to weather conditions and entrance into the grotto is subject to sea conditions at the time. Should the grotto visit not be possible, it will be replaced with a visit to the Amalfi cathedral and crypts. Should this substitution be made, guests should dress appropriately for a religious venue; shoulders and knees should be covered.



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Light Activity



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## ❖ ROME (CIVITAVECCHIA), ITALY

### CIV-007 CLASSICAL ROME BY PRIVATE RAILCAR

**Duration:** 9.25 Hrs **Tour Price:** CA\$417.00 **Retail Price:** CA\$614.00



**Date:** April 26, 2022 08:10 AM

Access the best of Rome by reaching the city aboard a private rail car and touring essential landmarks via comfortable coach. Relax in the Roma Express train's luxurious private car and transfer to a coach once in Rome, where glorious sights await. See the Church of Saint Peter in Chains, believed to contain the saint's shackles, and find Michelangelo's virtuosic Moses within. Gaze in awe at the Colosseum, whose construction started in AD 72 under the Emperor Vespasian and which was the largest amphitheater ever built in Rome. You'll enter its arena, where as many as 50,000 Romans enjoyed spectacular and gruesome shows of gladiatorial combat and fights with wild beasts. Celebrate the astounding Roman Forum, the religious, political and commercial center of ancient Rome, and walk along the Via Sacra, where victorious generals marched in triumph to the Curia, Rome's senate house. Enjoy time on your own to lunch in gorgeous Piazza Navona and transfer to breathtaking Saint Peter's Square, which is anchored by the majestic Saint Peter's Basilica, begun in 1452 on the site where Saint Peter was buried and designed by masters such as Michelangelo, Raphael and Bernini, whose contributions immortalized this ravishingly beautiful sanctuary.

- Reach Rome in an exclusive rail car and transfer to a comfortable coach in the city.
- View Michelangelo's lifelike Moses in the Church of Saint Peter in Chains.
- Wander through the famed Colosseum, a 1st-century amphitheater where vast crowds clamored for blood.
- Contemplate the Forum, heart of ancient Rome, and stroll along the storied Via Sacra.
- Admire from the outside the overwhelming architectural and artistic riches of Saint Peter's Square and Basilica.
- Appreciate time to sit for lunch in Piazza Navona, in the restaurant we have selected
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not suitable for guests with walking difficulties. Cancellations made within seven days of the tour's operating date will be under 100 percent penalty.

### CIV-008 THE ANGELS AND DEMONS OF ROME- INSPIRED BY DAN BROWN

**Duration:** 10.50 Hrs **Tour Price:** CA\$156.00 **Retail Price:** CA\$352.00

**Date:** April 26, 2022 08:15 AM

Gain a unique perspective on the Eternal City by visiting sites that inspired Dan Brown's bestselling novel Angels and Demons. You'll travel among what the book calls Altars of Science, works of art that also provide hidden directions to the Illuminati's secret meeting place. Start in the Basilica of Santa Maria Del Popolo's Chigi Chapel, where the first hint is found in a Bernini sculpture featuring an angel. In another of Rome's grand churches, Santa Maria Della Vittoria, learn Bernini's statue Ecstasy of Saint Teresa reveals the location of the fourth Altar of Science. Pause your intriguing exploration with a visit to the iconic Trevi Fountain and the imposing Pantheon, which houses the tomb of the great master Raphael. In radiant Piazza Navona, an extravagant Bernini fountain suggests the location of the fifth Altar of Science. Lunch on your own in the restaurant-lined piazza before visiting commanding Castel Sant'Angelo, erected by Emperor Hadrian as his mausoleum and whose titanic angel sculpture points to the Illuminati's conclave. Conclude in breathtaking Saint Peter's Square, which is anchored by the majestic Saint Peter's Basilica, and learn that a modest marble relief in the ground offers your enjoyable day's final tantalizing clue.

- Uncover timeless landmarks of Rome following the cryptic Illuminati signposts featured in Dan Brown's bestseller Angels and Demons.
- See a series of masterful Bernini sculptures that lead to the Illuminati's secret meeting place.
- Behold impressive Castel Sant'Angelo, where an immense bronze angel reveals the final clue.
- Complement your investigation with visits to the illustrious Pantheon and the beloved Trevi Fountain.
- Find a helpful hint in plain sight on mesmerizing Saint Peter's Square, where the exquisite Saint Peter's Basilica rises.
- Break for lunch in lively Piazza Navona, where tempting eateries and palatial buildings sit side by side.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately five hours of extensive walking over approximately three-to-four miles. There will be uneven surfaces and steps to negotiate. The tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns. Castel Sant'Angelo is closed on Mondays. In the event that St. Peter's Basilica is closed due to religious celebrations, the guide will give commentary from the exterior.

### CIV-013 PANORAMIC ROME

**Duration:** 6.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$248.00

**Date:** April 26, 2022 08:15 AM

Experience Rome's enthralling historic beauty and architecture during this orientation tour specially designed for guests with mobility concerns. After arriving in the Eternal City, you'll pass the riverfront Lungotevere, the Vatican Walls, which delineate the Vatican City, and the Ara Pacis, a 1st-century BC altar dedicated to peace. Continue along the Roman Walls and the wonderful Villa Borghese gardens before entering the Old Town near the ancient Porta Pinciana. You'll drive down lively Via Vittorio Veneto, around which much of Fellini's La Dolce Vita was filmed, and make your way to quintessential landmarks including the white marble Victor Emmanuel II Monument, the Roman Forum, the Colosseum, the Arch of Constantine, the Circus Maximus and Saint Peter's Basilica. After concluding your panoramic tour, you'll alight from your coach and enjoy time on your own starting from elegant Piazza del Popolo, which is a few minutes' walk from memorable landmarks such as the Trevi Fountain and the Spanish Steps, as well as some of Italy's finest shopping avenues, Via del Corso, Via Frattina and Via del Tritone. You're certain to appreciate how this tour brings you up close to Rome's marvels from the comfort of your coach.

- Survey Rome from your comfortable coach on this panoramic tour to many of the city's key sites.
- View landmarks in and around the Vatican City, including Saint Peter's Basilica and the Vatican Walls.
- Travel beside the Roman Walls, the Villa Borghese gardens and down Via Vittorio Veneto, site of Fellini's La Dolce Vita.
- Admire grand remains of the Roman Empire, such as the Colosseum and the Circus Maximus.
- Enjoy free time for shopping or exploration after being dropped off in enchanting Piazza del Popolo.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to enter a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes some free time, during which guests will not have the services of a guide and the amount of walking will be at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Saint Peter's Basilica may be closed at times for security reasons.



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Light Activity



Hiking



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Meal Included

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## CIV-014 ROME - THE ETERNAL CITY

**Duration: 10.00 Hrs** **Tour Price: CA\$130.00** **Retail Price: CA\$326.00**

**Date: April 26, 2022 08:15 AM**

Revel in the epochal highlights of Rome on this comprehensive coach and walking tour. Begin your exploration of the Eternal City at its heart, the Vatican City's inspiring expanse of Saint Peter's Square, a vast, circular plaza that can hold over 300,000 people and is surrounded by a breathtaking colonnade. Enter Christendom's largest sanctuary, Saint Peter's Basilica, and admire the high altar where the Pope celebrates mass, the splendid gilt and bronze throne in the apse and the intensely stirring Pietà, one of Michelangelo's most revered works. From atop Aventine Hill, behold the imposing remains of the Roman imperial palaces and the Circus Maximus, site of thrilling chariot races such as those depicted in the movie Ben Hur. Driving into central Rome, you'll glimpse vestiges of the glory and majesty of the Roman Empire in the ruins of the ancient Forum and the infamous Colosseum, where gladiators valiantly clashed, often pitted against wild beasts. Appreciate time on your own to dine in a trattoria, browse inviting shops or simply wander through the history-steeped streets of spellbinding Rome.

- Stand in awe in Saint Peter's Square, the expansive, round plaza at the heart of the Vatican City.
- Marvel at sumptuous Saint Peter's Basilica, which houses the pope's high altar and Michelangelo's Pietà.
- View the ruins of the Circus Maximus, where chariot races exhilarated thousands, and the imperial palaces.
- Bask in the grandeur of the Forum and the storied Colosseum, site of gruesome entertainments.
- Relish time at your leisure to lunch, shop or delve further into iconic Rome.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns. If Saint Peter's Basilica is closed for a religious celebration, the guide will give commentary from the exterior. Lunch is on your own.

## CIV-015 VATICAN CITY AND ROME HIGHLIGHTS

**Duration: 10.50 Hrs** **Tour Price: CA\$169.00** **Retail Price: CA\$365.00**

**Date: April 26, 2022 08:15 AM**

Explore the Eternal City on this panoramic tour, taking in many of the city's most meaningful monuments, and study the treasures contained within the Vatican. You'll see the Pyramid of Cestius and the ruins of the great Circus Maximus, site of thrilling chariot races. View the Forum, the Arch of Constantine and the Colosseum, symbol of the power of Imperial Rome. Pass the gorgeous Piazza del Popolo, the lovely Villa Borghese gardens, the Aurelian Walls, built to defend Rome against Barbarians, and Piazza Venezia, dominated by the impressive monument to King Victor Emmanuel II. Enjoy free time for lunch on your own and visit the spectacular Vatican Museums, beginning in the magical Pine Cone Courtyard. Walk through the Gallery of the Candelabra, the Gallery of Tapestries and Gallery of Geographical Maps, arriving at the magnificent Sistine Chapel. Here, you'll behold the brilliantly restored Michelangelo frescoes of the Genesis and Last Judgment as well as other priceless masterpieces adorning the hallowed walls. Enter Christendom's largest sanctuary, Saint Peter's Basilica, and admire the high altar where the pope celebrates mass, the splendid gilt and bronze throne in the apse and the intensely stirring Pietà, one of Michelangelo's most revered works.

- Relax on your coach as you pass myriad sights including the Circus Maximus, where chariots once sped.
- Gaze at superb landmarks such as the Colosseum, the Forum, Piazza Venezia and the Villa Borghese gardens.
- Meander through the opulent Vatican Museums, passing through one dazzling gallery after another.
- See one of humanity's most beautiful and recognizable artistic achievements, Michelangelo's frescoes for the Sistine Chapel.
- Marvel at sumptuous Saint Peter's Basilica, which houses the pope's high altar and Michelangelo's Pietà.
- Appreciate time on your own for lunch as a refreshing respite during your day of fabulous sightseeing.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes a one-mile walk from the coach to the basilica. This tour is not available to guests who utilize a wheelchair and is not recommended for guests with mobility concerns. If Saint Peter's Basilica is closed during religious celebrations, your guide will give commentary from the exterior. Lunch is on your own. The coach is air-conditioned.

## CIV-018 JEWISH QUARTER & ROME HIGHLIGHTS

**Duration: 10.50 Hrs** **Tour Price: CA\$195.00** **Retail Price: CA\$391.00**



**Date: April 26, 2022 08:15 AM**

Reveal the fascinating history and landmarks of Rome's Jewish population through the centuries on this enlightening tour. Upon arrival in the Eternal City, you'll enjoy a panoramic drive past the Baths of Caracalla's ruins, Capitoline Hill, Piazza Venezia and the Colosseum. During your guided walking tour of the Jewish Quarter, stroll along lively Via Portico d'Ottavia, built in 146 BC and to this day the center of Jewish life in Rome. See the Jewish Ghetto, where the anti-Semitic Pope Paul IV decreed in 1555 that Jews must live, and learn that this tiny district, the smallest in Rome, was isolated for more than three centuries behind towering walls. Visit the palatial Tempio Maggiore di Roma, built in 1904 and the city's main synagogue, and the captivating Museo d'Arte Ebraica, a small museum detailing Roman Jewish life and ritual. Relish a typical Roman lunch with wine and drive along the Tiber River to Viale Washington, a Baroque area where you'll have time on your own to shop, explore or sip a cappuccino in a cozy café. As a final treat, pass by opulent Saint Peter's Basilica and ponder the diverging history of the city's Christians and Jews.

- Wander through the heart of the Jewish Quarter, bustling Via Portico d'Ottavia.
- Contemplate the Jewish Ghetto, where for centuries Jews were cut off from the remainder of Rome.
- Examine the graceful 1904 Tempio Maggiore di Roma synagogue and a museum highlighting Jewish life in Rome.
- Relax during an invigorating lunch of Roman favorites accompanied with wine.
- Drive beside iconic landmarks such as the Colosseum, Capitoline Hill and Saint Peter's Basilica.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Men must wear long pants and will be given an appropriate paper head covering.
- Bring a hat, sunglasses and sunscreen.

This tour includes a substantial amount of walking. It is not recommended for guests with walking difficulties. Travel time to Rome is approximately 1 ½ hours by coach in each direction. The synagogue visit may be delayed, shortened or eliminated due to services, ceremonies or security reasons at any time. The order of sites viewed or visited may vary.



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Hiking



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Meal Included

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## CIV-027 PIZZA-MAKING SCHOOL AT THE WINERY

Duration: 7.50 Hrs Tour Price: CA\$300.00 Retail Price: CA\$496.00



Date: April 26, 2022 08:15 AM

Craft authentic Italian pizza during a hands-on class in an 18th-century winery, lunch on the fruits of your labor and enjoy a wine tasting. Relax during a meandering drive into the gorgeous countryside, where you'll find Casale Marchese. You'll learn the estate was built atop two ancient Roman cisterns and has been owned by the Carletti family since 1713. Tour the winery for an edifying introduction into age-old local winemaking techniques, as grapes have been grown in the area's volcanic soil for well over 2,000 years. Discover that at least 10 varieties of grapes flourish at the estate, and the resulting wines pair beautifully with fresh-baked pizza, perhaps the world's favorite Italian dish, which you'll learn to prepare step by step. Once ready, savor the piping-hot finished pizza and a sampling of locally produced ham, cheese and bruschetta along with a selection of Casale Marchese wines. Although the exact wines will be chosen that day, expect to taste a zesty Frascati with hints of tropical fruit and a blend of merlot and cabernet sauvignon with forest berry notes, and perhaps even Casale Marchese's acclaimed grappa. Rejoice in your culinary exploration of Italy's classic and beloved flavors.

- See the lovely landscapes surrounding Rome on your drive to the Casale Marchese wine estate.
- Wander through the estate, erected over ancient Roman cisterns and run by the same family for centuries.
- Hear of the over 10 grape varieties grown here, fueled by the fertile volcanic soil.
- Create your own pizza from scratch with precise guidance from a cooking instructor.
- Feast on your pizza, bruschetta and other tasty bites accompanied by a selection of the estate's wines.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 3.5 hours of walking and/or standing. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## CIV-028 POPE SUMMER RESIDENCE AND CAESARS VINEYARDS

Duration: 9.50 Hrs Tour Price: CA\$457.00 Retail Price: CA\$653.00



Date: April 26, 2022 08:15 AM

Visit a palace complex used as a papal summer residence since the 17th century and experience a rewarding wine tasting in the region's oldest winery. Appreciate a leisurely drive through a landscape dotted with farmhouses and villas on your way to commanding Castel Gandolfo, which perches at the edge of Lake Albano, a deep-blue crater lake. You'll learn that in the early 1600s, Pope Urban VIII began construction on the castle, which was later enlarged by subsequent popes. Gain a rare glimpse into papal life, visiting the pope's bedroom, the gallery of popes' portraits and the splendor of the Barberini Garden. Journey to Santa Benedetta, a family-owned winery, and tour the vineyards, gleaning details about the estate's former life as a monastery and the traditional methods used to produce various wines. You'll sample two varieties of white wines, which are typical to the region, paired with bruschetta and the estate's olive oil. During the light lunch that follows, try a number of rarer red wines that may include a popular Tre Vecchie made with syrah grapes. Lift your glass and toast the riches of this bounteous land.

- Travel through captivating countryside to Castel Gandolfo, summer residence of the popes for four centuries.
- Survey the remarkable setting of the castle, which towers over the volcanic crater Lake Albano.
- Roam through the popes' private quarters and marvel at the wonderful Barberini Garden.
- Explore the Santa Benedetta winery, a family-run estate that is the oldest in the region.
- Savor a tasting of two characteristic white wines along with estate-made olive oil and bruschetta.
- Sample several unusual red wines as an accompaniment to an enjoyable light lunch.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4 hours of walking over cobblestone and uneven surfaces. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## CIV-034 BOCELLI MUSIC & ART

Duration: 9.50 Hrs Tour Price: CA\$352.00



Date: April 26, 2022 08:15 AM

Enjoy a private piano concert and lunch at a hilltop restaurant in Rome and see the Eternal City's signature attractions on a panoramic tour. Your immersion into all things Roman will begin with an enlightening drive through the capital, during which you will see icons such as the Colosseum, Trevi Fountain and Circus Maximus, the massive stadium where the Romans once held chariot races. You will then ascend Monte Mario, the highest hill in Rome, for a sweeping view of the city from the restaurant Lo Zodiaco. It will also serve as the venue for the piano concert of Italian classics with an accomplished singer as accompaniment. During the inspired lunch that follows, wines produced on the Tuscan estate of Andrea Bocelli's family will complement each course. The sommelier will describe the characteristics of the wines and how the Bocelli's produce them. You will then view even more iconic locations such as St. Peter's Square while exploring Vatican City.

- Enjoy a private piano concert and singing performance at a hilltop restaurant overlooking Rome.
- Savor a four-course lunch accompanied by wines that Andrea Bocelli's family estate produces.
- Spend hours driving around Rome and Vatican City, admiring the most iconic landmarks.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## CIV-GL1 BEST LOCAL ROMAN FOOD SCOOP

Duration: 8.00 Hrs Tour Price: CA\$156.00 Retail Price: CA\$352.00  GL


Date: April 26, 2022 08:15 AM

Walk through Lungotevere, one of the oldest sections of Rome, and sample a multitude of classic Italian treats. Your culinary immersion will begin at Campo de Fiori, where you will meander a bustling outdoor marketplace with stalls full of colorful produce, aromatic spices and classic Italian condiments. Crudites will be offered, allowing you to see just how tasty raw vegetables can be, especially when dipped in seasoned fresh-pressed olive oil. You will then walk to a bakery for a pizza tasting, on to a chocolate shop to sample confections and then to Sant' Eustachio, a coffee shop that makes its espresso with water from an ancient aqueduct. The proprietors will explain how they ensure the freshest ingredients and highest quality. A refreshing dessert follows at Giolitti, which may be Rome's oldest, if not finest, gelato shop. You will then enjoy free time around Navona Square, a wonderfully atmospheric area built over a stadium from the 1st century.

- Taste an array of classic Italian treats in one of the Rome's oldest sections.
- Expect to sample crudites, pizza, chocolate confections, coffee and gelato.
- Spend free time exploring atmospheric Navona Square.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about five hours of walking and standing with some inclines and cobblestone surfaces to negotiate, plus any additional walking at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who should evaluate their stamina and ability before joining the tour.

## CIV-022 ORVIETO, UNDISCOVERED ITALY

Duration: 10.00 Hrs Tour Price: CA\$182.00 Retail Price: CA\$378.00 


Date: April 26, 2022 08:30 AM

Witness Italy as it is rarely seen with a trip to Orvieto, an unspoiled, fortified medieval town known for its ornate 13th-century cathedral and distinctive wines. You'll journey north along a flank of the Apennine Mountains into Umbria, a beguiling land of steep hills and deep valleys studded with charming villages. Upon arriving in Orvieto, you'll notice the city commands attention due to its dramatic setting atop a massive limestone outcropping. Learn Orvieto was once an Etruscan citadel that has seen little change since the 14th century and that it is known for a dry white wine crafted from trebbiano grapes grown in the surrounding vineyards. Enjoy a walking tour through atmospheric streets that concludes at the enthralling cathedral, which is awash in elaborate carvings and mosaic work. Relish time on your own to study the interior chapels, where you'll find treasured frescoes by Fra Angelico and Signorelli. Sit for a repast of traditional Umbrian dishes at a local restaurant and welcome free time to stroll through picturesque lanes and alleyways, shopping for the town's famed ceramics, Pinocchio dolls and signature Orvieto wines or simply relaxing in an outdoor café, drinking in the fabulous medieval atmosphere.

- Explore refined Orvieto, an off-the-beaten-path destination that offers a perfect snapshot of the Middle Ages.
- Admire the city's stunning placement on an impressive limestone plateau ringed by vineyards.
- Enjoy a guided walking tour in the city's enchanting warren of narrow streets.
- Behold the sumptuous cathedral, which holds exalted frescoes by Signorelli and Fra Angelico.
- Lunch on specialties of the Umbrian region in an inviting ristorante.
- Appreciate time on your own to meander or browse Orvieto's renowned wines and ceramics.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ½ miles of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, inclines and steps to negotiate. Time permitting, guests will have approximately 45 minutes for browsing and shopping at the Orvieto Center. The cathedral is closed to tour groups on Sundays and during services. Should this occur during your visit, the guide will give an explanation outside and guests will then enter on their own. Please remember to take local currency if wishing to shop. Shops may be closed during the peak seasonal times and dates, during holidays and on Sundays. Souvenir and handicraft shops will be open. The order of sites viewed or visited may vary but will include all mentioned sites.

## CIV-032 A TASTE OF UMBRIA AT MONTE VIBIANO CASTLE & WINERY

Duration: 7.50 Hrs Tour Price: CA\$391.00 Retail Price: CA\$587.00 

Date: April 26, 2022 08:30 AM

The Perugian poet Giosuè Carducci left a memorable description of Umbria with the term "the green heart of Italy," where every imaginable shade of green can be witnessed in one breath. Experience the beauty, the history, the wine, and the flavors of Umbria through your guided tour of the Monte Vibiano Castle, the ancient Vigna Lorenzo vineyard, and the Cantina Monte Vibiano winery. Leave with your driver and guide on a picturesque journey from Civitavecchia for a guided visit of the historic center of the Umbrian hilltop town of Todi. Capture impressive views from every direction and enjoy a coffee break in Todi before you continue the journey to Monte Vibiano Castle. Arrive at the 2,000-year-old castle owned by the Fasola Bologna family since the 19th century. Your guided tour starts through a medieval iron gate and a guarding tower as you make your way to the beautiful castle gardens. Visit the private family chapel to view unusual and fascinating paintings by a famous Umbrian painter. Proceed to the Elizabethan labyrinth, an original green theatre, and a historical swimming pool. Learn about the Etruscan origins of the castle and the Vibi family who produced two Roman Emperors. Leave the castle behind you with a short drive to the entrance of the olive grove. Electric cars await you for a drive through the ancient olive trees to the evocative Vigna Lorenzo, which dates to the times of the Carthaginians, who under Hannibal defeated the Romans in 217 BC. Discover the traditions and legends that soak the soil of this magical environment, where the Fasola-Bologna Family lead Italy's green revolution in the production of wine and olive oil with zero CO2 emissions. Depart from Vigna Lorenzo with the electric cars on a scenic ride to the winery. At Cantina Monte Vibiano accompany an expert sommelier on a tour of the vinification and barrel rooms of the environmentally sensitive winery. Learn how wine is produced and aged using pioneering sustainable processes. Conclude your winery tour on a panoramic terrace with a wine tasting experience and a three-course meal representing the best flavors of Umbria. Return to Civitavecchia, but not before a mid-way stop for a visit and coffee break in Piazza Martiri d'Ungheria in the ancient city of Viterbo.

- Experience breathtaking views of Umbria from the ancient hilltop town of Todi.
- Discover the historic charms on the grounds of the 2,000-year-old Monte Vibiano Castle with a local guide.
- Immerse yourself into the olive groves with eco-friendly electric cars to reach the ancient vineyard dating back to 217 BC to discover Etruscan legends.
- Follow a sommelier on a guided tour of Cantina Monte Vibiano winery – Italy's pioneer in the production of wine and olive oil with zero CO2 emissions.
- Relax on a panoramic terrace and enjoy an exclusive wine tasting experience paired with a three-course meal representing the best flavors of Umbria.
- Visit Piazza Martiri d'Ungheria in the ancient city of Viterbo.
- Wear weather-appropriate clothing. • Wear flat comfortable shoes.

This tour includes limited walking, mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who would like to drive the electric cars need to bring a driver's license.



Seated Tour



Light Activity



Hiking



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Meal Included

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## CIV-003 ROME ON YOUR OWN

Duration: 10.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00

Date: April 26, 2022 08:45 AM

Uncover the glories of Rome at your own pace with ample time for independent exploration. During your drive into the city, you'll be accompanied by a knowledgeable tour escort who will provide you with insight and guidance. Wherever in Rome you choose to go, you'll find that a veritable cornucopia of superlative sites awaits you, including Piazza Navona, the Pantheon, Castel Sant'Angelo, the Roman imperial palaces and the adjoining Circus Maximus and Colosseum. You might begin by strolling to the nearby Spanish Steps and the Trevi Fountain, where Anita Ekberg and Marcello Mastroianni famously frolicked in Fellini's cherished La Dolce Vita. Perhaps you long to see the Michelangelo masterpieces held in the Vatican City or examine countless artistic treasures in the Galleria Borghese. Descend into the fascinating Catacombs and reach for the divine at sublime Saint Peter's Basilica, or browse high-end boutiques along Via Condotti and dine as the Romans do in an enticing ristorante. As you roam the resplendent Eternal City, you'll agree with writer Anatole Broyard that "Rome was a poem pressed into service as a city."

- Immerse yourself in Rome with generous time and complete freedom to go wherever you choose.
- Visit grand outdoor attractions such as the Colosseum, Piazza Navona and the Spanish Steps.
- View magnificent buildings including Castel Sant'Angelo and the Pantheon.
- See crowning achievements in art at the Galleria Borghese and the Vatican Museums.
- Behold Michelangelo's seminal frescoes in the Sistine Chapel and his Pietà in Saint Peter's Basilica.
- Shop along glamorous Via Condotti or partake in a quintessential Italian meal.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to enter a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes no guided touring, only transportation to Rome. An official escort will be on the bus to provide information about Rome and places to visit. Maps are available on the bus. The coach will drop you off near the Piazza del Popolo, which is a 15-minute walk from the Spanish Steps and Trevi Fountain. Your return transfer to the ship departs from the same convenient location.

## CIV-004 ITALIAN COUNTRYSIDE & CATACOMBS

Duration: 9.00 Hrs Tour Price: CA\$130.00

Retail Price: CA\$326.00



Date: April 26, 2022 08:45 AM

Discover what lies beneath the earth in the bewitching Catacombs, and find what thrives above in the lovely medieval town of Castel Gandolfo and at a farmhouse where you'll enjoy a hearty lunch accompanied with wine. After a scenic drive, arrive at the Catacombs, a remarkable underground maze of tunnels where early Christians, persecuted by the Romans, practiced their religion in secret and buried their dead. Visit the gracious town of Castel Gandolfo, for centuries the papal summer residence and considered one of Italy's prettiest towns for its elegant architecture and striking setting beside Lake Albano. You'll make your way through the undulating fields of Rome's wine-growing hinterland to Monte Due Torri, a farmhouse recognized for its balsamic vinegar. Tour the estate's ancient Roman cisterns and wine cellars, perhaps assisting in the creation of fresh pasta for your delicious meal, which will also feature homemade tomato sauce, bruschetta, lasagna and a sweet tiramisu, all accompanied with the farm's own red and white wines. Indulge in ciambelline, Roman ring-shaped biscuits, along with a cup of coffee or cappuccino, and treasure a parting gift of a stamped postcard for you to send or keep as a memento of your unforgettable day.

- Descend into the entrancing Catacombs, where the first Christians secretly worshipped.
- Rejoice in the marvelous lakeside town of Castel Gandolfo, site of the popes' summer home.
- Appreciate a warm reception at the Monte Due Torri farmhouse, where you'll receive an enlightening tour and a souvenir postcard.
- Find one of your friendly hosts making pasta and perhaps be invited to help.
- Feast on fresh pasta with just-made tomato sauce, lasagna and tiramisu among many delectable courses.
- Enjoy red and white wines produced on the estate as the perfect pairing to your meal.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

There will be numerous steps, steep in some parts, uneven surfaces and inclines to negotiate. Catacombs are very narrow underground tunnels, so guests with claustrophobia may wish to evaluate their participation. Participants must be at least 21 years of age to be served alcoholic beverages.

## CIV-020 BRACCIANO LAKE & WINE TASTING

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$208.00

Date: April 26, 2022 08:45 AM

Embrace the singular Italian way of life with visits to a quaint lakeside village and a winery for a tasting of its traditional products. You'll journey for approximately one hour to shimmering Lake Bracciano, an ancient volcanic crater filled with water that mirrors its gorgeous surroundings. Drive around the lake's picture-perfect perimeter to the tiny town of Anguillara, where you'll appreciate free time to enjoy the charismatic ambiance of this quaint resort town. You might stroll the lakeside promenade, treat yourself to ice cream, browse for souvenirs or just relax and enjoy the superlative setting. Bid farewell to Lake Bracciano and continue to Cerveteri, an area rich with the history of the ancient Etruscan civilization. You'll make your way to an esteemed winery for a sampling of its vintages, as well as silky olive oil and fluffy bread produced locally. Delight in the opportunity to shop for the winery's wares, perhaps finding that perfect bottle for your wine-loving friend or purchasing olive oil that is sure to enliven your Mediterranean dishes back home.

- Rejoice in the shining expanse of Lake Bracciano, which lies within a dormant volcanic crater.
- Discover the enchanting lakeside village of Anguillara, where you'll enjoy free time for exploration.
- Savor wine, bread and olive oil produced using age-old methods at a well-regarded winery.
- Browse the winery's products, which make for perfect gifts or a delectable treat back on your ship.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately ½ mile of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and inclines to negotiate. Please remember to take local currency if wishing to shop. Shops may be closed during the peak seasonal times and dates, during holidays and on Sundays. The order of sites viewed or visited may vary, depending on traffic or local conditions. Participants must be at least 21 years of age to be served alcoholic beverages.



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Meal Included

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## CIV-021 CHRISTIAN ROME - THE VATICAN & ST. JOHN IN LATERAN B

Duration: 10.00 Hrs Tour Price: CA\$195.00 Retail Price: CA\$391.00



Date: April 26, 2022 08:45 AM

Exult in the sublime achievements of Christian Rome on this guided tour of the Vatican and the Basilica of Saint John in Lateran, along with an exceptional lunch. You'll visit the spectacular Vatican Museums, where over one thousand rooms and galleries contain countless treasures collected by the popes throughout the centuries. In the overpowering Sistine Chapel, behold the brilliantly restored Michelangelo frescoes of the Genesis and Last Judgment as well as other priceless masterpieces adorning the hallowed walls. Enter Christendom's largest sanctuary, Saint Peter's Basilica, and admire the high altar where the pope celebrates mass, the splendid gilt and bronze throne in the apse and the intensely stirring Pietà, one of Michelangelo's most revered works. After lunch accompanied by a flute of sparkling or table wine in a specially chosen hotel or restaurant, drive to the regal Basilica of Saint John in Lateran. You'll learn it is the official cathedral of the Church of Rome and the ecclesiastical seat of the Bishop of Rome, the pope. Admire the neoclassical exterior and the superbly ornamented interior, which features remarkable larger-than-life statues of the 12 apostles. Feel the spirit of the divine course through you on this transfixing tour.

- Meander through the opulent Vatican Museums, passing through one dazzling gallery after another.
- See one of humanity's most beautiful and recognizable artistic achievements, Michelangelo's frescoes for the Sistine Chapel.
- Marvel at sumptuous Saint Peter's Basilica, which houses the pope's high altar and Michelangelo's Pietà.
- Admire the marvelous neoclassical façade of the Basilica of Saint John in Lateran, official seat of the pope.
- Gaze at extraordinary statues of the apostles cradled by 12 of the basilica's niches.
- Relax during lunch with sparkling and table wines in a bespoke eatery.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three miles of walking and endure extended periods of standing. There will be uneven surfaces and numerous steps to negotiate. Should Saint Peter's Basilica or Saint John in Lateran Basilica have special events or services taking place, the guide will give an exterior explanation and guests will then enter on their own. Guests may be required to check large bags, backpacks, video cameras and personal water bottles at designated checkpoints. Flash photos are not permitted in the Vatican Museums. Video and photography are not permitted at any time in the Sistine Chapel. Should your guide determine that the line at the Saint Peter's Basilica security check point is longer than a 45-minute wait, they will forego the interior visit of the basilica and provide you with a full explanation and description while outside. Depending upon the number of people in the basilica, it may be closed for security reasons. These safety precautions are beyond the control of the local tour operator. You will be provided more time during your shopping or free period to compensate for not entering the basilica. Participants must be at least 21 years of age to be served alcoholic beverages. The order of sites viewed or visited may vary.

## CIV-030 HOP ON - HOP OFF ROME

Duration: 9.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$208.00

Date: April 26, 2022 08:45 AM

Immerse yourself in the wonders of Rome at your own pace by riding a double-decker bus around town, hopping on and off whenever you please at the attractions you find most intriguing. With your complimentary pass in hand, board a hop-on, hop-off bus until you reach the first stop of your choice. You might ride to the Vatican's glorious Saint Peter's Basilica or massive Castel Sant'Angelo, originally the mausoleum of the Roman Emperor Hadrian. Spend as much time as you desire in each location, as the buses operate throughout the day on a continuous loop around Rome's must-see landmarks. When on the bus, avail yourself of the route map and headphones that describe each destination. You might explore the iconic Spanish Steps, the Trevi Fountain and the breathtaking Colosseum, an amphitheater that held as many as 50,000 spectators, who came to watch mock naval battles and gladiators fight to the death. Perhaps leave the bus at the astounding monument to King Victor Emmanuel II in Piazza Venezia and stroll to the marvelous Pantheon. With the convenience and flexibility of your hop-on, hop-off option, you'll feel as if the best of radiant Rome is within easy reach.

- Visit iconic attractions of the Eternal City with the use of an unlimited hop-on, hop-off bus pass.
- Hear informative recordings about every destination and take a map while aboard the double-decker buses.
- Hop off at key locations including the Vatican, The Trevi Fountain, the Colosseum and Piazza Venezia.
- Take as much or as little time as you wish at each landmark before you hop onto the next bus.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is primarily at the guest's discretion during the stops. There may be steps and uneven surfaces to negotiate. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. An audio tour is available in nine languages. Air conditioning is available on lower deck of the bus only.



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Hiking



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## CIV-005 AN INSIDER VIEW OF THE VATICAN

Duration: 10.00 Hrs Tour Price: CA\$836.00 Retail Price: CA\$1306.00

Date: April 26, 2022 09:00 AM

Appreciate exclusive access to areas of the Vatican City that are off-limits to the general public and enjoy ample free time to explore Rome. Upon arrival in the Eternal City, enjoy approximately 2 ½ hours to shop, sightsee and lunch on your own before traveling to the transcendent Vatican. Embark on your tour at the Bronze Gate, which boasts outstanding Bernini sculptures, and visit the exquisite Vatican Museums and Saint Peter's Basilica, including some private sections. Delight in access to the pope's personal place of worship, the Niccoline Chapel, which is adorned with extraordinary 15th-century frescoes by Fra Angelico. Marvel at the ingenious double-helix Bramante Staircase, which allows people to ascend without meeting those descending. In the Carriage Museum, study carriages, automobiles and sedan chairs used by the popes, and in the Pinacoteca, see wonderful paintings that include Raphael's Crowning of the Virgin, Leonardo's Saint Jerome and Deposition from the Cross by Caravaggio. Another off-limits experience awaits in the glittering Sala degli Ori, where precious Etruscan jewels dating back to the 8th century BC are beautifully displayed. Conclude your fabulous tour in Saint Peter's Treasury, where invaluable objects showcase the opulence of the exalted Vatican City.

- Enjoy several hours of time on your own to shop, sightsee and savor lunch before your tour begins.
- Indulge in an exclusive tour of the Vatican that provides access to areas that are typically off-limits.
- Tour the enthralling Vatican Museums, Saint Peter's Basilica and the private Niccoline Chapel.
- View rarely seen corners of the Vatican such as the astonishing Bramante Staircase.
- Examine conveyances of the popes in the Carriage Museum and priceless paintings in the Pinacoteca.
- Wonder at centuries of accumulated riches in Saint Peter's Treasury and the Sala degli Ori.
- Wear conservative, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Men should wear jackets.
- Bring a hat, sunglasses and sunscreen.

This tour includes over four hours of strenuous guided walking over approximately 2 ½ miles, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces to negotiate. The tour sequence, as requested by the Vatican, will require guests to retrace their steps through areas already viewed when visiting the Carriage Museum. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Lunch is on your own and there is a cafeteria on site. Certain areas on the tour, such as the Niccoline Chapel or Saint Peter's Treasury, may on occasion be closed for Vatican functions. On those occasions, they will be substituted with other areas of the Vatican considered equally private and exclusive. The order of sites viewed or visited may vary. This tour cannot operate on Sundays or Catholic holidays. The Vatican is a very popular attraction in Rome that draws large numbers of visitors. Neither the cruise line or the local tour operator have any control over crowds at the venues. Given this, guests should be prepared to wait in lines and understand the tour scheduling can only be approximate. This tour must be purchased no later than four days prior to the operating date. Cancellations made within four days or less are subject to a 100 percent cancellation penalty.

## CIV-006 THE COLORS AND AROMA OF THE ETRUSCANS

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$195.00

Date: April 26, 2022 09:00 AM

Trace the footsteps of the beguiling and ancient Etruscans on this visit to several key sites of their long-gone civilization. You'll journey to Tarquinia, founded in the 7th century BC and now renowned for its magnificent Etruscan burial ground, a UNESCO World Heritage site. Visit the stunning Necropolis of Tarquinia, final resting site of Etruscan royalty, and see numerous crypts with colorful paintings, which are the world's only examples of painted Etruscan tombs and thus of utmost archaeological importance for the light they shed on this long-gone civilization. In the National Archaeological Museum of Tarquinia, study an extensive collection of intriguing excavated Etruscan artifacts, such as sarcophagi, pottery, objects carved from ivory and votive offerings. You'll also appreciate the museum's setting, a splendid palace built in the 15th century by Cardinal Giovanni Vitelleschi. Enjoy the land's more recent offerings at Il Mandoletto, an inviting nearby farm where you'll relish a tasting of traditional delicacies, a wonderful way to cap off your day of compelling discovery.

- Visit extraordinary remains of the Etruscan civilization in the ancient city of Tarquinia, a UNESCO World Heritage site.
- See the exceptional Necropolis of Tarquinia, where royalty was laid to rest in brightly adorned tombs.
- Examine a wealth of excavated Etruscan artifacts in the National Archaeological Museum of Tarquinia.
- Admire the museum's building, the graceful 15th-century Palazzo Vitelleschi.
- Try a variety of delectable, locally made treats at Il Mandoletto, a convivial farmhouse.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 200 yards of walking. There will be uneven ground and steps to negotiate. This tour is not recommended to guests who utilize a wheelchair and guests with mobility concerns.

## CIV-023 TASTE OF ROME

Duration: 9.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00

Date: April 26, 2022 09:00 AM

Join an excursion tailor-made for those who wish to have a limited guided tour followed by time to enjoy lunch and explore independently. You'll begin at 3D Rewind, which presents an engrossing 3D virtual journey through ancient Rome. Walk to the exterior of the iconic Colosseum, a masterpiece of classical architecture and an enormous amphitheater where gladiators, early Christians and wild beasts once battled to the death in front of as many as 50,000 spectators. See the imposing triumphal Arch of Titus, erected in AD 81 by the Emperor Domitian in honor of his father's and brother's victories in battle, and the Via Sacra, the route followed by religious and triumphal processions. Continue to the exterior of the Roman Forum, through lovely Piazza Venezia and into Piazza Navona, a graceful square that exudes a relaxed atmosphere and showcases beautiful ornamentation in its church and three fountains. Revel in approximately 1 ½ hours on your own, perhaps dining on the Roman favorite bucatini all'amatriciana in a welcoming trattoria, shopping for Italian fashions and mementoes or delving deeper into the exhilarating streets of the Eternal City.

- Step back in time at 3D Rewind, a virtual reality experience in 3D that reveals Rome as it was centuries ago.
- View the exterior of key landmarks of classical Rome such as the Colosseum and the Forum.
- Stroll through two of Rome's grand squares, Piazza Venezia and Piazza Navona.
- Appreciate time at your leisure to lunch, shop or find inspiration amid Rome's grandeur.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two miles of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. An escort will be on the coach during the trip to/from Rome and a local guide will accompany the group once in Rome for the half-day guided portion of the tour. The order of sites viewed or visited may vary. On Sundays and public holidays, the majority of shops, boutiques and small stores will be closed. Only souvenir shops will be open.



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Hiking



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Meal Included

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## CIV-025 OSTIA ANTICA

Duration: 6.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$221.00

Date: April 26, 2022 09:00 AM

Wander through the remains of Ostia Antica, classical Rome's main commercial port and military base, and relish time on your own in seaside Lido di Ostia. You'll learn Ostia Antica was founded by King Anco Marzio around the 4th century BC and at its peak had nearly 100,000 inhabitants. Although it was buried for centuries, you'll see excavations that offer a vivid picture of life in the Roman Empire. Begin at Via delle Tombe and reach the Porta Romana, one of the city's three gates and the origin of Decumanus Maximus, Ostia Antica's main road. From the Baths of Neptune, walk to a theater and forum that were once the beating heart of the city. Among the captivating ruins, discover 18 temples dedicated to the Persian god Mithras, a 1st-century BC synagogue and an early Christian basilica. Visit the House of Diana, the Thermopolium, which was an ancient Roman bar with a fresco representing the foodstuffs that were sold there, and the Museo Ostiense, where unearthed sculptures and mosaics are displayed. In the popular seaside resort area of Lido di Ostia, cool off with a complimentary gelato and enjoy free time to roam the sun-kissed beachfront.

- Explore the storied ruins of Ostia Antica, a crucial military and commercial center in the Roman Empire.
- Enter the city through the Porta Romana and stroll along its main road, the Decumanus Maximus.
- Admire the vestiges of a theater, the forum, temples, a synagogue and an ancient bar among the illuminating excavations.
- Examine a collection of recovered artifacts such as sculptures and mosaics in the Museo Ostiense.
- Enjoy time on your own in the beach resort area of Lido di Ostia and savor a complimentary gelato.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry bottled water, as you may require hydration.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## CIV-WT2 ARCHEO-YOGA IN ROMES CENTRAL PARK

Duration: 8.00 Hrs Tour Price: CA\$234.00

Retail Price: CA\$431.00

Date: April 26, 2022 09:00 AM

Meander the trails of the Villa Borghese gardens, an elegant public park in Rome, where you'll practice Hatha yoga as a prelude to seeing many of the city's landmarks. Settle in for a scenic drive to the center of Rome, where you'll discover the Villa Borghese gardens. Tour this urban oasis, one of Rome's largest, most beautiful green spaces, whose grand grounds resemble late 19th-century English-style parks and boast secret gardens, statuary and temples in various architectural styles. Whether a seasoned or beginner Hatha yoga practitioner, appreciate an immersive sensory experience as you slowly follow your instructor through a series of postures, enhancing your flexibility and mental concentration. You'll also learn how to breathe more deeply, which can help improve your peace of mind. Enjoy time on your own, perhaps to partake in a healthy meal, and embark on a tour of the city, including highlights such as the superb Colosseum, the sprawling Roman Forum and Palatine Hill, where the mighty emperors of Rome once resided. After your enlightening yoga session, you're sure to view the splendor of Rome with a newfound clarity.

- Stroll along the trails of the vast and beautiful Villa Borghese gardens, Rome's Central Park.
- Find secret gardens, ornate statues and grand temples rising from the meticulously maintained grounds.
- Practice yoga with an experienced instructor, who will guide you no matter your level of ability.
- Improve your concentration, flexibility and your breathing as you slowly move through the poses.
- Relish free time to dine on a healthy meal or continue exploring on your own.
- See landmarks such as the Forum, the Colosseum and the remains of the Roman imperial palaces.
- Wear casual, weather-appropriate clothing that allow freedom of movement and comfortable sports or walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 1 ½ hours of walking, plus any additional walking at the guest's discretion during free time. It is not recommended for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## CIV-017 FARMHOUSE CULINARY EXPERIENCE

Duration: 5.50 Hrs Tour Price: CA\$143.00

Retail Price: CA\$339.00



Date: April 26, 2022 09:30 AM

Reconnect with the earth on this gratifying visit to a traditional farmhouse, where you'll receive cooking instruction and enjoy a four-course lunch accompanied with wine. Journey through the gentle landscapes of the Italian countryside to a typical farmhouse, where the friendly owners await with a warm welcome. Led by a culinary teacher, participate in a cooking class during which you'll learn how to prepare classic fettuccine with ragout sauce, a hearty favorite, and a scrumptious tiramisu cake, a recipe that is sure to place you in demand among your friends back home. After the class, your appetite will no doubt be awakened, so you'll settle in for an authentic four-course Italian lunch, complete with wine and a sampling of local aromatic liqueurs. Once satiated, walk off your meal with a stroll around the farm or simply relax in the shade of the fruit trees dotting the property, committing to memory every moment of your marvelous rural idyll.

- See the bucolic side of Italy as you traverse the beautiful countryside on your coach.
- Visit a traditional farmhouse and meet its inviting owners.
- Learn how to prepare two cherished Italian staples, fettuccine with ragout sauce and tiramisu.
- Sit for a delicious four-course lunch paired with wines and a tasting of aromatic liqueurs.
- Find serenity on the farm's grounds, perhaps lounging beneath a picturesque fruit tree.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

Tour is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Participants must be at least 21 years of age to be served alcoholic beverages. A minimum number of bookings is required for this program to operate. In the event the featured dishes cannot be prepared, a similar Italian dish will be substituted. Travel time to the farmhouse is approximately 30 minutes each way.



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Light Activity



Hiking



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Meal Included

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## CIV-019 BIKE IN MEDIEVAL TARQUINIA & ICE CREAM

Duration: 3.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$221.00

Date: April 26, 2022 09:30 AM

Zip around stunning and serene Tarquinia on this bicycle tour that culminates with a sampling of freshly-made ice cream. Drive along rural roads and through beautiful countryside to Tarquinia, a peaceful counterpart to Rome that also boasts numerous notable landmarks. You'll begin your cycling tour at the entrance to the ancient city walls and make your way to the Romanesque Church and Convent of San Francesco, the largest religious complex in Tarquinia, and the outstanding Palazzo Comunale, originally built in the 13th century. Admire the impressive facade of the city's cathedral, the austere 12th-century Palazzo dei Priori and the Palazzo Vitelleschi, part of a massive urban fortification built in the first half of the 15th century by Cardinal Vitelleschi, who was a powerful plenipotentiary and supreme strategist of the Roman Curia, or senate. Follow your circuit to the southern portion of the city walls and find the beguiling Church of Santa Maria in Castello. As a sweet conclusion to your tour, visit a local family-owned gelateria, where you'll sample a variety of ice creams, and shop or explore alluring Tarquinia during time on your own.

- Pedal through the fetching and history-steeped city Tarquinia on this invigorating bicycle tour.
- View age-old sanctuaries, including the Romanesque Church and Convent of San Francesco.
- Pass handsome medieval civic buildings such as the Palazzo Comunale and the Palazzo Vitelleschi.
- Wend along the imposing city walls, which are remarkably well-preserved.
- Indulge in a tasting of mouthwatering ice cream at a family-run gelateria.
- Enjoy time at your leisure to browse enticing shops and further uncover the ample charms of Tarquinia.
- Wear casual, weather-appropriate clothing and comfortable walking or sports shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring appropriate weather gear, a backpack for belongings and extra bottled water to stay hydrated during the ride.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two miles of cycling. There will be gravel and cobblestone surfaces to negotiate. Participants must be in good physical condition, be comfortable using hand brakes and be confident on a bicycle. Participants must be at least 60 inches in height. Participants should be aware that there are certain inherent risks involved in any cycling excursion. A parent or guardian must accompany children under the age of 18 years. This tour will operate rain or shine. In case of special events taking place in the churches, they may close without previous notice. On Sundays or religious holidays, shops will be closed.

## CIV-033 LUXURY EXPERIENCE WITH CASTLE MONTE VIBIANO OWNERS

Duration: 8.00 Hrs Tour Price: CA\$1437.00 Retail Price: CA\$1960.00



Date: April 26, 2022 09:30 AM

The Perugian poet Giosuè Carducci left a memorable description of Umbria with the term "the green heart of Italy," where every imaginable shade of green can be witnessed in one breath. Experience the beauty, the history, the wine, and the flavors of Umbria with a luxury excursion that takes you into the heart of Umbria on an exclusive experience with the owners of Monte Vibiano Castle. Leave in a luxury Mercedes Benz with a chauffeur and a local guide on a picturesque journey from Civitavecchia for a guided visit of the historic center of the Umbrian hilltop town of Todi. Capture impressive views from every direction and enjoy a coffee break in Todi before you continue the journey to the Monte Vibiano estate. Meet an expert guide at the Monte Vibiano winery and enjoy a welcome drink. Depart from the winery for a scenic drive through the ancient olive trees to the evocative Vigna Lorenzo, which dates to the times of the Carthaginians, who under Hannibal defeated the Romans in 217 BC. Discover the traditions and legends that soak the soil of this magical environment, where the Fasola-Bologna Family lead Italy's green revolution in the production of wine and olive oil with zero CO2 emissions. Leave Vigna Lorenzo and make your way to the 2,000-year-old Monte Vibiano Castle to meet Maria Camilla and Lorenzo, your hosts for the tour of the Castle, and an exclusive Umbrian lunch experience. Savor a multi-course meal paired with fine wines prepared by the historic chefs of the Castle. As special treat, you will sample wine from the Vigna Lorenzo vineyard, an experience usually reserved solely for members of the vineyard's wine club. Leave Monte Vibiano Castel behind and enjoy the panoramic drive back to the winery. At Cantina Monte Vibiano winery you will have the opportunity to shop for wine and olive oil that can be shipped directly to your home. Return to Civitavecchia with your chauffeur and guide, with a mid-way stop for a coffee break and visit of Piazza Martiri d'Ungheria in the ancient city of Viterbo.

- Experience breathtaking views of Umbria from the ancient hilltop town of Todi.
  - Immerse yourself into the olive groves to reach the ancient vineyard dating back to 217 BC to discover Etruscan legends.
  - Discover the historic charms of the 2,000-year-old Monte Vibiano Castle with its owners.
  - Savor an exclusive multi-course Umbrian lunch paired with fine wines.
  - Sample wine from the Vigna Lorenzo vineyard, an experience usually reserved solely for members of the vineyard's wine club.
  - Visit Piazza Martiri d'Ungheria in the ancient city of Viterbo.
- Wear weather-appropriate clothing. • Wear flat comfortable shoes.

This tour includes limited walking, mainly at the guest's discretion. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Guests who would like to drive the electric cars need to bring a driver's license.

## CIV-GL2 HIS MAJESTY THE TRUFFLE

Duration: 5.50 Hrs Tour Price: CA\$156.00

GL

Date: April 26, 2022 09:30 AM

Enjoy a leisurely walk through the woods with a truffle hunter and a dog specially trained to sniff out the prized subterranean mushrooms. Truffles grow near the roots of trees such as birch oaks and hornbeams and prefer well-drained soils. Expert truffle hunters know where to find them and fiercely guard the locations, as gourmands covet these aromatic, flavorful delicacies, sometimes paying huge sums for the rarer ones. As you follow the truffle hunter and dog through the forest, you will learn about the local species of truffles and their characteristics. Watching the dog in action will be quite the treat, as it has a knack for finding truffles at peak ripeness. The lagotto romagnolo is the traditional truffle-hunting breed in Italy, although many other breeds can be trained to point out a buried truffle. As the perfect end to your truffle-hunting adventure, you will sample a selection of truffle-based specialties.

- Watch a specially trained dog find truffles growing underground deep in the woods.
  - Gain insight into the world of rare truffles, which are coveted among gourmet chefs.
  - Sample classic Italian specialties made even more flavorful with local species of truffles.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2.5 hours of moderate walking/standing. There will be 4 steps to enter/exit the motor coach. Guests will have to manage uneven and paved surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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## CIV-029 VATICAN CITY AND WINE TASTING

Duration: 9.00 Hrs    Tour Price: CA\$391.00    Retail Price: CA\$587.00



Date: April 26, 2022 10:00 AM

Study the icons of the Vatican, from the Sistine Chapel to Michelangelo's Pietà, then linger over lunch and a wine tasting at a celebrated restaurant in the heart of Rome. You'll visit the spectacular Vatican Museums, beginning in the magical Pine Cone Courtyard. Walk through the Gallery of the Candelabra, the Gallery of Tapestries and Gallery of Geographical Maps, arriving at the magnificent Sistine Chapel. Here, you'll behold the brilliantly restored Michelangelo frescoes of the Genesis and Last Judgment, as well as the other priceless masterpieces adorning the hallowed walls. Enter Christendom's largest sanctuary, Saint Peter's Basilica, and admire the high altar where the pope celebrates mass, the splendid gilt and bronze throne in the apse and the intensely stirring Pietà, one of Michelangelo's most revered works. Following this wonderful immersion into the unforgettable Vatican, you'll enjoy a light lunch and wine tasting at the sophisticated Casa Bleve restaurant, with a knowledgeable sommelier explaining the attributes and origins of the various vintages you'll sample. After your tasting, wander to the cellars and see an ancient Roman wall from the Augustan age, a compelling example of how gastronomy and history seamlessly intertwine in timeless Rome.

- Meander through the opulent Vatican Museums, passing through one dazzling gallery after another.
- See one of humanity's most beautiful and recognizable artistic achievements, Michelangelo's frescoes for the Sistine Chapel.
- Marvel at sumptuous Saint Peter's Basilica, which houses the pope's high altar and Michelangelo's Pietà.
- Sit for a delectable light lunch at upscale Casa Bleve, a restaurant with an ancient Roman wall in its cellar.
- Savor a selection of wines enhanced by an experienced sommelier's enlightening descriptions.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 4.5 hours of walking. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



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## ❖ TUSCANY (LIVORNO), ITALY

### LRN-006 SIENA & SAN GIMIGNANO

**Duration: 10.00 Hrs** **Tour Price: CA\$78.00** **Retail Price: CA\$274.00**

**Date: April 27, 2022 08:15 AM**

Behold two of Tuscany's UNESCO World Heritage sites, the gracious city of Siena and tower-studded San Gimignano, on this enthralling tour. Journey for approximately two hours through the countryside of the famed Chianti region to Siena, a gorgeous medieval city whose warren of narrow Gothic streets, lined with palaces and patrician mansions, converge on the uniquely shell-shaped Piazza del Campo and its formidable Palazzo Pubblico. You'll appreciate the city's cathedral, which is Siena's highest point and a stunning conglomeration of Romanesque and Gothic styles. Discover another religious landmark of note, the Basilica di San Domenico, a vast, austere Dominican church and convent containing many impressive works of art. After free time to lunch and shop, settle in for a brief drive to iconic San Gimignano, famed for its striking medieval towers. See the lovely 14th-century Palazzo del Popolo, dominated by a soaring tower, and the nearby Palazzo Vecchio del Podestà, a 13th-century palace that boasts an expansive portico on the ground floor and its own magnificent tower. Gaze up at the twin Salvucci towers and ponder the unusual yet aesthetically harmonious vision of San Gimignano's ingenious medieval denizens.

- Drive through the lush, rolling landscapes of Tuscany's famed Chianti region to two UNESCO World Heritage sites.
- Delight in Siena's shell-shaped Piazza del Campo, an expansive gathering place ringed by Renaissance buildings.
- Visit Siena's remarkable places of worship, the Romanesque-Gothic cathedral and the Basilica di San Domenico.
- Enjoy time on your own to lunch and explore in Siena's Piazza del Campo.
- Admire San Gimignano's Palazzo del Popolo, which features one of the town's many signature towers.
- View the Palazzo Vecchio del Podestà, a striking palace with its own tower and street-level portico.
- Wear casual, weather-appropriate clothing and comfortable, non-slip walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one mile of extensive walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces stairs and inclines to negotiate. This tour is not considered suitable for guests who utilize a wheelchair or for guests with mobility concerns. Lunch is not included in this program.

### LRN-010 FLORENCE & PISA

**Duration: 10.50 Hrs** **Tour Price: CA\$0.00** **Retail Price: CA\$169.00**

**Date: April 27, 2022 08:15 AM**

Exult in visits to Florence and Pisa, where you'll find the awe-inspiring achievements of medieval and Renaissance Italy on brilliant display. Pass through the classic Tuscan countryside during your coach ride to Florence, where a walking tour of the pedestrianized historical center, a UNESCO World Heritage site, will reveal the wonders engendered by the city's centuries-long patronage by the Medicis. Admire the bravura complex of the Cathedral of Santa Maria dei Fiore, whose famed dome by Brunelleschi rises above Florence. See priceless masterpieces complementing the building, including sculptures by Donatello gracing Giotto's tour de force, the 14th-century campanile, or bell tower. After time for lunch on your own, continue to Pisa for a self-guided tour around the Campo dei Miracoli, or Field of Miracles, a UNESCO World Heritage site home to medieval architectural masterpieces. Discover the beloved Leaning Tower, listing due to the unstable soil found beneath the Campo dei Miracoli, and the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. Enter the elaborate circular baptistery, acclaimed for its outstanding acoustics, another mesmerizing highlight on your enlightening survey of Tuscany's glittering gems.

- Immerse yourself in two UNESCO World Heritage sites, Florence's historic center and Pisa's Campo dei Miracoli.
- Appreciate Florence's Cathedral of Santa Maria del Fiore, whose Renaissance dome by Brunelleschi is a feat of engineering.
- Applaud Giotto's 14th-century bell tower and the sculptures by Donatello nestled on its side.
- Gaze at Pisa's Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime colonnaded Duomo di Pisa and the ornate circular baptistery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. An official escort will be on board the coach and will provide some information and maps. No churches will be visited on Sunday mornings. Guide service will only be provided in Florence. Ascending the tower in Pisa is not included in the tour as timing restrictions make this difficult to incorporate. Shops will be closed during bank holidays. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

**GL** Go Local Tour



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## LRN-010SG FLORENCE & PISA - SMALL GROUP

**Duration: 10.50 Hrs** **Tour Price: CA\$91.00** **Retail Price: CA\$287.00**

**Date: April 27, 2022 08:15 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Exult in visits to Florence and Pisa, where you'll find the awe-inspiring achievements of medieval and Renaissance Italy on brilliant display. Pass through the classic Tuscan countryside during your coach ride to Florence, where a walking tour of the pedestrianized historical center, a UNESCO World Heritage site, will reveal the wonders engendered by the city's centuries-long patronage by the Medicis. Admire the bravura complex of the Cathedral of Santa Maria dei Fiore, whose famed dome by Brunelleschi rises above Florence. See priceless masterpieces complementing the building, including sculptures by Donatello gracing Giotto's tower de force, the 14th-century campanile, or bell tower. After time for lunch on your own, continue to Pisa for a self-guided tour around the Campo dei Miracoli, or Field of Miracles, a UNESCO World Heritage site home to medieval architectural masterpieces. Discover the beloved Leaning Tower, listing due to the unstable soil found beneath the Campo dei Miracoli, and the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. Enter the elaborate circular baptistery, acclaimed for its outstanding acoustics, another mesmerizing highlight on your enlightening survey of Tuscany's glittering gems.

- Immerse yourself in two UNESCO World Heritage sites, Florence's historic center and Pisa's Campo dei Miracoli.
- Appreciate Florence's Cathedral of Santa Maria del Fiore, whose Renaissance dome by Brunelleschi is a feat of engineering.
- Applaud Giotto's 14th-century bell tower and the sculptures by Donatello nestled on its side.
- Gaze at Pisa's Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime colonnaded Duomo di Pisa and the ornate circular baptistery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. An official escort will be on board the coach and will provide some information and maps. No churches will be visited on Sunday mornings. Guide service will only be provided in Florence. Ascending the tower in Pisa is not included in the tour as timing restrictions make this difficult to incorporate. Shops will be closed during bank holidays. The order of sites viewed or visited may vary. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.

## LRN-012 HILLS OF LUCCA & WINE TASTING

**Duration: 5.50 Hrs** **Tour Price: CA\$0.00** **Retail Price: CA\$195.00**

**Date: April 27, 2022 08:15 AM**

Revel in a sublime tour through the rolling hills and beautiful valleys of the Tuscan countryside to wonderful Lucca, capped with a tour and tasting at a local wine cellar. During your drive to Lucca, you'll pass quaint medieval villages, golden vineyards, silvery green olives waiting to be harvested and elegant dark green cypress trees, a landscape that has long been praised by poets and artists for its pastoral allure. Enjoy ample time on your own in Lucca, perhaps strolling along the terrifically preserved Renaissance-era medieval walls. You might admire the Pisan Romanesque Duomo di San Martino and the Church of San Michele in Foro, whose exquisite colonnaded façades rival that of Pisa's own cathedral. Pass the fabulous, tree-topped Guinigi Tower, and roam Piazza Amfiteatro, once the Roman amphitheater and today a charming elliptical square surrounded by sand-colored houses. Transfer by coach to an inviting wine cellar, where you'll take a guided tour that includes a fascinating presentation on the process of winemaking and the traditional bottling methods still in practice today. Conclude your fabulous day with a generous tasting of both white and red wines, accompanied by light refreshments of local salami, olives and bread.

- See the picture-perfect countryside of Tuscany, eternal inspiration for artists, during your journey by coach.
- Appreciate time on your own in Lucca, perhaps walking atop its unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded Pisan Romanesque churches of Lucca.
- Seek out landmarks including the 15th-century Guinigi Tower, which is capped by a copse of trees.
- Visit a characteristic wine cellar and learn of its age-old production and bottling methods.
- Sample a variety of red and white wines complemented with local olives, bread and salami.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of walking/standing at the winery, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces to negotiate. The tour may not be suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## LRN-020 BOCELLI COUNTRYSIDE ESCAPE

Duration: 7.75 Hrs Tour Price: CA\$522.00 Retail Price: CA\$784.00



Date: April 27, 2022 08:15 AM

Appreciate the joys of Tuscany through the eyes of Andrea Bocelli by exploring medieval Volterra, seeing the beloved tenor's outdoor theater and his family's farm, sampling wines and lunching at the Officine Bocelli Restaurant and stopping in Pisa's glorious Campo di Miracoli. Settle in for a scenic drive through the Tuscan countryside to hilltop Volterra, where highlights include a well-preserved Roman theater and the Piazza dei Priori, a medieval square lined with grand Renaissance palaces. In nearby Lajatico, Bocelli's birthplace, you'll find the Teatro del Silenzio, a serene open-air amphitheater where Bocelli performs but once a year, leaving the theater almost perpetually in silence except for the sounds of nature. Learn the Bocelli's family's influence also extends into winemaking on a tour of the vineyards and farm that they have owned since 1730. Relax during a wine tasting and four-course lunch in the Officine Bocelli Restaurant, where you'll sample a selection of characteristic wines such as a lush sangiovese and a crisp, complex pinot grigio. Complete your lovely day with a visit to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where the stunning cathedral, baptistery and breathtaking Leaning Tower might inspire you to burst into a joyous aria.

- Survey the remains of a Roman theater and Renaissance palaces in the medieval town of Volterra.
- Contemplate Andrea Bocelli's peaceful Teatro del Silenzio, an outdoor amphitheater where he performs only once a year.
- Visit the Bocelli family's farm and vineyards, which they have run since the 18th century.
- Indulge in a delicious four-course lunch paired with regional wines in the Officine Bocelli Restaurant.
- Journey to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where the Leaning Tower famously tilts to one side.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. It must be purchased no later than three days prior to the operating date. Cancellations made within three days or less are subject to a 100 percent cancellation penalty. Programs falling under the minimum number of required participants are subject to cancellation. Participants must be at least 21 years of age to be served alcoholic beverages. The Officine Bocelli restaurant is closed on Monday and will be substituted with the Alpemare restaurant. Admire the beauty of the Tuscan seaside as you arrive at Alpemare, new beach club of the Bocelli family.

## LRN-021 BOCELLI BACKSTAGE AND WINE

Duration: 8.50 Hrs Tour Price: CA\$692.00 Retail Price: CA\$1045.00



Date: April 27, 2022 08:15 AM

Gain an insider's view into the life of Andrea Bocelli by recording a song at his studio, sampling wines at his family's vineyard, dining at his restaurant and touring his outdoor amphitheater. Settle in for a lovely drive through the Tuscan countryside to the studio where Andrea Bocelli often records. As an introduction to the revered tenor's musical journey, you'll watch an enlightening film on his accomplishments. Revel in a once-in-a-lifetime opportunity to record a karaoke-style version of one of his songs in a studio he frequently uses, choosing either The Prayer or Can't Help Falling in Love. In nearby Lajatico, the tenor's birthplace, learn the Bocelli's family's influence also extends into winemaking on a tour of the vineyards and farm they have owned since 1730. You'll appreciate a wine tasting with appetizers and three-course lunch in Officine Bocelli Restaurant. Drive to the Teatro del Silenzio, a serene open-air amphitheater where Bocelli performs but once a year, leaving the theater almost perpetually in silence except for the sounds of nature. Conclude your musical idyll by uncovering the tenor's life and career in the Bocelli Museum and receiving your recording, a uniquely personalized gift you're sure to forever cherish.

- Unleash your inner Andrea Bocelli while recording one of his songs in the tenor's own studio.
- Visit the Bocelli family's farm and vineyards, which they have run since the 18th century.
- Indulge in a sampling of wines and a delicious three-course lunch in the Officine Bocelli Restaurant.
- Contemplate Andrea Bocelli's peaceful Teatro del Silenzio, an outdoor amphitheater where he performs only once a year.
- Deepen your knowledge of Bocelli's life and work in a museum honoring his achievements.
- Treasure a copy of your recording as the perfect memento from your pitch-perfect excursion.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses, umbrella and sunscreen.

This tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible. The Officine Bocelli Restaurant is closed on Mondays and will be substituted with the Alpemare restaurant, the new beach club of the Bocelli family. The order of sites viewed or visited may vary. Participants must be at least 21 years of age to be served alcoholic beverages.

## LRN-007 LUCCA BY BICYCLE

Duration: 4.75 Hrs Tour Price: CA\$0.00 Retail Price: CA\$169.00

Date: April 27, 2022 08:30 AM

Explore the Old World beauty and charm of Lucca during this memorable guided bicycle tour of the ancient walled city. After a pleasant coach ride through Tuscany's enchanting landscapes to Lucca, founded in 180 BC by the Romans, you'll notice the town's massive red-brick walls, built between 1504 and 1645 and among the best-preserved Renaissance-era defenses in Europe. You'll appreciate that, unlike many towns in Tuscany, Lucca is primarily flat, which makes it ideal for your two-wheeled exploration. Pedal to Piazza San Michele, where traders and silk merchants hawked their wares in times gone by, and view the graceful Palazzo Pretorio and the wonderful Pisan Romanesque 11th-century Church of Saint Michele in Foro. Cycle on to the bustling, elliptical Piazza Anfiteatro, a wonderful gathering place built in 1437 on the remains of the 2nd-century Roman amphitheater, and visit a few of Lucca's many historic churches, including the delightful 1438 Duomo di San Martino. Indulge in approximately one hour of free time after your tour to browse Lucca's tempting shops or simply relax with a cup of coffee at one of the breezy, open-air cafés of this captivating town.

- Thrill to a bicycle tour of Lucca, which is surrounded by unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded façade of the Pisan Romanesque Church of San Michele in Foro.
- Pedal to an inviting oval plaza built on the site of the former Roman amphitheater.
- See the wonderful Duomo di San Martino, whose ornate façade showcases several tiers of colonnades.
- Relish time on your own to shop or relax at an open-air café, absorbing Lucca's timeless ambiance.
- Wear casual, weather-appropriate clothing and comfortable, non-slip walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is primarily at the guest's discretion during free time. Cycling is at your own risk and cycling helmets are provided. There will be cobblestone streets to negotiate. Minimum age to participate is 8 years. Few shops are open in Lucca on Sundays. In the event of rain, this tour will be substituted with Highlights of Lucca (LRN-005). There are services in some of the churches on Sunday mornings.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## LRN-014 HIGHLIGHTS OF FLORENCE

Duration: 10.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$195.00

Date: April 27, 2022 08:30 AM

Survey Florence's extraordinary architectural beauty and illustrious past during this guided walking tour to many of the highlights found in the UNESCO World Heritage site historic center. You'll delight in the Cathedral of Santa Maria del Fiore, also known as Il Duomo, which is crowned with a superb octagonal cupola designed by the Renaissance architect Brunelleschi. Nearby you'll find the master Giotto's soaring 14th-century campanile, or bell tower, and the Romanesque baptistery, which boasts stunning bronze doors by Ghiberti that are known as the Gates of Paradise. In stately Piazza della Signoria, see the crenellated Palazzo Vecchio, which served as the town's political center, and an abundance of exquisite statues that include Cellini's Perseus, Giambologna's The Rape of the Sabine Women and a replica of Michelangelo's David. Stroll the shop-lined Ponte Vecchio, or Old Bridge, where the city's butchers once toiled until they were ousted and replaced by silver and goldsmiths. Marvel at Basilica di Santa Croce, Italy's largest Franciscan Gothic church, on which the finest Florentine architects and masters labored, including Brunelleschi, Vasari, Giotto and Donatello. You'll relish free time for lunch and shopping at the conclusion of this comprehensive tour of spellbinding Florence.

- Appreciate the Cathedral of Santa Maria del Fiore, whose Renaissance dome by Brunelleschi is a feat of engineering.
- Applaud Giotto's 14th-century bell tower and Ghiberti's bronze doors for the Romanesque baptistery.
- Wander among outstanding outdoor sculptures in Piazza della Signoria, watched over by the castle-like Palazzo Vecchio.
- Hear of the history-rich past of Ponte Vecchio, or Old Bridge, occupied by butchers and later by jewelers.
- View the wonderful Franciscan Gothic Basilica di Santa Croce, combined effort of several Florentine architects and masters.
- Enjoy time on your own to dine in a tempting trattoria or shop Florence's chic boutiques.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour features extensive walking, plus any additional walking at the guest's discretion during free time. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. This tour does not include lunch. In case of long lines, the inside of Santa Maria del Fiore Cathedral will not be included in the guided tour. A walker's city, the center of Florence is a compact labyrinth of alleys and piazzas. Travel time to Florence is approximately two hours in each direction by coach. You will have approximately 2.5 hours of free time. Shops will be closed on bank holidays.

## LRN-025 FLORENCE HOP ON HOP OFF & AUDIO GUIDED WALKING

Duration: 8.50 Hrs Tour Price: CA\$0.00

Retail Price: CA\$261.00

Date: April 27, 2022 08:30 AM, 08:35 AM, 09:00 AM, 09:05 AM

See Florence's highlights at your own pace by riding a double-decker bus around town, hopping on and off whenever you please at the attractions you find most intriguing. After a leisurely drive through the Tuscan countryside, you'll alight in Piazza Santa Croce, where you might begin your exploration of Florence's UNESCO World Heritage site historic center by seeing the tombs of Michelangelo and Galileo, which are housed in the Basilica Santa Croce. Use your complimentary bus pass to reach the extraordinary Duomo, nickname for the Cathedral of Santa Maria del Fiore, whose soaring cupola by Brunelleschi was a groundbreaking feat of engineering. Make your way to the Galleria dell'Accademia and see Michelangelo's dazzling David or examine priceless works of art in the Gallerie degli Uffizi and the Palazzo Pitti, once owned by the Medicis. You might soak up the romance of the city on the shop-lined Ponte Vecchio and the marvelous Boboli Gardens. Browse glittering boutiques from Dolce & Gabbana, Gucci, Prada and Versace among others along Via dei Tornabuoni and Via della Vigna Nuova. With more than 40 hop-on, hop-off destinations within your reach, gracious Florence is yours to uncover.

- Visit iconic attractions of Renaissance Florence with the use of an unlimited hop-on, hop-off bus pass.
- Admire the city's astonishing places of worship, Il Duomo and Basilica di Santa Croce.
- Take in towering achievements in Renaissance art, including Michelangelo's David, in the Galleria dell'Accademia.
- Cross the enchanting Ponte Vecchio and roam the Boboli Gardens, Florence's elegant oasis.
- Shop Italy's top designers in the enticing boutiques lining Via della Vigna Nuova and Via dei Tornabuoni.
- Take as much or as little time as you wish at each landmark before you hop onto the next bus.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses, umbrella and sunscreen.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each.

## LRN-032 FLORENCE UNLIMITED ATTRACTION PASS

Duration: 8.00 Hrs Tour Price: CA\$130.00

Date: April 27, 2022 08:30 AM, 08:35 AM

Make the most of your time in Florence with an Unlimited Attraction Pass that provides transportation to the top attractions, all entrance fees and skip-the-line privileges at the busiest sites. A special shuttle bus will take you to Florence and once there you will be free to ride the double-decker buses that loop through the city from one attraction to another. Simply hop off the bus at an attraction of interest, stay as long as you like and then hop on another bus when you're ready. The buses operate throughout the day, following a continuous route around Florence. You might browse the Leonardo da Vinci Museum that celebrates the genius of the artist and inventor. If you wish to delve deeper into history, be sure to visit the National Archaeological Museum, a treasure-trove of rare artifacts. And for the ultimate shopping experience, head for the Barberino Designer Outlet, a collection of more than 120 stores.

- Use the Unlimited Attraction Pass to see Florence's best attractions at no additional cost.
- Ride a bus around town, stopping at the attractions that you find most appealing.
- Stay as long as you like at each attraction to enhance your understanding of it.
- Hop on another bus whenever you please and ride it to another intriguing destination.
- Return to the cruise ship when you're ready.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



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Meal Included

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## LRN-GL3 EXPLORE FLORENCE LIKE A LOCAL

Duration: 9.00 Hrs Tour Price: CA\$156.00 Retail Price: CA\$352.00  GL

Date: April 27, 2022 08:30 AM

Experience the real Florence by mingling with the residents at a popular market, sampling Florentine delicacies and browsing the less commercialized Oltrarno district. The fun will begin at San Lorenzo Market, which occupies a beautifully restored cast-iron building constructed in the 1870s. Although you may recognize some of the delicacies, be sure to ask the guide if you can't identify something or don't know its name. Chances are, you will see lampredotto, a Florentine specialty of cow stomach slow-cooked with vegetables and served on a crunchy bun. It is considered comfort food. After sampling a selection of more well-known products such as cheese, salami and olives, you will walk toward the Piazza del Duomo in the heart of the city. The famed Basilica of Santa Maria del Fiore overlooks the square, and its dome has become a symbol of the city. Then, after stopping for a cup of creamy gelato, you will enjoy free time to explore the Oltrarno district.

- Mingle with the locals while browsing Florence's popular San Lorenzo Market.
- Sample local delicacies such as salamis and cheeses and some more exotic ones.
- Explore Florence's authentic, less commercialized Oltrarno district.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about 3½ hours of walking and standing with some inclines and cobblestone surfaces to negotiate, plus additional walking at the guests' discretion during free time. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour. This tour must be purchased at least 3 days prior to the operating date.

### LRN-003 FLORENCE ON YOUR OWN

Duration: 10.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$195.00

Date: April 27, 2022 08:45 AM

Indulge in time entirely on your own in resplendent Florence, allowing for ample exploration at your pace. Enjoy a picturesque drive of approximately two hours through Tuscany's legendary landscapes, and once in Florence, birthplace of the Renaissance, you'll have approximately six hours of complete freedom in the UNESCO World Heritage site historic center. Perhaps visit the extraordinary Duomo, nickname for the Cathedral of Santa Maria del Fiore, whose soaring cupola by Brunelleschi was a groundbreaking feat of engineering, and serene Basilica di Santa Croce, where Donatello's Annunciation is housed. Wander through the Galleria dell'Accademia and see Michelangelo's dazzling David or examine priceless works of art in the Gallerie degli Uffizi and the Palazzo Pitti, once owned by the Medicis. Soak up the romance of the city on the shop-lined Ponte Vecchio and the marvelous Boboli Gardens. Browse glittering boutiques from Dolce & Gabbana, Gucci, Prada and Versace, among others, along Via dei Tornabuoni and Via della Vigna Nuova. As you meander the compact labyrinth of alleys and piazzas, follow in the footsteps of Michelangelo, Leonardo Da Vinci, Dante and Machiavelli, just a few of the epochal Italians whose impact continues to reverberate through the centuries.

- Uncover the highlights of Florence, a UNESCO World Heritage site, with generous time for independent exploration.
- Visit the city's astonishing places of worship, Il Duomo and Basilica di Santa Croce.
- Take in towering achievements in Renaissance art, including Michelangelo's David, in the Galleria dell'Accademia.
- Cross the enchanting Ponte Vecchio and roam the Boboli Gardens, Florence's elegant oasis.
- Shop Italy's top designers in the enticing boutiques lining Via della Vigna Nuova and Via dei Tornabuoni.
- Appreciate Tuscany's ravishing countryside as you journey to and from Florence by coach.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately if you wish to visit a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

Walking on this tour is primarily at the guest's discretion. There will be an approximately 15-20 minute walk from the parking area to the meeting point. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The historic center of Florence is a pedestrian area. If you choose to purchase this transfer, it is advisable to acquire a good guide book to the city before leaving home. There will be no guided tour, only transportation to Florence. On Mondays, most of the shops in Florence are closed between 9:00 a.m. and 3:30 p.m., as are all the main museums. An official escort will be on the coach and will provide information about Florence and places to visit. Maps are available on the coach. Advance reservations for some of the sights are highly recommended; please inquire at the Shore Excursions desk for details. Oceania recommends the Discovery Walks program as a great supplement to this tour.



Seated Tour



Light Activity



Hiking



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Meal Included

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Discover the marvels of Pisa, including its renowned Leaning Tower, during this tour of the city's most celebrated sites. After a brief drive to Pisa, you'll alight at the UNESCO World Heritage site Campo dei Miracoli, or Field of Miracles. You'll learn the medieval architectural masterpieces found here, anchored by the Leaning Tower, date from Pisa's Golden Age as a maritime power from the 11th to the 13th century. Hear the tower started listing after a mere three stories had risen due to the unstable soil found beneath the Campo dei Miracoli, and that by the time it was completed in 1350, it was too late to rectify it. Tour the outstanding duomo, or cathedral, whose multi-level colonnades and subtle interplay of marble and stone make it the archetype of the Pisan Romanesque style. See the elaborate circular baptistery and proceed into the city proper to the Piazza dei Cavalieri, which served as the civic heart of medieval Pisa and later as the headquarters of the Knights of Saint Stephen. During time on your own, behold an expressive statue of Cosimo de' Medici that sternly supervises the daily proceedings, and contemplate the enduring legacy of the miraculous Italian Renaissance.

- Journey to Pisa's Campo dei Miracoli, a UNESCO World Heritage site where eminent medieval structures stand.
- Gaze at the Leaning Tower, symbol of the city and one of the world's most beguiling structures.
- Admire the sublime Duomo di Pisa, a cathedral boasting multiple tiers of colonnades on its façade.
- Delight in the ornate circular baptistery, less known but possibly as alluring as the Leaning Tower.
- See a brilliant patchwork of Renaissance buildings and an imposing statue of Cosimo de' Medici in Piazza dei Cavalieri.
- Enjoy time on your own to stroll and shop in the maze-like lanes of enthralling Pisa.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour involves a modest amount of walking, including any walking at the guest's discretion during free time and an approximately 15-minute walk each way between the parking area and Campo dei Miracoli. There will be some steps and a very challenging ascent to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Ascending the tower is not included in the tour as timing restrictions make this difficult to incorporate. The order of sites viewed or visited may vary.

### LRN-016 CASTELLO DI BOLGHERI AND EXCLUSIVE WINE TASTING



Experience the privilege of an exclusive visit and wine tasting at the elegant Castello di Bolgheri and partake in another tasting at esteemed Le Macchiole estate on this oenophile's dream tour that includes lunch. Relax during an approximately one-hour scenic drive along gently rolling hills overlooking the sea pines and sand dunes of the Tyrrhenian Sea until you arrive at the fabulous Castello di Bolgheri, property of the Counts of Gherardesca since the 1200s. In this grand setting, you'll be served two wines produced by the estate, Castello di Bolgheri and Varvara, along with wholesome bread, extra virgin olive oil, prosciutto and savory sheep's-milk cheese. After your tasting, enjoy a guided tour of the estate and the cellars before some free time to catch a glimpse of the village's country lifestyle. You may purchase selected wines and souvenirs at the local shops before lunch at a typical Tuscan restaurant, which is nestled in a quiet and intimate setting. Delight in Le Macchiole estate, where a guide will escort you to the noble vineyards and cellars in which their award-winning wines are produced. In a private dining room, try the estate's vintages and gladly toast to your palate-pleasing excursion.

- Watch the sand dunes and sea pines of coastal Tuscany glide past during your journey by coach.
- Sample two outstanding wines paired with traditional accompaniments at the stately Castello di Bolgheri winery.
- Shop for wine and mementoes at the local shops after a tour of the castle and its cellars.
- Sit for lunch in a classic Tuscan restaurant tucked away amid serene surroundings.
- Tour the vineyards and cellars of award-winning Le Macchiole wine estate.
- Savor Le Macchiole's acclaimed wines in the comfort of a private dining room.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves moderate walking. Due to the tour's exclusive nature, there is limited availability. Only 16 guests will be able to participate in this unique Tuscan experience. Guests must be at least 18 years old to participate. Participants must be at least 21 years of age to be served alcoholic beverages.

### LRN-026 EASY FLORENCE



Enjoy the architectural and artistic splendors of Florence with minimal effort by driving around the city and spending free time in a square surrounded by fine shops and cafés. On the way there, you will stop at a leather factory. It will be an excellent introduction to Italian craftsmanship, as you will watch artisans creating exquisite leather goods by hand. Your first look at Florence will be just as memorable. While pausing for photos at hilltop Michelangelo Square, you will enjoy sweeping views and a close-up look at replicas of Michelangelo's most famous works, including David. You will be presented with other perspectives of Florence and the Arno River on the descent to St. Croce Square, where you will enjoy about 1½ hours of free time. The square couldn't be more convenient, as it allows easy access to restaurants, shops and attractions such as Santa Croce Basilica. Ponte Vecchio is within walking distance.

- Enjoy an introductory and immensely panoramic drive in and around Florence.
- Spend free time in St. Croce Square, a center of fine shops and restaurants.
- Stop at a leather factory to watch Italian craftsmen create exquisite leather goods.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This is not guided tour, but an English-speaking escort will accompany you to and from Florence and assist with any questions you may have. Conservative dress is required to enter churches. The level of exertion during free time is at each guest's discretion.



## LRN-018 SUVERETO AND SUPER TUSCAN ESTATE, TUA RITA

Duration: 6.75 Hrs Tour Price: CA\$313.00 Retail Price: CA\$509.00



Date: April 27, 2022 09:00 AM

Regent Seven Seas Cruises is proud to partner with Food & Wine Trails, America's foremost culinary travel company, in the offering of this tour. Food & Wine Trails tours are always kept intimate and visit sites not typically offered by mainstream travel suppliers. Their tours are always led by a knowledgeable, English-speaking sommelier, wine or food expert, cooking instructor or chef, who enjoys introducing visitors to some of the best and most authentic food and wine of their region. Reveal the soul of Tuscany at an unspoiled medieval village and a glorious lunch accompanied by super Tuscan wines. Discover super Tuscans were born from a group of bold winemakers' desire to create wines not in accordance with traditional blending laws. Before you visit the estate of one of these winemaking rebels and taste some of their now-celebrated vintages, begin with a brief stop in medieval Suvereto, a 10th-century hamlet surrounded by walls built to protect the stone-paved streets lined with rustic houses, historical buildings and impressive churches. Proceed to Tua Rita, a family-run winery that began as a humble family project conducted in a tiny, rustic cellar and blossomed into a staple of the cult genre. You'll marvel that every year since 1994, Tua Rita has received some of the highest ratings in the region from Wine Spectator, Wine Enthusiast, Wine Advocate and other international wine publications. As their cherished guest, you'll experience true Tuscan hospitality during a tour of their state-of-the-art cellars, followed by a delicious multi-course lunch paired with a selection of their current vintages. Hail the audacious spirit of these Tuscan wine entrepreneurs as you enjoy their exceptional bounty.

- Pause briefly in 10th-century Suvereto, a walled hamlet steeped in medieval charm.
- Discover the lauded Tua Rita winery, a pioneer in the production of sought-after super Tuscans.
- Visit the state-of-the-art cellars, where wines that have received numerous accolades are created.
- Partake in a multi-course lunch accompanied by Tua Rita's phenomenal wines.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of moderate walking/standing. There will be uneven and steep surfaces and a spiral staircase to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On occasion, due to last-minute operational issues at the wine estate, an alternate winery of similar quality and ranking may be substituted. The super Tuscan region is famed for its red wine selection, and white wine may not be served or available during the tastings. Given that a set meal is served on this excursion, guests with any dietary restrictions should advise the Destination Services Desk a minimum of 48 hours prior to the tour.

## LRN-031 BOCELLI SEASIDE & FLAVOR

Duration: 6.00 Hrs Tour Price: CA\$431.00



Date: April 27, 2022 09:00 AM

Savor Tuscan cuisine and inspiring wines at an exclusive beach club that Andrea Bocelli's family owns in the picturesque town of Forte dei Marmi. As an introduction to Tuscany, you will first stop in historical Pietrasanta in the foothills of the Apuan Alps. As you meander about during free time, be sure to see the 16th-century Fountain of Marzocco, the Cathedral of St. Martin and sections of an ancient wall from Roman times. Upon arriving at the Alpe Mare Beach Club, you will be treated to a tasting of classic wines from the Tuscan estate that the Bocelli family has owned since 1730. The wines will be paired with seafood appetizers that perfectly complement their characteristics. To enhance the experience, the guide will describe the nuances of the wines and how they are produced. A three-course lunch follows, accompanied by yet another selection of Bocelli wines. Time will also be allotted to explore the beach club at your leisure.

- Sample a selection of wines from the winery that the family of Andrea Bocelli owns.
  - Indulge in seafood appetizers and lunch at the Bocellis' exclusive Alpe Mare Beach Club.
  - Explore the classic Tuscan town of Pietrasanta on your own.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes limited walking, mainly at the guest's discretion. It is available to guests who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.

## LRN-GL2 LIVORNO'S AMBIANCE

Duration: 2.75 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00 **GL**

Date: April 27, 2022 09:15 AM

Live like a local by browsing one of Europe's oldest markets and enjoying traditional treats and beverages. Your culinary immersion will begin at the Central Market, one of the oldest markets in Europe. With more than 200 shops and stalls, the late 19th-century Art Nouveau-style market attracts those seeking extraordinarily fresh produce, cheeses and meats. Virtually every iconic Italian food, condiment and beverage is on display. While meandering from stall to stall, you can expect the aroma of freshly ground coffee, baked goods and exotic spices to be wafting through the air. Samples may be offered to whet your appetite for the chickpea pancake tasting that follows. This popular street food is a thin flatbread that is typically crispy on the outside, soft on the inside and spectacularly flavorful. As a complement, you will visit the New Venice district for a cup of Ponce Livornese, a restorative rum-and-coffee concoction that locals often order as digestives following dinner.

- Browse the hundreds of shops and stalls in Livorno's bustling Central Market.
  - Enjoy samples that vendors offer and a remarkably flavorful chickpea pancake afterwards.
  - Savor a classic spiked coffee drink that locals usually order as a digestive following meals.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about two hours of walking and standing with some inclines and cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who should evaluate their stamina and ability before joining the tour.



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## LRN-005 HIGHLIGHTS OF LUCCA

**Duration: 4.50 Hrs**   **Tour Price: CA\$0.00**

**Retail Price: CA\$130.00**

**Date: April 27, 2022 02:00 PM**

Experience compelling Tuscan art and history on this relaxing guided walking tour of scenic and off-the-beaten-path Lucca. Upon arrival in this quaint city, founded in 180 BC by the Romans, you'll notice the town's massive red-brick walls, built between 1504 and 1645 and among the best-preserved Renaissance-era defenses in Europe. Admire the Pisan Romanesque Church of San Michele in Foro, which stands on the site of the ancient Roman forum and whose exquisite colonnaded façade rivals that of Pisa's own cathedral. Pass the fabulous, tree-topped Guinigi Tower, one of several in Lucca built by the Guinigi family, rulers of the city in the 15th century, and reach the Piazza Amfiteatro, once the Roman amphitheater and today a charming elliptical square surrounded by sand-colored houses. Visit the chapel where the revered Santa Zita is interred, and tour the extraordinary Duomo di San Martino, a cathedral that holds the Volto Santo, a 13th-century wooden effigy believed by medieval pilgrims to have been carved by Christ's follower Nicodemus at the time of the Crucifixion. Conclude your tour with free time to browse Via Fillungo, the town's principal shopping street, or continue your exploration of unspoiled and magnetic Lucca.

- Appreciate an easygoing tour of Lucca, which is surrounded by unbroken, Renaissance-era red-brick walls.
- Rejoice in the ornately colonnaded façade of the Pisan Romanesque Church of San Michele in Foro.
- Look upward at the unlikely sight of trees crowning the soaring 15th-century Guinigi Tower.
- Stroll in an inviting oval plaza built on the site of the former Roman amphitheater.
- Visit the wonderful Duomo di San Martino, where a treasured 13th-century carving of Christ resides.
- Relish time on your own to shop on Via Fillungo or wander deeper into Lucca's atmospheric streets.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately two hours of walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and a few steps to climb. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Most of the shops are closed on Sundays and on Sunday mornings there are services in some of the churches.

## LRN-017 BOLGHERI AND WINE TASTING

**Duration: 4.75 Hrs**   **Tour Price: CA\$0.00**

**Retail Price: CA\$169.00**

**Date: April 27, 2022 02:00 PM**

Treasure a tasting of characteristic Tuscan wines and enjoy free time in Bolgheri, a hillside village with a medieval atmosphere, cobbled streets and unique boutiques. You'll drive through the beautiful Tuscan countryside, where ancient Etruscans produced a variety of wines, a tradition that continues to this day at Guado al Melo estate. You'll learn its evocative name means "ford at the apple tree," a reference to an ancient apple tree that marked a safe spot to cross the stream on the property. While touring Guado al Melo, absorb its commitment to craft wine with only natural ingredients and no additives. During your tasting, you'll appreciate the meticulous attention to quality, perhaps sampling an Atis Bolgheri blend of cabernet sauvignon, cabernet franc and merlot or other selections, depending on the day. Visit nearby Bolgheri, a splendid medieval village where you'll enjoy time on your own. You might stroll the narrow, cobbled streets, pausing to study the historical stone buildings, or relax in a leafy plaza and observe the joys of the town's carefree daily life. Browse quaint shops for Tuscan pottery, crystal and local wines, admiring how everything born from Tuscany seems imbued with unmistakable beauty and grace.

- Traverse the divine landscapes of Tuscany on your way to the respected Guado al Melo winery.
- Learn the estate utilizes exclusively natural ingredients with zero additives to create its wines.
- Sip on the day's selections, which may include a blend of cabernet sauvignon, cabernet franc and merlot.
- Relish time at your leisure in Bolgheri, an authentic medieval village of cobbled and cozy streets.
- Acquire crystal, pottery and regional wines in Bolgheri's welcoming shops.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes just over 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces, steps and a steep incline to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages.



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## MONTE CARLO, MONACO

### MON-006 EZE WITH FRAGONARD & MONACO

**Duration:** 5.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$208.00

**Date:** April 28, 2022 08:30 AM, 08:45 AM

Admire the magnificent attractions of the Principality of Monaco and browse artist's workshops in Èze, a medieval hilltop village with spectacular views of the sea. You'll drive to the feudal hamlet of Èze, perched on a craggy peak 1,400 feet above the Mediterranean. Enjoy a guided walking tour along the alluring pedestrian-only streets, perhaps exploring the ruins of the 12th-century castle crowning the hamlet. Shop for locally crafted artwork and perfumes or stroll to the town's botanical garden, renowned for its rare plants as well as its remarkable vistas of the glittering Côte d'Azur. You will have a nice visit to the Fragonard Perfume Factory and have the opportunity to see how various perfumes are created. Return along picturesque byways to Monaco, one of the world's smallest and most prosperous countries. You'll embark on a walking tour of the Old Town, wandering down narrow streets leading to the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's 1956 wedding and now their final resting place. View the exterior of the Prince's Palace, a 12th-century fortress that is the official residence of the Prince of Monaco, and if the timing is right, see the perfectly choreographed changing of the guard. Bask in the surprising and fascinating contrasts of the Côte d'Azur on this marvelous tour.

- Tour the pedestrian-only streets of Èze, a splendid medieval hamlet crowning a promontory.
- Take in astonishing views from Èze's 12th-century castle and botanical gardens.
- Shop in Èze's seductive perfumeries and artist workshops.
- Cherish dazzling panoramas of the French Riviera as you travel between Monaco and Èze.
- View Monaco's venerated cathedral, where Grace Kelly and Prince Rainier III are interred.
- Stop at the Prince's Palace, perhaps catching the delightfully precise changing of the guard.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves an approximately 25-minute walk up a steep incline. There will be uneven surfaces to negotiate. The tour is not recommended for guests with limited mobility or guests who utilize a wheelchair. The entrance fee to the castle and exotic garden is not included in the tour.

### MON-021 NICE & MOLINARD PERFUME CREATION

**Duration:** 4.50 Hrs **Tour Price:** CA\$130.00

**Date:** April 28, 2022 08:30 AM

Create your own custom fragrance at the Molinard perfumery in the heart of Nice, followed by a guided tour to explore the city's Old Town. During the hands-on workshop, you will design your own perfume from a selection of natural essences that you find most appealing. Using classic techniques refined by Molinard's perfumers, you will compose a personal scent that will be bottled for you to bring home. It will be an extraordinary sensory experience, as the family operated Molinard has been creating perfumes, creams and soaps since 1849. Continuing on to the Cours Saleya just a few blocks off the sea, you will enjoy time on your own to stroll the pedestrianized street. You might browse the abundant markets, snack on Nicoise cuisine and meander over to the Promenade des Anglais. It is lined with elegant hotels such as the legendary Negresco, sidewalk cafés and miles of exclusive beach.

- Create a custom fragrance to your liking at the famed Molinard perfumery in Nice.
- Bring home your personalized perfume as a memento of the experience.
- Browse the markets, shops and cafés in Nice's atmospheric Old Town.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 2 hours of walking/standing; There will be some steps and cobblestone surfaces to negotiate. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability. Weather appropriate clothing; sun cap; sunglasses; and flat, comfortable walking shoes are recommended.

### MON-007 ROTHSCHILD FOUNDATION AND VILLEFRANCHE

**Duration:** 4.50 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$195.00

**Date:** April 28, 2022 08:45 AM

Behold the treasures of exquisite Cap Ferrat on this scenic tour of the Villa & Gardens Ephrussi de Rothschild and visit to the tiny hamlet of Villefranche. Travel through the marvelous landscapes of the French Riviera to chic Cap Ferrat, where you'll discover the former residence of the Baroness Béatrice Ephrussi de Rothschild, a pink-and-white confection surrounded by verdant grounds arranged into themed gardens. Explore the wonderful estate, inspired by Italian Renaissance palazzini, and learn of the Baroness' turbulent marriage, divorce and steely independence around the turn of the 20th century. You'll enjoy a walking tour of the villa's interior, whose impressive contents include furniture ranging from the Middle Ages and the Renaissance to the 18th century, the Baroness' most favored period. Among Béatrice's myriad priceless possessions, you'll delight in her outstanding collection of French and German porcelain from Sèvres, Vincennes and Meissen. Following your enlightening visit, drive to the nearby fishing village of Villefranche, a lovely seaside town that perfectly encapsulates the exuberant spirit of the French Riviera.

- Absorb the beguiling panorama of the French Riviera's scenery as you journey to Cap Ferrat.
- Admire the Baroness Béatrice Ephrussi de Rothschild's former villa, an Italianate marvel.
- Stroll the estate's magnificent 14-acre gardens, which are divided into themed landscapes.
- Tour the villa's interior, whose rooms are furnished with beautifully maintained period pieces
- Linger over the Baroness' superlative collection of Meissen, Vincennes and Sèvres porcelain.
- Visit the quintessential French Riviera seaside village of Villefranche.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves considerable walking. It will include hills to negotiate. The tour is not recommended for guests who utilize a wheelchair or guests with mobility concerns.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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## MON-016 NICE & HILLTOP VILLAGES OF SAINT-PAUL-DE-VENCE & E:

Duration: 8.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00

Date: April 28, 2022 08:45 AM

Visit three wonderfully historical and captivating towns on the French Riviera and enjoy sweeping views as you travel between them. After departing from the pier, you will drive inland, slowly ascending into more mountainous terrain. In time, you will spot the village of Saint-Paul-de-Vence atop a spur of land between two deep valleys, where it has perched since medieval times. It is easy to imagine the village back then, as its 13th-century ramparts are still intact. Entering through the village's main gate, you will then wander the winding pedestrian-only streets and alleyways of Saint-Paul-de-Vence, one of the oldest medieval villages on the French Riviera. You can expect to pass lovely churches, shaded squares and fortified towers. Following free time, during which you might browse the shops, you will drive on to the Old Town of Nice. The labyrinthine streets are wonderfully atmospheric and lead to baroque churches, bustling markets and leafy squares. You will then enjoy more free time to dine on your own, perhaps on favorites such as *salade nicoise*, which originated in Nice. The ancient village of Eze is just as spectacular, as you will discover by walking its narrow cobblestone streets and alleyways. It is no stretch that Eze feels medieval, as the castle here was built in the 12th century. It also offers outstanding views of the French Riviera below. Please note: This tour involves approximately 4.5 hours of walking over uneven surfaces & cobblestone streets for all destinations total. In Eze & St. Paul de Vence walking is steep uphill with cobblestones and steps. In Nice there is an approx. walk of 15 minutes from the bus drop off to the old town, surfaces are mainly flat an even. This tour is not considered suitable for wheelchair guests or guests with mobility concerns. Comfortable, flat-heeled, closed-toe walking shoes are recommended.



## MON-009 MONACO HIGHLIGHTS

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$208.00

Date: April 28, 2022 09:00 AM, 09:15 AM

Explore the chic Principality of Monaco on this coach and walking tour of the tiny country's highlights that includes free time to shop, stroll or visit the glamorous Casino de Monte Carlo. In sophisticated Monaco-Ville, walk past the monumental Oceanographic Museum, which rises out of a sheer cliff overlooking the sea. Delight in the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's 1956 wedding and now their final resting place, and view the Prince's Palace, a 12th-century fortress that is the official residence of the Prince of Monaco. After time on your own for further exploration, you'll rejoin your coach for a brief drive along Monaco's thrilling Formula One race track, the Grand Prix. Spend time at your leisure exploring, shopping or visiting the fabled 1863 Casino de Monte Carlo, where familiar games such as blackjack and roulette, or the more unusual *chemin de fer* and *punto banco*, will make you feel as if you're starring in a Bond movie.

- Admire Monaco-Ville's venerated cathedral, where Grace Kelly and Prince Rainier III are interred.
- Gaze at the Prince's Palace, residence of the Grimaldi royal family for over seven centuries.
- Appreciate time at your leisure to wander or shop the fascinating area surrounding the palace.
- Drive along a section of the city's exhilarating Formula One race track.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Relish time on your own, perhaps tempting Lady Luck at the Casino de Café de Paris.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- If you wish to visit the cathedral, dress appropriately for a religious venue; shoulders and knees must be covered.
- If you wish to visit the casino during free time, bring your passport and a photo ID and take note of the required dress code.

This tour involves ½ mile of walking on level surfaces in Monaco. It is not considered suitable for guests who utilize a wheelchair or those guests with mobility concerns. Interior visits to the casino are not included. The order of sites viewed or visited may vary. To reach the Old Town area, guests will first walk from the parking area to the elevator then up the steps to the terrace. During the day, casual attire is permitted for visiting the casino and formal wear is required at night. Ripped or stonewashed jeans, sleeveless T-shirts, tracksuits, sports clothing, shorts and beachwear, sandals and flip-flops will not be permitted. There is an entrance fee of approximately 17 Euros. The Casino is only open in the afternoon from 2:00 p.m. onward for gambling.

## MON-023 MONACO HOP ON HOP OFF WITH CASINO VISIT

Duration: 6.00 Hrs Tour Price: CA\$0.00

Date: April 28, 2022 09:00 AM, 09:30 AM, 10:00 AM

See the attractions that you find most appealing and stay as long as you wish by hopping on and off buses as they make continuous loops around Monte Carlo. There are a dozen stops along the route, so you will have plenty of options. You could even remain on board the whole time and take in the sights through the windows or from atop the double-deck bus. The amount of time that you spend at each destination will be entirely up to you. You might hop off at the Oceanographic Museum, the Prince's Palace and the Cathedral of the Immaculate Conception, where in 1956 Prince Rainier II married Grace Kelly. The Princess Grace Rose Garden that the prince created as a poignant monument to his late wife is another popular spot. The entrance fee to the Monte Carlo Casino is included, so you can see the gaming rooms, boutiques and cafés of this opulent architectural masterpiece.

- Ride a double-decker bus around Monte Carlo, taking in the sights along the way.
- Hop off the bus at attractions that you find most intriguing and stay as long as you like.
- Hop on another bus whenever you wish and ride it to the next interesting attraction.
- Hear commentary that describes each attraction, so you can easily pick your favorites.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

GL Go Local Tour



Accessible Tour

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**MON-001 JEWELS OF THE COTE D'AZUR - NICE, EZE, MONACO****Duration: 8.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$208.00****Date: April 28, 2022 09:30 AM**

Delight in walking tours of three of the Côte d'Azur's fabulous towns, medieval Èze, Belle Époque Nice and glamorous Monaco. In the quaint feudal hamlet of Èze, perched on a craggy peak above the Mediterranean, enjoy a leisurely walk along the winding, pedestrian-only streets. Journey to sophisticated Monaco, passing the monumental Oceanographic Museum on your way to the Prince's Palace, a 12th-century fortress and official residence of the Prince of Monaco. Appreciate the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's wedding and now their final resting place. Gaze at the regal Place du Casino, which is anchored by the fabled Casino de Monte Carlo, the striking Hotel de Paris and the glorious Café de Paris. You'll agree the Côte d'Azur's dazzling jewels are on vivid display on this enchanting tour.

- Roam the pedestrian-only streets of Èze, a splendid medieval hamlet crowning a promontory.
- Revel in stunning views of the French Riviera's chic villages as you drive along the Côte d'Azur.
- Breathe in the divine scents of garden-fresh produce, fragrant spices and colorful flowers in the stalls lining Cours Saleya.
- Applaud Monaco's wonderful cathedral and the superb Prince's Palace during your guided walking tour.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be steep hills and uneven surfaces to negotiate. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Interior visits to the Grand Casino are not included.

**MON-001SG JEWELS OF THE COTE D'AZUR - NICE, EZE, MONACO - S****Duration: 8.00 Hrs Tour Price: CA\$130.00 Retail Price: CA\$326.00****Date: April 28, 2022 09:30 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delight in walking tours of three of the Côte d'Azur's fabulous towns, medieval Èze, Belle Époque Nice and glamorous Monaco. In the quaint feudal hamlet of Èze, perched on a craggy peak above the Mediterranean, enjoy a leisurely walk along the winding, pedestrian-only streets. Journey to sophisticated Monaco, passing the monumental Oceanographic Museum on your way to the Prince's Palace, a 12th-century fortress and official residence of the Prince of Monaco. Appreciate the revered Cathedral of Our Lady of the Immaculate Conception, site of Prince Rainier III and Grace Kelly's wedding and now their final resting place. Gaze at the regal Place du Casino, which is anchored by the fabled Casino de Monte Carlo, the striking Hotel de Paris and the glorious Café de Paris. You'll agree the Côte d'Azur's dazzling jewels are on vivid display on this enchanting tour.

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- Applaud Monaco's wonderful cathedral and the superb Prince's Palace during your guided walking tour.
- Marvel at the illustrious Casino de Monte Carlo, an architectural gem set in the Place du Casino.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes extensive walking. There will be steep hills and uneven surfaces to negotiate. The tour is not considered suitable for guests who utilize a wheelchair or guests with mobility concerns. Interior visits to the Grand Casino are not included. This tour has a limited capacity; therefore, it is recommended that guests pre-book this tour as early as possible.

**MON-002 STARS OF THE COTE D'AZUR-CANNES, GRASSE, ST. PAUL****Duration: 8.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$208.00****Date: April 28, 2022 09:45 AM**

Discover Cannes, Grasse and Saint-Paul-de-Vence, three enthralling villages of the Côte d'Azur, on this captivating tour. In Cannes' chic seaside Boulevard de La Croisette, stroll between swaying palms and stylish hotels, and on glitzy Rue d'Antibes, find one exclusive boutique after another. You'll drive through the pastoral countryside to Grasse. While touring a perfume manufacturer, you'll learn this region is considered the birthplace of French perfumes due to its abundance of water and ideal conditions for growing aromatic plants. Journey to feudal Saint-Paul-de-Vence, a town perched atop a spur of land between two deep valleys, a protected location that has preserved its 13th-century ramparts. Make your way along impossibly quaint cobbled streets once trod by Matisse and Chagall to Great Fountain Square or the grand Collegiate Church, whose construction stretched from the 14th to the 18th centuries. Browse the village's galleries, where work by local artisans is displayed, and seek French fashions or confections at a welcoming boutique or café.

- Shop along Cannes' exclusive Rue d'Antibes and view grand hotels on Boulevard de la Croisette.
- Tour a perfume maker in Grasse, a medieval village blessed with an abundance of aromatic greenery.
- Wander the feudal hamlet of Saint-Paul-de-Vence, which inspired artists from Chagall to Modigliani.
- Appreciate time on your own for lunch or exploration of the town's narrow, cobbled streets.
- Browse local art at an inviting gallery and select French creations at one of the village's many boutiques.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately four hours of walking. There will be uneven surfaces and steps to negotiate. The tour is not considered suitable for guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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### MON-003 SCENIC ST. PAUL DE VENCE

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$182.00

Date: April 28, 2022 02:00 PM

Experience sublime Saint-Paul-de-Vence, a medieval village that has long inspired artists. Approaching Saint-Paul-de-Vence, you'll see the town perched atop a spur of land between two deep valleys, a protected location that has preserved its 13th-century ramparts. Immerse yourself in the town's winding pedestrian-only streets, passing lovely churches, shaded squares and fortified towers. You'll understand why this setting has been a muse to artists through the ages, especially in the 1920s when Signac, Modigliani and Bonnard put brush to canvas surrounded by picturesque views. Make your way along impossibly quaint cobbled streets once trod by Matisse and Chagall, perhaps dipping into Saint-Paul-de-Vence's galleries, where work by local artisans is on display, or lingering at an enticing market brimming with freshly-cut flowers and irresistible treats. You'll awaken your own inspiration on this unforgettable visit to magical Saint-Paul-de-Vence.

- Uncover one of France's most quaint feudal towns, the walled hamlet of Saint-Paul-de-Vence.
- Wander the narrow, cobbled streets that inspired artists from Chagall to Modigliani.
- Browse local arts and crafts at a compelling gallery and select vibrant blooms from an outdoor market.
- Wear casual, weather-appropriate clothing and comfortable, closed-toe walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour involves approximately 2 hours of strenuous walking on uneven surfaces with many steep inclines, and numerous stairs to climb along the sides of most streets and boutique entrances in the village. This tour is not considered suitable for wheelchair guests or those with mobility concerns.

### MON-004 SCENIC FRENCH RIVIERA & FRAGONARD PERFUME FACTORY

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: April 28, 2022 02:15 PM

Journey past fashionable villages along the awe-inspiring Corniches (middle and lower), one of France's most picture-perfect roadways, on this panoramic tour with a photo stop. As you wind your way uphill along this legendary route, you'll glimpse the entirety of glittering Monaco-Ville and Monte Carlo from above. You'll absorb expansive views of the French Riviera's coastal hills from the Middle Corniche, along which the medieval village of Èze rests prettily. Capture memorable photos from a square at the foot of the mountains during an approximately 30-minute stop. Back in your coach, watch a potpourri of iconic French villages come into view, including Beaulieu, Saint-Jean-Cap-Ferrat, Villefranche, Nice and Cap d'Antibes. You will have a nice visit to the Fragonard Perfume Factory and have the opportunity to see how various perfumes are created. As you ease into the Lower Corniche, you'll revel in even more impossibly beautiful scenery and tony seaside towns before returning to Monte Carlo, the ultimate gem in this necklace of French pearls.

- See the superb Principality of Monaco from above as you ascend into the hills.
- Bring out your camera during a leisurely break in the timeless village of Èze.
- Watch classic French towns slipping by on your drive along the Middle and Lower Corniches.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

A visit of Èze village is not included. It is available to guests with limited mobility who utilize a collapsible wheelchair, can make their way on and off the coach and have a companion to assist them.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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Accessible Tour

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## ❖ TOULON, FRANCE

### TLN-001 GLITTERING ST. TROPEZ & PORT GRIMAUD

**Duration: 7.50 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$248.00**

**Date: April 29, 2022 09:00 AM**

Explore the distinctive enclaves of Saint-Tropez, Port Grimaud and Grimaud on this tour highlighting the best of the French Riviera. Settle in for a picturesque drive through the magnificent coastline of the Côte d'Azur toward Saint-Tropez, one of Europe's most chic getaways. During your walking tour, marvel at the port's sleek yachts and pastel-hued historic homes converted into cafés, luxury boutiques and antique shops. Relish time on your own to shop or perhaps dip into an inviting bistro. If you're an art lover, visit the Annonciade Museum to see marvelous works by Seurat, Matisse and Signac, among others. You'll adore modern Port Grimaud, a resort town designed to evoke Venice by means of its intricate network of canals spanned by arched bridges and lined with colorful homes built to the water's edge. During time on your own, you may walk to the ruins of an 11th-century château that overlooks the Gulf of Saint-Tropez and roam the heart of the village, a warren of narrow streets showcasing beautifully restored medieval dwellings. In this tranquil setting, contemplate the myriad treasures of the French Riviera.

- Delve into Saint-Tropez during a walking tour of its quaint port and stone-paved lanes.
- Appreciate time at your leisure to dine, shop or view a Matisse or two at the Annonciade Museum.
- Feel transported to Venice in Port Grimaud, a 1960s seaside village interwoven by countless canals.
- Visit the superb medieval village of Grimaud, perched high above the Gulf of Saint-Tropez.
- Wander down immaculately preserved 15th-century streets boasting historic stone-built homes.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of moderate walking, mostly at the guest's discretion during free time. There are some uneven surfaces to negotiate. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of sites viewed or visited may vary. The Annonciade Museum is closed on Tuesdays.

### TLN-001SG GLITTERING ST. TROPEZ & PORT GRIMAUD - SMALL GR

**Duration: 7.50 Hrs**   **Tour Price: CA\$130.00**   **Retail Price: CA\$326.00**

**Date: April 29, 2022 09:00 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Explore the distinctive enclaves of Saint-Tropez, Port Grimaud and Grimaud on this tour highlighting the best of the French Riviera. Settle in for a picturesque drive through the magnificent coastline of the Côte d'Azur toward Saint-Tropez, one of Europe's most chic getaways. During your walking tour, marvel at the port's sleek yachts and pastel-hued historic homes converted into cafés, luxury boutiques and antique shops. Relish time on your own to shop or perhaps dip into an inviting bistro. If you're an art lover, visit the Annonciade Museum to see marvelous works by Seurat, Matisse and Signac, among others. You'll adore modern Port Grimaud, a resort town designed to evoke Venice by means of its intricate network of canals spanned by arched bridges and lined with colorful homes built to the water's edge. During time on your own, you may walk to the ruins of an 11th-century château that overlooks the Gulf of Saint-Tropez and roam the heart of the village, a warren of narrow streets showcasing beautifully restored medieval dwellings. In this tranquil setting, contemplate the myriad treasures of the French Riviera.

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- Appreciate time at your leisure to dine, shop or view a Matisse or two at the Annonciade Museum.
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- Visit the superb medieval village of Grimaud, perched high above the Gulf of Saint-Tropez.
- Wander down immaculately preserved 15th-century streets boasting historic stone-built homes.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately three hours of moderate walking, mostly at the guest's discretion during free time. There are some uneven surfaces to negotiate. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of sites viewed or visited may vary. The Annonciade Museum is closed on Tuesdays.

### TLN-002 BEAUTIFUL BORMES

**Duration: 4.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$169.00**

**Date: April 29, 2022 09:00 AM**

Stroll the cobbled streets of Bormes-les-Mimosas, a hillside village known for its medieval architecture and flowering mimosa trees. Drive through the breathtaking landscape of the Massif des Maures mountains to Bormes-les-Mimosas, a medieval gem cascading down a slope toward the glittering sea. Relish an approximately one-hour guided walking tour of the village's cobbled, atmospheric streets, including a flower-bedecked walk that takes you to the castle ruins, which have been partially restored as a delightful residence. Take in spectacular views over Bormes-les-Mimosas, Cap Bénat and the Golden Isles from a terrace just beyond the castle. At the conclusion of your tour, you'll enjoy time at your leisure to stroll the winding streets or browse for mimosa-scented soaps, perfumes and essential oils in one of the town's inviting boutiques. Perhaps seek out one of the many workshops housing artists who have been inspired, as you'll surely be too, by the brilliant light and exceptional beauty of Bormes-les-Mimosas.

- Journey through the scenic ridges of the Massif de Maures to marvelous Bormes-les-Mimosas.
- Delight in a walking tour of this perfumed village, where gorgeous mimosa trees abound.
- View the alluring remains of the castle that crowns Bormes-les-Mimosas.
- Marvel at sweeping vistas stretching out from the village to the distant Golden Isles.
- Enjoy time on your own to shop for mimosa-based products or locally crafted works of art.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate-to-strenuous walking, plus any additional walking at the guests' discretion during free time. There will be some steep inclines and stairs to negotiate. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## TLN-003 DISCOVER MARSEILLE

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$182.00

Date: April 29, 2022 09:15 AM

Journey to ebullient Marseille, where you'll enjoy a guided walking tour to its superb basilica and free time at the Old Port. Approach the venerable port town via a seaside road offering spectacular views of the Côte d'Azur, the Massif de Marseilleveyre peaks and the islands beyond. Embark on a walking tour that culminates at the Notre-Dame de la Garde basilica, a 19th-century wonder built atop a limestone outcrop that towers over Marseille. You'll delight in this neo-Byzantine church, whose belfry soars nearly 200 feet and is topped with a titanic gold-leafed statue of the Madonna and Child. You might ascend an additional 120 steps to the sanctuary's observation area for an outstanding panoramic vista of the city and sea, but excellent views can also be enjoyed from the church's grounds. From here, cast your eyes north toward the town's Old Port, founded by the Greeks around 600 BC. You'll have approximately 30 minutes of free time in this compact waterfront area, where sailboats bob in the harbor, cafés spill onto the sidewalks and shops display an endless array of goods. As you roam the mostly pedestrian-only streets, you'll rejoice in this charming city's élan.

- Take in marvelous views of the sparkling Mediterranean as you drive along the Côte d'Azur.
- Marvel at Notre-Dame de la Garde, the neo-Byzantine basilica rising above Marseille.
- Admire the colossal gold-leaf Madonna and Child crowning the church's 200-foot belfry.
- Climb 120 steps to enjoy sweeping city views from the sanctuary's observation area, if you choose.
- Delve into Marseille's alluring Old Port during time at your leisure.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be approximately 250 steps to negotiate at the cathedral, although guests may elect to stay with the coach. The tour is not available to guests who utilize a wheelchair or guests with mobility concerns. Travel time to Marseille is approximately 90 minutes by coach in each direction.

## TLN-009 THE MAGNIFICENT MEDIEVAL VILLAGES OF PROVENCE

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$248.00

Date: April 29, 2022 09:15 AM

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection Explore two classic Provençal villages, one a celebrated pottery center, the other renowned for its sweet nougat treats. Originally fortified, Le Castellet still looks somewhat imposing and you will enter through one of two ancient gates. One of the best views of the countryside is from the hilltop castle that now houses the town hall. An even older landmark is the 12th-century Church of Saint-Sauveur, which you will also see before enjoying free time to shop for ceramics and colored tiles. The nearby village of Ollioules is equally charming, especially its ancient quarter, where excavations are often in progress. As you walk through the winding atmospheric streets, you can't help but feel a sense of history, which the guide will enhance with enlightening commentary. Ollioules is also acclaimed for its nougat, and a factory tour will reveal how the confection is made. You may sample nougat flavored with hazelnut, raspberry, figs or other locally grown products.

- Meander through two wonderfully atmospheric Provençal villages, each with its own personality.
- See the landmarks in hilltop Le Castellet and spend free time shopping for exquisite ceramics.
- Explore Ollioules and sample its signature nougat after touring a factory where it's made.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

## TLN-010 BEAUTIFUL SANARY & BISCUITS FACTORY

Duration: 4.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$234.00

Date: April 29, 2022 09:15 AM

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection The only thing better than eating fresh biscuits and cookies is watching how they're made and then feasting on them. You will have that opportunity at an artisanal factory in the coastal village Six-Fours, where you will enjoy a behind-the-scenes tour. You can expect to see Provençal favorites like crispy croquant cookies and shortbread navette biscuits being baked, and then sample a selection of them before heading off to the resort town Sanary sur Mer. During free time, you might admire the colorful wooden fishing boats at the marina and explore the 13th-century watchtower once used to defend the town from invaders. Nearby, you will find a museum that pays homage to pioneers of modern diving such as Jacques Cousteau that tested their specialized equipment in the deep waters off shore. Sanary sur Mer is one of the sunniest places in France, so chances are you will enjoy excellent weather as you meander about.

- Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection
- Watch Provençal biscuits and cookies being made and then taste a selection of them.
- Explore Sanary sur Mer on your own and focus on the places you find most interesting.
- Discover how Jacques Cousteau tested his diving innovations in the waters off shore.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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## TLN-004 AIX EN PROVENCE

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$169.00

Date: April 29, 2022 09:30 AM

Enjoy a leisurely walking tour of alluring Aix-en-Provence, an elegant provincial city with a noble heritage. Rejoice in a picturesque drive through the Provençal countryside, a verdant patchwork of gentle foothills and bucolic valleys that stirs the imagination and stimulates the senses. Begin your exploration of magnetic Aix in the Old Quarter, meandering through narrow, cobbled lanes to Cours Mirabeau, a lively boulevard shaded by 200-year-old plane trees that is framed by cafés, bookshops and splendid mansions. Admire the Cathedral of the Holy Savior, which was built over ten centuries, resulting in its intriguing meld of architectural styles. During time on your own, you might retrace the steps of Cézanne by visiting his studio, where he painted some of his largest and most ambitious works, including *The Woman with the Coffee Pot*. Perhaps look for the 16th-century belfry, which boasts a marvelous astronomical clock from 1661, or shop the tantalizing boutiques of the elegant Mazarin District. Relax at an inviting café beside one of the ornate fountains gracing this refined city and soak up the charmed Provençal way of life.

- See the medieval villages and rolling hills of the French countryside on your journey to Aix-en-Provence.
- Wander through the labyrinthine, stone-paved streets of Aix's beguiling Old Quarter.
- Stroll under lofty 200-year-old plane trees in Aix's bustling Cours Mirabeau.
- Gaze at the Cathedral of the Holy Savior, an architectural hodge-podge that took a millennium to build.
- Revel in time to shop or explore at your leisure, perhaps stopping at Cézanne's revered studio.
- Find bubbling fountains and a dazzling astronomical clock in Aix's engaging Old Town.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns. The order of sites viewed or visited may vary. Travel time to Aix-en-Provence is approximately 75 minutes by coach in each direction.

## TLN-006 HIGHLIGHTS OF CASSIS

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$190.00

Date: April 29, 2022 09:30 AM

Delight in a guided walking tour and time at your leisure in fabulous Cassis, a quintessential icon of the Côte d'Azur. You'll explore the stone-paved streets of Cassis' tranquil Old Town, which is lined with pastel-colored houses, limestone cliffs and stately plane trees. As you inhale the aromas of Provençal herbs while gazing at the village's splendid scenery, you'll understand why the town has attracted artists for generations, including painters Raoul Dufy, Paul Signac and Georges Braque. During time on your own, perhaps you'll visit the Chapel of the Town Hall, an alluring 1649 building that was once a private manor, or seek out La Fontaine des Quatre Nations, an homage to a 17th-century Parisian fountain of the same name commissioned by Louis XIV. Strolling in the shimmering harbor, you might spot fishermen unloading the daily catch, an evocative tableau that perfectly encapsulates the delightfully unspoiled village of Cassis.

- Enjoy a guided walking tour of marvelous Cassis' Old Town, steeped in the herbal fragrances of Provence.
- Relish time at your leisure to explore the serene squares and fountains of this storied village.
- Watch fishermen ply their venerable trade as they have for centuries in Cassis' picturesque port.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The order of sites viewed or visited may vary.

## TLN-008 E-BIKE IN THE VINEYARDS FROM LA CADIRE D'AZUR

Duration: 4.00 Hrs Tour Price: CA\$261.00

Retail Price: CA\$522.00

Date: April 29, 2022 09:30 AM

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection Ride an electric bike from the enchanting village of La Cadere d'Azur through the vineyards of the Bandol region, where you will pause to sample a selection of characteristic wines. The e-bike will boost your pedal power, allowing you to ride farther and negotiate the hills with considerably less effort. You will notice the difference and ease of operation as you ride through the vineyards, whose dominant varietal is Mourvèdre, a late-season, slow-maturing grape that flourishes in the Bandol terroir. A natural amphitheater shelters the south-facing terraced vineyards, resulting in a landscape that is as beautiful as it is ideal for growing grapes. The wine domain for your tasting will be chosen the day of your ride, but you can expect to sample a red made with Mourvèdre that may be blended with Grenache and Cinsault. As an accompaniment, you will be served fougasse, a crusty Provençal flat bread whose origins date to Roman times.

- Bike the easy way, using an electric-enhanced bicycle that will boost your pedaling power.
- Ride through the Bandol vineyards and learn about the celebrated terroir.
- Sample a selection of wines at one of the most esteemed wine domains.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## TLN-011 BORMES LES MIMOSAS & WINE TASTING

**Duration: 5.00 Hrs**   **Tour Price: CA\$208.00**   **Retail Price: CA\$431.00**

**Date: April 29, 2022 12:30 PM**

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection Walk through the enchanting streets of Bormes Les Mimosas and linger at a winery while sampling a half dozen characteristic Provençal wines. The flowers should be in full bloom as you explore Bormes Les Mimosas, which is named in part for its pink-blossomed mimosa trees. You can also expect the fragrance of chamomile, eucalyptus and oleander to be wafting through the air, making the setting even more inviting. Artists have long been drawn to the village, which perches on a hillside so steep that one of its streets is called the "neck breaker." That precipitousness ensures panoramic views from nearly everywhere. The nearby family-owned winery Domaine de l'Anglade will offer pleasures of a different sort, as you sample wines that will likely include a gold medal-winning rosé. Toast topped with olive paste and goat cheese will be served as an accompaniment. The only winery in Le Lavandou, Domaine de l'Anglade blankets a prime seaside property.

- Explore Bormes Les Mimosas, a village known for its abundant blooming vegetation.
- Take in the extraordinary sights that the village's steep streets afford.
- Sample a selection of inspiring wines at the only winery in nearby Le Lavandou.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

## TLN-007 LE CASTELLET & SANARY SUR MER

**Duration: 4.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$182.00**

**Date: April 29, 2022 01:30 PM**

Roam the feudal town of Le Castellet and the seaside resort of Sanary-sur-Mer for a glimpse of the Côte d'Azur's enthralling contrasts. Travel inland for a guided walking tour of Le Castellet, a classic Provençal village perched above fertile plains and vineyards. Enter the hilltop hamlet through one of two ancient gates and delight in its jumble of cobbled streets, leafy squares and medieval stone buildings adorned with cascading bougainvillea. Take in marvelous views beside a 15th-century hilltop château and uncover the charm of the 12th-century Church of Saint-Sauveur. During time at your leisure, you might browse the village's renowned pottery shops and artist's ateliers. You'll drive to Sanary-sur-Mer, a lovely port town adorned with colorful façades, shaded walkways and hundred-year-old trees. Discover a Romanesque defensive tower dating to the 13th century and the modest 16th-century Notre-Dame de Pitié church, whose bell was rung to warn residents of approaching foes. You'll learn it was in Sanary-sur-Mer that Jacques Cousteau developed the groundbreaking equipment that forever changed diving, another captivating facet of this village with a foot in the veiled past and another in the luminous present.

- Discover the hamlet of Le Castellet, a compact medieval jewel set upon the tip of a promontory.
- Enjoy fabulous views of surrounding Provence from a lookout adjoining a 15th-century château.
- Delight in free time to stroll and shop the village's famed ceramics and tiles.
- Rejoice in the seaside charm of Sanary-sur-Mer, an alluring cluster of pastel-hued buildings.
- Admire a 13th-century tower and the historic 16th-century Notre-Dame de Pitié
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some steep inclines to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns. The order of sites viewed or visited may vary.

## TLN-007SG LE CASTELLET & SANARY SUR MER - SMALL GROUP

**Duration: 4.00 Hrs**   **Tour Price: CA\$91.00**   **Retail Price: CA\$287.00**

**Date: April 29, 2022 01:30 PM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Roam the feudal town of Le Castellet and the seaside resort of Sanary-sur-Mer for a glimpse of the Côte d'Azur's enthralling contrasts. Travel inland for a guided walking tour of Le Castellet, a classic Provençal village perched above fertile plains and vineyards. Enter the hilltop hamlet through one of two ancient gates and delight in its jumble of cobbled streets, leafy squares and medieval stone buildings adorned with cascading bougainvillea. Take in marvelous views beside a 15th-century hilltop château and uncover the charm of the 12th-century Church of Saint-Sauveur. During time at your leisure, you might browse the village's renowned pottery shops and artist's ateliers. You'll drive to Sanary-sur-Mer, a lovely port town adorned with colorful façades, shaded walkways and hundred-year-old trees. Discover a Romanesque defensive tower dating to the 13th century and the modest 16th-century Notre-Dame de Pitié church, whose bell was rung to warn residents of approaching foes. You'll learn it was in Sanary-sur-Mer that Jacques Cousteau developed the groundbreaking equipment that forever changed diving, another captivating facet of this village with a foot in the veiled past and another in the luminous present.

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- Admire a 13th-century tower and the historic 16th-century Notre-Dame de Pitié
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some steep inclines to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for guests with mobility concerns. The order of sites viewed or visited may vary.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included



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## PALAMOS, SPAIN

### PMS-002 SPAIN'S FAMOUS COSTA BRAVA

**Duration:** 5.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$117.00

**Date:** April 30, 2022 08:30 AM, 08:45 AM

Fall under the spell of the Costa Brava during visits to magical Tossa de Mar and a lush botanic garden in Lloret de Mar. Settle in for a fetching drive through the Costa Brava's wilderness, one of Spain's most picturesque regions. You'll be dazzled by Tossa de Mar, a beachfront village Marc Chagall nicknamed "Blue Paradise" for its spectacular quality of light but which could easily apply to its pristine turquoise waters. During your walking tour, stroll along cobblestone streets past fairy-tale towers and medieval walls, seeing the splendid former Governor's House, the 18th-century Church of Sant Vicenç and the superbly preserved fortress that overlooks the bay. You'll marvel at this impossibly photogenic fortification, which was built in 1187 on a pine-tree-covered headland jutting into the sea. Farther down the coast, revel in the equally enchanting village of Lloret de Mar, where you'll visit the serene Santa Clotilde Gardens. Amble along winding paths and overlapping terraces past classical sculptures, cascading fountains and bubbling springs. You'll appreciate the Italian Renaissance style of this wonderful cliffside garden, which affords spectacular views of the utterly breathtaking Costa Brava and the glittering Mediterranean.

- Cherish the walled hamlet of Tossa de Mar, which Marc Chagall dubbed "Blue Paradise."
- Tour the alluring landmarks of this seaside village, including the neoclassical Church of Sant Vicenç.
- Gaze at the intact towers and battlements of Tossa de Mar's magnificent 1187 fortress.
- Delight in the Italianate details of the exquisite Santa Clotilde Gardens in Lloret de Mar.
- Take in sweeping vistas of the glorious Costa Brava from one of the garden's terraces.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking. There will be hills and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair or guests with mobility concerns.

### PMS-002SG SPAIN'S FAMOUS COSTA BRAVA - SMALL GROUP

**Duration:** 5.00 Hrs **Tour Price:** CA\$65.00 **Retail Price:** CA\$261.00

**Date:** April 30, 2022 08:30 AM, 08:45 AM

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Fall under the spell of the Costa Brava during visits to magical Tossa de Mar and a lush botanic garden in Lloret de Mar. Settle in for a fetching drive through the Costa Brava's wilderness, one of Spain's most picturesque regions. You'll be dazzled by Tossa de Mar, a beachfront village Marc Chagall nicknamed "Blue Paradise" for its spectacular quality of light but which could easily apply to its pristine turquoise waters. During your walking tour, stroll along cobblestone streets past fairy-tale towers and medieval walls, seeing the splendid former Governor's House, the 18th-century Church of Sant Vicenç and the superbly preserved fortress that overlooks the bay. You'll marvel at this impossibly photogenic fortification, which was built in 1187 on a pine-tree-covered headland jutting into the sea. Farther down the coast, revel in the equally enchanting village of Lloret de Mar, where you'll visit the serene Santa Clotilde Gardens. Amble along winding paths and overlapping terraces past classical sculptures, cascading fountains and bubbling springs. You'll appreciate the Italian Renaissance style of this wonderful cliffside garden, which affords spectacular views of the utterly breathtaking Costa Brava and the glittering Mediterranean.

- Cherish the walled hamlet of Tossa de Mar, which Marc Chagall dubbed "Blue Paradise."
- Tour the alluring landmarks of this seaside village, including the neoclassical Church of Sant Vicenç.
- Gaze at the intact towers and battlements of Tossa de Mar's magnificent 1187 fortress.
- Delight in the Italianate details of the exquisite Santa Clotilde Gardens in Lloret de Mar.
- Take in sweeping vistas of the glorious Costa Brava from one of the garden's terraces.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking. There will be hills and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair or guests with mobility concerns.

### PMS-003 TROLLEY TRAIN PANORAMIC TOUR

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00 **Retail Price:** CA\$117.00

**Date:** April 30, 2022 08:30 AM, 12:45 PM

Journey across the picturesque Costa Brava in a comfortable trolley train to three inspiring medieval villages. Begin your tour in stunning Peratallada, whose evocative name translates to "carved stone," a material abundantly used in the town's age-old buildings, archways and defensive walls. Admire Peratallada's delicate 14th-century palace and the twin-towered castell, or castle, before setting off on the trolley for your next destination. You'll be equally enchanted by the quaint hamlet of Palau-sator, a minuscule cluster of medieval buildings lining narrow, concentric streets. As you depart the town, perhaps you'll see farmers at work in a field of grain or a flock of sprightly sheep being herded across the road. Revel in the walled city of Pals, a village declared a Historic-Artistic Monument by Spain's government, due to its time-traveling, authentic medieval atmosphere. During free time at your leisure, stroll cobblestone streets among centuries-old buildings, with the aroma of fresh-cooked paella, a local favorite, wafting through the air. You'll delight in the nearly unchanged atmosphere of these marvelous holdovers from the Middle Ages.

- Roam the cobbled streets of Peratallada, a medieval hamlet built almost entirely of stone.
- Admire the tiny hamlet of Palau-sator, an off-the-beaten-path gem that is utterly unspoiled.
- Lose yourself in Pals, a Spanish Historic-Artistic Monument that is a perfect snapshot of the Middle Ages.
- Enjoy time on your own for further exploration of Pals' alluring age-old streets.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes a limited amount of walking, mainly at the guest's discretion during free time. There will be hills and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. The tour is a leisurely, panoramic drive accompanied by a local guide giving brief and basic information on the local culture, history and folklore.



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Meal Included

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## PMS-004 PERALADA CASTLE WINE CELLARS

**Duration: 5.00 Hrs**   **Tour Price: CA\$130.00**   **Retail Price: CA\$326.00**

**Date: April 30, 2022 08:30 AM**

Sample signature wine and sparkling cava at the remarkable Castle of Peralada, where Carmelite monks introduced winemaking in the Middle Ages. Journey through the picturesque Costa Brava to Peralada, whose 14th-century castle is so renowned that its imposing twin towers have become a symbol for the entire region. You'll discover that the medieval monks kept meticulous records of their winemaking in hand-written Gothic documents and parchments, which are now kept in the castle's venerable library. During your tour of the wine cellar, you may taste a cherry-red crianza, an elegant sauvignon blanc or perhaps a sparkling cava brut rosado, known for its complex, fruity taste. You'll appreciate how the soil in this part of Catalonia produces grapes with a wide range of nuances, beautifully captured by the castle's wines. Relish time on your own to browse the castle's captivating museum and shop in the bodega, where in addition to wine, you'll find other local delicacies such as silken olive oil and bracing vinegar. Experience the culmination of centuries of winemaking tradition on this extraordinary tour.

- Traverse the scenic Costa Brava on your way to Peralada, an alluring medieval village.
- Visit the 14th-century Castle of Peralada, whose round, crenellated towers have become regional icons.
- Study centuries-old Gothic parchments inscribed by Carmelite monks in the castle's library.
- Savor the castle's delicate wines and cavas, including sauvignon blanc and sparkling rosé.
- Shop for fine vintages as well as delectable olive oil and vinegar in the castle's bodega.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be some steps to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Participants must be at least 21 years of age to be served alcoholic beverages.

## PMS-007 GAUDIS BARCELONA

**Duration: 8.50 Hrs**   **Tour Price: CA\$169.00**   **Retail Price: CA\$365.00**



**Date: April 30, 2022 08:30 AM**

Allow architecture to reign supreme on this tour of some of the world's most imaginative buildings in Barcelona, where you will see two Antoni Gaudí masterpieces and a re-created village. Journey to sophisticated Barcelona and admire the La Sagrada Família, Antoni Gaudí's soaring masterpiece. You'll learn construction on this extraordinary sanctuary began more than 130 years ago, yet today the church is still years from completion. Nevertheless, you'll stand in awe before countless stained-glass windows, ornate spires and beguiling sculptures which have earned the cathedral a UNESCO World Heritage site designation, despite the building's incomplete condition. At Casa Batlló, another UNESCO World Heritage site with Gaudí's unmistakable touch, lose yourself in the 1904 building's sinuous curves, vivid tilework and fanciful details inspired by living organisms. For a taste of Spanish life through the ages, you'll tour the nearly 100-year-old El Poble Espanyol, where 117 buildings showcase a range of architectural styles from Aragon, the Basque Country, Catalonia and many of the country's other fascinating regions. As you savor a satisfying Catalan lunch, ponder the captivating architectural heritage of this beguiling land.

- Gaze in wonder at La Sagrada Família, Antoni Gaudí's masterpiece and a UNESCO World Heritage site.
- View a dizzying array of compelling sculptures, intricate towers and vivid stained glass at La Sagrada Família.
- Marvel at the inventiveness of Gaudí's undulating Casa Batlló, a UNESCO World Heritage site.
- Wander among 117 buildings representative of many of Spain's regions at El Poble Espanyol.
- Indulge in a lunch of Catalan favorites at one of El Poble Espanyol's excellent restaurants.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guests' discretion during free time. There will be steps and uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns. Due to local traffic restrictions, buses cannot stop in front of La Sagrada Família and it is a 15-minute walk from the bus parking area to the site. Travel time to Barcelona is approximately 1 ½ hours by coach in each direction.

## PMS-009 BEGUR AND THE RUINS OF EMPURIA

**Duration: 8.00 Hrs**   **Tour Price: CA\$117.00**   **Retail Price: CA\$313.00**



**Date: April 30, 2022 08:30 AM**

Delve into the complex history of the alluring Costa Brava on this tour of medieval villages once inhabited by Greeks, Romans and Arabs. In Begur, a seaside hamlet of intimate coves embraced by fragrant pine tree copses, stroll along quaint streets lined with Moorish architecture. You'll glimpse the striking silhouette of Begur's cliff-top castle perched above the town, a reminder of more turbulent times. Roam the excavated ruins of Empúries, a seaside settlement occupied by the Greeks and later Romans, who built a thriving community of temples, mosaic-adorned homes and agora markets. Tour the spectacular archaeological site, which flourished as a commercial hub because of its location at the confluence of several ancient trade routes. After enjoying a traditional Catalan lunch, revel in the walled city of Pals, a village declared a Historic-Artistic Monument by Spain's government due to its time-traveling, authentic medieval atmosphere. Stroll cobblestone streets among centuries-old buildings, with the aroma of fresh-cooked paella, a local favorite, wafting through the air. You'll surely hear distant echoes of the past in the Costa Brava's once-bustling agoras and medieval market squares.

- View intimate coves and Moorish-style homes in the dazzling beachfront village of Begur.
- Explore the ruins of Empúries, an outstanding Greek and Roman archaeological site.
- Lose yourself in Pals, a Spanish Historic-Artistic Monument and perfect snapshot of the Middle Ages.
- Relish a lunch of Catalan delicacies at a specially selected restaurant.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability.



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## PMS-WT2 THE HEALING POWER OF THERMAL WATER

**Duration: 5.00 Hrs**   **Tour Price: CA\$208.00**   **Retail Price: CA\$404.00**

**Date: April 30, 2022 08:30 AM**

Reap the benefits of the mineral-rich thermal waters at Balneario Vichy Catalan, a 19th-century Modernista-style hotel and spa, where you will enjoy a series of restorative therapies and treatments. The water here absorbs minerals from the subsoil on its way to the surface, where it emerges bubbling at 140 degrees Fahrenheit. Those natural minerals include sodium, potassium, calcium and magnesium, which have various properties that aid health and well-being. The minerals impart a distinctive taste to the water, as you will discover by sampling a glass of Viñachy, a special concoction of Vichy Catalan water mixed a small amount of alcohol. Afterwards, you will enjoy the therapeutic properties of the famed thermal waters. The circuit of treatments will include soaking in a thermal pool, taking a bi-thermal shower and foot bath, and relaxing in a Hammam steam bath and Finnish sauna. The cumulative effects tend to relieve pain, relax muscles and reduce inflammation.

- Enjoy a series of restorative therapies and treatments at a 19th-century hotel and spa.
  - Soak in a thermal pool, enjoy a bi-thermal treatment and relax in a steam bath and sauna.
  - Reap the benefits of the thermal waters, which may include pain relief.
- Dress in weather-appropriate clothing. • Wear a swimsuit under your clothes. • Wear flat comfortable walking shoes.

This tour involves easy walking with approximately 20 steps to negotiate. It is not available for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Children must be at least 14 years old to participate in the thermal circuit. This tour must be purchased no later than 3 days prior to the operating date. Cancellations made within 3 days or less are subject to a 100% cancellation penalty.

## PMS-005 DISCOVER MEDIEVAL GIRONA CITY

**Duration: 5.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$143.00**

**Date: April 30, 2022 08:45 AM, 09:00 AM**

Explore the labyrinthine, cobbled streets of Girona's walled medieval district, including one of Europe's best-preserved Jewish quarters and 12th-century Arab baths, on this walking tour into the past. You'll journey inland to mesmerizing Girona, an ancient town so steeped in history it is sometimes referred to as the Immortal City. Enjoy a comprehensive walking tour of Girona's walled Old Quarter, whose highlight is a beautifully preserved Jewish district. Realize the quarter's name of El Call is derived from the Hebrew word kahal, meaning community. As you roam the narrow, winding streets, look for 14th-century Hebrew inscriptions carved in the age-old stone façades. Browse the captivating Jewish History Museum, where exhibitions include ornate silver jewelry and Spain's largest collection of Jewish tombstones. You'll visit the remarkable Arab Baths, dating to the 1100s and built in a Romanesque style with Islamic influences. Wander to Girona's wonderful Romanesque Monastery of Sant Pere de Galligants and the Torre Gironella, a defensive tower destroyed by Napoleon in 1814 and later rebuilt. Time permitting, relish free time to further explore Girona's warren of alluring streets, where the call of history beckons around every corner.

- Seek out 14th-century Hebrew inscriptions on the walls of Girona's ancient Jewish Quarter.
- View Spain's largest collection of Jewish tombstones in the enlightening Jewish History Museum.
- Explore Girona's Arab Baths, once part of a 12th-century residence and later a convent's laundry.
- Stroll to a well-preserved Romanesque monastery and a tower attacked by Napoleon in 1814.
- Shop or further explore the countless medieval landmarks of Girona on your own, time permitting.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns.

## PMS-008 BARCELONA ON YOUR OWN

**Duration: 8.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$130.00**

**Date: April 30, 2022 08:45 AM**

Explore Barcelona independently with ample free time to view Gaudí's masterpieces, roam the Gothic Quarter or stroll along the elegant boulevards of La Rambla and Passeig de Gràcia. Travel south to the glorious port city of Barcelona, where for five hours you may do as you please. Perhaps you'll see La Sagrada Família, Antoni Gaudí's soaring masterpiece, whose countless stained-glass windows, ornate spires and beguiling sculptures have earned the cathedral a UNESCO World Heritage site designation, despite the building's incomplete condition. At Casa Batlló, another UNESCO World Heritage site with Gaudí's unmistakable touch, lose yourself in the 1904 building's sinuous curves, vivid tilework and fanciful details inspired by living organisms. For a medieval taste of the city, roam the labyrinthine streets of Barcelona's Gothic Quarter, which is fringed by the elegant promenade of La Rambla. Indulge in a chic shopping spree on Passeig de Gràcia, an expansive boulevard lined with tony boutiques and tempting restaurants. You might ride a funicular to Tibidabo, where a marvelous church and unbeatable views of the city await. From its magnificent cathedral to the intimate Picasso Museum, you can't possibly go wrong in miraculous Barcelona.

- Relish five hours on your own to discover the countless landmarks of Barcelona, a jewel of the Mediterranean.
- Visit Gaudí's masterpieces La Sagrada Família, Casa Batlló, Park Güell and La Pedrera.
- Immerse yourself in medieval Barcelona in the Gothic Quarter and at the city's ravishing Cathedral.
- Stroll among Barcelona's best-dressed at the boulevards of La Rambla and Passeig de Gràcia.
- Browse works of art at the Picasso Museum and MACBA, the Museum of Contemporary Art Barcelona.
- Survey the entire city from atop Tibidabo, home to a marvelous church and an amusement park.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the church or cathedral, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

Walking on this tour is primarily at the guests' discretion. There will be uneven surfaces to negotiate. It is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Travel time to Barcelona is approximately 1 ½ hours by coach in each direction.



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## PMS-001 THREE CHARACTERISTIC MEDIEVAL VILLAGES

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$104.00

Date: April 30, 2022 09:00 AM, 09:15 AM

Journey back to the Middle Ages on a visit to some of the Costa Brava's best-preserved towns. Revel in the walled city of Pals, a village declared a Historic-Artistic Monument by Spain's government that showcases a time-traveling, authentic medieval atmosphere. Stroll cobblestone streets among centuries-old buildings, with the aroma of freshly cooked paella, a local favorite, wafting through the air. Travel to stunning Peratallada, whose evocative name translates to "carved stone," a material abundantly used in the town's age-old buildings, archways and defensive walls. You'll admire the hamlet's twin-towered castell, or castle, and a delicate 14th-century palace. Although larger than the other villages, you'll find La Bisbal has retained a distinct medieval flair, particularly in its superb 12th-century castle. Enjoy time on your own to explore, perhaps viewing the 18th-century Church of Santa Maria, which is adorned with gargoyles and gabled columns. You might choose to shop for the town's renowned ceramics, an age-old craft that makes for a fitting memento of these ancient villages.

- Lose yourself in Pals, a Spanish Historic-Artistic Monument and perfect snapshot of the Middle Ages.
- Roam along the cobbled streets of Peratallada, a medieval hamlet built almost entirely of stone.
- Gaze at La Bisbal's compact 12th-century castle, a crenellated fortification rising from a leafy square.
- Relish time at your leisure to further explore or shop for La Bisbal's renowned red-clay pottery.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the church, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen

This tour includes approximately two hours of moderate walking, plus any additional walking at the guests' discretion during free time. There will be uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## PMS-006 GIRONA & DALI

Duration: 8.00 Hrs Tour Price: CA\$130.00 Retail Price: CA\$326.00



Date: April 30, 2022 09:00 AM

Explore a fascinating Jewish district in ancient Girona and discover Salvador Dalí's birthplace of Figueres for lunch and a visit to the artist's compelling museum. You'll journey inland to mesmerizing Girona and enjoy a walking tour of its walled Old Quarter, whose highlight is a beautifully preserved Jewish district. As you roam the narrow, winding streets, look for 14th-century Hebrew inscriptions carved in the age-old stone façades. During free time, perhaps stroll to the superb Romanesque Monastery of Sant Pere de Galligants or visit the remarkable Arab Baths, built in the 12th century. Relish a traditional Catalan lunch in Salvador Dalí's hometown, charming Figueres, and tour the marvelous Dalí Theatre Museum, which includes more than 4,000 works spanning the artist's entire career. Learn that Dalí collaborated on every detail of the museum's design, creating an architectural work of art. View installations specifically created to be seen here, such as the Mae West Room, and admire the astonishing Gala Nude Watching the Sea, which turns into a portrait of Abraham Lincoln when viewed from a distance. You'll marvel at Catalonia's boundless inspiration on this illuminating tour.

- Tour the Jewish district of Girona, a wonderfully preserved medieval town known as the Immortal City.
- Seek out 14th-century Hebrew inscriptions on the walls of Girona's Old Quarter.
- Enjoy free time to shop or further explore the museums and medieval landmarks of Girona.
- Savor a typical Catalan meal in quaint Figueres, birthplace of Salvador Dalí.
- Revel in Dalí's namesake museum, designed to his exacting standards as a showcase for his art.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes approximately three hours of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces to negotiate. It is not available to guests who utilize a wheelchair and is not considered suitable for guests with mobility concerns.

## PMS-012 THE ARCHITECTURE OF WINE

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$261.00

Date: April 30, 2022 09:00 AM

Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection Explore a medieval village constructed with stone quarried from the centuries-old moat that surrounds it and savor a wine tasting at an architecturally innovative winery. The village of Peratallada is synonymous with stone. In fact, its name means "carved stone," a reference to the village's buildings, archways and defensive walls, all of which are stone. As you will see, no matter where you meander through the atmospheric streets, the uniformity of building materials makes Peratallada look engagingly monochromatic. The nearby winery Bell-Lloc is also architecturally distinct, but in a more modern way. After touring the vineyards, which nestle amid a lush forest, you will head into the wine cellar, part of which is underground to blend naturally into the setting. Steel slats hold back the earth, light penetrates the gaps and the effect is wonderfully dramatic. The wines for your tasting will be just as memorable; they may include reds made with Garnacha grapes and whites made from Xarel-lo grapes.

- Exclusive to Seven Seas Splendor® 2020 Inaugural Europe Collection
  - Meander through a medieval village built almost entirely of stone.
  - Explore an architecturally unique winery, parts of which are underground.
  - Sample a selection of wines that reflect the micro-terroir.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.



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## PMS-013 ULLASTRET IBERIAN SETTLEMENT & WINERY

Duration: 4.50 Hrs Tour Price: CA\$0.00

Date: April 30, 2022 09:00 AM

Meander through the ruins of an Iberian settlement from the late Iron Age that reveal much about life there nearly 3,000 years ago. Built on a hill above a river, ancient Ullastret is the largest and finest example of a Catalonian fortified site from pre-Roman times. Excavations have shown that the residents farmed, quarried stone, mined ore and traded with the Greek city of Empúries. Besides viewing Ullastret's defensive walls, temples and residences, you can expect to hear details of the skulls that archaeologists unearthed that were from the severed heads of enemies that were displayed as trophies of war. Nearby, you will wander through the newer medieval section of Ullastret, an atmospheric setting with an unusual fish market, a castle tower and dwellings for the various social classes. To further enhance your understanding of life in Catalonia, you will tour a family-operated winery and sample its most representative wines, which may include reds made with Garnacha grapes.

- Explore the revealing ruins of Ullastret, the largest pre-Roman settlement in Catalonia.
- Wander through the newer part of Ullastret, which dates to medieval times.
- Sample a variety of local wines made with indigenous grapes at a family-operated winery.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3 hours of walking and 30 steps. It is not available to guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.

## PMS-010 HISTORIC BESALU

Duration: 4.50 Hrs Tour Price: CA\$0.00 Retail Price: CA\$117.00

Date: April 30, 2022 09:15 AM

Visit one of Catalonia's best-preserved medieval villages and view its stunning Romanesque bridge, Jewish Quarter and centuries-old stone buildings. After a 75-minute scenic drive beside the forested mountains of Les Gavarres and picturesque Lake Banyoles, arrive in the enthralling hamlet of Besalú, a warren of winding streets sitting atop the steep banks of the Fluvià River. Appreciate its nearly pristine medieval legacy at the striking 12th-century bridge, one of Catalonia's most photographed icons. You'll notice the bridge's enthralling mismatched arches, its sudden change of direction mid-span and the picture-perfect bisecting crenellated gatehouse. Explore Besalú's 13th-century Jewish district, which contains a well-preserved synagogue and the only medieval Jewish ritual bath in Catalonia. Contemplate the exterior of Besalú's outstanding 12th-century Romanesque Church of Sant Vicenç, whose sparse façade features a wheel window quirkily placed near the building's peak. During time on your own, you may choose to visit the wonderful interior of the solemn church, which features apses of varying heights and an exquisite alabaster tomb, or simply lose yourself in the maze of alluring streets surrounding inviting Plaça de Sant Pere.

- Appreciate Catalonia's delightful countryside on a 75-minute drive beside mountains and a lake.
- Traverse Besalú's astonishing 12th-century bridge, an impressive feat of medieval engineering.
- Roam Besalú's 13th-century Jewish district, which includes a rare mikveh, or Jewish ritual bath.
- Admire the Romanesque Church of Sant Vicenç, an austere yet beautiful sanctuary.
- Delight in free time to further explore the ever-twisting streets of beguiling Besalú.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to visit the church or synagogue, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.
- Carry bottled water, as you may require hydration.

This tour includes over one hour of moderate walking/standing, plus any additional walking at the guest's discretion during free time. There will be uneven surfaces and some steps to negotiate. It is not available to guests who utilize a wheelchair. The tour may not be suitable for guests with mobility concerns, who are cautioned to carefully evaluate their personal level of stamina and ability.

## PMS-011 EASY COSTA BRAVA

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$156.00

Date: April 30, 2022 09:30 AM

Take in Costa Brava's natural beauty and architectural gems from the comfort of a trolley train in Tossa de Mar and then relax along the beach promenade of San Feliu. After departing from the pier, you will settle in for a circuitous drive south through the wilds of the Costa Brava, one of the most naturally beautiful regions in Spain. Before long you will arrive in Tossa de Mar, a village French artist Marc Chagall nicknamed "Blue Paradise" for the spectacular quality of the light. The setting of this picturesque village of cobblestone streets, fairytale towers and medieval walls is still inspiring today. The easiest, most relaxing way to explore is by trolley train. It travels the roads not the rails and is really only a train in appearance. After settling in, you will enjoy unobstructed views of Tossa de Mar, passing attractions such as the former Governor's House, a Gothic church and an ancient Roman fortress. The Old Town of Tossa de Mar is the only surviving walled city on the Catalan coast, and the views from here are breathtaking. Farther down the coast, you will find seaside San Feliu, where you will pause for a stroll along the beach promenade or simply relax in one of the many bars. Watersports are abundant in the turquoise waters, so you can expect to see windsurfers, paddle surfers and kayakers just offshore. More spectacularly scenic beaches await you on the return to Palamos, as you pass beautiful San Pol and Platja d'Aro. Please note: This tour is intended for LIMITED MOBILITY guests. Guests should be able to access the bus and the minitrain. Electric Scooters cannot be stored on the minitrain. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



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## ❖ PALMA DE MALLORCA, SPAIN

### PMI-006 SOLLER VINTAGE TRAIN RIDE

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00

**Retail Price:** CA\$195.00

**Date:** May 01, 2022 08:15 AM

Experience Mallorca's dramatic scenery on this tour to the fetching village of Sóller that includes free time and a fabulous vintage train ride. Relax during an approximately one-hour drive to Sóller, a peaceful and scenic town nestled at the foot of rugged mountains. You'll learn that its location in the lush Serra de Tramuntana Valley has long attracted visitors, writers and artists lured by the gorgeous setting, favorable light, refreshingly cool mountain air and laid-back way of life. Upon arrival, you'll enjoy a guided tour of the town center followed by time at your leisure to explore or do some shopping. As an unforgettable conclusion to your excursion, hop aboard the vintage Palma-Sóller train, an old-fashioned wooden conveyance that has preserved its traditional character for over a century. Rejoice in a ride of approximately 50 minutes as your train languidly traverses Mallorca's entrancing countryside, a resplendent patchwork of orange and olive groves, almond and locust-bean trees, enchanting villages and pine-covered mountains. Surrender to the idyllic charms of Mallorca on this fascinating outing filled with wonders both natural and man-made.

- Roam the inviting streets of Sóller, an unspoiled hamlet set against a backdrop of dramatic mountains.
- Appreciate time on your own to shop and further uncover the charms of Sóller.
- Traverse the glorious landscapes of Mallorca aboard a vintage wooden train.
- See Mallorca's timeless scenery of pine forests, orderly farms and picture-perfect villages.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately one hour of moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces, numerous steps and a slight incline to negotiate. The tour is not available to guests who utilize a wheelchair and may not be suitable for those with mobility concerns, who are cautioned to evaluate their personal level of ability and stamina. While there are restrooms available at the train station in Sóller, there are none on the train. The tour may be operated in reverse.

### PMI-003 THE CAVES OF DRACH, AN UNDERGROUND WORLD

**Duration:** 5.00 Hrs **Tour Price:** CA\$0.00

**Retail Price:** CA\$169.00

**Date:** May 01, 2022 08:45 AM

Explore one of Europe's largest cave systems and shop for renowned Majorcan pearls on this survey of the island's extraordinary gifts. Relax during a leisurely drive through the countryside past windmills and farms to the spellbinding Coves del Drach, a series of spacious interconnected caverns of otherworldly ambience. You'll wander among unusual formations with fanciful names like the Fairies' Theater and Diana's Bath, and learn that the cave's massive stalactites and stalagmites have grown a mere half-inch since being fully explored in the 1880s, a testament to the prehistoric age of the caverns. Discover one of the world's largest subterranean lakes, Llac Martel, which shimmers supernaturally due to strategically placed lights shining from above. Back above ground, tour a traditional Majorcan imitation pearl factory and gain invaluable insight into the manufacture of these coveted ornaments, which are crafted from natural marine products and are nearly indistinguishable from the real thing. You'll appreciate the lustrous quality of Majorcan pearls, manufactured since the 19th century, and contemplate the many pleasant surprises found both above and below ground in enthralling Mallorca.

- See a bucolic landscape of farms and windmills as you drive through the Majorcan countryside.
- Discover the magnificent rock formations of the Coves del Drach, one of Europe's largest cave systems.
- Gaze in awe at the mesmerizing illuminated waters of an underground lake that is among the world's largest.
- Visit a manufacturer of Mallorca's renowned imitation pearls and witness how these flawless jewels are created.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Carry a jacket or sweater, as the caves can be humid and cold.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximate two hours of moderate walking. There may be some slippery surfaces, along with a few steps, to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Caves will be explored independently without a guide and are not exclusive to our guests.

### PMI-004 PANORAMIC VALLDEMOSA

**Duration:** 4.00 Hrs **Tour Price:** CA\$0.00

**Retail Price:** CA\$169.00

**Date:** May 01, 2022 09:00 AM

Venture into the Majorcan countryside and discover a magnificent monastery, an imitation pearl factory and a photo-worthy coastal rock formation. You'll travel through a landscape of mountains and plains brimming with almond and olive trees en route to Valldemossa, a serene town that has inspired artists for generations. Arrive at the splendid Cartoixa de Valldemossa, a former Carthusian monastery perched 1,200 feet above the Musa Valley, and embark on an approximately one-hour tour of the sanctuary. You'll learn the stone-built structure dates to 1309, with its church added in the 15th century, and that in the winter of 1838-39, Aurora Dupin, who went by the nom de plume George Sand, along with her lover, Frédéric Chopin, spent three months here hoping to conquer the composer's tuberculosis. In the town of Valldemossa, enjoy time on your own with an opportunity to visit a traditional Majorcan imitation pearl shop for invaluable insight into the manufacture of these coveted ornaments. During your return to Palma, you'll stop to capture photos of a spectacular natural formation known as Sa Foradada, a rock wall stretching into the sea that features a picturesque opening near its tip, another highlight of endlessly bewitching Mallorca.

- Journey into Mallorca's scenic countryside, where olive and almond trees coat the hills and plains.
- Admire the marvelous former Carthusian monastery of Cartoixa de Valldemossa.
- Absorb the monastery's fascinating history, including a curative stay by lovers Frédéric Chopin and George Sand.
- Explore the tranquil town of Valldemossa during time at your leisure.
- Visit a purveyor of Mallorca's renowned imitation pearls and discern how these flawless jewels are created.
- Behold the geological formation of Sa Foradada, a pierced rock wall that juts into the sea.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 90 minutes of easy-to-moderate-walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and a few steps to negotiate. The tour is available to guests who utilize a collapsible wheelchair, are able to make their own way on and off the coach and have an able-bodied companion to assist them. Guests with mobility concerns are cautioned to participate only to the extent of their personal ability and stamina and may make arrangements with the guide to not take part in some of the walking portions of the tour. The order of sites viewed or visited may vary.



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## PMI-021 PANORAMIC COASTAL VISTAS

Duration: 5.00 Hrs Tour Price: CA\$117.00

Retail Price: CA\$313.00



Date: May 01, 2022 09:00 AM

Gaze out over the sea from several spectacularly scenic hilltops, where you will tour a 14th-century castle and the former palace of an Austrian archduke. After departing from the pier, you will soon arrive at Bellver Castle, a spectacular Gothic landmark from the 14th century. Its round design is unusual among Spanish castles, and although seemingly impenetrable, the fortress never served a defensive purpose. As you ramble about the hilltop castle taking photos, you will appreciate the origin of its name, which means "lovely view" in Catalan. Few panoramas are quite so beautiful. Continuing on, you will enjoy a picturesque drive inland, passing through Valldemossa, the island's highest town. Still renowned for Polish composer Frédéric Chopin and French author George Sand spending the winter of 1838-1839 in a monastery here, the town has retained its atmospheric charm. Nearby, you will find Son Marroig, the former palace of Archduke Luis Salvador of Austria. The estate is handsomely decorated with period furnishings and makes quite the setting for you to enjoy an aperitif under the Carrara marble rotunda that overlooks the sea. The oddly shaped rock formation that you will see jutting into the water is Na Foradada, which means "pierced rock," a reference to the gaping 60-foot vertical hole in the center of the rock. The panoramic view from the nearby Mirador de Na Foradada restaurant will be just as magnificent. Lunch will consist of a traditional mixed paella cooked over a wood-fired grill. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately one hour of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-022 GASTRONOMY WITH GUSTO

Duration: 5.00 Hrs Tour Price: CA\$91.00

Retail Price: CA\$274.00



Date: May 01, 2022 09:00 AM

Take in the staggering array of culinary treats at Palma's primary market and then sample an inspiring selection of delicacies at a gastronomic kitchen space within the market. After departing from the pier, you will enjoy a brief but enlightening drive through lovely Palma de Mallorca, whose horizon is dominated by the 14th-century Bellver Castle. From city hall in the lovely Plaza de Cort, you will begin a leisurely walk to Olivar Market, where you will behold a cornucopia of garden-fresh fruits and vegetables, Mallorcan-made cheeses and succulent seafood. Being the city's main market, it is always abuzz with locals shopping. While meandering about on your own, you will gain great insight into the gastronomy of Palma. Most of the stalls have been at the market for decades, and you will likely see every imaginable sort of local delicacy from traditional to exotic. Many of the vendors have their own boats, ensuring the freshest seafood. Local farmers supply the produce, and artisans make the bulk of the sausages and cheeses. Olivar Market is an extraordinary destination to observe daily life as the residents engage in lively conversation and a bit of friendly haggling with the vendors. Following this eye-opening introduction to the market, you will head for Gastroteca Mauricio to taste an array of representative Mallorcan foods. The menu usually includes Iberian pork, a potato omelet, black bread toast with grilled vegetables and a coiled pastry known as ensaimada. A selection of wines and liqueurs will also be served. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 1.5 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## PMI-024 MALLORCAN MEDLEY

Duration: 5.00 Hrs Tour Price: CA\$0.00

Retail Price: CA\$208.00



Date: May 01, 2022 09:00 AM

Recognize the great diversity within Palma through a medley of experiences that include dining on authentic Mallorcan cuisine, watching pearls being manufactured and shopping. After departing from the pier, you will settle in for a leisurely drive through Palma de Mallorca to a locally loved venue known for its authentic Mallorcan cuisine, which you will enjoy for brunch. Mallorcan entrees typically feature locally caught fresh fish and succulent pork generously seasoned with garlic and olive oil. For instance, you can expect to be served sobrassada, a cross between spicy pork sausage and paté that can be eaten plain, fried or on bread. A Mallorcan appetizer known as coca de trampó is also usually on the menu. This flatbread is traditionally topped with fresh vegetables such as tomatoes, green peppers and onions. As a complement, you will sample a selection of Mallorcan wines and liqueurs that may include palo, an aperitif first produced in the 19th century with plants known to combat malaria. Artificial pearls have also been manufactured on the island since the 19th century, and you will see how at a factory in Palma. You will also have the opportunity to shop in the on-site store, where you can closely examine the pearls, which are prized for being extraordinarily lustrous. Following this enlightening tour, you will continue to Old Town for more shopping. Stores carrying exquisite jewelry and high-end fashions are particularly prevalent. Please note: The tour is available to wheelchair guests who have a collapsible wheelchair, can make their own way on and off the vehicle and have an able-bodied companion to assist them. This tour includes approximately 2 hours of walking and few steps to negotiate. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.



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## PMI-026 ALMUDAINA PALACE AND PATIO TOUR

**Duration: 5.00 Hrs**   **Tour Price: CA\$0.00**

**Date: May 01, 2022 09:00 AM, 10:00 AM**

Explore the 14th-century royal palace Almudaina and then meander through the enchanting streets of Palma, pausing in the some of the more atmospheric patio courtyards. Moors built the palace, and although it has been renovated extensively over the centuries, it still reflects the best qualities of Moorish architecture. The seemingly impenetrable design of the palace lives up to the name Almudaina, which means "fortress." Palma is also known for the dozens of leafy patio courtyards that adjoin the stately homes in Old Town. Their styles may vary from Gothic to Baroque, but most all of them feature beautiful archways, columns and staircases with wrought-iron accents. As a contrast to these rather intimate venues, you will enjoy free time in Palma's expansive open-air Plaza Mayor, which is lined with one-of-a-kind shops. For a spectacular view of Palma, you will pause for photos at hilltop Bellver Castle, the only circular gothic castle in Europe.

- Visit the royal palace Almudaina, which still reflects its 14th-century Moorish design.
  - Enjoy a leisurely walk through some of the Palma's most atmospheric patio courtyards.
  - Browse the shops around Plaza Mayor, the city's most prominent gathering spot.
  - Pause for photos at Bellver Castle, which perches atop a hill overlooking the harbor.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 3 hour and 35 minutes of moderate walking/standing. There will be 4 steps to enter/exit the motor coach. Guests will have to manage 65 steps as well as paved surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.

## PMI-027 RAFA NADAL XPERIENCE

**Duration: 5.25 Hrs**   **Tour Price: CA\$0.00**

**Date: May 01, 2022 09:00 AM**

Recognize the achievements of tennis champion Rafa Nadal at his namesake museum in his hometown of Manacor. On the way there, you will stop to see how famed Mallorca pearls are cultured and shop for exquisite hand-crafted pearl jewelry. Arriving in Blanca Terra a traditional brunch follows, which will showcase the local cuisine much like the museum will showcase the extraordinary talents of favorite son Rafael Nadal, who is affectionately known as Rafa. The Spaniard's tennis career is legendary, especially on clay courts, and he has generously given back to the community of Manacor by building tennis academies and the Rafa Nadal Xperience. Besides seeing Nadal's trophies and Olympic medals, you may view sports memorabilia that other star athletes have donated. For instance, you may see Tiger Woods' golf clubs, Usain Bolt's running shoes and Michael Phelps' swim trunks. The museum is devoted to the benefit of all sports and features interactive screens and simulators that enhance the experience.

- See the unusual, interactive museum that tennis champ Rafa Nadal built in his hometown.
  - Discover how Mallorca pearls are cultured and shop for pearl jewelry if you wish.
  - Enjoy a leisurely brunch of dishes that reflect the unique local cuisine.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 1 hour and 55 minutes of moderate walking/standing. There will be 4 steps to enter/exit the motor coach. Guests will have to manage 10 steps as well as paved surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.

## PMI-028 SANTA PONSA BEACH WITH TAPAS

**Duration: 5.00 Hrs**   **Tour Price: CA\$0.00**

**Date: May 01, 2022 09:00 AM**

Spend hours relaxing on Santa Ponsa Beach, perhaps the loveliest stretch of sand in town. The name is a reference to the Roman villa Sancta Pontia that once stood where King James I of Aragon landed in 1229 to conquer the occupying Moors. A cross at the marina marks the occasion. Today, the golden beach of Santa Ponsa is revered for its typically calm sheltered waters, which earned a prestigious Blue Flag designation for clarity and purity. While there, you might take a refreshing swim, bask in the sun and lounge about on a towel with nothing more on your mind than total relaxation. If you want a break from the beach, feel free to explore the shops on the promenade along the sand. Although Santa Ponsa is usually somewhat crowded, the less-visited beach Caló d'en Palliser is just a few blocks away. Later, you will dine on tapas at the beachside restaurant El Mercador de Mar.

- Spend about four hours at popular Santa Ponsa Beach doing whatever you please.
  - Take a refreshing swim in the sea, which earned a Blue Flag designation for water quality.
  - Shop along the promenade that follows the beach, if you wish.
  - Dine on tapas at a restaurant at the southern end of the beach.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 4 hours of walking mainly at the guest's discretion during their free time at Santa Ponsa Beach. There will be 4 steps to enter/exit the motor coach. Guests will have to manage 4 steps as well as paved and sandy surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.



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## PMI-029 PEACEFUL MOMENTS IN ALFABIA GARDENS

Duration: 5.00 Hrs Tour Price: CA\$0.00

Date: May 01, 2022 09:00 AM

Stroll the cobblestone paths of Alfabia Gardens, an oasis of greenery that surrounds an estate dating to the 13th century. An official Cultural Heritage Site, the gardens contain rare species from all over the world. While meandering about, you may see pomegranate trees with twisted trunks, Indian horse chestnuts, Spanish firs and the Queen's Garden, an enchanting greenspace redesigned for Isabella II's visit in the mid-19th century. Even so, the highlight may be the 72-column pergola adorned with dozens of sculptures and concealed jets that shoot graceful arcs of water through the air. Following a leisurely lunch in the gardens, you will visit Bellver Castle, a spectacular Gothic landmark from the 14th century. Its round design is unusual among Spanish castles and the seemingly impenetrable fortress is just as fascinating inside. As you ramble about the hilltop castle, you will appreciate the origin of its name Bellver, which means "lovely view" in Catalan.

- Enjoy the serenity of Alfabia Gardens, a botanical gem built around a 13th-century estate.
- Follow the cobblestone paths through one exotic garden area after another.
- Explore the 14th-century Gothic landmark Bellver Castle and take in the panoramic views.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes approximately 1 hour and 45 minutes of moderate walking/standing. There will be 4 steps to enter/exit the motor coach. Guests will have to manage 40 steps as well as paved and cobble stone surfaces throughout the excursion. The tour is not available to wheelchair guests and may not be suitable for those with mobility concerns who are cautioned to carefully evaluate their personal level of stamina and ability.

## PMI-GL1 VISITING ARTISTS IN THEIR STUDIOS

Duration: 4.25 Hrs Tour Price: CA\$169.00 Retail Price: CA\$365.00 **GL**

Date: May 01, 2022 09:00 AM

Visit three acclaimed artists in their studios in Valldemossa, where you will see their works and discuss their creative processes. The village is an inspiring setting that is just as beautiful as it was when Polish composer Frédéric Chopin and French novelist George Sand wintered there in the 19th century. Valldemossa still attracts musicians, writers and most prominently painters, who come to capture the natural beauty. At the studio of Slovenia-born Bruno Zupan, you can expect to see his glowing landscape paintings and limited-edition serigraphs and lithographs. You will also spend time with Natasha Zupan, Bruno's immensely talented daughter. She typically works in mixed media and describes her style as "the search for the heart of the matter." The third artist is Guillermo Rodríguez, known simply as Guillermin. Many of his works are in white or black or a combination of the two colors. The white, he explains, represents the light of the soul, while black expresses fear.

- Visit three artists in their studios in naturally beautiful Valldemossa.
- Discuss the creative process with the artists and what inspires them.
- View the artists' works, which include landscape paintings and mixed media.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

This tour includes about 2¼ hours of walking and standing with some cobblestone surfaces to negotiate. It is not available to wheelchair guests and may not be suitable for those with mobility concerns, who are should evaluate their stamina and ability before joining the tour.

## PMI-007 BODEGA RAMANYÀ

Duration: 4.00 Hrs Tour Price: CA\$0.00 Retail Price: CA\$195.00

Date: May 01, 2022 09:15 AM

Partake in premium Majorcan wines on this journey to the Bodega Ramanyà cellars and see highlights of Palma on a panoramic tour. Board your coach for an introduction to Palma's main attractions, including a photo stop at La Seu, the city's spectacular Gothic cathedral. After an approximately 30-minute lovely drive to the center of the island, find acclaimed Bodega Ramanyà, a family-run estate that produces several wines under the prized designation of origin Binissalem Mallorca. Study a collection of more than 2,000 age-old tools and artifacts, some dating from the 17th century, for a vivid picture of farming techniques in days long past. You'll hear about the unique microclimate of the Tramuntana Mountains, which benefits from the soft Mediterranean breeze and has a beneficial effect on the winery's French grape varietals. Observe the techniques used in the production of Ramanyà's high-quality wines, and then sample their vintages during a tasting accompanied by a traditional Majorcan snack, a singularly satisfying way to cap off your viticultural adventure.

- See the landmarks of Palma de Mallorca, including the city's majestic cathedral, on a panoramic tour.
- Journey to the celebrated Bodega Ramanyà winery, located in the heart of Mallorca.
- Examine over 2,000 agricultural implements dating back as far as the 17th century.
- Gain an understanding of the favorable climatic conditions and winemaking processes that contribute to the region's excellent vintages.
- Taste Bodega Ramanyà's superb wines along with a classic Majorcan treat.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately two hours of moderate walking/standing, plus any additional walking at the guest's discretion during stops. There will be some uneven surfaces and a few steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. The tour is not suitable for children and participants must be at least 21 years of age to be served alcoholic beverages.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## PMI-009 PALMA SCENIC DRIVE & LOCAL PEARL FACTORY

**Duration: 4.00 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$65.00**

**Date: May 01, 2022 09:15 AM**

Take in the architectural gems of Palma and visit an imitation pearl factory to watch artisans create lustrous, perfectly formed Majorcan pearls. You'll transfer to Bellver Castle, a revered Gothic landmark from the 14th century, and notice its unusual round design and seemingly impregnable fortifications, which are punctuated by towers of varying heights. Discover that the gracefully colonnaded interior was primarily used as a prison, and step outside to survey vibrant Palma from the castle's ideal placement atop a hill. Appreciate an introductory panoramic tour of the city, during which you may see the ornate Gran Hotel and the elegant 1667 Teatre Principal. Journey to the village of Montuiri for a tour of a traditional Majorcan pearl factory and gain invaluable insight into the manufacture of these coveted ornaments, which are crafted from natural marine products using a closely guarded technique developed more than a century ago, making them nearly indistinguishable from the real thing.

- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- See Palma de Mallorca's highlights, including the exquisite Gran Hotel, during a brief panoramic tour.
- Visit a manufacturer of Mallorca's renowned imitation pearls and witness how these flawless jewels are created.
- Select from a wide array of gorgeous jewelry at the pearl factory's shop, if you wish.
- Revel in free time to do as you please in the heart of Palma, perhaps strolling to the outstanding cathedral.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- If you wish to enter the cathedral during free time, dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes uneven surfaces and a few steps to negotiate. It is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to carefully evaluate their personal level of ability and stamina. Timing may vary, but the same sites are always visited. On Sundays and during local festivities, shops in the city center may be closed.

## PMI-001 PALMA CITY HIGHLIGHTS

**Duration: 4.50 Hrs**   **Tour Price: CA\$0.00**   **Retail Price: CA\$169.00**

**Date: May 01, 2022 09:30 AM**

Delve into Mallorca's grand capital city of Palma on a guided visit to two stunning Gothic landmarks, La Seu Cathedral and Bellver Castle, and stop at a purveyor of Majorcan pearls. Enter resilient Palma, a city repeatedly invaded over the centuries due to its strategic position in the Mediterranean, and learn how each conqueror left their mark at La Seu, the city's spectacular Gothic cathedral. You'll delight in its enormous rose window, which casts a beautiful light into the church, and the wrought-iron canopy over the main altar, which was designed by idiosyncratic Catalan architect Antonio Gaudí. Enjoy a guided stroll to the city center, where you'll discover an imitation pearl shop and learn the process behind the manufacture of these remarkable jewels. After some free time to shop and wander, continue to Bellver Castle, a revered 14th-century Gothic landmark. Gaze in awe at its unusual round design and seemingly impregnable fortifications, punctuated by towers of varying heights, and find a patio with a double gallery of arches, the Capella de San Marc chapel and the Palma History Museum. You'll celebrate the Gothic treasures of Palma on this enlightening tour.

- Explore La Seu Cathedral, a Gothic masterpiece featuring an impressive rose window and metalwork by Gaudí.
- Visit a purveyor of Mallorca's renowned imitation pearls and discern how these flawless jewels are created.
- Relish time on your own to browse enticing shops or simply absorb the city's beguiling atmosphere.
- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- Roam the castle's alluring spaces, including the Capella de San Marc chapel and a patio ringed by arcades.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and numerous steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On Sunday calls, only exterior visits are possible at the cathedral.

## PMI-001SG PALMA CITY HIGHLIGHTS - SMALL GROUP

**Duration: 4.50 Hrs**   **Tour Price: CA\$65.00**   **Retail Price: CA\$248.00**

**Date: May 01, 2022 09:30 AM**

Enhance your shoreside experience with a Regent Choice small group tour. Hosting no more than 16 guests, these tours provide a more intimate experience and allow for more personal engagement with your knowledgeable guide. Delve into Mallorca's grand capital city of Palma on a guided visit to two stunning Gothic landmarks, La Seu Cathedral and Bellver Castle, and stop at a purveyor of Majorcan pearls. Enter resilient Palma, a city repeatedly invaded over the centuries due to its strategic position in the Mediterranean, and learn how each conqueror left their mark at La Seu, the city's spectacular Gothic cathedral. You'll delight in its enormous rose window, which casts a beautiful light into the church, and the wrought-iron canopy over the main altar, which was designed by idiosyncratic Catalan architect Antonio Gaudí. Enjoy a guided stroll to the city center, where you'll discover an imitation pearl shop and learn the process behind the manufacture of these remarkable jewels. After some free time to shop and wander, continue to Bellver Castle, a revered 14th-century Gothic landmark. Gaze in awe at its unusual round design and seemingly impregnable fortifications, punctuated by towers of varying heights, and find a patio with a double gallery of arches, the Capella de San Marc chapel and the Palma History Museum. You'll celebrate the Gothic treasures of Palma on this enlightening tour.

- Explore La Seu Cathedral, a Gothic masterpiece featuring an impressive rose window and metalwork by Gaudí.
- Visit a purveyor of Mallorca's renowned imitation pearls and discern how these flawless jewels are created.
- Relish time on your own to browse enticing shops or simply absorb the city's beguiling atmosphere.
- Admire commanding Bellver Castle and its unusual round shape peppered with elegant towers.
- Roam the castle's alluring spaces, including the Capella de San Marc chapel and a patio ringed by arcades.
- Wear casual, weather-appropriate clothing and comfortable walking shoes.
- Dress appropriately for a religious venue; shoulders and knees must be covered.
- Bring a hat, sunglasses and sunscreen.

This tour includes approximately 2 ½ hours of easy-to-moderate walking, plus any additional walking at the guest's discretion during free time. There will be some uneven surfaces and numerous steps to negotiate. The tour is not available to guests who utilize a wheelchair. Guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. On Sunday calls, only exterior visits are possible at the cathedral.



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Light Activity



Hiking



Adventure



Meal Included

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## PMI-015 HOP ON HOP OFF - PALMA DE MALLORCA

Duration: 1.00 Hrs Tour Price: CA\$0.00

Date: May 01, 2022 09:30 AM, 09:50 AM, 10:10 AM, 10:30 AM

Ride a double-decker bus through Palma de Mallorca, hopping on and off at the destinations that interest you the most and stay as long as you like. You will board the first bus by the cruise terminal at Estació Marítima and follow one of two routes through the city. Use the complimentary bus pass to hop on and off the buses whenever you please, so you will never feel rushed or compelled to leave a destination until you are ready. Audio commentary on the buses will explain the destinations, making it easy to choose favorites from the 20 or so that are available. Shoppers may choose to browse Plaça Mayor, a historical square where you will find everything from local crafts to Mallorcan pearls. The Mediterranean-style Mercat de O'livar is a bustling venue where locals shop for produce in Old Town. Plenty of restaurants are nearby. Art lovers won't want to miss the museum dedicated to Spanish artist Joan Miró.

- Ride a bus around Palma de Mallorca, stopping at the attractions that you find most appealing.
- Stay as long as you like in each attraction to enhance your understanding of it.
- Hop on another bus whenever you please and ride it to another must-see destination.
- Use the provided route map and audio commentary to easily plan your exploration of the city.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Weather appropriate clothing; sun cap; sunglasses; sunscreen; an umbrella; and flat, comfortable walking shoes are recommended. While the lower deck of the bus is air-conditioned, the open-top upper deck is not. The duration will vary based upon the guests' choice of stops and time spent at each.

## PMI-030 PALMA DE MALLORCA UNLIMITED ATTRACTION PASS

Duration: 6.00 Hrs Tour Price: CA\$0.00

Date: May 01, 2022 09:30 AM, 09:50 AM

Use your Unlimited Attraction Pass to explore the most popular destinations in Palma de Mallorca without the hassle of arranging transportation, waiting in lines or having to pay the entrance fees. It couldn't be easier to travel from place to place; simply hop on any of the buses that make continuous loops through the city. Hop off at an attraction of interest, stay as long as you like and then hop on another bus bound for the next attraction. It's the best way to maximize your time in Palma de Mallorca and get a genuine feel for the city's history and culture. The buses stop at more than 18 attractions, including the Alfabia Gardens, Palma Aquarium and Pueblo Español, a village featuring replicas of Spain's most iconic buildings such as Alhambra Palace. The pass also allows you to explore Palma by bicycle and to cruise the Bay of Palma for a unique water perspective of the city.

- Use the Unlimited Attraction Pass to see Palma's best attractions at no additional cost.
- Ride a bus around town, stopping at the attractions that you find most appealing.
- Stay as long as you like at each attraction to enhance your understanding of it.
- Hop on another bus whenever you please and ride it to another intriguing destination.
- Dress in weather-appropriate clothing. • Wear flat comfortable walking shoes.

Walking on this tour is at the guests' discretion during any stops they choose to get off the bus. It is not recommended for guests who utilize a wheelchair. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.



Seated Tour



Light Activity



Hiking



Adventure



Meal Included

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## **General Information**

### **What is Included?**

#### **Transportation:**

Licensed and insured late model, coaches, vehicles, watercraft, and other modes of transportation are utilized.

#### **Meals and Refreshments:**

Included when indicated in the tour description.

#### **Guides:**

Licensed, English-speaking, local guides accompany all tours, where available.

#### **Entrance Fees:**

Tours include all required admission fees, where applicable.

### **What Should I Wear?**

When taking a shore excursion, comfortable walking shoes, sunglasses, a hat and sunscreen are suggested. You may consider bringing an umbrella, raincoat, sweater, or jacket. And don't forget your camera!

### **Cancellations and refunds**

- In order to ensure quality guides and sufficient transportation, we must provide the tour operator with passenger counts at least 36 hours in advance. Therefore no refunds will be given within 36 hours of the tour.
- Tours operate rain or shine.
- Tours require minimum participation levels to operate so please sign up as early as possible. Tours may be cancelled if minimum participation levels are not met.

### **Prices, Itineraries and General Information**

- Shore excursions prices are subject to change to meet unexpected cost increases or currency fluctuations.
- The information contained in this document was current at the time of printing, however changes may occur before your scheduled departure. Please consult the Destination Services Desk onboard for information and current pricing.
- During local or national holidays, access to certain facilities (such as museums or archaeological sites) may be limited or denied. In such instances, adjustments will be made to minimize inconvenience to guests.
- Some tours have limited availability. Please sign up early to avoid disappointment.
- Regent Seven Seas Cruises reserves the right to require Guests to complete a liability waiver for select shore excursions. For more information, please visit the Destination Service.

### **Please Note**

While the greatest care has been taken to offer the finest services available, Regent Seven Seas Cruises will not be held responsible for any act, event or omission during the time that passengers are not onboard the ship or its tenders. All arrangements for certain optional off-board activities, including air transportation, hotel accommodation, ground transfers and shore excursions are made by Regent Seven Seas Cruises for the convenience of our Guests with the suppliers of the services. Each Guest agrees not to hold Regent Seven Seas Cruises, its owners, employees, agents or representatives liable, the absence of its own negligence, for any loss, injury, expense, or damage which result directly or indirectly from any act or omission, whether negligent or otherwise, of any person or firm which provides any goods or services in connection with any optional travel component other than water transportation or any other option that is available for purchase.

Arrangements with independent contractors include, but are not limited, to services, products, and transportation provided elsewhere that onboard Regent Seven Seas Cruises vessels in connection with tours whether arranged or organized by tour operators, travel agents, or Regent Seven Seas Cruises. Tours including hotel accommodations and transportation by vessel(s) not owned or operated by Regent Seven Seas Cruises or by air, rail, or land are not under the supervision and control of Regent Seven Seas Cruises.

**IMPORTANT INFORMATION**

Notwithstanding that Regent Seven Seas Cruises, at the Guest's option, arranges air transportation, hotel accommodations, groups transfers, shore excursions and other services with independent suppliers of the services, it should be understood that Regent Seven Seas Cruises, being a "for profit entity", earns a fee on the sale of the optional services.

Tour departure times are subject to change so please reference your actual tour ticket for the correct departure time.

**NOTICE:**

All Regent Seven Seas Cruises shore excursions are per person, are subject to change and availability. Some tours are capacity controlled and may be withdrawn at any time without prior notice. While Regent Seven Seas Cruises makes every effort to adhere to the specifics mentioned in each shore excursion description, circumstances may require otherwise. All shore excursion information contained in this shore excursion book is subject to change without notice at Regent Seven Seas Cruises' discretion. All shore excursion descriptions and fares listed are subject to change without notice. Regent Seven Seas Cruises is not responsible or liable for typographical errors, omissions or misprints.